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Your guarantee of Service in the watch you select is the "Winged Wheel" trade mark inside the case. For more than 30 years this trade mark has been recognized as the highest standard of quality and workmanship.

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Dandruff Surely Destroys the Hair

Girls—If you want plenty of thick, beautiful, glossy, silky hair, do by all means get rid of dandruff, for it will starve your hair and ruin it if you don't.

It doesn't do much good to try to brush or wash it out. The only sure way to get rid of dandruff is to dissolve it, then you destroy it entirely. To do this, get about four ounces of ordinary liquid arvon; apply it at night when retiring; use enough to moisten the scalp and rub it in gently with the finger tips.

By morning, most if not all, of your dandruff will be gone, and three or four more applications will completely dissolve and entirely destroy every single sign and trace of it.

You will find, too, that all itching and digging of the scalp will stop, and your hair will look and feel a hundred times better. You can get liquid arvon at any drug store. It is inexpensive and four ounces is all you will need, no matter how much dandruff you have. This simple remedy never fails.

CUTICURA

Heals Skin Trouble With One Cake Soap and Two Boxes Ointment.

Terrible itching on back of neck. After three weeks got flaky and became sore. Was red and scratching caused sleepless nights. Got Cuticura Soap and Ointment. Itching not so bad after using them. Now healed. From signed statement of Mrs. William Quigley, Windsor, N. S.

If Cuticura did no more than soothe and heal eczemas, rashes, itchings and burnings, bringing speedy comfort to tortured, disfigured men, women and children it would be entitled to the highest praise. But it does more. By using the Soap exclusively for toilet purposes, allowing no other soap to touch your skin, you will in many cases prevent these distressing experiences.

For Free Sample Each by Mail address post-card: "Cuticura, Dept. A, Boston, U. S. A." Sold everywhere.

PAGE OF INTEREST TO WOMEN

SOCIAL AND PERSONAL

Readers Are Invited to Phone All News of This Kind to the Society Editor. Phone 3670.

Mr. and Mrs. Isaac Payne of Thamesford, Ont., announce the engagement of their daughter Eva Isabelle to Mr. Walter Dickie of Keeler, Sask. The marriage will take place the latter part of February.

Mr. C. M. Newans of Tampa, Florida, is visiting his son, Mr. Harry Newans of Langarth street.

Lieut. Garfield Colling, C.A., M.C., left Toronto on Friday evening for Siberia. Lieut. Colling is a son of Mrs. Ellen Colling, 229 Waterloo street.

The marriage of Mr. Reginald Thody of Komoka to Miss May Carpenter of Delaware was solemnized at the manse, Hyde Park, on the evening of Thursday, February 13. Rev. J. A. Gale officiated.

The children attending the Sunday School of the Church of the Epiphany, Manor Park, were entertained at a "Valentine Tea" on Friday evening last. A tea was given by the ladies. The rooms were prettily decorated and the tables were gay with flags. Following the tea, the rector, the Rev. L. Armitage, addressed the children and friends who had come in to join the kiddies.

A quiet, but pretty, wedding was solemnized Saturday afternoon at the home of Mr. and Mrs. Andrew Dale, Dufferin avenue, when their only daughter, Mabel Eveline, was united in marriage to Mr. John Eugene Ellis, son of Mrs. H. Ellis, of this city, Rev. H. H. Bingham performing the ceremony in the presence of only the immediate relatives adn friends of the contracting parties. Miss Elizabeth Peat of Petrolea played the wedding marches and sang "Because" during the signing of the register. The bride was becomingly gowned in French blue silk, meteor and georgette crepe, and wore a corsage bouquet of orchids and sweet peas. After the ceremony a luncheon was served in the dining-room, prettily decorated with daffodils and narcissus, and yellow-shaded candles. The good wishes of the many friends of the bride and groom found expression in a beautiful array of wedding gifts. After a short trip to Toronto and other points, Mr. and Mrs. Ellis will reside at "Willowdale Farm," Lambeth.

On Thursday of last week, at Christ Church rectory, by the Rev. Canon Gunne, Miss Florence Brown was united in marriage to Pte. William James Ealy, who has recently returned after having served for two years in France. After the ceremony Mr. and Mrs. Ealy returned to the home of the bride's sister, Mrs. G. Thompson, 854 Lovett street, where a very enjoyable evening was spent and a miscellaneous shower tendered by the friends of the bride and bridegroom, after which a luncheon was served.

Advertiser Patterns

A POPULAR STYLE.

2733—This simple model is easy to develop, and is most becoming to slender figures. The back and front are plaited, and the closing is effected at the left side of the front at shoulder and under the plait.

The pattern is cut in 3 sizes: 18, 18 and 20 years. Size 18 will require 3⅞ yards of 44-inch material.

Serge, corduroy, velveteen, satin, jersey, cloth or gabardine could be used for this style. Blue velveteen with sleeves and belt of georgette crepe would be pleasing, or brown serge with matched satin. The dress measures about 2 yards at the foot.

A pattern of this illustration mailed to any address on receipt of 10 cents in silver or stamps.

Name .....

Town .....

Province .....

Age (if child's or misses' pattern) ....

Measurement: Bust..... Waist.....

Caution: Be careful to include the above illustration, and send size of pattern wanted. When the pattern is bust measure, you need only mark 32, 34, or whatever it may be. When in waist measure, 22, 24, 25, or whatever it may be. If a skirt, give waist, and length measure. When misses' or child's pattern, write only the figure representing the age. It is not necessary to write "inches" or "years." Patterns cannot reach you in less than one week from the date of application.

Red Cross News

The first of March is coming toward us, not like a lion, but very much like a racehorse. At least so it seems to those who are trying to get all their materials sewed up and ready for the last free shipment to the refugees. Everything ought to be in London by the first, so that the last box may be on the way to the coast before the fifteenth, the date at which the free transportation for the Red Cross Society ceases.

Those who have money on hand will remember to keep it deep down in the treasurer's pocket for future needs. When all the wounded boys get home there is going to be some work for us to do, and it is to be hoped there will be plenty of money to meet all our varied expenses.

Before the Guns Ceased Firing.

Every Red Cross worker must be proud of the wonderful work the society has been doing in the devastated countries left behind the German retreat. It is good to think that we have all had a hand in this blessed task. This little note from the mayor of a French town which we helped to feed is very heart-moving, and makes one glad that one had the privilege of helping even if it were ever so little.

This is the letter in part:

"I have the honor to acknowledge reception of two wagonloads of food sent.

"In the name of our people, who have been most sorely tried by four years of German occupation, I wish to send you our warmest thanks.

"I am deeply touched by the haste with which you have come to lighten our misery, and I beg you to accept this expression of our gratitude."

We don't mind now the hurry and drive of the last four years of Red Cross work. We are glad the society always arrived in haste. Indeed, as one worker at the front said: "Before the German guns had ceased shelling a town our lorries were there with food for the starving inhabitants."

Give Them a Shower.

The boys at the heights have had a lovely present given them, a wonderful Valentine, only it came a little too early. It is a beautiful phonograph of the finest sort. It was given to them by the Women's Patriotic League of Merlin, and is installed in the Red Cross lodge and has already proved a great joy to the soldier boys.

And now the rest of us can do something. The phonograph needs records—oh, dozens of them, for those that it has are nearly worn out with being worked overtime. Wouldn't it be fine for all the Red Cross workers to give it a "record shower"? Any flat record will fit, so that is a great convenience. Please have your society send in one or two or a dozen or a hundred. Ask the boys when it is time to stop sending. They will tell you. A record can be bought for 90 cents or a dollar, so no one need miss this chance. The phonograph has a book of its very own in which are inscribed the names of everyone who presents it with a record. So we shall all want to be in it. Please send to 238 Queen's avenue, with the name of the giver attached. Let it be a generous "shower."

MARIAN KEITH,
Press Secretary.

Western Ontario Women's Activities

BIRNAM RED CROSS ANNUAL MEETING.

At the last annual meeting of the Birnam Red Cross League, held at the home of Mrs. T. L. Luckham, the following officers were re-elected for the ensuing year: President, Miss Jennie Vance; vice-president, Mrs. C. N. Richards; secretary, Mrs. W. H. Luckham; assistant secretary, Mrs. J. F. Smith; treasurer, Mrs. W. Vance.

The following statement of receipts and expenditures was submitted: Total receipts, $523.17. Expenditures: Goods, $229.15; food carrier for Byron Sanatorium, $60; prisoners' fund, $80; Navy League fund, Hyman Hall, $10; Christmas stocking fund, Hyman Hall, $10; printing, 70c; money orders and postage, $1.79; making a total of $361.64, with a balance on hand of $162.01.

The work accomplished for the year and sent to Hyman Hall was as follows: 55 pyjama suits, 106 pillowslips, 265 trench towels, 41 wash cloths, 24 hospital towels, 57 grey flannel shirts, 18 stretcher caps, 16 housewives, 49 pairs of stocks, 16 personal proptry bags, 39 handkerchiefs, 18 roll bandages, 1 bundle of flour sacks, 1 bundle of old cotton.

For refugee work: 8 pairs drawers, 10 nightgowns,, 2 baby jackets, 63 pairs of socks were sent to Mrs. McPherson, Toronto.

EMBRO MISSIONARY SOCIETY.

The ladies of the Congregational Church held their regular monthly missionary meeting in the basement of their church. Mrs. Sutherland, the secretary, gave a full report of the work done. She also read a letter from Mrs. Watt of Toronto, thanking her for the money sent by the society.

It was decided to have a social some time in March, but no date was set.

The ladies' missionary meeting which was held in Knox Church was largely attended, and several new members joined. The president, Mrs. W. Kent, was in the chair. A paper on "The Woman as a Home-Maker and Mother," was given by Miss Nellie Green. A paper on "The Forward Movement" was also read by Mrs. Montgomery. After the meeting lunch was served.

GLANWORTH LADIES' GUILD.

The Ladies' Guild of Christ Church met at Mrs. Wilson's to elect officers for the coming year. Those elected were: President, Mrs. Wilson; vice-president, Mrs. Bennett; secretary, Mrs. Hedley Fisher; treasurer, Mrs. White.

LADIES' GUILD.

The Young Ladies' Guild of Avondale Presbyterian Church held a very successful valentine tea at the home of the secretary, Miss Edith Brady, Broadway north, which netted the society a substantial sum. The house was gay with hearts, red candles and other valentine decorations. A dainty lunch was served from 4 to 7. Musical selections were rendered by Mrs. Colin Brown, Miss Helen Trestain and Miss Maud Borkey.

CYNTHIA GREY'S MAIL-BOX

Any Sleigh Rides?

Dear Cynthia Grey,—Do you think we are going to have any sleighrides this winter?—or should I whisper spring?

1. What do the letter V. A. D. stand for?

2. What day did October 21, 1896 fall on? HAPPY-GO-LUCKY.

Ans.—1. Voluntary Aid Dept. 2. On a Wednesday.

Spiders on Balsam.

Dear Cynthia,—Can any of you pagetes tell me how to kill the small spider that bothers the house-balsam? Have any of you readers got the mauve-colored balsam? I will make myself acquainted again later, and send an awful good pickle recipe for green beans. I remain, your truly,

A SCOTCHMAN'S WIFE.

Ans.—Try a spray of sulpho-tobacco soap solution; you can purchase this at any store dealing in garden supplies.

Who Makes Potato Candy?

Dear Miss Grey,—I saw where Rose desired a remedy for her hair. I have one that had the desired effect on my own.

To Make Hair Grow: To an ounce of sulphur add a quart of soft water, and during interval of several days agitate it repeatedly; after the sulphur has settled to the bottom of the receptacle use the clear liquid. Saturate the head with it every morning. This will make the hair grow, besides making it soft and glossy, but it will darken light har.

Will you please tell me the meaning of these names, Elsie, Flossie, Mabel, James and Charles?

Can you or any of the pageites please give me a recipe for potato candy? Would be very thankful to have it.

VIVIETTE.

Ans.—(1) Elsie, a princess; Flossie, flourishing; Mabel, lovable; James, a supplanter; Charles, strong or manly.

(2) Sorry I have no recipe for this, but maybe some reader can supply it.

Willing Wilma.

Dear Miss Grey,—I saw where "Sunshine" was asking for the poems, "The Dying Nun" and "The Face on the Barroom Floor," which I am inclosing for her. In return I am asking you to send me the popular stockingfoot pattern. What do you think of my writing? Do you get many letters from her? WILMA.

Ans.—Hope you didn't have writer's cramp after all that copying! (1) Very good. (2) Quite a few.

Just For Once We Will.

Dear Miss Grey,—Here I am again but under a different pen name. I hope you will excuse me for changing my name for once.

(1) Miss Grey, how old should a girl be before she should let a young man take her home?

(2) What day did February 2, 1900, come on?

I remain, HARRY'S SWEETHEART.

Ans.—I don't know who to consult as an authority on the subject. Probably eighteen years of age is generally acceptable as about right for receiving courtesies of this nature.

(2) A Tuesday.

Darning a Bugbear.

Dear Miss Grey,—Have been going to write you for some time to ask for that much-wanted stockingfoot pattern. Inclosed find stamps for same.

Although the mother of "just one girl," I find the toes come out faster than I can keep them sewn in. Even hubby's toes and heels have a nasty habit of coming out. Darning is really a bugbear to me. May I sign myself?

HELEN OF TROY.

Ans.—You may indeed sign yourself that, but, dear lady, you forgot to give me your real name! Shall hold the stamps until a postal card bears the necessary information.

Who Speaks First?

Dear Miss Grey,—To settle a dispute please tell me which should speak when meeting, speak first, I mean, lady or gentleman? Thanking you,

CHATHAM, ONT.

Ans.—In the case of acquaintances the man waits for the woman to make first acknowledgment when meeting. With old friends, either may speak first.

Vaseline on Cotton.

Dear Miss Grey,—Glad to see the Page is coming back to life. Could you please tell me what will take vaseline stains out of white cotton? Also could you send a stocking-foot pattern? Mother is sending you $1 to pass on to the Belgian relief, if you will be so kind, and oblige, yours truly,

ANNIE MARIE NO. 1.

Ans.—1. Any good soap and warm soft water ought to remove the stains. 2. Yes. 3. The dollar has been handed Mrs. A. T. Edwards, treasurer of the Belgian relief work in London.

The Willow-Ware Legend.

Dear Miss Grey,—Will you please print the story of the willow-ware plate? 2. Have you many correspondents from here? What do you think of my writing? JUNIE MACHREE.

Ans.—The willow pattern on china had its origin with Chinese decorators, and is familiar to most people. To the right is a lordly mandarin's country seat, two stories high, to show the rank and wealth of the possessor. In the background is an orange tree, and in the foreground a pavilion, to the right of which is a peach tree in full bearing. The estate is inclosed by an elegant wooden fence. At one end of the bridge is the "famous willow tree," and at the other the gardener's cottage, one story high, and so humble that the grounds are wholly uncultivated, the only green thing being a small fir tree at the back; at the top of the pattern, on the left-hand side, is an island, with a cottage; the grounds are highly cultivated, and much has been reclaimed from the water. The two birds shown are turtle doves. The three figures on the bridge are the mandarin's daughter, with a distaff, nearest the cottage, the lover with a box in the middle, and nearest the willow tree the mandarin with a whip. The tradition on which the pattern is founded is a most romantic one. The mandarin had an only daughter named Lichi, who fell in love with Chwang, a young man who lived on the island represented at the top of the [illegible] had been her father's secretary. The father overheard them one day making vows of love under the orange tree, and sternly forbade the unequal match; but the lovers contrived to elope. They lay concealed for awhile in the gardener's cottage, and thence made their escape in a boat to the young lover's island home. The enraged mandarin pursued them with a whip and would have beaten them to death had not the gods rewarded their fidelity by changing them into turtle doves. It is called the willow pattern not only because it is a tale of disastrous love, but because the elopement occurred when the willow began to shed its leaves.

2. Several. 3. It's excellent.

Here's Another Crocheter.

Dear Miss Grey,—I read the Mail-Box daily, and was very glad to, especially of late, as I have been ill in St. Joseph's Hospital, London. I am another one like many, wanting crochet patterns. I have one tatting pattern for "A Scribbler," who was inquiring for same. I would be pleased to correspond with any of the Pageites. I'll leave my stamped envelope with you if someone will favor me with a good crochet pattern. LILAC.

Ans.—You wrote on both sides of the notepaper, so I was obliged to cancel the rest of your letter. Katherine means pure. March 19, 1849, was on a Monday.

Annoyed at Sister.

Dear Miss Grey,—I'm just a troublesome old maid, and have come to you with my troubles. Miss Grey, I have a sister whom I am very annoyed about. Her friend comes here twice a week, and stays to very unreasonable hours. Why, it's sometimes 3:30 when he goes away, and we can't say very much to sister, for she gets huffed at us. Please give us your best advice. I am sending a tatted medallion for "A Scribbler" in exchange for some of her edgings. TATTING BRIDGET.

Ans.—Sister may get huffed and get over it again, but it clearly is the duty of her parents to emphasize the fact that 3 a.m. is too late for any gentleman caller to remain. A quiet, plain talk from "mother" might be the best. "Scribbler," please not the wish to exchange edgings.

Helped Her Tresses.

Dear Miss Grey,—I see so many of your readers are having terrible times with their beautiful tresses falling out. Three years ago my hair was very thin after fever, and I got a package of Lavona (75 cents), and 25 cents' worth of bay rum and crystals. Dissolve Lavona in the rum and rub well at roots of the hair. My hair now is very thick and 39 inches long. This is procured at a drug store. If any mother has a small child who suffers with toothache, split a fig and cover tooth. When it turns white put on a fresh one; the poison turns the fig white. One generally cures it. Here is a yoke pattern; makes up nice and easy, with strap over shoulder. I would like to have "The Gypsy's Warning" and "The Answer." VERONICA.

P. G. Sends Thanks.

Dear Miss Grey,—Was so delighted to receive the carnival costume sent by Midge. A thousand thanks to her. I hope she did not go to as much trouble as Unbidden Biddy. I am very grateful, indeed, to them both, and hope I may be able to do something for them in return some time. Wishing you all success. P. G.

Assures Us It's Good.

Dear Miss Grey,—I am 12 years old and am in the fourth class at school. Will forward a good cake recipe:

Prince Albert Cake—Two eggs, one cup brown sugar, half cup butter, three-quarters cup sour milk, one teaspoon soda, one teaspoon cinnamon, one teaspoon cloves, one cup chopped raisins, one heaping cup flour, one teaspoon of baking powder.

I assure you this is a good cake recipe, because I took second prize on the first cake I ever baked. I would like to correspond with someone of my own age, if I may. My address is with Miss Grey. PATSY.

It is Easily Made.

Dear Miss Grey, — I see where "Scribbler" wants tatting yoke, and am inclosing one which is easily made and very pretty. In return would like some tatting edges. I would also like crochet patterns of any kind, and would exchange some. JERRY.

Good Little Nobody.

My Dear Miss Grey,—I said I wouldn't come for ever so long, didn't I, but it is ever so long now, and I won't write much. Aren't I good? I'm sending some patterns for someone—was it Cleopatra? I think so. I hope they're all right. Sometime I'll try to find some more for her.

Will you please send the words of "Joan of Arc" to Grace Darling if some one else hasn't copied them for her before. And now I will close like a good little girl and still remain.

LITTLE NOBODY.

Try a Professional.

Dear Miss Grey,—Please send me a formula for dyeing a switch that has become too light for my hair, which is a dark auburn. Yours truly. H.

Ans.—Sorry, but this is quite beyond my powers. I'd need your head handy in order to match the shade! Best take the switch to a dealer in hair goods.

We've Sent It.

Dear Miss Grey,—The lost ones may return, no more to roam. Well, I have returned and hope to stay, if you will let me in. I suppose you do not remember me. I wrote to the Mail-Box a few times in 1914. I am a Grit, just like Fair Play. Would you please send me Fair Play's address?

MAPLE MAGIC.

A Merry Milkmaid.

Dear Miss Grey,—Is that precious stocking foot pattern still in existence? I would be delighted to receive same. I would also like to get the two readings that "Donta" so kindly offers to anyone who wishes them. They are "Reverie in Church" and "An Aspiring Dishwasher."

THE MERRY MILKMAID.

Liked the Cream.

Dear Miss Grey,—Mother and I enjoy reading the letters, and find many useful hints. We made maple cream like that we saw in one of your letters last week, and found it very good. Would you please send me the stocking foot pattern? LITTLE MISS MUFFET.

SPRING IN THE AIR.

Dear Cynthia,—Will just drop in for a few minutes' chat. This lovely weather and the sound of the chickens from the corn stack makes one think the busy days of spring are near. Would like very much to get the stocking foot pattern before the next cold spell comes. Would also like if someone would send me a nice crochet pattern for curtains, either medallion or insertion. Will return when I copy pattern. CHIC.

Just What She Wanted.

Dear Miss Grey,—I see where Mrs. All Trades sent the creeper pattern; thanks very much. My baby will soon be 2 years old, but I can cut it bigger. I am pretty good at sewing. The creeper pattern is just the kind I have wanted to get a long time, so simple. I am trying, Miss Grey, to atone for all the trouble I have been, so am inclosing songs I see were wanted, "The Dying Nun," "The Gypsy's Warning," and answer to it. Also I cut off two creeper patterns. I wonder if any reader has an easy plain pattern for a boy's blouse between 10 and 6 years? Would be glad to get it. Miss Grey has my address. BONIBELL.

Would "Shingling" Help?

Dear Miss Grey,—I have heard so much about that stocking foot pattern that I think I will have to have one, if you will be so kind as to cut me one out. I was another victim of the "flu," and not only the sickness, but the effects of it, is causing my hair to come out. I am nearly bald! I have been told to have it shingled, and it would grow in thick. Now, I would like to have the opinion of our readers, whether any of them have tried the experiment or not, and let me know through the page. Inclosed you will find a stamped envelope for a pattern.

A STEADY READER.

Tired of Darning Please Note.

Dear Miss Grey,—I received the crochet patterns sent by Aunt Maggie, thanks very much. I have been so busy I have not had time to write before. Will Tired of Darning send the crochet patterns I sent her, back to Miss Grey, when she is through with them, so they can be sent on to Aunt Maggie? My husband is sick with the influenza, and has developed a little spot on one lung today, so will not have time to copy any patterns for Aunt Maggie. I am very sorry, too. Yours sincerely,

A GIRL FROM ENNISKILLEN.

Daily Bible Question Club

SUGGESTIVE QUESTIONS ON THE UNIFORM LESSON FOR SUNDAY, FEB. 23, 1919.

ONE GOLDEN TEXT SUGGESTION.

By Rev. T. S. Linscott, D. D.

Moses Praying For Israel. (May be used with missionary appliances.)—Exodus xxxii: 1—xxxiv. 9.

QUESTIONS FOR TODAY.

5. Verses 2-6. Which is the greater idolatry or folly, and why, for women to wear gold rings in their ears, or to melt them up into images to represent God?

6. When a pastor sees that the influential majority of his church is bent upon card-playing, dancing, tippling, smoking and other worldly, or sensuous things that do not make for spirituality, what should he do?

7. Which costs the more money to serve God with all our hearts, or to follow a fashionable religion with the gratification of our sensuous nature?

Golden Text.—The supplication of a righteous man availeth much, in its working. James v., 16.

GOD RESPECTS THE OPINIONS OF THE RIGHTEOUS.

In the beginning God consulted man concerning the most suitable names to be given to all the living creatures which He had created, and "Adam gave names to all cattle, and to the fowl of the air, and to every beast of the field." From then until now man has had much to do, not only in naming what God has made, but in the improvement of the cattle which God has created, and in developing new breeds of animals, and new varieties of fruit and grain. Many of the things men have done through their own God-given power, but they have done more through prayer, as a result of which God has modified and readjusted his laws to product the things prayed for. As a matter of fact God has placed the world in charge of man and has instructed him to pray for divine help in carrying on his God-given work.

Fry's Pure Cocoa

THIS "bonnie wee thing" is a FRY'S Cocoa Girlie. Her cheeks are rosy—she's plump and strong—she's a sunny, healthy, romping little Jenny Canuck because she gets FRY'S regularly. She plays harder than most people work—but FRY'S gives her richly back all the spent energy—and more to grow on!

Have you any little "pale faces" at home? Liven them up, build them up now with FRY'S.

"Nothing will do but FRY'S"

103

Your Old Carpets

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Canada Rug Co.

98 Carling Street. Send for leaflet. Phone 2485.

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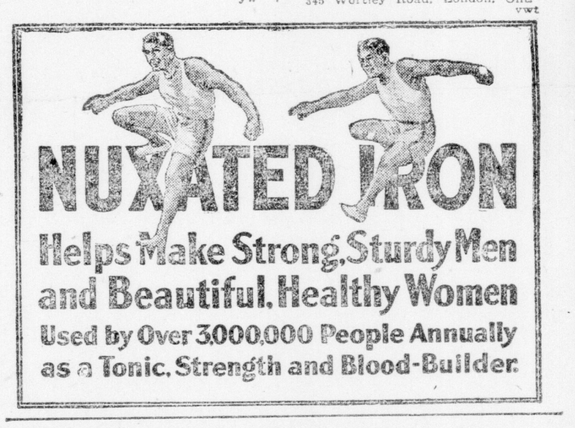

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