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HOW TO GET RID GREAT BRITAIN OF RHEUMATISM

"Fruit-a-tives" Point the Way to Quick Relief

"I suffered for a number of years with Rheumatism and severe Pains in my Side and Back, caused by strains and heavy lifting.

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TO THE PUBLIC

In order to assist the Canada Food Board in the conservation of Food for the Allies, and to save money for our customers The Royal Cafe

has introduced a Combination Menu, with all summer delicacies, at Special Prices-see our new menu cards and prices. Our idea is to furnish meals for hot weather "when cooking is not pleasant" cheaper than you could prepare them in your own home, fresh, and of the best quality, at rock bottom prices. Come and give us a trial. Our Motto-Service and Cleanliness Always.

Special Combination Meal Tickets for Sale. Good for meals at any time. The Royal Cafe

Phone 1853. 151 Colborne St.

HE double tracking of the North Toronto Sub-division of the

tween Leaside and North Toronto is

now nearing completion, and involved the replacement of bridges (known as 0.9 and 1.8) which here-

tofore had been treaties constructed of steel. Owing to the high price of steel and the difficulty of procuring

it since the war began it was found

that reinforced concrete competed

The bridges were therefore con-

structed of this material and are a

triumph of railway construction work, No. 0.9 being 386 feet long

and 90 feet high carrying two tracks, and No. 1.8 of similar dimensions,

dength of the individual spans and the

details of their construction are un-

precedented in the engineering world. Previous to this no rein-

forced concrete beam with a length of more than about 25 feet had been

attempted; the spans of these two C. P. R. structures are each from 35 to 37 feet long. These spans have been made possible by the employ-ment of unit construction by which

each span was designed as two T

beams which, after being manufac-tured near the work, were laid side by side on the previously built rein-

forced concrete towers. The towers

themselves are really reinforced con-

crete buildings constructed in the usual manner by means of wooden

forms built around a steel reinforce-

all was in readiness the concrete was

ment which was previously assembled 3 and securely wired together. When

successfully against steel.

Canadian Pacific Railway be-

Is Statement of Lieut.-Col. Thompson of Haldimand

By Couier Leased Wire. Ottawa, Ont., Aug. 5. - Lieut col. Andrew Thompson, former Liberal M.P., for Haldimand County. who went overseas in command of a battalion from Ontario returned to Ottawa last night from overseas He stated that when he had left England the pendulum of war was swinging distinctly to the optimistic side. Col. Thompson was invalided home following a serious operation. Two of his sons are also back from the front after service. Captain A. R. Who was wounded at Passchendaele and ieut. W. P. Who has been discharg-

d as permanently unfit as the result

Parisans Greet Resumption of the Long Range Shelling

miles and jocular remarks greeted VETS. MAY TAKE ACTION. Paris, Aug. 5.—Contemptuous the first explosions of the German' The local branch of G.W.V.A. is

Record In Concrete Bridge-Building

poured by means of long spouts artistic in appearance and at the weighed 55 tons, which as the limit which led in several directions from same time satisfactory from a general load that could be handled by the the main mixing tower. The pourant utilitarian point of view, besides C. P. R. 100 ton standard wrecking

HELP SAVE WESTERN CROP 20,000 Farm Laborers Wanted

\$12 to Winnipeg

Comfortable Through Trains, Lunch Service at moderate prices, Special Accommodation for Women and - Scenic Routs by C.N.R. Brantford, Aug. 22nd and 29th. From Toronto Union 16.00 p.m., Aug. 22nd

Special Train Service: and 29th, Nearest C.N.R. Agent—J. S. Dowling & Co., Ltd., City Agents, Brantford. or write General Passenger Dept., 68 King St. E., Toronto, Ont.
Ask for "Harvesters" Work and Wages" Lesset.

CANADIAN NORTHERN RAILWAY

carried on until German militarism has fallen. Paris, Aug. 6.—The German long range bombardment of Paris was

THE MARKTT.

Fruits of several varieties were on sale at the market this morning despite the roat, the atenadce was large, and a brisk trade was done

long range shell in the Paris region now considering action on the pro-

tion of Paris to see that the war is airplane training camp.

USE A HYDRAULIC RA

Now Recognized As the Cheapest Power for Pumping.

When and How It Is Used-Complete Information Given — Tubercular Cows a Menace to Health—How Herring, fresh 0 10 Meats. Tubercular Test is Made — Why Dry salt pork, ib ... 0 30 It Pays Farmer to Test Cattle and Bacon, back trim.... 35

(Contributed by Ontario Department of Agriculture, Toronto.)

THERE conditions are suitable for an hydraulic ram it is without question the cheapest and most satisbombardment at this time was excards among American troops pasactly what the population expected sing through the city. Such cards the Germans to do. Despite the inclement weather scores of persons at a comparatively low cost, and sat indifferently in the coty scale. factory method of pumping water. more water than it pumps to the buildings, and hence can only be inbuildings, and hence can only be inbuildings. the Germans to do. Despite the inclement weather scores of persons at a comparatively low cost, and sat indifferently in the cases saluting each shell with caustic comments.

Expressions of rage and hope of revenue soon were heard, however when it became known that somewhere in the vicinity of Paris wormen and children had been killed by the German shells.

Renewal of the bombardment has somewhas further strengthened the resolution of Paris to see that the war is alreplane training camp. the buildings.

Energy in this case 65-100 x 10 x 5 foot-gallons—32.5 foot-gallons.

Now divide this by the height of the buildings above the ram and we have the number of gallons the ram will deliver per minute at the buildings. 141%, Mo Pac 23%, Penna 44. If, for example, the height is 32.5 Reading 87%, St Paul 44%, Cp

Number of gallons per minute—32.5 divided by 32.5—1 gallon, which is 1-10 of the water supplied by the

Number of gallons per day—60 x 24—1,400 gallons (about 29 barrels).

Consequently with five feet of head and 32.5 feet of lift the ram will deliver at the buildings 1-10 of the water in the spring. The quantity that will be delivered with other heads, lifts and spring-flows may be culated in a similar way

ings, nor less than five times the fall from the spring to the ram. It may however; be longer, but seldom exceeds 50 feet, and 75 feet might be taken as an extreme length for sizes of ram suitable for farm conditions. If too long a drive pipe be used, the from striking as heavily or as fre-quently as with a drive pipe just the right length.

The cost of installing a ram is not great. For the smallest size of ram it will run in the neighborhood of \$25 to \$35 and about \$15 extra for each hundred feet between the spring and the ram. Thus if they were 100 feet apart the total cost would be from \$40 to \$50, but if 200 feet then from \$55 to \$65, and other distances in proportion. The largest size of standard ram can be installed at about \$100 if the ram and pump are 100 feet apart, and \$125 if 200 feet apart.—R. R. Gra-

ham, B.S.A., O. A. College, Guelph Lindell's schoolhouse, a farmer's dwelling and several barns were burned in a serious bush fire south of Cultus Lake, not far from Chilliwack.

MANY RECEIVE PENSIONS Uuwards of 16,000 men, women and children are now receiving pensions through the district office of the Pensions Board. About 60 per cent of the men receiving disability pay are married and have families averaging three children each. There 2,101 children, 44 guardians, 97 or-phaned little ones, 377 dependents and two nursing sisters.

DON'T WORRY ABOUT THAT RUPIURE We fit trusses and know how russes priced from \$1.50 to \$10.00. Satisfaction guaranteed at Brander's Drug Store. Corner Market and Dal-



Clean to handle. Sold by all Drug-gists, Grocers and General Stores.

Butter 0 49 t	0 0	50
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Grain		
Hay 12 00	13	00
Oats 1 20	40 (57) (50)	241
Ry6 1 60.		69
Straw, baled 6 00	Co. Company Co.	00
Wheat 2 10		10
Barley 1 00		00
Vegetables		
Beans, quart 0 00	. 0	5
Beans, peck 0 00		30
Cabbage, doz 0 90	Carlotte A. Marie and	50
Cabbage, head 0 10		20
Cabbage head . 0 10	0	25
Carrots, basket0 00		25
Green Onions, b'ch3		
Celery, 2 for 0 25		15
Parsnips, basket 0 00	0	15
Potatoes, per bushel.0 00	1	60
Potatoes, bag2 00	2	40
Turnipe, bushel 0 40	0	50
Lettuce, bunch : .2 for 15	0	08
Tomato plants, doz. 0 15	0	15
Asparagus, bunch,	for	25
Green Peas, quart12 1-	2c	
New beets, bunch, 10c, 3	for	25c
Park the second of the second		K43556.00

Halibut, steak, lb. .. Kippored herring, pr. 0 10 Salmon trout, fb . . . 0 20 Salmon, sea 0 30 Bacon, back 0 45 Beef, boiling, Ib. . 0 20 Bcef, roast, Ib. 25 Beef, steak 30 Chickens, dressed .. 1 60

Chickens, per lb. ...0 00 Celery plants,..... 15 for 15c TORONTO MARKET

NEW YORK STOCKS. Kemerer, Matthes and Co., 136 Dalhousie street, 'phone 184, quotes New Yorks stocks, 1 p.m.: Pac 121%.

Industrials-Anaconda 66 1/2, Car Foundry 841/4, Smelters 781/2, US Steel 109 %, Pressed Steel 70 %, G4 Nor Ore 31 %, Crucible 66 %, Dis-tillers 58 %, Beth Steel B 83 %, Corp-Products 44, Central Leather 67 %, Amn Can 47, Mex Petroleum 102 %. Baldwin 92 %. Sumatra Tob 129 1/2. Westinghouse 42.

FAILS TO TERRIFY. Generally speaking it is found that Paris, Aug. 6.—The bombardment for each 10 feet of lift there should of the city and its environs was debe one foot of head, but there is a sultory throughout yesterday. The limit—it is seldom advisable to in- revival of the long range attack, stall rams where the head is less than however, proved a failure as a means say two feet, although they have of terrorism. The consenus of opin-been known to work with as little as ion among the populace and the 18 inches. The length of drive pipe rewspapers is that the bombardment should not be less than three-quaris being carried out for political ters of the vertical lift to the build-effect in Germany. effect in Germany.

GRAND TRUNK RAILWA

HARVEST HELP **EXCURSIONS**

\$12.00 TO WINNIPEG Plus 1-2c. per mile beyond. August 20th and 29th

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August 22nd and 29th From Toronto and all station west and south thereof in Ontario.

For further particulars apply to any Trunk Ticket Agent or C. E. Horning, District Passenger Agent,



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\$3,500.00-3-storey Brick, on Queen street, with finished basement in 3 apartments, with furnace, electric light, city and scht water, 11 rooms, 8 bedrooms, some with clothes closets; complete bath. This is a very cen tral, and a money-maker for the right party. Side drive, immediate possession. \$800 cash will

House Snaps!

\$4,150.00-Red Brick, double house, on Erie avenue, 2-storey with 3 apartment cellar, front verandah, electric light, hard and soft water, 7 rooms in each. Will be sold separate or together. Side drive to each side. \$300 each will handle.

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BANK OF HAMILTON

B USINESS that will foster the growth of Canada receives primary consideration in the extension of credits by the Bank of Hamilton. It is in the national interest that exports be largely increased and that Canadian-made products should take the place of imported goods.

> **BRANTFORD BRANCH** C. A. Laing.

Valentine Cantagonla, an Indian, who lived in a tree-stump at Hasting, terrorizing the people of that locality, has been captured by the police of Vancouver.

the main mixing tower. The pouring of the concrete was maintained as continuously as possible until a whole tower was completed. This work was done during the winter at a time when the temperature was below freezing point; it was performed inside of what was virtually a building erected to maintain a suitable temperature around the newly deposited concrete until it was out of danger of being damaged by frost. These two structures are provided with narrow sidewalks and handwards, which enable trainment to nove conveniently along side-standing the structures are suitable to carry the heaviest being absolutely permanent. Both are designed to carry the heaviest being absolutely permanent. Both are designed to carry the heaviest being absolutely permanent. Both are designed to carry the heaviest being absolutely permanent. Both are designed to carry the heaviest being absolutely permanent. Both are designed to carry the heaviest being absolutely permanent. Both are designed to carry the heaviest being absolutely permanent. Both are designed to carry the heaviest being absolutely permanent. Both are designed to carry the heaviest being absolutely permanent. Both are designed to carry the heaviest being absolutely permanent. Both are designed to carry the heaviest being absolutely permanent. Both are designed to carry the heaviest being absolutely permanent. Both are designed to carry the heaviest being absolutely permanent. Both are designed to carry the heaviest being absolutely permanent. Both are designed to carry the heaviest being absolutely permanent. Both are designed to carry the heaviest accordance of less than 110 slabs, each 55 tons in weight, or in all something like \$6.000 tons, and all this was done without a single mishap to either men or material, another remarkable feature is that both structures were built without interpretable to the provide of permanent bridges. These two structures are so solid that when passing over them on a shorter period than would have been required to manufacture and that rails, which enable trainmen to move conveniently along side-standing trains. The hand rails add considerably to the aesthetic appearance of the structures, which are extremely