

I OWE MY LIFE TO "FRUIT-A-TIVES"

They Did Me More Good Than All Other Treatments Combined



Mrs. H. B. WILLIAMS
PALMERSTON, Ont., June 20th, 1918
I really believe that I owe my life to "Fruit-a-tives". Ever since childhood, I have been under the care of physicians and have been paying doctors' bills. I was so sick and weak that I could not get along without help. One day I was taken to a hospital where I was treated for several weeks. My husband was delighted and advised a continuation of their use. "Fruit-a-tives" completely cured me. Today, I am feeling fine, and a physician meeting me on the street, noticed my improved appearance and asked me the reason. I replied, "I am taking Fruit-a-tives". He said, "Well, if 'Fruit-a-tives' are making you look so well, go ahead and take them. They are doing more for you than I can".
"Fruit-a-tives" are sold by all dealers at 50c a box, 6 for \$2.50, trial size 25c, or sent on receipt of price by Fruit-a-tives Limited, Ottawa.

White Ribbon News.

Woman's Christian Temperance Union first organized in 1874.
Aim—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.
Motto—For God and Home and Native Land.
Back—a knot of White Ribbon.
Watchword—Agiolate, educate, organize.

OFFICERS OF WOLFVILLE UNION.
President—Mrs. L. W. Sloop.
1st Vice President—Mrs. J. Kaye.
2nd Vice President—Mrs. Fitch.
Recording Secy.—Mrs. W. Mitchell.
Cor. Secretary—Mrs. Gould.
Treasurer—Mrs. H. Pines.
Auditor—Mrs. T. E. Hutchinson.

SUBSTITUTES.
Evangelistic—Mrs. O. Fitch.
Lambertson—Mrs. J. Kenyon.
Peace and Arbitration—Mrs. J. Reid.
Temperance in Sabbath-schools—Mrs. (Dr.) Brown.
Parker Meetings—Mrs. (Rev.) McGee.
From Work—Miss Margaret Barns.
Surgical Soap—Wrappers—Mrs. M. Freeman.
Bulletin—Mrs. M. Freeman.
Laboratory Work—Mrs. F. Woodworth.
Scientific Temperance in Schools—Mrs. O. Cullen.
Laboratory Meeting at the homes of the members 1st and 3rd Tuesday evenings in the month.

Can You?

Can you put the spider a web back in place?
That once has been swept away?
Can you put the apple again on the bough?
Which fell at our feet to day?
Can you put the fly-cap back on the stem?
And cause it to live and grow?
Can you mend the butterfly's broken wing?
That you crush'd with a hasty blow?
Can you put the bloom again on the grape?
And the grape again on the vine?
Can you put the dewdrops back on the flowers,
And make them sparkle and shine?
Can you put the petals back on the rose?
If you could, would it smell as sweet?
Can you put the four again in the huck?
And show me the ripened wheat?
Can you put the kernel again in the nut?
Or the broken egg in the shell?
Can you put the honey back in the comb,
And cover with wax each cell?
Can you put the perfume back in the vase?
When once it has been swept away?
Can you put the corn-silk back on the corn,
Or down on the catkins, say?
You think my questions are trifling, say?
Let me ask you another one:
Can a heavy word be ever unsaid,
Or a deed undone, undone?
—Christian Age.

Uric Acid Suffering.

Uric Acid is an accumulation of poison which finds lodgment in the system when the kidneys fail to remove it from the blood. In the kidney and bladder it forms stones. In the joints and muscles it causes rheumatism. It may even be the cause of gout and kidney stones. Uric acid is promptly removed from the system when the kidneys are kept healthy and active by using Dr. Cassell's Kidney-Liver Tonic.

What Drink Does.

In the May issue of the "Commonplace" is an essay entitled, "Can You afford to be ignorant of the facts of the temperance question, in this article we show straight talk, probably nothing new to our readers, but with a newness of treatment well worth perusing. It is strongly presented, an argument for total abstinence, a document worth considering and preserving. Here it is—
I have drunk, but I do not hate the drinker.
If any man should have my friend call it a sin, who has called it a sin, I would not quarrel with him.

Happiness.

No one ever yet found happiness by running after it. It may look only a little way ahead—in the new house you are building, in the higher position you are seeking, in the wealth which you are hoping to secure—but it is in none of them. When you reach the place where you seem to be out of reach. The only way to be happy is to stop trying. Forget whether you are happy or not in trying to add a little to the happiness of those about you, and some day you will find that life has grown very sweet.

There is an organization in Ontario known as the "Society for the Reformation of Inebriates." It is based on the belief that "drunkenness involves physical as well as moral disease," and in its work it employs "scientific medical treatment linked with moral and religious influences." Its yearly expenses are about \$3,000, most of which is secured by voluntary gifts—the Ontario government contributing \$500, and Toronto city \$300. It has been at work ten years, and believes that its work has been abundantly justified. We have no doubt that it has done and is doing a very beneficial work, but it would be interesting to know, as nearly as can be told, about how many have been rescued permanently from the power of the destroying appetite and the cruel greed of the licensed rum-seller.

She Gained 36 Lbs.

Mrs. George Bradshaw, Barlowe, Ont., writes: "I was troubled for many years with weak, watery blood and dropsy. I had nervous headaches, dizziness and sinking spells, and was, in fact, a semi-invalid. Doctors told me my heart and kidneys were diseased and gave me up. By using a box of Dr. Chase's Nerve Food I have been cured of many of my old complaints and gained 36 pounds in weight."

"Young man, you call regularly to see my daughter?"
"I do."
"I want to know if your intention are serious?"
"You must have the wrong man Mr. Wombat. I call to collect the payments on her piano."

I was cured of terrible lamboys by MINARD'S LINIMENT. REV. WM. BROWN.
I was cured of a bad case of eczema by MINARD'S LINIMENT. MISS S. KAULBACK.
I was cured of sensitive lungs by MINARD'S LINIMENT. MRS. S. MASTERS.

Children Cry FOR FLETCHER'S CASTORIA

The Last Straw.
Jack Dodge was the most obliging man that ever lived. His services were given gratis to all applicants he could mend a clock, repair a puncture, draw a kitten, paper a wall, and, in fact, perform any operation known to mortal man in consequence, Jack's services were in constant demand.

A week or two ago, after cobbling a neighbor's boots, lancing his cousin's gambol, sweeping the vicar's chimney, and writing a testimonial for his char woman's nephew, he retired to rest. He was awakened by a terrible bang at his front door, and immediately rushed to the window.

"What's the matter?" he bawled frantically.
"You'll excuse me for troubling you at this time of night," came the reply, "but the fact is, our baby is so very cross, and we would like you to come and pacify him. He always laughs when he sees your tummy nose."

How to Bankrupt the Doctors.
A prominent New York physician says, "If it were not for the thin stockings and this solid shawl worn by women the doctors would probably be bankrupt." When you contract a cold do not wait for it to develop into pneumonia but treat it at once. Chamberlain's Cough Remedy is intended especially for coughs and colds, and has won a wide reputation by its cures of these diseases. It is most effectual and pleasant and safe to take. For sale by all dealers.

Hair Doesn't Die It Has to Be Killed.
Hair often continues to live and grow long after the death of the body. But it is often killed through neglect or misuse. Almost always the woman or man whose hair is falling out, or is stringy, listless and dull looking, is entirely to blame because of not giving it the proper care. It is easy to take care of the hair—easy to make it more beautiful. Use Harmony Hair Beautifier, to make it glossy, soft and silky, and Harmony Shampoo to keep hair and scalp thoroughly clean.

Harmony Hair Beautifier, delightfully perfumed with true rose, is very easy to apply—simply sprinkle a little on your hair each time before brushing it. It contains no oil, and will not change the color of the hair nor darken gray hair.
To keep your hair and scalp clean and free from dandruff, use Harmony Shampoo. This purr-tique shampoo is most convenient to use, giving an instantaneous rich, foaming lather, that immediately penetrates to every part of hair and scalp, insuring a quick and thorough cleansing. It is washed off just as easily, the entire operation taking only a few moments. Contains nothing that can harm the hair—leaves no harshness or stickiness—just a sweet cleanliness.

Both preparations come in odd-shaped, very ornamental bottles, with sprinkler tops. Harmony Hair Beautifier, \$1.00. Harmony Shampoo, 50c. Both guaranteed to satisfy you or your money back—sent in this community only at our store, The Rexall Store—one of the more than 7,000 leading drug stores of the United States, Canada and Great Britain, which own the big Harmony Laboratories, Toronto, where the celebrated Harmony Perfumage and Toilet Preparations are made. A. V. Rand, Wolfville.

Posesses abundance of beautiful hair and says: My hair was thin and ragged and I could never dress it to look nice in any style until I began treating it with Saginee. Saginee grew my hair and made it soft and thick. Saginee is the only dressing I ever use. Mr. Hugh B. Calkin is of Wolfville, N. S. is agent for Saginee and he says: "I Saginee will not make the coarsest hair, clean, soft, fluffy and beautiful and add inches to its length bring it back and I will return your money. Remember to go to Hugh B. Calkin's drug store as other stores cannot supply you with Saginee. A large shaker-top bottle costs only 50c."

It Stands the Test of Time

JOHNSON'S ANODYNE LINIMENT
IN USE 103 YEARS
for the relief of aches, pains, swellings, rheumatism, bowstroubles, neuralgia, internal and external use.
25c and 50c everywhere
I. S. JOHNSON & CO., Inc.
Boston, Mass.

Parsons' Pills
give quick relief without medicine.

Origin of the Word Macadam.
The origin of the word macadam, as applied to road making, was due to the fact that an engineer by the name of Macadam first made use of the system. It was not until 40 years later, that says the New York Independent, that the word came to be the name of a man and became simply descriptive of a style of road building.

There was a much shorter period of transition in the case of boycott. It was so recently as 1887 that a Capt. Boycott in Ireland was completely isolated by his neighbors. Within five years boycott ceased to be, with the English speaking world, the name of a man and became a term to describe the sort of treatment which is first applied to an unpopular Irish landlord.

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This Beautiful Hair



Is like what you want your hair to be—
Lustrous, bright and glossy; soft, silky and wavy.

To have beautiful hair like this, use

HARMONY HAIR BEAUTIFIER

It's just what its name implies—just to make the hair glossy, and lustrous, and more beautiful—just to make it easier to dress, and more natural to fall easily and gracefully into the wavy lines and folds of the coiffure, just to give that delightful fresh and cool effect, and leave a lingering, delicate, elusive perfume.

Will not change or darken the color of the hair. Contains no oil; therefore, cannot leave the hair sticky or stringy.
Very pleasant to use, very easy to apply—simply sprinkle a little on your hair each time before brushing it.
To thoroughly clean your hair and scalp, use

Harmony Shampoo

A liquid shampoo to keep the hair clean, soft, smooth and beautiful. It gives an instantaneous rich, foaming lather, penetrating to every part of the hair and scalp. It is washed off just as quickly, the entire operation taking only a few moments.
It leaves no lumps or stickiness.
—Just a dainty, pleasant and clean fragrance.
Both in odd-shaped ornamental bottles, with sprinkler tops.
Harmony Hair Beautifier, \$1.00; Harmony Shampoo, 50c.
Both guaranteed to please you, or your money back.

Sold in this community only at
A. V. RAND WOLFVILLE.

The Rexall Store

Self-Reliance.

Self-Reliance is digging your own well and then drawing up the water yourself. It's taking the Tool Chest that God Almighty has willed to you and using each one of its Tools for the building of a Character. A self-reliance is driving your own Crows to pasture as well as milking them each day yourself.

Self-Reliance is believing that you have— and proving it.
There is only one way to get Self-Reliance into your system and that way is to go after it. But the very moment that you start for it—you have it! Self-Reliance is personal and individual. You can never get the Self-Reliance of anyone else to work for you.

Self-Reliance, however, must be broken for—it does not come without being called.
Self-Reliance is not putting yourself on the back. It is not overconfidence, nor is it conceit. It is getting a square view upon some definite task and then giving yourself a vigorous shove towards its accomplishment. For Self-Reliance is nothing if it isn't action, action, action—worthwhile action.

Just the moment you adopt Self-Reliance, you start to become Self-Masterful.
The Self-Reliant man asks no man to tune his whistle—asks no man to tie his shoe strings. For in Self-Reliance there is a grandness of being bordering upon kindness. And out from its atmosphere comes the achieve-ments of all time. So, you better run your own show. No one knows how, quite so well as yourself.

California Woman Seriously Afflicted.
"A short time ago I contracted a serious cold which settled on my lungs and caused me a great deal of annoyance. I would have had coughing spells and my lungs were so sore and inflamed I began to be seriously alarmed. A friend recommended Chamberlain's Cough Remedy, saying she had used it for years. I bought a bottle and it relieved my cough the first night, and in a week I was out of the cold and soreness of my lungs. I write Miss Marie Garber, Bayville, Cal. For sale by all dealers.

Wolfville Real Estate Agency.
Persons wishing to buy or sell apply to J. W. SELFRIDGE, Manager.
Wolfville, April 27.

Dr. de Van's Female Pills
A reliable French regulator (patent pills). These pills are especially prepared in regulating the irregularities of the female system. They are sold in all the principal cities of the world. Write Miss Marie Garber, Bayville, Cal. For sale by all dealers.

Wentzell's Winter Catalogue
is ready, and for a copy.
Every Housekeeper in Nova Scotia should have a copy of Wentzell's Winter Catalogue of Household Goods. In it is shown how you can save a lot of money.
If you are not now on our mailing list and to save time writing a letter simply fill in, our name, and mail to us the coupon below:

WENTZELL'S Limited, Halifax, N. S.
Please send to me, without any obligation on my part, a copy of your Fall and Winter Catalogue.
Name.....
Address.....

Write for a free copy of this book

For a farmer's silo, a county road, or a railroad bridge,
CANADA PORTLAND CEMENT
can be depended upon to make concrete that will last for generations.—There is only one grade—the best that science and skill can make.
The label on every bag is your guarantee of satisfaction.
Canada Cement Company Limited, Montreal
There is a Canada Cement dealer in your neighborhood—if you do not know him, ask us for his name.

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Every Housekeeper in Nova Scotia should have a copy of Wentzell's Winter Catalogue of Household Goods. In it is shown how you can save a lot of money.
If you are not now on our mailing list and to save time writing a letter simply fill in, our name, and mail to us the coupon below:

WENTZELL'S Limited, Halifax, N. S.
Please send to me, without any obligation on my part, a copy of your Fall and Winter Catalogue.
Name.....
Address.....

FURNESS, WITBY & Co. Ltd. Steamship Lines.

London, Halifax & St. John
From London, Star, From Halifax.
Almerina Nov. 20
—Shenandoah Nov. 26
Nov. 19—Rappahannock Dec. 10
Dec. 2—Kanawha Dec. 22
Dec. 17—Shenandoah Jan. 5
From Liverpool, From Halifax.
—Durango Nov. 29
Nov. 28—Digby Dec. 13
Dec. 5—American Dec. 27
Dec. 19—Durango Jan. 11

FURNESS, WITBY & CO., Ltd. Agents, Halifax, N. S.

SEALED TENDERS

For the Collection of County and Poor Rates, Dog Taxes, Railway (right of way) rates, and such other taxes as the Council may order, in the various Wards in the County of Kings, are requested for the year A. D. 1914.
1. Tenders to be filed with T. De V. Chipman, Clerk of the Municipality, at Kentville, until the first day of January, A. D. 1914, noon.
2. All tenders to be marked "Tenders for the Collection of Rates" and to name the proposed bondsmen.
3. The Council will guarantee the amount of each rate roll, and the collection thereof, subject only to any losses the Council may see fit to add.
4. The Council do not bind themselves to accept the lowest or any tender.
By Order,
L. De V. CHIPMAN,
County Clerk,
Mun. of Kings, N. S.
Kentville, Nov. 15, 1913. 10-4

Good Salesman Wanted

For every town and district where we are not represented.
Fruits are bringing high prices, and Nursery Stock is in demand.
Make big money this Fall and Winter by taking an agency.
Experience not necessary, free equipment, exclusive territory, highest commissions paid.
Write for full particulars,
Stone & Wellington
Fountain Nurseries
TORONTO, ONTARIO.

R. J. Whitten & Co. HALIFAX

Receivers and Sellers of all kinds of Farm Produce.
Consignments Solicited.
Prompt Returns.

Piano For Sale.

A "Rehr" Piano in splendid condition, practically new, cost \$500. Will be sold at a great sacrifice. Apply to
EVANGELINE D. BOWLES
Wolfville, N. S.

COAL!

Acadia Lump,
Kilburn Nut,
Springhill,
Inverness.

A. M. WHEATON.

COAL - BRIQUETTES.

Did you ever try briquettes. Fine for domestic use. No dust, no slack, no waste. We have them "Care of 'Minuties' and Springhill constantly arriving. Prompt delivery and all coal well screened.

Burgess & Co. Housekeeper Wanted.

Would prefer woman with daughter having some knowledge of bookkeeping.
Apply giving reference.

The Kent Lumber Co., Limited, Gold River, N. S.

NOTICE

All persons having legal demands against the Estate of Lester B. Bishop, late of Wolfville in the County of Kings, aforesaid, are requested to send in the same, duly attested, within twelve months from the date of this advertisement, and all those indebted to said Estate are requested to make immediate payment to the undersigned.
JOHN A. BISHOP,
Administrator.
Wolfville, Nov. 20th, 1913. 50.

ALCOHOL FLAVORS

Give the best results in your Christmas baking.
All orders will be promptly filled by
R. M. MILDRETT,
9-4 in. Gibson Hall, Wolfville.

CHISELS.

The British Crown of Canada have appointed Messrs. A. Johnson, Agents for Halifax, N. S. to have representative for the Halifax and vicinity. They will be pleased to send you those splendid Chisels, Wrenches and etc.
Messrs. Johnson's General Store, 10 Corn St.

FRAME STOCK

SAWED TO ORDER.
Also Lathes, Shingles, Sheathing and Flooring.
WRITE FOR PRICES.

J. H. HICKS & SONS BRIDGETOWN, N. S.

The Excelsior Life Insurance Co.
You Secured—\$100,000 for every \$100 liability.
You Earned—\$100,000 for every \$100 liability.
You Paid—\$100,000 for every \$100 liability.
CAPT. S. H. BEARDSLEY, Wolfville, Prov. Mgr.