

## APPENDIX.

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COMMUNICATION FROM WM. WISHART. A. CRIDGE, MEDIUM.

AIM at the highest mark. Run for the greatest prize. Seek for the richest pearls of wisdom. Knock at the gates of the spirit land, and they will be opened. Ask of your heavenly Father, and joy and peace are yours. Remain not in the slough of despond, in the mire of stupidity, in the beaten track of tradition, while the green pastures and still waters of the spirit land are basking in the beams of the Sun of Righteousness, and are open to the weary and travel-worn wayfarer in life's path. Why do ye hunger and thirst in the deserts of selfishness and the quagmires of sensuality, when the tree of life, bearing all manner of healing fruits (Rev. 22), lies within your grasp? \* \* \*

Be calm, candid, quiet and temperate. Seek, then, to commune with spirits, and the gentle influences of the spirit land will refine and ennoble you. It is not to the learned, the great, or the wealthy, that these things are open, but to the earnest seeker for spiritual truth and practical good. Let not the fear of ridicule or the terrors of church discipline awe those who would investigate, or prevent developed mediums from defending truth that they "know and have seen." Remain true to the faith you have received evidence of, and confident in the hope of a glorious resurrection of the race from the depths of sensuality, selfishness and scepticism, by intercourse with the spirits of the "loved," but no longer "lost," that are gone before. All that is beautiful and elevating, all that is heart-stirring and sublime, all of calmness and peace, shall be the lot of those who are true to the light that is in them, and open to the truth that is around them, and the love that will descend on them from above. The "fruits of the spirit" shall be manifested copiously as rivers of water in the spring, and the millennium will commence whenever and wherever these manifestations are freely received and fully acted out.

DIRECTIONS FOR THE DEVELOPMENT OF MEDIUMS FOR THE HIGHER MANIFESTATIONS, BY W. WISHART, THROUGH A. C.

KEEP free as possible from all impurity and excitement, mental and physical. Especially, abstain totally from drugs, alcohol and tobacco;