

## THE LADIES' JOURNAL.

*rall.*

wait - ing for my dar - ling, And sweet na - ture's ten - der  
thro' your tress - es glanc - ing, Gold - en gleams the sun - light  
star - ling's voice so thrill - ing, Of the mu - sic of each  
get the mur - muring riv - er, And the breeze - swept wil - low's

*Pa.*

*rit.*

hush; Brok - en by the voice of star - ling, Makes the flow'rs with rapt - ure  
fair; Pur - er, bright - er gold is danc - ing In the mesh - es of her  
tone; That my heart, my be - ing fill - ing, Tells me she is all my  
sigh; Flow'r and song - sters trill and quiv - er, She's my own, and her's am

blush.  
hair.  
own.  
I.

My Own.—2.

### Christ's Reflection.

Before me lies a letter just received in which the writer says, "I pray every morning and all through the day and at night when I awake that my will may be His will in everything, that the glory of His will and the power of it may shine out with great brilliancy in everything that I may think or feel or speak or do. I desire nothing so much as to be a noticeable reflection of Christ." Could we make a better

prayer? From babyhood we have said, "Thy will be done," but I fear we have acted as a child of mine used to pray, "Thy kingdom come and my will be done." And yet the only true prayer and the one that embodies all others is "Thy will be done." When we are there truly we are in the garden of spices. The victory of a life is won. Christ is the real storehouse of all that is sweet and enduring. Perhaps you remember the Persian

legend of a stone that was perfumed, and when asked "Whence this sweetness?" it replied, "I have lain so long among the roses that I am permeated with their sweetness." And, dear Daughters, some of us have not been close enough—have not been long enough with the Rose of Sharon or our garments (of character) would have the rich odor of the flower of eternity. Sweetness is a deeper need than we are apt to think.

### Keep the House Well Aired.

In the very heart of sunshine, where there are no piles of brick and stone to shut out the light and air, a house is suffered to become full of disease germs. This simple fact accounts for what is called the mysterious fatality of fevers in our farming communities. The effect of darkness and bad air upon children is quite as disastrous as upon plants, with this difference: the mental and moral well-being of the children suffer, as well as their bodies. How can you expect a child to be cheerful and free from morbid fancies if you force him to spend the most susceptible years of his life in a gloomy house foul with vitiated air? If the farmer's wife wants to have sweet, wholesome children she must open her closed shutters, and air every room whether used or not, at least once a day.

**EPPS'S COCOA.—GRATEFUL AND COMFORTING.**—"By a thorough knowledge of the natural laws which govern the operations of digestion and nutrition, and by a careful application of the fine properties of well-selected Cocoa, Mr. Epps has provided for our breakfast and supper a delicately flavoured beverage which may save us many heavy doctors' bills. It is by the judicious use of such articles of diet that a constitution may be generally built up until strong enough to resist every tendency to disease. Hundreds of subtle maladies are floating around us ready to attack wherever there is a weak point. We may escape many a fatal shaft by keeping ourselves well fortified with pure blood and a properly nourished frame." *Civil Service Gazette.*—Made simply with boiling water or milk. Sold only in packets, labelled—"James Epps & Co., Ltd., Homeopathic Chemists, London Eng."

It was the first time she had ever baked, and she said proudly: "Don't you think I could go into the bread business?" "My dear," answered her husband, gently, "if they sold bread by weight, you'd make your fortune."

### What! Limping Yet!

Why should you go limping around when Putnam's Painless Corn Extractor will remove your corns in a few days? It will give almost instant relief and a guaranteed cure in the end. Be sure you get the genuine Putnam's Corn Extractor, made by Polson & Co., Kingston, for many substitutes are being offered, and it is always better to get the best. Safe, sure, painless.

## Consumption.

The incessant wasting of a consumptive can only be overcome by a powerful concentrated nourishment like Scott's Emulsion. If this wasting is checked and the system is supplied with strength to combat the disease there is hope of recovery.

## Scott's Emulsion

of Cod-liver Oil, with Hypophosphites, does more to cure Consumption than any other known remedy. It is for all Affections of Throat and Lungs, Coughs, Colds, Bronchitis and Wasting. *Pamphlet free.* Scott & Bowne, Belleville. All Druggists. 50c. & \$1.