

better than those of any previous day ; that the health of school children is better, and that the teachers have a finer physical stamina.....My present complaint—that contained in this essay—is but a protest against the longer continuance of certain remaining evils viewed from my particular standpoint as a specialist in medical practice. These evils are less striking than they were, and, I am happy to believe, are gradually receding before the new order of things. This new order involves the adoption in our schools of the axiom taught by Beecher, that the successful man must first be a good animal ; it involves recognition of the principle that education, to fulfil its true end, must effect the co-ordinate developement of the physical and the mental organisms, if indeed, they be capable of separate mention. Germany ignored this principle until she was whipped by the French ; she returned to the north of the Rhine, built what we call a gymnasium by the side of each school-house, renewed the conflict, and triumphed over the great Napoleon. It was Wellington who, speaking of the triumph of the English arms in that conflict, said that it was the manly sports of Eton that won the battle of Waterloo. Shall we not also say that it was the soldierly bouts of West Point that triumphed at Vicksburg and Appomattox ? But if physical culture has had such an influence on history through the medium of men, what possibilities are not in store when the effort is made effective to influence our race through the more conservative organism of women ! The tendency is already more than marked. Wellesley, Vassar, Brown, "The Annex," and Smith's colleges have excellent gymnasias, and, as a consequence, are doing much toward eradicating that angular and barren type of womanhood which was the joint product of New England schools and Puritan asceticism. I would that our Western colleges were following the examples of their Eastern competitors, but so far as I can learn, they are making no satisfactory effort in that direction.

But my special plea on this occasion is not that our select colleges, but that our common schools, through legislative enactment, come to the rescue of pupils who are now dying,