### "No Eye Like the Master's Eye."

You are master of your health, and if you do not attend to duty, the blame is easily located. If your blood is out of order, Hood's Sarsaparilla will purify it.

It is the specific remedy for troubles of the blood, kidneys, bowels or liver. Heart Trouble-"I had heart trouble for a number of years and different medi-cines failed to benefit me. I tried Hood's Earsaparilla and three bottles completely and perfectly cured me." Mrs. C. A. FLINN,

A Safeguard-" As I had lost five children with diphtheria I gave my remaining two children Hood's Sarsaparilla as they were subject to threat trouble and were not very strong. They are now healthier and stronger and have not since had a cold."

MRS. W. H. FLECKER, Pembroke, Ont.



Hood's Pills cure liver iils; the non-irritating and only cathartic to take with Hood's Sarsaparilla.

Local Market.
A. M. HAMILTON & SON'S REPORT.
London, Monday, July 16.
Wheat, white, per bu69c to 72c
Wheat, white, per bu69c to 72c
Wheat, red, per bu69c to 72c
Oats, per bu34c to 36c
Peas, per bu
Corn, per bu 433
Barley, per bu381/23
Rye, per bu 56c
Buckwheat, per bu60c to 65c
To only grain deliveries today were
and which sald at 81 Easter on five

Plymouth Binder Iwine Is the cheapest, because it will do more and be ter work than any other. Buy

loads of hay sold at \$8 per ton. ...

HAMILTON'S Flour and Seed Store, 373 Talbot street, near King street. 

#### St. Thomas Narket.

St. Thomas, June 25.-Wheat, per bu, \$8c; flour, per cwt, \$1 80; oats, new, per bu, 32c to 34c; peas, per bu, 80c to 90c; barley, per bu, 45c to 55c; rye, 60c; fodper bu, 60c to 65c; seed corn, per bu, \$1 to \$1 25; feed corn, per bu, 45c to 50c; flaxseed, per cwt, \$2 45 to \$2 50; timothy seed, \$1 25 to \$1 75; clover seed, per bu, \$5 50 to \$6.

The Oil Market. PITTSBURG. Pa., July 16.—Oil opened at quickly. \$1 25; closed at \$1 25.

### American Markets.

CHICAGO, July 14.-Wheat was weak from start to finish today, and closed at a decline of 1½c to 13%c. This makes over 4 cents decline in three days. The marked improvement litions in the Northwest kept prices on the down grade. Corn was strong on the continued drouth, and closed 1/2c higher. Oats advanced 1/8c, and provisions declined 5c Within ten minutes after trading had started in the wheat pit the price of September had been forced to a point over a cent below yesterday's closing figures. September opened unchanged to 1/2c lower, at 79c to 791/4c, and under selling orders from all the floor, the price was steadily pounded down until it had touched 77%c. The principal, in fact, almost the only, factor in the rapid decline was the crop condition in the Northwest. Rains and cooler weather in the Dakotas and Minnesota were reported to have greatly improved the condition of wheat, and a private estimate of a crop for those three states of 135,000,000 to 150,000,000 bushels was given a great deal of credence by disgusted holders who unloaded as fast as they could. At 77%c the demand, which up to this time had been slack, they could. The Northwest sent in good buying orders, while local shorts covered quite freely for a time. But in the last hour of the short session market again became extremely the demand prices again slipped off quickly, and shortly before the close the lowest prices of the day were reached, September selling down to final decline. Chicago receipts were 86 cars, 28 of contract grade. Minne-apolis and Duluth receipts were 244 798,000 bushels a year ago. The leading futures closed as fol-

The leading futures closed as follows: The leading futures closed as follows: Wheat—No. 2 July, 76%; Aug., 77c; Sept., 77%c. Corn—No. 2 July, 43%c; Aug., 44c; Sept., 44%c. Oats—No. 2 July, 23%c; Aug., 24%c to 24%c; Sept., 24%c. Mess Pork—July, \$12 40; Sept., \$12 55. Lard—July, \$6 80; Sept., \$6 90; Oct., \$6 92%. Short ribs—July, \$6 87%; Sept., \$6 95. Cash quotations—Flour, quiet; winter patents, \$1 10 to \$4 20; straights, \$3 20 to \$3 90; spring specials, \$4 75 to, \$1 85; spring Sept., \$9 35. Cash quotations—Figur, quiet; winter patents, \$1 10 to \$4 20; straights, \$3 20 to \$3 90; spring specials, \$4 75 to \$1 85; spring patents, \$3 70 to \$4 20; straights, \$3 30 to \$3 80; bakers, \$2 40 to \$2 90. No. 3 Spring wheat, 73c to 75c; No. 2 red, 79c to 79½c. No. 2 corn, 44½c; No. 2 white oats, \$7c to 27½c; No. 3 white, 26c to 27½c. No. 2 rye, 58½c to 60c. Good feeding barley, 38c to \$2c; fair to choice malting, 43c to 48c. Ne. 1 flax-seed, \$1 80; No. 1 Northwest, \$1 80. Prime timothy seed, \$3 15. Mess pork, \$12 45 to \$12 50. Lard, \$6 82½ to \$685. Short rib sides, \$8 85 to \$7 15. Dry salted shoulders, 6½c to 7c. Short clear sides, \$7 50 to \$7 60. Sugar, cut loaf, \$6 78; granulated, \$6 22; confectioners A, \$6 18; off A, \$6 03. Cloverseed, contract grade, \$8. Eggs, steady, fresh, 11c.

RECKIPTS—Flour, 15,000 barrels; wheat, \$000 bushels; corn, 518,000 bushels; barley, 9,000 bushels.

SHIPMENTS-Flour, 7,000 barrels: wheat, 11,000 bushels; corn 207,000 bushels; cats, 206,-

Live Stock Market. CHICAGO, July 14.-Cattle-Receipts, 150; nominally steady; active; good to prime steers, \$5 10 to \$5 50; poor to medium, \$4 50 to \$5; selected feeders, \$4 to \$4 75; mixed stockers, \$3 75 to \$3 90; cows steady, \$3 to \$3 75; helfers, \$3 to \$5; canners, \$2 to \$2 80; bulls firm, \$2 75 to \$4 50; calves, \$4 50 to \$4 85. Receipts for the week, 1,350; last week, 3,100; Texas fed steers, \$4 25 to \$5; do grass steers, \$3 80 to \$4 10; do bulls, \$2 50 to \$3 25. Hogs—Receipts, 16,000; opened steady; closed weak to 5c lower; top, \$5 45; mixed weak to 5c lower; top, \$5 45; mixed and butchers, \$5 10 to \$5 45; good to choice heavy, \$5 20 to \$5 45; rough heavy, \$5 to \$5 15; light, \$5 15 to \$5 42½; bulk of sales, \$5 25 to \$5 40. Sheep—Receipts, 2,500; sheep and lambs steady; good to choice wethers, \$4 10 to \$4 50; fair to choice mixed, \$3 20 to \$4 10; western sheep and year. \$3 20 to \$4 10; western sheep and year-lings, \$3 60 to \$4 60; Texas sheep, \$3 10 to \$4; native lambs, \$4 50 to \$6 90; western lambs, \$5 to \$6 25. Receipts this week: Cattle—51,800; hogs, 144,200;

sheep, 71,600. Last week: Cattle-45,600; hogs, 93,200; sheep, 57,800.

NEW YORK, July 14.—Cattle—Receipts, 323; no trading; feeling steady. Exports, 1,455 cattle, 73 sheep and 7,120 quarters of beef. Calves—Receipts, 3; no trading of importance; feeling dull and weak; city dressed veals, 8c to 10c per lb. Sheep and lambs—Receipts, 4,-481; sheep steady; lambs slow and weak; sheep, \$3 to \$5; lambs, \$6 30 to \$7 60 per cwt for fair to choice. Hogs—Receipts, 4,142; none for sale; nominally steady.

EAST BUFFALO, July 14.-Receipts of sale and through cattle about 100 head. Hogs, 32 cars. Cattle-Demand limited; prices ranging vary; veals and calves were slow, and generally lower; closed weak. Sheep and lambs lower and weak. Hogs dull, slower and

#### Dairy Markets.

LONDON DAIRYMEN'S EXCHANGE London, Saturday, July 14.-Six facories boarded 600 boxes of June and July cheese at the meeting of the London Dairymen's Exchange today. Of the offerings 460 boxes were colored and 140 white, and 140 were sold at

CANTON, N. Y., July 15.—Large colored cheese, 9%c; turns, 9%c; butter,

NEW YORK, July 14.—The receipts of butter for the week aggregated 57,420 packages, and shipments 6,980 tubs. Cheese—Receipts amounted to 45,489 packages, and shipments, 17,217 pack-

BELLEVILLE, Ont., July 14.-At the cheese board today 21 factories boarded 1,440 boxes; 91/2c was bid; no sales. COWANSVILLE, Que., July 14.-At the Eastern Townships Dairymen's Board of Trade here today, 13 factories offered 3,596 boxes of cheese, and one creamery 30 boxes of butter. P. G. Ferguson secured 1,041 boxes of cheese for 9½c, 102 for 9¾c, and 30 boxes of butter for 19½c; James Alexander secured 71 boxes of cheese for 9½c, and 91 for 9¾c; J. A. Odell, 302 boxes of cheese for 9½c, 38 boxes for 9½c and 250 for 9½c; J. Gibson, 290 boxes cheese for 91/2c, 34 for 9%c and 176 for 91/4c; Wm. Niven & Co., 262 boxes cheese for 94c, 95 for 97-16c and 36 for 94c; J. Burnett jum., 138 boxes cheese for 93%c. Total boxes cheese sold 3,442, and butter 30. Total boxes cheese unsold, 154. Meeting adjourned to Saturday, July 21, at 1

WAITERTOWN, N. Y., July 14.-Sales on board of trade today, 8,000 boxes of cheese at 9c to 91/4c; ruling price, 9c. About 2,000 for Montreal at 91/2c to 93/4c. OGDENSBURG, N. Y., July 14. - At today's cheese market 15 lots, 1,615 boxes, offered; 94c bid; no sales. Later

on street selling at 9%c. cheese board today, of which 1,325 were white, 426 colored and 49 American; all sold on the board; while at 9½c colored at 9 11-16c, and American at 9½c. Lovell & Christmas got 825, Jackson & Pallette, of Guelph, 168; Hodgson Bros., 483; J. Alexander, 80, and A. A. Ayer & Co., 255. The bidding was slow, and the buyers were a long time coming up to 5% for white. Ayer's representatives, however led off with the limit for ling to meet more than half-way the tives, however, led off with the limit for

CHICAGO, July 14.-Butter steady: creameries, 15c to 181/2c; dairies, 14c to 17c. Cheese dull at 91/2c to 101/4c.

NEW YORK, July 14, - Butter steady; creamery, 16 1/20 to 190; factory, current packed, 14c to 16½c; imitation creamery, 15c to 17½c; state dairy, 15½c to 18½c. Cheese firm; large colored, 9½c to 9%c; large white, 9¼c to 9%c; small white, 91/4c to 91/2c; small colored,

Presbyterian Missionary to the Yukon in the City Yesterday.

Enthusiastic in His Praise of the New Country-Notes of His Work for Religion-He Regards the Postmaster-General as an Especially Capable Minister-Administration of the Yukon Has Been Admirable.

Rev. John Pringle, Presbyterian mis-

sionary to the Yukon mining country, spent Saturday evening, Sunday and this morning in this city, leaving later for Ottawa. An Advertiser representattve sought Mr. Pringle, and found him at Wolseley Barracks, surrounded dull and weak. With the stoppage of by a number of the returned Yukon soldiers, by many of whom he was greeted as an old friend. Mr. Pringle possesses a tall and well-knik frame, and at once strikes the observer 77%c to 77%c. The final quotation for as being full of strong capacilities for that option was 77%c. A good many hard work, and the endurance of nard-top orders were received during the ship. Mr. Pringle, in speaking of the were Yukon country, over which he is most linne- enthusiastic, said: "It's a grand councars, against 137 last week and 611 has been much maligned and misrea year ago. Total primary receipts presented. The summer there, fasting amounted to 633,000 bushels, against from May to October, is more enjoyable etables and the coarser grains yield good crops, while the smaller fruits, such as strawberries, raspberries, pemis also abundance of wild hay. The reports of the insect pests in summer have been much exaggerated, and the mosquitoes and flies are not as large toba or Muskoka. The cold of winter, while seemingly extreme, judged from eastern standards, is quite bearable, owing to the dryness of the air, and the almost total absence of wind, and, altogether, the Yukon winter is quite as enjoyable as winter in any other part of Canada. For my part, I have lived for the past two years in a tent, summer and winter, have not worn an overcoat, and have worn an ordinary hat, with a silk handkerchief around my ears, and an ordinary pair of mittens. The higher altitude of the country makes the air lighter and less opssive in summer, and the cold less painful in winter. The Yukon is a grand country for those who have good conweakness should avoid it.

stitutions, but men with any organic "If I were a politician," said Mr.
Pringle, strongly, "I would stake my political future on the construction of a Pringle said: "I have enjoyed the work, and I think I may say without vanity that I have met with wonderful suc-I have tried to be a minister in the original sense of the word, that of a server of men. I have preached to 1,500 men at the trail side, and I have preached to four or five. I can say that generally they are a first-class set of men, and a wonderfully intelligent lot. During the past two years I have preached to more university graduates than any minister in Canada. I could say, than any five ministers in Canada, but the public might not believe me. There were more doctors and dentists

cause of some of the tragedies.
"My work has been for the year in

# ednesday



Grand trade winners. Shrewd people will at least con sider such values as are daily leaving our counters. Here's some of the many to go Wednesday.

#### ALL DAY WEDNESDAY

50 pieces Fine Real Swiss Spot Muslin, assorted spots, from fine pin head to bullet spot, mostly white, but a few black grounds with white and some with colored spots. Not a piece in the lot worth less than 50c, on sale Wednesday at 19c.

#### A Snap in Laces.

Just the thing to go with the muslins or any other purpose — Lovely Fine Valenciennes Lace, an immense range to select from; regular price, 3c, 4c, 5c and 6c; the whole lot is bunched Wednesday at 1½c.

#### Battenburg.

32 handsome pieces of Battenburg Center Pieces, Shams, etc., regular price 75c to \$1 25, you can take the pick of the lot Wednesday at 42c.

Our Embroidery sales are always pleasing to the ladies because we have such pretty, dainty patterns. A grand lot of Fine Embroideries and Insertions, regular price 10c, 12½c and 15c, on sale Wednesday at 7½c.

#### Sailor Hats.

Your choice of the best Sailor Hate in the store; some were 75c, others \$1 00 and \$1 25, but it makes no difference which you take Wednesday at 35c.

#### Towelings.

Fine Linen Huck Toweling for rollers. This Toweling is superior quality, and not simply an excuse for the name. It's worth 12½c, but goes on sale Wednesday at 7½c.

#### DRESS

This section never lags. Smart trading is done here just now. Pretty outing and knockabout skirt materials at 25c and 50c, cheap as outof-date cottons, and then we make them handsomely and fashionably for 50c.

the Atlin district, on the northern the Atin district, on the hottleth boundary of British Columbia, and the two years before that I was working east of Dawson, in the Glenora, Teslin ficer could care to see. Their outdoor ficer could care to see. and Hootalinqua districts. I leave for the west again at the end of this month, returning to Atlin, and later in the year going to the creeks around Dawson.

CORNWALL, Ont., July 14.-1,800 shoeing than falls to the lot of most boxes were boarded at the Cornwall missionaries. I have been 41 days on

snowshoes without a break." ing to meet more than half-way the colored and then the cheese sold needs and wishes of the Yukon people. The manner in which he took hold of the question of mail service there has convinced me that he is an extraordinarily efficient man for his position. He dispensed with red tape and gave his subordinates at Skaguay and other points instructions to put things right, and they were put right. The government have done well in their administration of the Yukon. As to the charge of maladministration, I consider them greatly exaggerated. Anything of the kind that occurred was only what was inseparable from the circumstances of a new country being opened up and officials being appointed for duties and conditions which were entirely new. The manner in which order has been kept, and the law administered, has been the admiration of all except the rascals whose schemes and aims have been frustrated,"

Mr. Pringle showed his capacity for hard work in the busy day he put in yesterday. He preached to large congregations at Knox Church at 11. a.m. and at the First Presbyterian Church at 7 p.m. He addressed St. Andrew's Sunday school at 9:45 a.m., and in the afternoon preached at Ilderton.

### WELCOME HOME!

Return of London's Brave Soldier Boys From the Yukon.

Escorted to the Barracks by the 7th Band-Welcomed by Their Former Comrades and Hundreds of Enthuslastic Citizens.

After more than two years in the try, an unsurpassed country, and it Yukon, the London representatives on the Yukon field force arrived in this city yesterday morning. The delay in than in the older parts of Canada. Veg- Toronto was very disappointing to the members of No. 1 Company, R. C. R. I. They had twice prepared dinner for mican berries, blueberries and other them, and each time had received growths grow wild in profusion. There word that the men would not be here. at the expected time. When at last the train rolled into the C. P. R. station, all disappointments were forgotor as troublesome as they are in Mani- ten in the desire to give cordial welcome to the fourteen manly chaps who had been so long crowd of several hundred citizens had gathered at the station, and the men were cheered lustily. They were played to the barracks by the Seventh Band, and on the way there, as they walked in heavy marching order in the hot sun, they had abundant evidence of the difference between the temperatures of Dawson and London. they lined up on the square that they stood upon last some two years ago, the officer commanding the depot, Capt. Taylor, welcomed them in a short, soldier-like address, to which Capt. Thacker, who had charge of the men, replied, and then, when cheers of mutual good-fellowship were exchanged, the Klondikers were given freedom to intermingle with their old comrades. Their joy at being with railway through the Yukon country. At them once again was, apparent in present the Yankees have the cinch on every movement and word. The big, us, and Canadians should hasten to brawny men, attired in brawny men arm in arm with the men they had left behind in May of 1898, and talked of old times and their new experiences in the gold country.

At noon the men were all escorted to the dining-room, where the long-deferred dinner was partaken of soldier's zest and enthusiasm. The men of the barracks had prepared an excellent spread, but the meal was

eaten with the docorum due to the Sabbath. A slightly less solemn time is promised for tonight.

The Yukon men left Dawson on June 26, making a portion of the journey to Skapway by rail mostly by heat There were more doctors and dentists Skagway by rail, mostly by boat, and on the trail than miners. That is one proceeding thence own the coast to

life in a country where the snow lies deep all the summer through, had hard-ened their flesh and made them strong and hardy. They were "My field is one demanding hard work and exposure. I have done more snow-shoeing than falls to the lot of most Dawson in their care. They had also a sadder duty to perform. The gold fields of the north thad, as all know, attracted many from all portions of the country, who had despaired of being successful, and when the same illluck followed them to the north, their reason weakened beneath their trou-bles. There are no places in Dawson for the safe-keeping of these unfortunate ones, so they were sent to Vancouver in charge of the returning field

The men say that although numbers left Dawson for Cape Nome, there is no apparent difference in the former's population.

Only two men of those who returned, Capt. Thacker and Pte. Larose, of Fredericton, were not of the London force formerly. Pte. Freeland, of this city, was sent to Quebec. Drill-Sergeant Davies stayed in Dawson, in the gold commissioner's office.

### LABOR TROUBLES

Arbitration Proposed to the St. Louis Transit Co.

Citizen Shot Dead by a Motorman-Ob jected to the Name "Scab"-Car Wrecked.

STREET CAR WRECKED. St. Louis, Mo., July 16.-As a Union Line car on the Lee Avenue division of the Transit Company was passing the intersection of Twenty-second street and Bremen avenue last night, the wheels struck a charge of dynamite, which exploded with terrific force. The car was blown from the track, the flooring and sides were wrecked and all the windows demolished. There were four passengers on the car, two of whom. Edward English and Mollie Shere, were so dadly injured that they had to be taken to the city dispensary. The explosion was by far the worst that has occurred on the lines of the St. Louis Transit Company since the

inauguration of the strike.

ARBITRATION PROPOSED. Arbitration of the street railway strike has been proposed to the St. Louis Transit Co. by the citizens arbitration committee. The Transit Company attorney, to whom the proposition was submitted, discussed the matter with the committee men for three hours, and told the committee that he would immediately lay the matter before the officials of the Transit Com-

pany. W. D. Mahon, national president of the Amalgamated Association of Street Railway Employes, who has resumed charge of the strike, said: "I find the men as determined as they were when they first went out in May, and that they still have the support, not alone of the trade unionists in the city, but of the great mass of the people as well. In fact, I find some people who were indifferent, and, if anything, were opposed to the men before, are now out and out for them, declaring they are in the right."

SHOT BY A MOTORMAN. Herman Bande, an employe of the Union Ice Company, was shot and fatally wounded by William E. Herman, a motorman. Chas. Young, a striking street railway man, was also shot and wounded by Herman. Herman had entered a drug store when Wm. Gray, a striker, stepped into the place and told the druggist not to sell Herman anything, as he was a "scab."

The remark enraged Herman, and he drew a revolver and fired four shots at Gray. One of the shots hit Baube, who was at the telephone, and another struck Young, who was in the store. Herman was arrested. BELLE ISLAND STRIKE. St. Johns, Nfld., July 16 .- The mining companies at Belle Island have been

obliged to close down the work indefinitely. It is impossible for them to secure any more laborers. The strikers are apparently more determined than ever. Since their leaders were placed under arrest schooner loads of strikers have arrived from other sections, thus swelling the numbers of the men, who refuse to work unless the terms agreed upon by the majority are granted. The police have been with-

STRIKERS EVICTED. Vancouver, reached Toronto in 17 Pittsburg, Pa., July 16.—Between 25 days. They fared in good style on the and 30 evicted families are encamped

drawn and the men are peaceful.

## Double Trading Stamps

Thursday, Friday and Saturday of this week, and balance of the month.

OUR JULY CARPET SALE will continue—all Tapestry, Brussels, Axminster and Wilton Carpets bought

this month, made and laid free of charge within a radius of sixty miles from the city See our 10 NEW PATTERNS of Brussels and

Axminster Carpets, made and laid, for \$1.

\$12 SILK CURTAINS FOR \$8.

### Starting Saturday,

And until they are all sold, your choice of any of our Colored Muslins and Dimities, that we have sold so many of, at 121/2c per yard, for only......81/2c yard

### Fine Ginghams

You know what nice patterns we have had. We have put 25 pieces of our regular 10c and 121/2c Ginghams at

### White Pique Skirts

### Blouses

All our 50c Blouse Waists at......39c each Specials just put into stock at......75c and \$1 each

### Sailor Hats

Our regular 25c and 50c Sailors at......15c each

Other prices at one-half. White Pique

See our west window. An all-round cut in prices.

# GRAY & PARKER

150 Dundas St., London.

in an orchard just outside of Preston. One of the children in camp has died and another cannot last long. The men of the evicted families were employes of the Pressed Steel Car Company, and have been living in homes at Presston owned by the Fidlity Land Company, an adjunct of the car company. Two weeks ago the men went on strike and now they claim their evic-

#### **FOLLOW THE BAND**

tion is the result.

There Will Be Music Galore at the Annual Scottish Picnic.

The annual Scotch pienic of the societies of London and St. Thomas to Port Stanley tomorrow promises to be a record-breaker. The list of sports and attractions is a splendid one, and the prizes the best ever offered by the societies. The Seventh Band will parade down to the station in the morning, accompanied by the London Pipe Band, and will furnish popular music at the lakeside. Nothing has been left undone by the committees that would result, proceed as below. tend to make the outing a most suc-

#### THE TIMES ARE CHANGED. ,

The old apothecary with his peculiar ways of doing business have gone and given place to a system that conduces to greater safety of life and a guarantee of purity of every ingredient in the prescriptions we fill. We desire your trade, and guarantee you every

satisfaction. A WORD IN SEASON. Paine's Celery Compound is the great medicine that you should use when you lack nerve energy, when the body is poorly nourished, when you are weak, irritable, despondent and sleepless. Paine's Celery Compound braces the nerves, strengthens the liver and

kidneys and cleanses the blood.

B. A. MITCHELL, DRUGGIST,
114 Dundas street, London, Ont.

WHERE CAN I get some of Holloway's Corn Cure? I was entirely cured of my corns by this remedy, and I wish some more of it for my friends. So writes Mr. J. W. Brown, Chicago.

A bottle of Angostura Bitters to eases originating from the digestive organs. Be sure to get the genuine Angostura manufactured by Dr. J. G.

#### Instructions in Case Of Drowning.

In case of drowning the following instructions, which are now placed at all seaside hotels, landings and pier heads by the Volunteer Life-Saving Corps of New York, should be followed: Approach the drowning from behind, seizing them by the coat collar, or a woman by the back hair, and towing them at arm's length to boat or shore. Do not let them cling around your neck or arms to endanger you. Duck them under until unconscious, if necessary to break a dangerous hold

upon you, but do not strike to stun them. First: Immediately loosen the clothing about the neck and chest, exposing them to the wind, except in very severe weather, and get the water out of the body. First try tickling in the throat by a straw or feather, or ammonia to the nose; a severe slap with the open hand upon the chest and soles of the feet; if no immediate

Second: Lay the body with its weight on the stomach across any convenient object, buoy, keg, box, timber or your knee, in the open air, with the head hanging down. Open the mouth quickly, drawing the tongue forward with handkerchief or cloth, so as to let the water escape. Keep the mouth clear of liquid. Then roll the body gently from side to side so as to relieve the pressure on the stomach. Do this several times to force the wa-

ter from the stomach and throat. Third: Lay the body on the back, make a roll of coat or any garment, place it under the shoulders of patient, allowing the head to fall back. Then kneel at the head of the patient. Grasp the arms at the middle of the forearms, folded across the stomach, raise the arms over the head to a perpendicular position, drawing them back straight, then forward, overhead, to the sides again, pressing the arms on the lower part of ribs and side, so as to produce a bellows movement upon the lungs. Do this sixteen or eighteen times a minute. Smelling salts, camphor or ammonia may be applied to the nostrils to excite breathing. The clothing should be removed, the body dried and the limbs rubbed briskly

upward. Fourth: On signs of life, or when breathing is renewed, wrap in warm, blankets or hot cloths. To encourage flavor your lemonade or any other cold drink will keep you free from Dyspepsia, Colic, Diarrhea, and all dispepsia, Colic, Diarrhea, and all dispension of the discoular of the and warmth applied to the entire body. Keep at work for hours until recovery or death is pronounced certain by a physician