here by

takes as f in the room is \$60 per 6,30.

brary to Saturday tronized wing and and meet ur work, to show is a sucneed for dship be-n.-G. E.

tion

held at 29. Mrs. rged each ined nurse tures and Hill connine insti alled upon connection anch. One work this Another is ursing and

nkers. Miss on its in-ce she had efore. Not new insti v; everyone armoniously. one of the l inspection e baby wel-ggested that ograms, and orkers, and
'' In speak
Noble urged
to be work't let it be a Canada at 8-pound shell re every bone co-operation ough the de-

ss, Mrs. Milne potatoes as a ato starch to ch; rice water n and orange oap from fats ux made from of vegetable vegetables and closing, Mrs. our food card 'Lest we for-

e of Alix en enzie, of the ather the town ating capacity,



Your Kitchen Service to be efficient may require a New

We cannot suggest a better Range than an Oxford Chancellor, as illustrated above, and even with the scarcity of sheet steel, pig from and asbestos, we are in splendid shape to ship from our warehouses at Winnipeg or Calgary.

Bend for our Booklet, also place your order before freight increase effects the price.

At WINNIPEG \$105.00

At CALGARY \$108.70

THE GURNEY NORTH-" WEST FOUNDRY CO. LTD.

Dept. G. WINNIPEG and CALGARY



### **POSITIONS** For Boys and Girls

For Boys and Girls
THERE is a marked scarcity of office
help in Winnipeg, due to the heavy
relistment of office men. Success
Business College graduates are given
preference. The Buccess trains and
places more certificated Stenographers.
Bookkeepers and Commercial Teachers than all other Manitoba Business
Colleges combined. We employ 80
certificated, expert teachers (three
times as many as employed by all
local competitors) and own and use
150 typewriters. Our splendidly
equipped premises have been highly
commended by the Winnipeg Board
of Heasith. The Success is the only
school employing a Chartered Accountant who devotes all his time to
teaching in day and evening classes;
leads in graduates and gold medalists;
lylaces its students. Open all year.
Enroll any time. Train in Winnipeg
where positions are plentiful and
board less expensive. Write for
Free Information.

### THE SUCCESS BUSINESS COLLEGE, Ltd.

MANITOBA

## WATCH REPAIRING

We specialize in repairing Watches and Jeweiry. Reasonable prices. All work guaranteed and prompt attention given. Excellent range of stock for presents. Write for suggestions.

J.I. Cunningham P.O. Woodrow, Sask.

## Winnipeg Marble & Tile Co.

199 MAIN ST. WINNIPEG

Service in Mantels and Grates (Coal and Wood) Tile—Marble—Monuments WRITE FOR DESIGNS AND PRICES



and the women all were load in their appreciation of Miss McKenzie and her interesting and instructive lectures. The speaker first took up the subject of bed-making in the sick room; contageous diseases, how to avoid spreading them, also how to disinfect after one. A hed being provided the demonstration in bed-making was made very clear.

spreading them, also how to disinfect after one. A hed being provided the demonstration in bed-making was made very clear.

The second day, the care of a maternity patient, before and after pregnanly, was taken up. What to do in case of convulsions until the doctor comes; also the care of the baby. Miss McKenzie left no feature of this subject untouched, and answered a great many questions after the close of the meeting. The third day the speaker devoted to the diseases of the throat and nose, adenoids and tonsils being especially treated upon. She then took up First Aid, how to treat different kinds of burns, broken bones and hemorrages. At the close a First Aid Auxilliary to the Institute was organized, with Miss Ross as president, and Miss Sunburgh as secretary treasurer. They expect to hold a meeting once a week, and have secured the doctor's wife to address the first one. We feel that these meetings will be time well and profitably spent.

After the lectures a social evening was held in the Presbyterian Church, to give the men folk a chance to meet Miss McKenzie. An old-fashioned spelling match was one feature of the entertainment. The words ran mostly to diseases (in honor to Miss McKenzie I suppose), and it was not long before we were all in our seats again. Miss McKenzie very kindly gave a number of selections which were heartily applauded. Altogether Miss McKenzie's visit to Alix was a memorable one.—Mrs. Minnie Cruickshanks, Alix, Alta.

#### Club Briefs

Club Briefs

The John Knox U.F.W.A. is one of those locals which were organized this summer. Only three meetings have been held so far, but the members are apparently interested in the work and hope to be able to send us interesting reports when they get better acquainted with same. At the last meeting it was decided that meetings would in future be held at the homes of members, and a program would be arranged for each occasion.—M. W. Spiller.

Minburn had an address on "Health Inspection of Public Schools," by Miss Thurston, of Edmonton. That reminds us that quite a number of institutes have been the means of bringing about inspection in the rural schools, and it is needed there as much, if not more, than in the cities.—I. Noble.

The institutes in the Wetaskiwin constituency are knitting 400 pairs of socks to be sent to the Wetaskiwin constituency boys for Christmas presents. This is a splendid undertaking and we know the boys will be glad toget the home productions.—I. Noble.

Fleet has just finished a membership drive and now boasts of 56 active workers, A paper on "How to make our meetings Simple, Interesting and Entertaining," was read at the July meeting. We would like to see it for many institutes would like to know the same thing.—I. Noble.

Ryerson is interested in an open market. I wonder if many of our branches are, not that we have much to market this year, but it is well to lay plans for the future. Mrs. Newhall, of Calgary, one of our institute members, and chairman of the Associated Consumers League, can give the institute all sorts of advice on the market question, and why not consumers and producers get together and see what we can do to help each other?—I. Noble.

Cornucopia realized \$115.80 at a Red Cross sale held in July. This branch has a knitting machine and is able to knit many more socks by its use.—I. Noble.

Camrose is looking up—the Institute and U.F.W.A. women of Camrose gave a barn dance, July 29, proceeds to go to the Red Cross.—I. Noble.

## Substitute economy for waste. Use only such foods

greatest amount of nourishment, with the least possible waste. No food meets these requirements more perfectly than

# BOVRIL

## Commercial Education for Farmers' Sons

## A Special Winter Course in Business, Agriculture and Farm Bookkeeping

NOVEMBER 19, 1918, TO MARCH 28, 1919

Every farmer should be able to figure accurately, to write a correctly-worded business letter, to apply the principles of business law in the performing of the ordinary transactions of the farm and to keep a satisfactory record of the business he is doing.

In addition to a thorough business training the course includes an extensive course of practical lectures in agriculture.

Courses qualifying for BOOKKEEPERS and STENOGRAPHERS. There is a marked scarcity of office help due to the enlistment of office men. Qualify and a position is assured. Students may enrol for general courses at any time.

Write for further information Write for further information.

Business Department, Regina College

C. E. Walker, C.A., Principal

E. W. Stapleford, B.A., D.D.,

## BE GOOD TO YOUR FEET

Put the right boots and shoes on them and you will find a new joy in life. It's wonderful not to know that you have feet, because they are so comfortable. It's a great satisfaction to buy boots and shoes that will give your feet this comfort, look well and wear a long time.

Boots and shoes like that are only made by the best workmen, from the best of prime hides, on the most scientific lasts, and

Our boots and shoes for men, women, boys, girls, children and babies, are of high grade quality, they give comfort, service and satisfaction.

Our prices are unusually attractive, for we are helping reduce the high cost of living by sharing a part of our profits with our customers. This is only made possible by the tremendous quantities of boots and shoes we sell, and we only sell such great numbers because every pair gives satisfaction to the wearer.

### Guaranteed Satisfaction is part of Every Purchase

Our methods are honest, open, fair and above board. We ask no person to take a chance. It is never necessary, for all our merchandlese is right — it gives satisfaction to our customers. Our line includes the following:

Boots and Shoes Underwear Anto Accessories Rostery Ladies' Waists Farm Tools Ritchen Utensils House Dresses Roofing Harness Horse Blankets Paint Horse Blankets
Our beautifully illustrated catalogue showing this wide and varied range of merchandlese is sent free on request. Why not send for your copy today? In these war times it will help save many a dollar.

Please address

WINNIPEG

THE NEWMAN LIMITED THE RELIABLE MAIL ORDER HOUSE

#### Sign and Mail Coupon-Now

Gentlemen: Send me free of all charge or obligation your War-Time Necessities Catalogue, illustrating and truthfully describing your full range of quality merchandise.

F.S. NEWMAN LIMITED

WHEN WRITING TO ADVERTISERS PLEASE MENTION THE GUIDE