

I fear it is being gradually neglected. Hereabout it is believed to cure sore throat, chilblains, chapped lips, bad sores or ulcers, burns, scalds, rough, cracked hands, and many other minor ills; while as an ingredient in the preparation of cakes, drinks, etc., its use is extensively believed in and advocated.

**Honey Shoe Blacking**—Add lamp to inferior honey to such an extent as will allow the mass to be well stirred. Warm until softened and put in boxes. This preserves its gloss for a long time, prevents cracking, and preserves and softens the shoe leather.

**Honey in Infant's Food**—At first the child had half milk and half honey, liquified with water. Then four parts milk, one part honey, with a little water. The child grew strong and plump and never had a single pain, while it slept soundly the whole night long.

**Preserves**—Use two parts gooseberry jelly to one of cheap honey. Boil on slow fire for half an hour. Skim off any froth. If carefully put up the jelly will keep fresh for a very long time.

**Honey for the Brain Worker**—A well-known author, acting on the advice of his doctor uses honey largely, and has amply proved by experience that in doing heavy brain work there is nothing better for the system than honey.

**Honey Drops**—Mix one-third cupful of extracted honey, teaspoonful butter, an egg well beaten, small cup flour, add some baking powder and a pinch of salt. Drop from a spoon on a tin and bake in an oven.

**Insomnia**—When troubled with sleeplessness, rise and take a spoonful or two of honey, and sleep soon comes. For one troubled with this trying affliction, a light supper of bread, honey, and milk will be found soothing.

**Honey Tea-Cake**—Use one teacupful

extracted honey, half cupful thick sour cream, two eggs, half teacupful of butter, two cups of flour, small half teaspoonful of soda, one cream of tartar. Bake in oven until ready, and serve, if possible, while still warm.

**Summer Drink**—Take six gallons of water, 10 pounds of honey, and the white of three eggs. Boil one hour, and then add some cinnamon and ginger. When cold, add a spoonful of yeast. Stir the compound well and lay past for a day, when it will be ready for use.

**Honey Lemonade**—Proceed as in making ordinary lemonade, but use honey instead of sugar. The flavor will be found much improved, and the effect very refreshing.

**Honey for Dyspepsia**—Take a glass of boiling water and stir in it four tablespoonfuls of honey. Drink while hot, just before retiring to bed. It will promote sound sleep, good digestion, free action of the liver and kidneys, and cure nervousness.

**Honey Salve**—As a cure for boils and carbuncles, mix together pure honey and oil, making it into a stiff paste; spread on a cloth and lay on the sore, renewing every 12 hours.

A good freckle cure is the following: Eight ounces of extracted honey, two ounces of glycerine, two ounces of alcohol, six drachms of citric acid, and 15 drops of the essence of ambergris.

**A Cure for Asthma**—In a medical work I find it recorded that a doctor ate some ounces of honey every day for two years, and got entirely free of his asthma. Before this he had tried every known cure without securing relief.

**Honey Massage**—Take the yolk of two eggs, two ounces of ground blanched almonds, two ounces of almond oil, and four ounces of extracted honey, and make a paste, which rub on hands, arms, and face.