

OUR CHILDREN  
Silly and Too Little  
Dance Leads to St.  
Vitus Dance

much criticism of modern  
methods that require too  
f school children, allowing  
time for play and prevent-  
out-of-door exercise. When  
music or any other accom-  
with the necessary practice,  
strain is increased. Under  
the blood becomes im-  
had taken him from school,  
the child becomes restless,  
and the muscles follow. Som-  
d stumbles in walking and  
tries to hold. Pallor, list-  
irritability are symptoms  
now that the blood and  
ling to meet the demands  
them, and that St. Vitus  
stained its hold upon the

dition there is no tonic can  
Williams' Pink Pills, which  
blood, strengthen the nerves  
to meet the demands of  
lp. Out-of-door exercise,  
ood, plenty of sleep with  
lls will cure even the most  
of St. Vitus dance. We  
lowing proof: "Up to the  
rs," says Mrs. Johnson, of  
S., "my son Calvin was as-  
gged as any child could  
behan to complain that his  
l, and of pains in the head,  
fall back in his studies at  
I noticed a twitching of  
f his face and arms, and  
f body seemed to be in  
on. Our family physician  
and pronounced the trouble  
k of St. Vitus dance. He  
he doctor's treatment for  
onts but did not seem to  
l his former good health,  
reful that nothing should  
but notwithstanding he  
and the least start would  
ks of hysteria. This went  
onths until Dr. Williams'  
e brought to my attention,  
d to give him this medi-  
g a few boxes there was  
improvement, and by the  
ken nine or ten boxes he  
l his former good health,  
n no sign of a return of the  
I can scarcely say how  
el for the complete restor-  
n's health."

find their growing boys or  
g nervous should lose no  
them Dr. Williams' Pink  
say ward off an attack of  
ce, or if the trouble has  
stage the Pills will effect  
y all medicine dealers or by  
its a box or six boxes for  
e Dr. Williams' Medicine  
e, Ont.

DAKS

You Take a  
n or, Not You Can  
Use a Kodak to  
age.

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to \$12.00

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f Kodak Supplies.

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# Watford Guide-Advocate

Volume XLI—No 30

WATFORD, ONT., FRIDAY, JULY 23, 1915

IN UNITED STATES, \$1.50 IN ADVANCE  
ELSEWHERE, \$1.00 IN ADVANCE  
Single Copies 5 Cents.

## LOCAL HAPPENINGS

THE GUIDE-ADVOCATE welcomes all  
items of interest for this column.  
Call Phone 11, send by mail or drop,  
them in GUIDE-ADVOCATE Letterbox.

**PAY your past due bills at SWIFTS'.  
WHEN Ford speaks, the world listens.  
Watch for announcements 1st August.**

**WHEN there isn't anything else wrong  
with a woman, her shoes are sure to  
hurt.**

**Is it true the good die young will  
the oldest inhabitant please offer an ex-  
planation.**

**Not even drowning men would snatch  
at some of the "straws" we see on men's  
heads these days.**

**THERE will be a celebration of the Holy  
Communion in Trinity Church next  
Sunday morning at 8 o'clock.**

**WHEN a young man marries, his  
mother always feels sorry for him—and  
his sisters feel sorry for his wife.**

**FOR fine tailored garments made to  
order go to SWIFT, SONS & Co.**

**WHEN doing your preserving do not  
forget to put up a jar or two for our  
brave boys at the front.**

**LEAMINGTON people complain of dust  
on the sidewalks. More oil on the road-  
way will remedy this evil.**

**MANAGER SMYTH, of the Merchant  
Bank, is away on his holidays. When  
he returns he will bring his bride with  
him.**

**HALF a dozen Art tailored garments,  
smart cut styles, \$15.00. Size 35 to 38.—  
SWIFTS' July Sale.**

**READ the ads. The cut prices for  
summer goods advertised by Watford  
merchants make the city catalogue  
figures look like thirty cents.**

**LIET. CHESHAM, of Strathroy, who  
was reported killed fighting in France,  
arrived in Strathroy on Monday. He  
was accorded a warm welcome.**

**THE big rains and high temperature  
made a noticeable improvement in all  
kinds of vegetation, and the outlook  
promises a record crop for 1915.**

**COPIES of the Canadian National  
Exhibition prize list may be obtained by  
writing Dr. J. O. Orr, General Manager,  
City Hall, Toronto.**

**THE earth is the Lord's and the full-  
ness thereof, but the sea belongs to  
Yon Tiritz and the devil.—Book of Psalms,  
as amended by the German theologians.**

**A MODEL of submarine and torpedo,  
such as sank the Lusitania, will be one of  
the features of the exhibit of war trophies  
at the Canadian National Exhibition this  
year.**

**MONEY saved is money made. Buy a  
Ford.**

**REMEMBER the patriotic garden party  
at Kingscourt, Friday evening, July 23rd.  
A good program of speeches and music  
will be provided. Help the good cause  
along.**

**PUBLIC opinion is changing slowly to-  
ward bird protection because it is becom-  
ing convinced of its economic advantages  
to agriculture as well as the sentimental  
value of birds.**

**NOTICES have been sent out regard-  
ing a plan for reorganizing the Farmers'  
Institutes of Ontario. The new plan  
comprises a county board of agriculture  
and if it is brought into effect will mean  
the passing of the Farmers' Institutes.**

**If you want to save money attend  
SWIFTS' July Sale.**

**YOUNG MAN, would you be right up  
to the minute? Get yourself a sport  
shirt with blouse neck and short sleeves.  
Of course, skinny arms and scrawny  
necks aren't improved by this kind of a  
summer costume, but whoshould worry?**

**WRITE to the boys at the front.  
WHAT harvest has commenced.  
The key to a girl's heart these days is  
khaki.**

**A FEW smart suits for ladies, half  
price.—SWIFTS' Sale.**

**THE Alvinson Free Press will use a  
larger-sized type in future.**

**THE sweet girl graduate can now help  
her mother with the preserving.**

**RECEIPTS for subscriptions are ac-  
knowledged by change of date on label.**

**CUT your weeds before next Tuesday  
and avoid a visit from Chief Chatterton.**

**MONTREAL manufacturers will not in  
future employ unmarried men of military  
age.**

**CUT down expenses and pay more  
taxes is the resolution passed by London  
financiers.**

**LET the Guide-Advocate know who  
your visitors are or where you purpose  
holidaying.**

**THINK of ten and twelve dollar suits  
for \$7.25 and \$8.25.—SWIFTS' Sale.**

**MR. N. R. FALLIS has been engaged  
as Principal of the High School. He is  
a Science Specialist.**

**F. W. WILSON of the firm of Moncrieff  
& Wilson, has been appointed police  
magistrate of Petrolia.**

**THE Watford Young Ladies Patriotic  
Society will send \$196 to purchase sand  
bags for use of the Canadian troops at  
the front. A very creditable remittance.**

**THERE was rain on St. Swithin's day.  
Will the old English superstition work  
out in Canada? We trust not. The  
ground hog fake got badly shattered this  
year.**

**NOTICE—All property owners or occu-  
pants must have weeds on their premises  
cut by July 27th, in order to avoid pro-  
ceedings being taken against them.—N.  
CHATTERTON.**

**MISS RIETTA DOWNIE, who is leaving  
Port Stanley for the West, was presented  
with a silver car case containing \$50 in  
gold by the members of Christ church  
congregation.**

**STRAW hats for 15, straw hats for 25,  
straw hats for 30, half price.—SWIFTS'  
July Sale.**

**THE Young Ladies' Patriotic Society  
now have all returns from the sale of  
tags and find that the total amounts to  
\$153.75. A pretty good day's work for  
the young ladies.**

**REV. S. P. IRWIN, Col. Kelly, Mr. and  
Mrs. Angus Mitchell and Lieut. J. H.  
Mitchell, motored to London Wednesday  
to witness the presentation of colors to  
the 33rd Battalion.**

**OWNERS of automobiles will get into  
trouble if they persist in running autos  
after sunset without either the head or  
rear lamps lit. It is a dangerous practice  
and should be stopped.**

**CARL A. CLASS and Cecil G. Stoner  
have purchased the jewelry business and  
stock of Mr. James G. Russell, of Park-  
hill, a business that has been established  
25 years. Mr. Stoner will manage the  
business.**

**THE results of the recent London  
Conservatory of music examinations  
give the following names of Watford  
pupils—Piano—grade 2—Honors, Helen  
Hamilton. Theory—grade 1—first-class  
honors, Valore Dodds.**

**A MEETING of the St. Clair District  
Press Association will be held in Petrolia  
on Friday next, July 30th. The members  
will be entertained by the Board of  
Trade and given a sight-seeing trip.**

**A LOT of prints, gingham and muslins  
6½ cents.—SWIFTS' July Sale.**

**ON Monday Mr. W. H. Shrapnell re-  
ceived a cheque for \$20.80 from Inspector  
McDougall, the amount being the prize  
money awarded to the Watford public  
school from the Strathcona Trust Fund  
in the physical drill contest held last  
fall.**

**4 DOZEN men's good work shirts, 2 for  
90c.—SWIFTS' July Sale.**

**RAY MORNINGSTAR's new 500-gallon  
gasoline tank has arrived and is being  
placed in position in front of the new  
garage.**

**THE Presbyterian Sunday School pic-  
nicked at the Park Wednesday after-  
noon. The weather was ideal and little  
and big had a fine time.**

**THE Daughters of the Empire are  
asking for clothing, in response to an  
urgent appeal sent to the Chapter. Per-  
sons having clothing, especially child-  
ren's, would please send to the armory in  
time for our next shipment, the 1st of  
August.—SECRETARY.**

**THE marriage took place in St. Paul's  
church, Shawville, Que. on Wednesday,  
July 21st, of Mr. F. C. Smyth, manager  
of the Watford branch of the Merchants  
Bank, to Miss Ethel Minerva Caldwell,  
daughter of Mr. and Mrs. C. Caldwell, of  
Shawville. The popular bank manager  
and his bride are expected to end their  
wedding trip and arrive in Watford on  
August 2nd. The Guide-Advocate joins  
the groom's many Watford friends in  
wishing the newly-wedded couple much  
happiness.**

**ON Wednesday, July 14th, three motor  
loads of tennis enthusiasts journeyed to  
Sarnia. The courts were in prime condi-  
tion, the weather was ideal, and the  
dinner and dance afterwards left nothing  
to be desired—the only disappointing  
thing was the score the Watfordites  
brought back. They succeeded in cap-  
turing only three out of nine events—one  
ladies' singles, one men's singles and  
one men's doubles. Just wait, though!  
Next year—**

**A JOY RIDE came to a sad termination  
at London at 4:45 o'clock Saturday morn-  
ing. Running wild, with its engine at  
high speed and with the momentum of  
its own weight and a down grade hur-  
ling it forward, a seven-passenger Packard  
touring car plunged at a four-foot em-  
bankment at the side of the Pipe Line  
road hill, immediately west of the Wood-  
land cemetery, and leaped the high  
ridge, then careened downward like a  
shell over a thirty-foot bank, causing  
death to one, serious injuries to two and  
minor injuries to a fourth.**

**If all the auto mishaps that we are  
asked not to say anything about were  
reported at length, we could run an "auto  
accident column" in the Guide-Advocate  
once a month. Some people like  
to read about other people's car troubles,  
but when anything goes wrong with  
their own machine about the first thing  
they do is to rush to the phone and ask  
the editor to say nothing about it; then  
others, who do not know the reason why,  
blame the paper for not reporting Mr.  
So-and-So's accident. The editor's lot is  
not a happy one.**

**A ST. THOMAS editor, in discussing  
the frequency of holidays, says:—"For  
the past season, and the present as well,  
the merchants of the old town have been  
up against it, and every idle hour for  
themselves and clerks means much to  
many of them. The people, too, have to  
be accommodated. To make a long tale  
short, there is too much of this dashed  
holiday business, in season and out, and  
the business community would not suffer,  
neither would the household object, if  
half of them were eliminated." These  
sentiments apply to a good many other  
places in Ontario, especially the smaller  
towns. Business men at the present  
time should have every opportunity to  
make ends meet.**

**THE regular meeting of the Watford  
Women's Institute was held at the home  
of Mrs. J. D. Brown on Wednesday eve-  
ning, July 14th, the president presiding.  
Meeting opened by singing "The Maple  
Leaf." After hearing reports of com-  
mittees, the Institute voted \$10.00 for the  
Red Cross Fund, to be used where need-  
ed most. Miss L. Wang gave a paper  
on "Women and Nation Building." A  
solo, sung by Miss M. Richardson, also  
an instrumental by Misses Jean and  
Margaret Cameron, and one by Miss  
Elsie Brown. All were much appreciated.  
A vote of thanks was given to all those  
who took part in the program. The  
hostess served lemonade and cake at the  
close of the meeting.—SEC.**

**THIS section was visited Friday after-  
noon with the most severe electrical and  
rain storm of the season. The lightning  
was very vivid and brought an attack of  
nervousness to many of the timid ones.  
The storm seemed to divide over Wat-  
ford, passing to the north and south, and  
considerable damage was done in some  
places. The barn of Robert Morgan, lot  
3, con. 5, Warwick, was struck by light-  
ning and considerably damaged; John  
Berdan, of the Warwick-Plympton town-  
line, had a cow killed; the silo of Har-  
vey Parkey, Sutorville, was blown down;  
Geo. Lucas, 12th line, Brooke, had a cow  
killed; and some damage was done on  
almost every concession. In some places  
large trees were blown down and stand-  
ing crops badly lodged.**

**WITH the object of teaching his em-  
ployees how to eat only the most nourish-  
ing foods, and incidentally reduce their  
grocery bills by about a million dollars a  
year, Henry Ford, Detroit's philan-  
thropic multi-millionaire, has directed his  
attention to dietetics. In the new  
general hospital now being erected by  
Mr. Ford a department has been arrang-  
ed where under the guidance of medical  
experts, engaged solely for this purpose,  
men will be taught how and what to  
eat. The new department is in line with  
Mr. Ford's propaganda looking toward**

increased efficiency in his employees.  
"Eat only when hungry and then eat less  
than you feel you need. Try this for a  
week and I'll guarantee you'll feel much  
better," is the way the Detroit wonder-  
worker defines the question of nourish-  
ment.

## PERSONAL.

Miss Flo. Lovell is home from Drumbo  
for the holidays.

Miss Eulalie Hodgins, London, is visit-  
ing Miss Flo. Lovell.

Miss Katie Williamson spent the past  
week with Margaret Cameron.

Mr. L. D. Caldwell, St. Thomas, was a  
Watford visitor on Tuesday.

Miss Blanche Stapleford is spending  
her holidays with friends in Toronto.

Mrs. J. Sid Brown, Petrolia, is visiting  
her parents, Mr. and Mrs. J. S. Williams.

Mr. Ross McLaren, Toronto, is spend-  
ing a few days with his mother and other  
relatives.

Miss Florence Edgar, Preston, is visit-  
ing her sister, Mrs. Wm. Thompson,  
Ontario St.

Mr. Patton, local Manager of the Bell  
Telephone Co. at Sarnia, was in Watford  
on Monday.

Mrs. Robert Coulter and son Charles,  
Toronto, are visiting relatives in Watford  
and Wisbeach.

Mrs. Wesley Lutz and two grand-  
daughters, Detroit, are visiting their  
aunt, Mrs. Thexton.

Mr. M. McNichol has returned home,  
after spending a few weeks with relatives  
and friends in Listowel.

Percy Mitchell, 33rd Batt., London,  
spent the week end with his parents,  
Mr. and Mrs. Angus Mitchell.

Mrs. Robt Wood and sons Roland and  
Marshall, of London, are spending the  
week end at Mrs. Orlo Jacklin's.

Miss Leila Willoughby, left on Mon-  
day by auto, for a two weeks' vacation  
with her brother in Leamington.

Corp. Abbott of the stretcher bearer  
section 33rd Batt., London, spent Sun-  
day with Quartermaster Lieut. J. H.  
Mitchell.

Mrs. C. Bertram Hathaway, son  
Jack and daughter Margaret, Palmer-  
ston, are guests of Mr. and Mrs. G.  
Chambers, Front St., this week.

Dr. and Mrs. Jas. McGillicuddy and  
two sons, Oliver and Robert, of Ovid,  
Mich., motored here Wednesday in their  
handsome new Oakland touring car.

Mr. and Mrs. L. A. Willoughby,  
Leamington, were the guests of Mr.  
Willoughby's parents Mr. and Mrs. T.  
B. Willoughby, Front St. over Sunday.

Mr. and Mrs. Henry Conn, Sarnia;  
Mr. Rich. Restorick, Toronto, Mr. John  
Restorick and son Frank, Toronto, and  
Mr. Walter Restorick, Toronto, attended  
the funeral of the late F. H. Restorick  
here on Wednesday.

Mr. J. M. Williams, Kettle Falls,  
Washington, is spending a week with  
his parents, Mr. and Mrs. J. S. Williams.  
It is fourteen years since Mr. Williams  
was last in Watford and he notes much  
improvement in the town since his last  
visit. He now occupied the responsible  
position of Manager of the Kettle Falls  
branch of the Colville Bank, and is also  
Mayor of the town.

**Capt. Swift a Prisoner in Germany**  
Friday's London Free Press says from  
Windermere cable to The Free Press  
from London, England, gives news of  
several Western Ontario officers whose  
fate has been in some doubt. In most  
cases they have been reported as miss-  
ing, but they are now definitely located  
at prison camps in Germany. Among  
these is Capt. T. L. Swift, of Watford,  
an officer in the 27th Regt., 1st Battalion.

In the engagement at Festubert, on  
June 15th, Capt. Swift was known to  
have been left wounded in the second  
German trench, but it could not be as-  
certained whether he had died from the  
effects of his wounds or had been taken  
prisoner. The cable dispatch to the  
Free Press was based on the fact that a  
photograph received in England showed  
Capt. Swift, together with two other  
Ontario officers, as prisoners of war in  
Germany.

Capt. Swift's relatives and numerous  
friends were pleased to get tidings of  
him and were much relieved to know  
that he is alive, even if the fortunes of  
war had handed out to him the roll of  
prisoner in the enemy's camp.

## Death of Frank Restorick, Jr.

Francis Herman Restorick passed  
quietly away on Monday morning in his  
50th year, after a long and tedious ill-  
ness. He had been in failing health for  
some years with tuberculosis and for the  
past eight months was confined to the  
house. He was a native of Warwick  
Village and was well known though the  
county having been associated with his  
father in the horse and cattle business for  
some years and having kept hotel in  
Warwick Village and Watford. Besides  
his father, Mr. Frank Restorick, he  
leaves two brothers, John and Richard,  
of Toronto, and one sister, Mrs. Henry  
Conn, of Sarnia, also three half-brothers,  
Walter, of Toronto, Percy and George,  
of Crystal Springs, Sask. The funeral  
was held Wednesday afternoon at War-  
wick Village, Rev. W. M. Shore taking  
the service. The pall bearers were T.  
Roche, J. McManus, J. F. Elliot, T. G.  
Mitchell, J. Shaw and G. Early.

## A Very Creditable Record

The High School Entrance list pub-  
lished last week is an interesting one,  
especially to the parents of Watford  
who have children nearing the High  
School entrance age. Forty-three can-  
didates wrote here. Of these 35 passed.  
The Watford school sent up 14 candi-  
dates. Seven of these took honors and were  
the only honor graduates among those  
writing here. Of the remaining seven,  
four headed the pass list in order of  
merit and the other three were only a  
few names behind; thus it will be seen  
that the eleven highest marks obtained  
by those writing at Watford were made  
by pupils of the Watford Public School.  
Another feature worthy of note is that  
one of the Watford class, Miss Sadie  
Howden, obtained the highest marks in  
the county, thus winning the gold  
medal. The record made by the Wat-  
ford school pupils is exceedingly gratify-  
ing to all parties interested in educational  
affairs, and shows that the most thorough  
and painstaking work is being done by  
Principal Shrapnell. The record is not  
only a credit to Principal and pupils,  
but must be a source of satisfaction to  
the Board of Education, and also to all  
parents in the Village who have children  
working their way up to the entrance  
tests. Mr. Shrapnell is to be warmly  
congratulated on placing the Watford  
Public School in such an enviable  
position.

## CHOP STUFF.

Alvinson has 52 widows and 15 spin-  
sters on the voters' list.

Blenheim school board will expend  
\$2,500 on a new heating plant for the  
school.

There were 48 applications for teacher  
in Junior room of the Parkhill public  
school.

Sturgeon sell for 25 cents per pound  
at Leamington, and are scarce. No  
doubt succers are plentiful.

During the storm Friday afternoon the  
home of Calvin Hodgins, London, in road  
east, had a chimney shattered; the barn  
of George Addison, some miles west on  
the same line, was struck and timbers  
splintered; the barn of Joseph Scott,  
near Camlache, also received a bolt  
which did some minor damage to the  
frame.

William Hester, a former resident of  
Arkona, died at Port Huron, Mich., on  
June 27th, to which city he moved  
twelve years ago. He had been employ-  
ed as an engineer, and the cause of his  
death was heart trouble. His wife, who  
had predeceased him several years ago,  
was Eliza Ann Clark, a daughter of Mrs.  
H. Clark, 10th con., Bosanquet.

Alex. Mason, an aged Wabash resident,  
had a terrible experience with a bull last  
Thursday, and considers himself fortun-  
ate that he escaped with his life, though  
severely bruised and scarred. He was  
leading the animal to water when it sud-  
denly turned upon him, and with a fierce  
lunge jammed him against the fence. In  
some manner Mr. Mason managed to  
drag himself over the fence, but not  
until he had received many bruises in  
various parts of the body.

William Millman, an old and much  
respected resident of Bosanquet town-  
ship, died at his home on the 3rd con. on  
July 12th, after a lingering illness of  
eighteen months, in the 76th year of his  
age. He was born in Devonshire, Eng.,  
and when 20 years of age came to this  
country. In 1861 he married Amelia  
Benson. He was a Methodist and was a  
very ardent worker in the church for a  
number of years. Besides his widow he  
leaves six children—John and Thomas  
Millman, Theford; Mrs. Wm. Fleming,  
Bosanquet; Mrs. Thomas Porter, Mrs.  
John Kirby and Mr. Geo. Millman, of  
Sarnia.

A meeting was held in the Court  
House, Sarnia, on June 17th, for the  
purpose of taking into consideration the  
re-arrangement of the division courts of  
the county. It was proposed that The-  
ford and Courtright (Nos. 6 and 7) be  
done away with—placing Arkona in  
Watford (No. 2) and Theford and Bos-  
anquet (No. 6) in Forest (No. 5). No  
change will be made as far as No. 6 is  
concerned. Through the efforts of Dr.  
Marty, M.P.P., and a petition contain-  
ing the names of over three hundred  
ratepayers, which was presented at Tor-  
onto last week, word has been received  
here that no change will be made here.—  
Theford Tribune.

**Won Gold Medal**  
The gold medal offered for competition  
by Dr. Flett, of Detroit, a former Lamb-  
ton teacher, to be awarded to the public  
school pupil in Lambton obtaining the  
highest standing at the Junior High  
School examinations, was won by Miss  
Sadie Howden, of Watford, the 13-year-  
old daughter of Mr. and Mrs. C. W.  
Howden.

Six hundred candidates wrote and Miss  
Howden headed the list in the number  
of marks obtained, getting 558 out of a  
possible 650, or 85 per cent. A West  
Lambton pupil came next with a record  
of 557 marks. The medal, after being  
suitably engraved, will be presented at  
the High School commencement exer-  
cises in the fall. In the meantime Miss  
Sadie is receiving the congratulations of  
her many friends, both old and young,  
for the excellent showing she made at  
the exams.