

The Solid Truth About Vaccination.

EDITOR EMPIRE.—Little by little the wedge of truth is penetrating and dispelling the ignorance and secrecy surrounding vaccination. The British "Royal Commission of Enquiry on Vaccination," under the presidency of Lord Herschell, and composed of the most eminent physicians and scientists in Great Britain, is still taking evidence pro and con. The fourth volume of evidence is just published, and contains the important evidence of Prof. Crookshanks, the greatest authority in the world to-day on bacteriology. Prof. Crookshanks is lecturer on bacteriology in King's College, London, Eng. He states in substance: 1. "The vaccine matter now in use for vaccination against smallpox is the product of horse grease, cowpox or smallpox." A trio of filth products with which children's blood is being poisoned and their bodies saturated with the sweltered venom of foul cattle diseases. 2. "We have no known test by which we could possibly distinguish between good and bad vaccine matter." The silly talk about pure vaccine is as illogical as to talk about pure filth. The vaccine pus (it is not lymph) used by vaccinators is the outcome, the product, of a filth disease. 3. "Vaccination is useless, affords no protection against smallpox, and at times is injurious and fatal." 4. "Vaccination should be left to the discretion of the individual, and the law that forces parents to have their children vaccinated should be abolished."

Perhaps no other scientist of equal fame ever gave one-half the study and time to the investigation of vaccination that Prof. Crookshanks has, and his conclusions are not only unanswerable, but of the greatest importance to the whole human race now under the thralldom of a medical delusion that has been a curse to mankind. Even now, in liberal Ontario, our children are forbidden the advantages of public instruction unless they bare their arms and receive into their bodies the putrescence of a diseased beast. The foul contamination of a pure, healthy child with the putrid venom of a beast, is nothing less than a wicked crime! Is it any wonder that so many persons are afflicted with cutaneous eruptive diseases when this despicable rite of vaccination is forced upon our children?

ALEXANDER M. ROSS, M. D.

The Vegetarian Creed.

One of the causes which have led people to reject the doctrine of vegetarianism is the idea that it is inspired by pietism, religious convictions and monastic mortification. But this is a grave error, for the rational vegetarianism of to-day is entirely scientific and dictated by the sole desire to follow a system conforming to the laws of nature. It has science on its side, and only the force of habit is opposed to it. The muscles become soft, the size diminishes, humanity degenerates and is kept in working order only by sedatives and tonics. The numerous maladies of the stomach and the intestines, from simple catarrh to the most serious diseases of the organs, are often due to our appetite for meat and other stimulants. Vegetarianism, we are told by Dr. Bonnejoy, does not consist solely in vegetable food, but is based on three dietetic axioms: (1) The general rebuilding power lies in cereals, seeds, vegetables, tubers, fruits, eggs, milk, and their derivatives; (2) the food, the air, and, in general, everything that is introduced into the body should show absolute purity, freshness and entire absence of falsifications, mixture and adulterations, even in the smallest quantities; (3) it is necessary, as far as may be possible, for each one to manufacture his food and drinks at home, in order to reach the desired results.

These are the principle dogmas of the vegetarians. Man is not intended to eat. His jaw is made to grind grains and fruits. His hands are made to gather them. The Darwinian theory does not permit us for an instant to doubt the frugivorous nature of man.

Four classes of substances are necessary for the maintenance of life; the albuminoids, the carbohydrates, the fats, the minerals. Now, meat contains but three of these, while the vegetables contain all four. Vegetable food is also necessary for our intellectual life, for, as Moleschott has said, without phosphorus there is no thought. The phosphorus contained in vegetable food is almost double the quantity contained in animal food. Those who believe that meat gives the rose color to the cheeks and lips must be shown their error, as the amount of iron oxide contained in the vegetables is much greater than that found in meat.—Dr. Neuville, in Review of Reviews.