thinness

The diseases of thinness

are scrofula in children,

consumption in grown

people, poverty of blood in

Everybody knows cod-liver

oil makes the healthiest fat.

In Scott's Emulsion of

cod-liver oil the taste is

hidden, the oil is digested,

When you ask for Scott's Emulsion and your druggist gives you a package in a salmon-colored wrapper with the pict-ure of the man and lish on it—you can trust that man i

50 cents and \$1.00

Scorr & Bowns, Chemists, Belleville, On

Mowers and Rakes.

Also a arge stock of

REPAIRS AND SECTIONS.

No Paris Green!

SEE OUR PATENT

Can pick the bugs from an acre of potatoes in

FOUR HORSES FOR SALE.

N. H. PHINNEY

NOVA SCOTIA

AGENCY.

CARRIAGE COMPAN

it is ready to make fat.

ing telling stories.
"When I was 21," said a tall man, evihave observed," he threw in as a decoration to the story, "that Christian charity and in this way should be sheltered from the inational food. However, as I was saving. got along fairly well together until we began arguing on our respective faiths. Then we got hot, and I always lost my temper. I may say, that he did very nearly the same, but he wasn't quite as bad as I was in that

one gun, a squirrel rifle, between us, and I had the gun. I may add here that we lived on a farm, and a one-gun hunting party was not at all unusual. We had sat down on a in some way I slipped and went into the the gun, which I had set up against a willow under the bank.

"Of course, we did not know what we telling him if he raised his hand to throw the stone I'd shoot him. He was nervy, though, and I hadn't more than got the words out of my mouth than he let the boulder come at me, and, true to my word I er come at me, and, true to my word 1 mice. Leave openings in the end for venti-banged away at him. We weren't forty lation and have something on hand to stop feet apart, and it was a stand-off between them up with on cold nights. Stored in this the boulder and the bullet as to which was the more dangerous, but Providence, I reckon, was watching over us, for as I fired the boulder flew into a dozen pieces, and both of us were left standing looking at each other in a dazed, helpless kind of way. Then, up and kept all winter right where it grew. still not understanding what had happened, but realizing how nearly our tempers had brought us to bloodshed, we rushed into each other's arms and began crying over

"When we had got over our excitement and collected our wits sufficiently to make an investigation, we discovered that by the From their nests a whole house will soon be merest chance-by Providential interference, I mean-my bullet and his boulder had met in their flight and nullified each other. On tain death to them, if not protected. The one piece of the broken stone we found the hen should set in a movable box, which blue mark of the bullet, and in another place should be thoroughly cleaned and whitewe found the battered bullet. He took the | washed before she is placed in it. Put two bullet and I took the piece of marked stone, or three coats of whitewash on every interand we have kept them to this day as sacred | ior spot in the building; lice harbor in the souvenirs, and as very potent reminders crevices of the rough sidings, and on the unnever to discuss our respective beliefs. I'm der side of the perches. just as strong a Baptist as ever, and he is Let the fowls have a dust box, for whitethat greater than either Baptist or Methodist is the Providence that watches over us | with the dust occasionally to dry it. If this

A Just Tribute to a Good Woman. We may declare, what the most radical among us would admit, that the throne, as one of the institutions of the country, was never so safe, and that much of its new pop-Bishop of Peterborough did not say in St.
Peterburg, as Sir Edwin Arnold declares he did say, that the Queen's face here the sales very effective. When the chicks are removed from the nest, each one should be greased on the head and under its sonality an affection indistinguishable from reverence, and that evidences of this feeling

riage accident, for example—would not be gravel or dry earth on the floor and repla would not be overwhelmed by the curses of their summer perch, for they will not the entire population. There is no corner | troubled with lice in their house. of the earth within her dominion, or one in which the English language is spoken, where the Queen would not be as safe as within the

Prompt Relief.

Rev. Thos. E. Archer, Saltsprings Island, B. C.: "From the package of K. D. C. you sent me, a quarter of which I have used, I can say with truth that I never tried anything that so quickly relieved the pains consequent upon indigestion. I shall always be pleased to recommend your cure to all and every person inclined to dyspepsia."

If you doubt the great merits of K. D. C., send for a free sample. K. D. C. Co., Ltd., New Glasgow, N. S., and 127 State street, Boaton, Mass.

The Saving of Fertilizers.

Do not let an ounce of fertility on the farm go to waste. Utilize everything that has in any elements that will enrich the soil, and take such care of your manures that the best part of them is not lost before they reach your fields. Every farm should have a compost heap, where all sorts of refuse from the house, barn and yards can be thrown. A good many tons of the most valuable fertilizers can be saved in this manner, fertilizers that now go you know not where.

HAY FEVER AND CATARRH RELIEVED IN 10 TO 60 MINUTES.—One short puff of the breath through the Blower, supplied with Dr. Agnew's Catarrhal Powder, diffuses this Dr. Agnew's Catarrhal Powder, diffuses this over the surface of the nasal passages. Painless and delightful to use. It relieves instantly, and permanently cures Catarrh, Hay Fever, Colds, Headache, Sore Throat, Tonsilitis and Deafness. Sold by S. N.

to milk eight or ten or more cows in succession. As a rule a milkman will endure a good deal of handshaking without having the muscles of his arm made sore by poeration, as are the hands of lawyers and other professional men who secure presidential nominations. select the milkmen in any crowd of men by the firmness of their grip. It is as distinct he said as that of any secret society, though of course in a very different way.

RHEUMATISM CURED IN A DAY .- So American Rheumatic Cure, for rheumatism and neuralgia, radically cures in 2 to 3 days. Action upon the system is remarkable and mysterious. It removes at once the cause and the disease immediately disappears. The first dose greatly benefits. 75 cents. Sold by S. N. Weare.

hooks in his pockets after they had been picked, and caught one of the light-fingered gentry in making a second raid.

—Insist on having just what you call for when you go to buy Hood's Sarsaparilla, the One True Blood Purifier and nerve tonic.

Agricultural.

The labor involved in blanching celery ha been the great drawback to its more genera culture. It has now been found that just a A half dozen or so men were sitting out in front of an up-town hotel the other evening telling stories.

"When I was 21," said a tall man, evidently from a southern state, "I had an ungovernable temper, and a half-brother three years older than myself. We were both plants is or seven inches apart each way on very rich soil and doing nothing more to them, except to keep the ground free from weeds until they are large enough to completely shade it. Being so close together they will grow straight up and blanch perturbed to the straight and the str

church members, but that didn't seem to bring us any closer together, for he was a Methodist and I was a Baptist. You may have observed." he threw in as a december that they will grow straight up and blanch perfectly. This method has been thoroughly tested on both a large and small scale and has proved a way of the straight up and small scale and has proved a way of the straight up and blanch perfectly. or the story, "that Christian charity and orotherly love don't always thrive on denomnational food. However, as I was saying, we were of different denominations, and we were of different denominations.

frosty. Should the tops become frozen shea them off before storing. If put into a cellar the roots should be moistened occasional without wetting the leaves.

Quality considered, writes a correspondent of the Rural New Yorker, is authority for the foregoing, a pit in the garden is the best place for keeping celery. Dig a trench the width of a spade and as deep as the celery is as some way I suppose the suppose that it is some way I suppose the suppose that it is some way I suppose the suppose that it is some way I suppose the suppose that it is some way I suppose the suppose that it is some way I suppose the suppose that it is some way I suppose the suppose that is some way I suppose the suppose that is suppose that it is suppose that it is suppose that is suppose that it is supposed to the suppose that it is suppose that it is supposed to the suppose when he began chaffing me and telling me that a Baptist ought to be used to a little thing like that, I got ten times worse, and hit him a lick in the face. He ran off a few roof in sections about two feet long for ease yards and picked up a boulder about as big as your double fist, while I made a grab for getting at the celery. Better still is a grab for grade of wide old doors which will roof made of wide old doors, which will make a place large enough for one to crawl into te look after the celery. If taken car of, these covers will last for years. Let the were doing by this time; only I remember roof project a little beyond the celery at each end.

As the weather becomes cold, cover well with leaves or bog hay, but never use anything containing any grain, as it will dra way celery will keep all winter, will blanch perfectly and retain all its good qualities. It can be taken out at one end of the trench as wanted with very little trouble. Celery

About Chicken Lice.

HALF A DAY'S WORK IN THE POULTRY HOUSE WILL KILL THEM. The season is at present over when chicks overrun with them. Chicks show the preence of lice very quickly, and lice are cer-

tatives of lice. Hot ashes should be mixed has been done before spring laying and sit-ting begins you will have no trouble with So many farmers neglect their poultry house in the spring, and long before they have thought of lice the pests are busy o their chicks sapping their young lives away Kerosene and lard when applied is very ef ularity, is in part due to an access of imperialist feeling, is also due in part to the deep effects. A little castor oil on the head and "almost divine" to her subjects, for that is some dust in the coop with the brood hen. If you want your fowls to be free from lice ecclesiastic or laymen; but it is true that the Queen has slowly accreted to her own percontents of the nest and whitewashing the apartments. One half day spent in cleaning come up at intervals from the most distant | the chicken house will do wonders for the orners of the world.

There is no country within which her face farmer's poultry house, as it is the one is on the coin where the news of a real per- neglected. Remove the perches and give the sonal misfortune to the Queen-a severe car- | walls a thorough whitewashing. Place clean received with a quiver of pain, or where the man who had attempted to assassinate her fowls will not seek some tree or fence for

An Old Orchard.

HOW TO RENEW AND REJUVENATE IT INTO This question is confronting many people who are occupying old tarms. To arrest old trees from their downward career and restore them to new vigor and fruitfulness would indeed seem impossible. Nevertheless, just this has been done. Many orchards go to decay prematurely. This may result from many or a combination of causes. Trees that have borne large crops of fruit year after year are first to fail if not abundant supplied with the plant food used in the production of crops, while those trees that have little but leaves continue to grow and appear healthy and vigorous. The first old orchards were not properly appreciated, and received but little care, hence year after year destructive insects have multiplied and fung and insects affect the entire orchard. The soil, by continued draft upon the particular substances required by the trees, has become exhausted. Thus universal wreck and ruin appear on every hand. If such an orchards purpose would be to effect an entire revolution by renewing the soil with an abundan supply of stable manure and wood ashe spread over the entire surface of the ground putting but little in contact with the trees. A full and complete change of the tops by regrafting and putting on new tops with hange of fruit on every tree, should be done also a thorough cleaning of the trunks of the trees, and the application of a wash composed of lime, crude carbolic acid and stron -It requires good muscles in the hands to lye for the destruction of all insect life, and the cleansing and renewing the bark to a smooth, healthy condition. Spray for the destruction of codling moth and scab fungi

This, with frequent and continued cultivation, and a fresh application of fertilizer until the soil is restored to a high state of fertility, will rejuvenate the old trees.

Many orchards trees have been blown ove ecently by high winds. Where the roots on one side are still intact, such trees ca be easily saved. L. B. Rice, of St. Clai county, Michigan, describes his method

follows:—
Dig a large hole on the side on which the roots are broken, and some three or four feet deep. Extend this excavation under the body of the tree, so that when it is raised up it will settle about four inches lower than what it stood before. Then trim the tree thoroughly, not by cutting off large limbs, but reduce the leaf surface by cutting away small limbs and twigs, and by taking off the ends of the longer limbs. Then raise it into its place and set a fence post in the ground at an angle so that the tree will rest against at an angle so that the tree will rest at the top of it; then fill in under the with sod and rich earth mixed with ma

Minard's Liniment for sale everywhere.

Constipation

Causes fully half the stekness in the world. It retains the digested food too long in the bowels and produces billiousness, torpid liver, indi-

DIVERSION TANKS

Hood's
gestion, bad taste, coated
tongue, sich headache, hrsomnia, etc. Hood's Pills
eure constipation and all its

THE NORTH OF ENGLAND Fruit Brokers. (LIMITED.)

COMMERCIAL SALE ROOM: DEANSGATE. - MANCHESTER

REFERENCES: The Banks of England, Eng. Manchester has but three fruit-broking assoations.
Manchester is the nearest point of distributio
becomes and the north of England.
Manchester contains six hundred thousan

Manchester contains six nundred throuses, consumers.

Manchester has two millions of people within carting radius (two miles.)

Manchester has one million more people within a seventy-mile radius than London. The north of England has a big consuming population for the products of the orchard. The south of England and about London has a great population of fruit producers.

Representative shippers are desired in every section of the Annapolis Valley. For particulars please communi C/o J. R. ELLIOTT. STEAMSHIP AGENT, Lawrencetown, N. S

RANDALL BROS. & CROWSHAW, CENTRAL DEPOT, SMITHFIELD MARKET.

BIRMINGHAM. - ENGLAND.

(Wholesale Salesroom in Liverpool.) (Wholesale Salesroom in Liverpool.)

BANKERS: Birmingham & Midland, and
Metropolitan & Birmingham Banking
Company, Birmingham.

Personal delivery taken of fruit in Liverpool,
loaded from the docks and immediately convoyed to Birmingham.

The desired fruit can be landed in our
market at less cost than to any London market
direct. Address C/o J. R. ELLIOTT.

J. & J. ADAM. MONUMENT BUILDING,

LONDON, - ENGLAND. Established Fifty Years. REFERENCES: The Banks of London Shippers will be afforded by us with all the commodation that any London sales house an give. Connection with the Valley fruit exporters in ticulars address

PUDDING LANE,

C/o J. R. ELLIOTT, STEAMSHIP AGENT, LAWRENCETOWN J. R. ELLIOTT.

STEAMSHIP AGENT, LAWRENCETOWN, N. S. Referring to above address I desire to state to the Valley shippers of fruit that I have matured arrangements which I believe will secure the conveyance of our fruit cheaper and better than ever before to the Liverpool, Lon-don, Manchester and Birmingham markets.



The Secret of Dress is cleanliness, and the secret of comfort is PROPERLY LAUNDRIED Shirts, Collars and Cuffs,

GLOBE STEAM LAUNDR' W. D. LOCKETT,

which can only be procured at the

Agent, - - Bridgetown. For Bronchitis, Coughs, Colds, Hoarseness, Loss of Voice, Lung Troubles, : : : : : THERE IS NO BETTER CURE THAN

LINGARD'S COUGH BALSAM. TRY IT. Sold by Messes. Neily & Kinney and DRUG STORE, BRIDGETOWN; and DR. MORSE, Price, 25 and 50 cents per bottle. Six one dollar bottles for \$5.

HAMPTON, N. S. ERVIN & ALCORN. ANNAPOLIS VALLEY REAL ESTATE REGISTRY

MRS. BURTON, - Sole Proprietor,

REMEMBER no charge is made until a sale is effected.

Parties having residental lots in the town or close vicinity to sell at bottom prices would do well to place them with us, as we have application for several. FOR SALE: A snug Cottage in one of the best suburban parts of this town, with 2½ acres of land. Also a valuable business stand on Queen street in Bridgetown. TO LOAN: On real estate, a small sum of \$500.00.

MAGAZINES -AT THE-

Central Book Store CANADIAN, MASSEY'S, McCLURE'S, COSMOPOLITAN. Novels Rented at 5c. per week. B. J. ELDERKIN THIS IS THE PLACE TO BUY CLOTHING

Men's Shirts.

Boots and Shoes. A Large Stock of CHILDREN'S BOOTS. B. STARRATT.

Bridgetown Wood-Working Factory, BRIDGETOWN, N. S.

Contractors - and - Builders. A WORD IN THE EAR OF THE WISE MAN SUFFICETH.

ons to the letter:

One to the letter:

We have paid our factory help regularly every fortnight, thereby distributing over \$4000.00 in the have paid our factory help regularly every fortnight, thereby distributing over \$4000.00 in the harmongst the storekeepers in Bridgetown and vicinity during the past year. Our aim is to subthete the substance of the public to enable us to do so.

We take this opportunity of thanking those who have entrusted their work to our care, and ould ask for a continuance of their favors.

We are ready for 1896 business, and have just added to our plant a New Dry House that the latest improvements in a HOT BLAST DRY KILN, so that we can dry out recent lumber in six days. We can now supply ory Lumber, Sheathing, Flooring, Mouldings of all kinds, Wood Mantles, Counters, Store and Church Fittings, Sashes, Doors, and Factory work of every description at short notice
We consider ours the best equipped factory in the Valley. We are all practical men, and give
whole time and attention to our business. We are ready to handle any kind of building no
ter what its dimensions, and will attend to all orders for repairs, shingling and remodelling

Plans, Specifications and Estimates can be had of us at small cost. 22 We have just received direct from British Columbia one carload B. C. Cedar, and the way Whitewood and Quartered Cak. On hand: Shingles, Clapboards, Lime, Cement, Plaster, Hair, Laths, Nails, Paper, etc., and a large stock of SPRUCE AND PINE LUMBER.



\$100 Reward -IF NOT CURED BY-TUTTLE'S ELIXIA BOSTON, MASS., U. S. A.

Potato-Bug Picker! For Man or Beast it has no Equal. Sure Cure for Colic, Black Water, Spinal Meningitis, Sprains and Joint Affections in Horses and Don't fail to try TUTTLE'S FAMILY ELIXIR for Rheutism and all Aches and Pains. The Latest Discovery of the Age. Sold by all Druggists.

C. H. R. CROCKER, Gen. Ag't, South Farmington, Annapolis Co., N.S. WRITE FOR TERMS. TO AFAGENTS WANTED.



Land of Evangeline" Route On and after MONDAY, 21st SEPTEMBER 1896, the trains of this Railway will run laily, (Sunday excepted).

Trains will Arrive at Bridgetown: Express from Halifax 11.26 a.m. Express from Yarmouth... 12.35 a.m. Accom. from Richmond... 5.05 p.m. Accom. from Annapolis... 6.30 a.m. Granville St., Bridgetown, N. S. Trains will Leave Bridgetown:

Express for Yarmouth... 11.26 a.m. Express for Halifax..... 12.35 a.m. Accom. for Halifax...... 6.30 a.m. Accom. for Annapolis.... 5.05 p.m. ROYAL MAIL

S. S. "PRINCE RUPERT." DAILY SERVICE ST. JOHN and DICBY.

Leaves St. John 7.45 a.m. Leaves Digby...... 1.00 p.m. Arrives in St. John...... 4 00 p.m. Pullman Palace, Parlor and Dining Cars run daily each way on Express Trains. Trains are run on Eastern Standard Time. W. R. CAMPBELL, General Manage K. SUTHERLAND, The state of

Yarmouth S. S. Co., Limited.

The Shortest and Best Route between Nova Scotia and United States THE QUICKEST TIME. 15 to 17 hours between Yarmouth and Boston. Four Trips a Week. The fast and Popular Steel Steamers

'BOSTON" and "YARMOUTH, Commencing June 30th, and until further notice will leave Yarmouth for Boston every TUSS-DAY. WEDNESDAY, FRIDAY and SATURDAY EVENING after the arrival of the Express train from Halifax.

Returning leaves Lewis Wharf, Boston, every MONDAY, TUSSDAY, THURSDAY and FRIDAY at 12 o'clock, noon, making close connections at Yarmouth with the Dominion Atlantic R'y, and coach lines for all parts of Nova Scotia. Scotia.

These are the fastest steamers plying between Nova Scotia and the United States, and forms the most pleasant route of the points, combining safety of the points of the p

U. E. BAKER,
Pres, and Managing Direct
W. A. CHASE, Sec. and Treasurer.
Yarmouth, June 23rd, 1896.

Spring Goods

Now is the time to look for such goods as you require for the Spring Sewing and for House Mrs. Woodbury, at Kingston Village, has a fine stock of Ne Prints, Ginghams, Cotton Crepons and LADIES DRESS GOODS, of all col NEW BLACK GOODS.

NEW BLACK GOODS,
Such as Mohairs, Serges, etc. Silks for Waists
in black, black and white and colors.
Undervests from 5 cents to 25 cents each.
Oil Chemp Carpets from 10 cents to 30 cents.
Oil Cloths from 25 cents to 35 cents square yard,
in widths from one yard to two yards.
Lots of Reom Paper from 5c to 25 c a roll,
in very handsome patterns.
Limen Shades for Windows, fine colors.
Limen Shades for Windows, fine colors.
The largest lot of Boys' and Men's Clothsing ever shown. All sizes.
You should look at the Infants' Cashmere
Closks and Bonnets. You will want
to buy for your friends if you do not for
yourself. yourself.

Look at the nice Binner Sets, Chambes

Sets and Tea Sets.

Daily expected, a new lot of Bedreon

Saffees and other turniture.

Call and inspect goods, even if you don't buy.

All Mrs. Woodbury extends a welcome to all.

Coal! Coal! HARD COAL

Furnace, Egg, Stove and Chestnut. SOFT COAL OLD MINE SYDNEY.

et my prices before buying. CEO. E. CORBITT. ALL KINDS OF JOB WORK NEATLY EXECUTED AT THIS OFFICE. BRIDGETOWN



Bridgetown, March 19th, 89.

A. BENSON,

BRIDGETOWN.

Caskets and Coffins

of every description kept constantly on hand.

Hearse sent to any part of the

Orders from a distance met with promp

REPAIR ROOMS.

Dorner Queen and Water Sta

THE subscriber is prepared to furnish the public with all kinds of Carriages and Buggies, Sleighs and Pungs, that may b desired.

Best of Stock used in all classes of work.
Painting, Repairing and Vanishing executed in a first-class manner.

CEDAR SHINGLES

FOR SALE at an extremely low figure, 100,-000 Superior No. 1 Cedar Shingles. CAPT. JOHN LONGMIRE.

WANTED! Salesmen and Canvassers in represented, to handle Cleveland Bleycles. Lucrative employment to right parties. Seed for our catalogue, Small cash capital required.

Bridgetown, May 5th, 1896.

Lucrative employment to right par for our catalogue. Small cash capita H. A. LOZIER & Co., 169 Your Street

ARTHUR PALFREY.

Scientific American

Agency for

Bridgetown, May 7th, 1895.

County when required.

FINE CLOTH-COVERED

Pyrethrum

Ill descriptions.

The make of the establishment will be par-THOMAS DEARNESS, Importer of Marble Light Single and Double Riding Waggons, Phaetons, Express,

Grocery and other Delivery and manufacturer of Monuments, Tablets, Teams, etc., etc. The stock used in the construction is the best of American manufacture, the waggons are built by thorough workmen, and each and every feature pertaining to their make will meet the heartiest approval of the eye of the critic, besides carrying a guarantee of the Company. For full particulars write me for catalogue, and ion't make any arrangement for the purchase of new vehicles till you have obtained my prices Headstones, &c. Also Monuments in Red Granite Gray Granite, and Freestone. N. B.—Having purchased the Stock and Trade from Mr. O. Whitman, parties ordering anything in the above line can rely on having their orders filled at short notice. Yours respectfully,

JOHN HALL Agent. Lawrencetown, April 14th, 1896.

All-Wool Cinerariæfolium! Tweed B. W. B. & CO. Suits From \$12 up.

Powdered English **Dalmation** Worsted Insect flowers Suits

This Insect Powder From \$17 up. the Highest Grade Manufactured Give us an order, and the satisfaction will give will induce you to come again. Put up in 1-lb. Sifting Tins and in bulk. DEARBORN & CO.,

MCLELLAN & KINNEY. Agents-ST. JOHN, N. B. Special Discount to Clergymer N. B.—Our Sifting Tins contain from 1 to more than other makes.

WAGGONS, UNDERTAKER Harnesses,

> Farming : Implements. readers of the Moniton, and to the public in general, that he is acting as agent for P. S. Mc Nutt & Co., of St. John, and that in the above

> Exceptional Value. The Waggons, Harnesses and Farming Implements handled by the above named firm are second to none.

ATDrop a line for a circular and any other

PATENTS HENRY WALLACE. FOR YOUR HEALTH DRINK Scientific American STRAWBERRY.

Largest circulation of any scientific paper in the world. Spiendidly illustrated. No intelligent man should be without it. Weekly, §3.00 a year; \$1.50 six months. Address, MUNN & CO. PUBLISEERS, 361 Broadway, New York City. RASPBERRY, LEMON. PALFREY'S LIME FRUIT, CARRIAGE SHOP CINCERETTE. -AND-MADE ONLY BY

> HALIFAX, N. S. ST. JOHN

BROWN & WEBB,

PACKETS Temple Bar and Crusade offered.

Any business entrusted to the Captains of either will receive prompt attention, and patrons may rely on having their requirements

The Kousehold.

Don't scowl; it spoils faces. Before you know it, your forehead will resemble a small railroad map. There is a grand trunk line from your cowlick to the bridge of your nose, intersected by parallel lines running east and west, with curves arching your eyebrows; and O, how much older you look for the country that Scenilies is a babit that steals your as either. They thrive on leanness. Fat is the best it! Scowling is a habit that steals upon us unawares. We frown when the light is too "Wh means of overcoming them. strong and when it is too weak. We tie our brows into a knot when we are thinking, and knit them even more tightly when we cannot think. There is no denying there are plenty of things to scowl about. The "Can they hear anything that aby in the cradle frowns when something fails to suit. "Constitutional scowl," we say. The little toddler who likes sugar or his bread and butter tells his trouble in the | it?' same way when you leave the sugar off. 'Cross," we say about children, and "worried to death," about the grown folks, and as for ourselves we can't help it. But we Haying Tools nust. Its reflex influence makes others unhappy; for face answereth unto face in life as well as in water. It belies our religion. and in a moment the distinct reply We should possess our soul in such peace that it will reflect itself in such placid countenances. If your forehead is ridged with wrinkles before forty, what will it be at mer." seventy? There is one consoling thought bout these marks of time and trouble—the death angel almost always erases them. Even the extremely aged, in death, often wear a smooth and peaceful brow, thus leav- a Washington Star reporter. ing our last memories of them calm and

Do we all know the folly of keeping late ours, and has it not been said over and over again that an hour's sleep obtained before he bewitching hours of 12 is worth three or our hours obtained afterwards? But do we, any of us, go to bed any earlier in conse-

Truly it has been said that this is the beauty sleep, for if we do not go to rest in the early hours we cannot possibly obtain the sleep that our tired bodies and wearied worn of true love had always run smoothly." out minds require, and are, consequently, cross, fretful, pale and languid the next day. If these late hours are continually kept, the necessary strain which we are putting ourselves to, both mentally and bodily, will very soon show its effect, and our health will

soon become seriously injured. Many people it is true, cannot get that early rest which is so beneficial to health, on account of their having to work late at night. In such cases it is well for these people to lie in bed later in the morning, or, if this is not practicable, it is a good plan to get an hour or two's rest in the afternoon, and, by so doing, be fresh and ready tor work again

Apples at Night.

in the evening.

Those who have been brought up to believe to hear that Dr. Searles, in the Bulletin of Pharmacy, says that everybody ought to know that the very best thing he can do is to eat apples just before going to bed. The apple has remarkably efficacious medicinal properties. It is excellent brain food, be-cause it has more phosphoric acid in easily digested shape than other fruits. It excites the action of the liver, promotes sound and healthy sleep, and thoroughly disinfects the mouth. It helps the kidney secretions and prevents calculous growths, while it relieves indigestion and is one of the best preventives known for diseases of the throat. No harm can come to even a delicate system by eating of ripe and juicy apples before retiring for the night.

Jammed Fingers. Few people have escaped jammed fingers and as the pain caused when the finger is jammed in a door is excruciating in the exreme for the first few minutes, it is well to know of some means of relief. The fingers hould be plunged into water as hot as can be borne. This application of hot water causes the nail to expand and soften, and the blood pouring out beneath it has more room to flow; thus the pain is lessened. The finger should then be wrapped in a bread and water poultice. A jammed finger should never be neglected, as it may lead to mortiication of the bone if it has been badly crushed and amputation of the finger must follow Jammed toes are usually caused through the falling of heavy weights, and should be

reated in the same way as a jammed finger. Hygienic Hints. There is probably nothing about which all

medicalf men are more agreed than that the use of tea as a substitute for food is playing avoc with the general health. The most nauseous physic may be given to children without trouble by previously letting them suck a peppermint lozenge, a piece of alum or a bit of orange peel. Statistics show that the longest-lived people have generally been those who made breakfast the principal meal of the day. For beef tea cut two pounds of beef into lices, and put in a jar with two pints and half of water and a pinch of salt. Cover it over. Set it in a warm oven for three or four hours. When dene strain through sieve and set in a cool place, warming a small

quantity when required. Good and Bad Temper. Teach your children the art of cheerfulness. Mothers, insist on cheerfulness in your boys and girls. Fathers, show by an example of cheerfulness that moodiness, dullness and sulks are the worst possible form. Impress on your household, indeed that on no account will moodiness, dullness and sulks be toler-

There is no infectious disease which is more catching than these same selfish moods. Should one of your children be sickening for a bout of sulks, isolate the patient at once. Nothing, we repeat, is more catching than bad temper, however it may manifest itself; and no variant of the disease spreads more rapidly through a family than sulks.

White Fur Rugs. White goatskin rugs may be cleansed in the following manner, after the lining has been removed: Allow one-half pint of good asehold ammonia to four gallons of luke warm water. Shake the rug in this at interwarm water. Snake the rug in this as the transfer wals for half an hour. Then rinse several times in warm water, and hang on the line in the shade. When dry the rug will be hard and dry, but a good rubbing will soften it. White rugs may also be cleansed with naphtha, but when using this beware of the

Cut one peck of green tomatoes in pieces and boil until soft. Strain, adding two cupfuls of tomato juice. Boil for twenty minutes, adding one slice of lomon to each cup

sither will receive prompt attention, and patrons may rely on having their requirements and the properties of the properties of the properties at the properties of the properties. The properties of the properti

Joker's Corner.

The Way it Acted

A tailor named Sam Smith, from a country

"Oh, that is a speaking tube. It is a great convenience. We can talk with it to the clerks on the first floor without taking "Can they hear anything that you say

through it?"
"Yes and they can reply." "You don't say so. May I talk through

The visitor put his mouth to the tube, and "Are Sam Smith's goods packed yet?" The people in the office supposed it was the salesman who had asked the question,

"No; we are waiting for a telegram from

The Way They Traded. "I witnessed a novel marriage in Virginia

a few days ago," said a traveling salesman to "A couple on a gaunt, bony horse rode up Tranquil. But our business is with life. to the hotel where I was stopping. The Scowling is a kind of silent scolding. It swain dismounted and took half a dozen shows that our souls need sweetening. For | chickens into the house to sell them to the pity's sake let us take a sad iron, or a glad landlord. He was not in need of chickens,

iron, or smoothing tool of some sort and straighten these creases out of our faces before they become indelibly engraved upon the face before the again and made the round of stores. watched and finally the man went to the county clerk's office. I followed and heard

the colloquy. "Mister, me an' my gal wants ter get money fer a license, but no one won't give us no money fer 'em. Kin sell 'em in trade over hyar, an' ef you'ns 'll take th' trade, I'll buy a license. "The deal was made, and the couple rode.

home, looking as happy as though the course -Mistress McHaudman is a very keen hand at a bargain, and few have ever been able to boast that they have 'got the best of

the shop of Sandy & Neil, where everything and anything, from a pair of spectacles down to an ounce of tea, can be procured: "'Wad you sell me a sugar basin withou

"'Ou, ay," said Sandy, who would sell the shoes off his feet at a profit. "'Hoo muckel is this ain?" inquired the

"'That's a shullin' complete," said Sandy. "'An' what for the basin without the lid?" "Eleven pence."

"'D'ye only take off a penny for the lid!" "'Weel, the lid's no' worth mair nor a noon, and lead at night," will be surprised lady, with a sigh of relief. 'It's just the lid o' mine I've broken.' And so saying, she

> coveted lid before the astonished storekeeper had time to interfere. A Cyclist's Yarn.

A cyclist, while touring in the upper part

of Perthshire, met an old man, whom he asked which road he should take in order to each the village he wanted.

"Are ye gaun there?" asked the old man "An' d'ye ken folk there?"

" Yes." "Hae ye ony frien's there?"

"Hae ye ever been here afore? "An' ye want to ken the way to C-?" " Yes.

"Then d'ye ken what you'll dae?" "You'll just keep the road."

And without another word, he trudged on his way, leaving the astonished wheelman to digest the information he had received.

Too Much Publicity. Excited Gent-You go to Jericho with your paper!
Editor (who is used to it)—What's up now? Excited Gent-You stated the day before

yesterday that a thief had entered my room, broken open my desk and stolen a sum of money, but that, fortunately, he had over looked the gold watch which usually lies in the bottom drawer.

Editor-Well, I believe the facts are stored.

Excited Gent-They're correct enough. But what is the result? That infamous comes again last night and takes the watch! Garrulous Boarder-For ten years my habits were as regular as clock-work. I rose at the stroke of 6; half an hour later I sat down to breakfast; at 7 I was at work, dined at 12, ate supper at 6, and was in bed

at 9.30; ate only hearty food, and wasn't ill a single day.
Sarcastic Boarder—Dear me! And what were you in for? (Awful silence!

The Wise Boy. Citizen (to office boy in counting-room)-Your confounded paper had an outrageou attack on me this morning, and—
Office Boy (briskly)—Yessir. How many

copies will you have. Failed to Recognize Him.

Barber-"You say that you have been

here before? I don't seem to remember you face." Victim-"Probably not. It is all healed up now." -Mrs. Creegan-And how is Tommy getting along at the school?

Mrs. Shaughnessy—Splendid. The teacher is that fond of him that she kapes him

wid her half an hour after the other boys go home nearly every day of the wake. -Jakey Isaacs-"Fader, vill you blease gif me ten cents for ice cream? I'm terrible

Mr. Isaacs-"Ach! Sit right down here. undt I vill tell you a nice long ghost story, undt make your bloot run cold.' -Impecunious patient-What, doctor, do

you mean to say you charge me five shillings a visit? Doctor—Certainly; just the same as I charge anyone else. I. P.—Oh, but you ought to make a reduction for me. Why, I oduced the influenza into the neighbo

—Tommy (inquiringly)—Mamma, is this hair oil in this bottle? Mamma—Mercy, no! That's glue. Tommy (uonchalantly)—That's

why I can't get my hat off. -Minard's Liniment Cures Burns, etc.