DANGER PERIOD OF WOMANS' LIFE FROM 45 to 50

Interesting Experience of Two Women-Their Statements Worth Reading.

White Oak, Ont .- "At Change of Life when doctors could do no more and I was given up by my friends, Lydia E. Pinkham's Vegetable Compound came to the front and did wonders for me. I nad been having female troubles for years, my head troubled me severely at cimes, I had bearing

down pains and back-ache and I was very anaemic from excessive flowing. I recommend your Compound highly and do all I can to advertise it as a genuine wo-man's medicine." — Mrs. SYLVESTER MANNING, White Oak, Ontario.

The Case of Mrs. Kirlin.

Circleville, Ohio.—"I can truthfully say that I never had anything do me so much good during Change of Life as Ly-dia E. Pinkham's Vegetable Compound. "Before I had taken one half a bottle of it I began to feel better, and I have continued taking it. My health is better than it has been for several years. If all women would take it they would escape untold pain and misery at this time of life."—Mrs. ALICE KIRLIN, 358 W. Mill St., Circleville, Ohio.

The Change of Life is one of the most critical periods of a woman's existence. Atsuch times women may rely upon Lydia E. Pinkham's Vegetable Compound.

Guide-Advocate

Watford, Ont. PUBLISHED EVERY FRIDAY. on—\$1.00 per annum in advance. \$1,50 if not so paid.

ADVERTISING RATES.

tile advertissrs will be allowed a change very two weeks. Weekly changes can slight extra cost. Copy of change must 's hands by Wednesday afternoon.

HARRIS & CO. PROPRIETORS

Buide-Honocate

WATFORD, SEPTEMBER 20, 1912.

NOTE AND COMMENT.

Calgary retail grocers may endeavor to eliminate the wholesaler and deal directly with the manufacturer. The matter was broached at a meeting of the Calgary Grocer's Association. The contention is made that the wholesalers' profits are extortionate, and that the retailer must bear the odium of separating the public from its money.

A potato war is on at Calgary between the farmers and merchants. Incensed at what they contend is discrimination against Alberta-grown potatoes in favor of the British Columbia product, a number of farmers have organized and opened a local market, shaving the price of tubers about one-third, as compared with the price asked by local merchants. The farmers are using space in the local newspapers and doing a rushing

The late Hon. David Davis once said :- "Each year every local paper gives from \$100 to \$5,000 in free lines for the benefit of the community in which it is located. No other



agency can or will do this. The innovation in methods of telegraphy local editor, in proportion to his will achieve its most important remeans, does more for his town than sults in the lowering of the wages of any other ten men, and in fairness man with man, ought to be supported, not because you happen to like him or admire his writings, but be-cause a local paper is the best investment a community can make. It may not be brilliant or crowded with great thoughts, but financially it is more of a benefit to a community than a preacher or a teacher. Understand us now, we do not mean morally or intellectually, but financially, yet on the moral question you will find the majority of local papers are on the right side of the question. To-day the editors of local papers do the most work for the least money of any people living."-Free Lance.

A writer in Rural New Yorker, in discussing the cause of lightning striking barns, says that a vacant

know where they will land. man's pride will bring him low, but honor shall uphold the humble in spirit." Put that down.

People who don't mind their own business bring more misery into families, societies and churches than everything else. They turn the pleasant, peaceful stream of good will into a loathsome pool; they intrude on grounds where angels would even fear to tread. Now, minding one's business is the very best remedy for the itching ears that are never satisfied with hearing and the busy tongue that hurries to speak cruel words. Minding your cwa business will turn your attention to self, and you will forget to watch so closely the short comings of others; it will make peaceful homes, happy and you will be able to realize and more fully comprehend the truth spoken in holy writ, "Blessed are the Peacemakers."

Deafness Cannot Be Cured

by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deatness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, Deafness is the result, and unless the inflammation can be taken out and this tube restored to its royant condition. tube restored to its normal condition. cases out of ten are caused by Catarrh, which is nothing but an inflamed condi-

tion of the mucous services.

We will give One Hundred Dollars for any case of Deafness, (caused by catarrh) that cannot be cured by Hall's Catarrh

Cure. Send for circulars, free.
F. J. CHENEY & CO., Toledo, O.
Sold by Druggists, 75c.
Take Hall's Family Pills for constipa-

Will Soon be a Thing of the Past.

Telegraph operators will only be serviceable as fiction heroes and their places in the railway and telegraph systems will be usurped by young and untrained girls if the newly in- | the troduced device which is at present under trial in the offices of the C.P. R. lives up to expectations. The new system is now in use on the C. P. R.'s Montreal and Toronto line. It is known as the Morkrum Auto-that he gets the worst of the deal. matic Telegraph, and the sending and receiving apparatus resembles nothing more closely than a typewriter. The seneing operator press-

sults in the lowering of the wages of operators eighty dollars a month, girls will be engaged at thirty dollars who will be competent to handle the messages in future. The Morse code will be forgotten, and the services of a receiving operator will be dispensed with, as the message is automatically recorded at the receiving end. Thus, the operating staff will be numerically cut in two. If the present experiment proves a success, the system will be extended to include all the lines of the Canadian Pacific telegraph department.

BOSANQUET COUNCIL.

Council met on the 3rd inst., all the members present. Minutes of last meeting confirmed. The following orders were given:—
Lougheed—Sitter, A. Melville \$4.00 to
pay on funeral expenses of late James

discussing the cause of lightning striking barns, says that a vacant barn is seldom struck by lighting, but a barn full of hot hay or grain is often struck. His theory is that the heat-rising from the barn full of new hay or grain makes the air light and offers a channel for the lightning to travel in. Dust particles, a current of moist air, or a current of hot air will afford such a channel. Moral—Throw open the barn doors to the end that the air inside and outside the barn may be uniform.

A proud man, in nine cases out of ten, has nothing to be proud about. The fellow who throws out his chest, and struts about with a "do you know who I am" air is usually the product of money and impudence. "Do you know who I am?" Yes, and if some people would undertake to tell what you are and where you came from you would take the next train out of town if you had any sense of decency. You haven't far to look back to find where these upstarts who brag about their position come from and you needn't look far ahead to know where they will land. "A man's pride will bring him low, but her position come from and you needn't look far ahead to know where they will land. "A man's pride will bring him low, but her position come from had any sense of decency had been and the clark H. drain provision—and the clark H. drain

The Russell drain by-law was finally passed and the Clark H. drain provisionally passed.

The Reeve and Mr. McIntyre were

appointed commissioners on the Russell draiu and Mr. Lougheed was instructed to let about 50 rods of ditching on 9 S.R. R. C. Lampman, H. Mosure, John Walker and Isaac Frayn were appointed weed inspectors.

Council adjourned to meet on Monday,

7th day of October at 10 a.m. as a Court of Revision on the Clark H. drain and for general business.

GEO, SUTHERLAND, Clerk,

A WONDERFUL DISCOVERY

An eminent scientist, the other day, gave his opinion that the most wonderful discovery of recent years was the discovery of Zam-Buk. Just think! As soon as a single thin layer of Zam-Buk is applied to a wound or a sore, such injury is insured against blood poison! Not one species of microbe has been found that Zam-Buk will not kill!

Then again. As soon as Zam-Buk is

Then again. As soon as Zam-Buk is applied to a sore, or a cut, or to skin disease, it stops the smarting. That is why children are such friends of Zam-Buk. They care nothing for the science of the thing. All they know is that Zam-Buk stops their pain. Mothers should never forget this.

should never forget this.

Again. As soon as Zam-Buk is applied to a wound or to a diseased part the cells beneath the skin's surface are so stimulated that new healthy tissue is quickly formed. This forming of fresh healthy tissue FROM BELOW is Zam-Buk's secret of healing. The tissue thus formed is worked up the surface and literally casts off the diseased tissue above it. This is why Zam-Buk cures are perman-

Only the other day Mr. Marsh, of 101 Only the other day Mr. Marsh, of 101 Delorimier Ave., Montreal, called on the Zam-Buk Co., and told them that for over twenty-five years he had been a martyr to eczema. His hands were at one time so covered with sores that he had to sleep in gloves. Four years ago Zam-Buk was introduced to him, and in a few months it cured him. To-day—over three years after his cure of a disease he had for twenty-five years—he is still cured, and has had no trace of

any return of the eczema!

All druggists sell Zam-Buk at 50c.
box., or we will send free trial box if
you send this advertisement and a 1c.
stamp (to pay return postage). Address
Zam-Buk Co., Toronto.

Most of the shadows that cross our pathway through life are caused by our standing in our own way.

Common sense and a decent regard for

the opinions and rights of others are mighty valuable assets. Few human beings are absolutely worthless. If they are good for nothing else they help to swell the census.

The man with a clear conscience gen-

It is sometimes said that Australia is larger than Cauada. The area of Canada is 3,729,655 square miles, Australia ada is 3,72 3,200,000.

es the keys at Toronto, and the message is automatically transcribed in Montreal. English letters and words are used throughout. The

Children Cry for Fletcher's

CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy.

Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children-Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea-The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

The Kind You Have Always Bought In Use For Over 30 Years

The flies that are now in your kitchen and dining room were probably feasting on some indescribable nastiness less than an hour ago, and as a single fly often carries many thousands of disease germs attached to its hairs body, it is the duty of every housekeeper to assist in exterminating this

WILSON'S FLY PADS

worst enemy of the human race.



Kill flies in such immense quantities as cannot be approached by any other

A. D. HONE **PAINTER**and **DECORATOR**

Specialist in Hand Painted Decorations.

The Best Work at Reasonable Prices. Estimates Furnished

A COMPLETE LINE OF

Samples of WALL PAFER on Hand. When you have work in his line let him figure on it.

Plympton Proneer Dead.

Edward Archer, aged 89 years, one of the pioneers of the district, is dead at his home on the Egremont road, in Plympton township. Mr. Archer was a native of the Isle of Man, and coming to this district when a young man, had resided here ever since. His wife died several years ago. He is survived by two sons and two daughters, Thomas and Albert E., Mrs. Robinson and Miss Libbie. Messrs. H. B. Archer, of London, and Mr. E. A. Archer, of Petrolea, are nephews. The funeral will be held on Thursday.

RHEUMATISM, LUMBAGO and LAME BACK

can be cured by the great fruit kidney and liver remedy,

FIG PILLS

Brantford, Ont., Aug. 13, 1911
Your medicine, Fig Pills, has worked wonders for me. The rheumatic pains have entirely left me and I owe everything to your remedy. You are at liberty to publish this.

R. A. GAILMAN.
At all dealers 25 and 50 cent boxes or mailed by The Fig Pill Co., St. Thomas, Ont.

Sold in Watford by J. W. McLaren, Druggist.

STACE LINES.

WATFORD AND WARWIOK STAGE LEAVES Warwick Village every morning except Suniay, reaching Wittord at 11.30 a, m, Returning leaves Wattord at 3.45 p, m. Passengers and freight onveyed on reasonable terms, C. BARNES, Pop'z.

WATFORD AND ARKONA STAGE LIAVE VV Arkona at 9 a, m, Wisbeach at 10.10 a, m, Seburning leaves watford at 8,46 p, m, Passengers and freight conveyed on reasonable terms,—Will LIAM EVANS Prop.

Judge's Court of Revision

Township of Warwick.

NOTICE IS HEREBY GIVEN that a Court will be held, pursuant to The Ontario Voters' List Act, by His Honor, the Judge of the County Court of the County of Lambton at the TOWN HALL, WARWICK VILLAGE -ON-

Monday, September 23rd, 1912,

at ten o'clock in the forenoon, to hear and determine the several complaints of errors and omissions in the Voters' List of the Municipality of the Township of Warwick for 1912.

All persons having business at the Court are required to attend at the said time and place. Dated the 29th day of August, 1912. N. HERBERT, Clerk of the Municipality.

FARM FOR SALE

100 ACRES, BEING WEST HALF OF LOT 28, con 2, Township of Plymoton. The land is good rich soil, good orchard, 20 acres of good bush, beech, maple and elm. On the premises are as new two story brick cottages, main building 20x25, kitchen 18x18, concrete cellar under all the house, 6 rooms, 2 clothes closets, Bell telephone in the house, 6 odd barn 40x88 and other outbuildings. 2 wells (one flowing). 8 acres of fall wheat in. For further particulars apply on the premises.

MRS. FRANK ALEXANDER,
BOX 33, Wanstead P.O.
Plympton, June 7, 1912.

Auctioneer

J. F. ELLIOT. Licensed Auctioneer. For the County of Lambton. PROMPT attention to all orders, reasonable terms

MODER

Sewing Machin Gramophe Books an New

A full stock of I each month as they are Repairs kept in sto Several Second-han

Comfort, El features that Give us a Call and

Fine Furniture.

In ac be ei

> This c one which w that there are therefore the each contesta ada who uses compete. and small use tunities to wi The contes are first, secon \$15 and \$10) in CLASS "A"- Prize
> who are most

CLASS "B

Send me particulars of your Prize Contest