



WILL MEET YOU AT THE VET'S SPORTS WEDNESDAY. GREAT WAR VETERANS' SPORTS, ST. GEORGE'S FIELD.

2.30 Wednesday, July 13th.

C. L. B. BAND IN ATTENDANCE. PRICE OF ADMISSION, 20c.

THIS DAY PROGRAMME.

1. Hurdles.
2. (a) 100 Yards Dash (open).
3. (b) 100 Yards Dash (C. L. B. Girl Guides).
4. Football Fives (semi-final).
5. (a) Half Mile.
6. (b) Bombing.
7. 220 Yards Dash.
8. Field Relays—Blue Peter (C. L. B. Veterans), Guard (M.G.B. Old Comrades Vets), Red Cross (H.M.S. "Briton"), Nellie (Bell Island Vets), Cadet (C.C.C. Old Comrades Vets), Veteran (G.W.V.A.) Knelt. Football colors of the various crews will be their identification.
9. (a) 1/4 Mile (open).
10. (b) Boxing Match, H.M.S. "Briton".
11. Football Fives (Bell Island Vets vs. St. John's Vets): knelt shirts.
12. Tag of War (St. John's Veterans vs. H.M.S. "Briton").
13. Hand Race.
14. Baseball Relay Race (competitors to have played at least one game).
15. (a) One Mile (open).
16. (b) Humorous Boxing Match (Mutt and Jeff).
17. Football Fives (final).

Side Talks by Ruth Cameron

HOW EASILY WE FORGET.

How easy a change in viewpoint. That word viewpoint has so long been used in its figurative sense that we are apt to forget that it means just what it says literally—the point from which you view a thing, or a fact.

We Don't Need to Forget.

That's the trouble with a great many of us. It is inevitable that as we pass from one experience to another we should get different points of view, but it is not inevitable that we should completely forget the old.

The person who really grows and develops is he who remembers how things looked from some past position. He can combine the two aspects of the things he is looking at and get a view that approaches the truth.

We Know How Our Parents Felt.

For instance, as a child we see things from a certain angle and then as we become adults we get a totally different angle. We know now why our fathers and mothers wanted us to do this-and-so, and we proceed to ask the same of our children. But if we have really grown and developed we know why they do not want to do this-and-so, we do not forget the old point of view and we take it into account in our manner of dealing with our children.

A successful life is one founded on a composite viewpoint. It is not possible for youth to have such a viewpoint, but it is possible for maturity to acquire it. And that is why I have less sympathy for narrow old age's criticisms of youth than for impetuous youth's criticisms of old age.

The other day I was out with him in his machine and what was my surprise to find that he got as close as he dared and sometimes even stopped by when passengers were just about to alight. "How's anybody going to make any kind of time when those confounded cars are all-

Eat MRS. STEWART'S Home Made Bread.—april, 1920

I. X. L. Cooking Oil.

IN 1 AND 5 GALLON TINS.

FRESH FRUITS. (All selected fancy stock)	Chase & Sanborn's (Just in—fresh).
ORANGES.	SEAL BRAND COFFEE,
GRAPE FRUIT.	COCOA POWDER in bulk (retailing by the pound)
BANANAS.	NESTLE'S PURE THICK
LEMONS.	CREAM in tins (just the thing for basket parties).
ROSE'S PURE LIME JUICE.	ARMY RATIONS in tins.
ROSE'S LIME JUICE CON-	FULL BOILED DINNER in tins.
DIAL.	ELKHORN CHEESE in tins.
LEMON SQUASH.	INGERSOL CREAM CHEESE.
COLD WATER LEMONADE	McLAREN'S CREAM
POWDER —A delicious drink made by adding one teaspoonful to tumbler of cold water.	CHEESE in glass.
WELCH'S GRAPE JUICE.	BIGARELLE CHERRIES in 3 1/2 lb. boxes.
NEW AMERICAN POTAT-	A Fresh Assortment of
TOES.	NOIR'S CANDY AND CAKE ex S. S. Rosalind.
FRESH TURNIP TOPS and	
RHUBARB Daily.	

C. P. EAGAN,
Duckworth Street & Queens' Road

Credit System a Failure.

Editor Evening Telegram.

Dear Sir,—Thirty years on this coast have not succeeded in making me a believer here or anywhere in the necessity of a credit supply system, much less in its desirability. To my mind, it is inherently vicious. I have seen it break the hearts of many splendid merchants, and the most casual observer can see the bad effect that it has on the consumers. But heretofore is heretofore everywhere, no less in the battlefield of peace than in that of war, and the gallantry of the trader and merchant in this Colony is as notable as that of its soldiers and sailors in my estimation.

Out of the varying reports that reached the friends of this Colony in the United States last May, it became obvious that a very serious financial emergency had again overtaken Newfoundland. Personally I witnessed the troubles of 1895, when bank notes in our pockets became almost valueless, and the Governor could hardly find cash to pay the wages of his coachman. The marvelous recuperative power of the island, displayed then, has been a great solace to me ever since. But it is the concrete that worries one's soul, not the abstract.

My personal friends in the North I knew owed the traders money from last year, for war prices had still maintained, and fish had sunk to comparative no value. Besides, we are brotherly down North and know one another's troubles. The long winter had also exhausted the supplies of a great number of them, and letters and telegrams from such reliable sources as our doctors and nurses and our clerical friends convinced us of the terrible prospect, if the traders failed for any reason to supply again when summer came. Dry flour and raw tea won't support life, unless it be whole meal flour, and then alas, it still runs in this country. Even if oleomargarine and molasses are added to white flour you still have a diet that is deficient and dangerous. Moreover, we know of families who were already on limited quantities of dry white flour only. Weakness spells limited capacity to work on the part of a bread-winner and carries with it a mental depression that robs him of ambition.

I have just watched a young friend, with a family of three children, at a square meal in my kitchen. He had walked more than ten miles over difficult country without a vestige of a road, and all he had for supper before starting was one slice of sour white bread. His feet were already numb with beriberi. One of his children had died from marasmus, and his wife was so ill and weak that he had come to beg me to take her to hospital so that he might be able to get out in the daytime and do some fishing. This friend is a known young sportsman, he has twice carried off our annual dog race prize—a success he owed to his consistent kindness to his dogs. He is one of those few who never uses a whip. Unfortunately this is not a unique instance.

Shortly after he had left I was called to see another man, also a young sportsman, he also is young. He was always had hard times, and has lost two children from undernourishment only last year, while he himself was the victim in hospital of beriberi. At his house everything was out. One baking of borrowed flour alone remained, and his neighbor's ability to lend was already exhausted.

We have to gauge heroism in others by our own personal feelings. Then a little later, a third man, also young, came along, again with three children, plus an eighty dollar debt to a trader and only a little borrowed flour on hand. I realized that I was a trader and only a little borrowed flour on hand. I realized that I was a trader and only a little borrowed flour on hand.

The next day a large, but belated looking schooner entered our harbor and came to anchor. It was a trader and the trader of two of my friends. Very soon boats were alongside of him. They came like flies to molasses. I happened to know that he had been sorely hard hit himself last winter by heavy losses made through no fault of his own. It seemed a peerless act of knighthood to poke his head in amongst the hungry and a veritable Bayard among knights.

For this field of honour possess for him all possibilities for disaster which even Planders Field offered. It happened the next evening that I was away off in a field driving a fence pole when the sound of approaching footsteps made me look up, and I at once recognized the last of my three brothers in distress. "Did he give up anything?" I asked. "Thirty dollars," he replied. "It is not much, but it will let me start." I registered a vow that I would go and thank that trader personally, for I felt that he "had done it unto me" though he had called it a business transaction, and the look on the lad's face showed that he had not been made ashamed as if he had been accepting a pauper's dole.

One thing that can be said for this credit system is that it does on such occasions bring plain business very close to that most estimable of all virtues called charity! Nor was this man an isolated example. There is many another true knight errant on these peripatetic trading vessels, and in these local businesses. One who dined with me last night I thought of as a bear by most people, gruff and curt, and practical to the last detail. But really he is amongst those with hearts as brave as any who sound their reputation for courage on the ships of old that went a splitting wassand on the Spanish Main.

Unfortunately, however, the real crisis this year is not passed. Thank God, the fishery prospect seems unusually bright; so far reports of fish are excellent on many sections of our long coast. Salmon has been unusually plentiful, especially on the West Coast, and the commencing sale of it in cold storage to England, has increased the earning capacity of quite a number. We are looking forward in the North to someone putting a cold storage plant at St. Anthony. There is a fine premises available, an excellent harbor, and a large number of salmon taken from White Bay to Cape Bauld.

Still the arrears of debt, and the necessities of the present make the supplies for next winter a very anxious problem, and without any question every friend will need to do his best. If we are to avert both plague and in some cases very real starvation during the coming twelve months.

I began this letter by saying that I had no faith in our credit system of

trade, or of the necessity in any industry. Those who have carefully watched our small efforts at co-operation during the past twenty years, might ask "do your experiments offer anything better?" "Have your efforts not opened losses and anxiety also?" To that impeachment we have to plead guilty. But we have had also sufficient successes to encourage us to go further and we have been able thus to see the causes of our downfall; and to know that they were far from inherent in the future of that immense country, when selfishness and folly and crime finally give way as they surely will in a few years before the advent of better judgment, wiser citizenship and higher moral powers in the people.

To any friends anxious to help against the hunger and its results, that must come next winter unless veritable windows in heaven are opened, I want to commend the "Discretionary Fund" of the I.G.A., which will help us to meet some of it.

Yours truly,
WILFRED T. GREENFELL,
July 6, 1921.

Just Folks
The thirty ground drank eagerly the rain.

The roses filled their petal cups with glee.
The drink was sweet to every plant and tree,
It brought new life unto the growing grain
And set the brooks to babbling once again.

The world was made a lovely thing to see,
Saved for the harvest was the fruit to be.
The springtime had not done its work in vain!

Too much of sunshine makes a barren earth,
Parched is the soil which never feels the rain.
The spirit withers under too much mirth.

Beauty is born of trial and of pain.
If man shall bring to blossom his of beriberi.
There must be days of doubting and of grief.

Shall Canada
and Newfoundland
BE GOVERNED FROM THE UNITED STATES?

During recent years, Canada desires to be considered an independent nation in addition with the other portions of the British Empire. She has been very sensitive against any suggestion of patronage or interference from the Mother Land. Canada also claims to be a democracy and to be governed by the people. Notwithstanding this claim, a large proportion of Canadian citizens are practically governed from the United States. The McAdoo award fixed the salaries of its railway men, bringing such conditions into Canada as have had very much to do with the present transportation difficulties which hamper the business of the country. A Canadian leader of railway men, in Toronto, being asked last week, what prospect there was for adjustment answered that nothing could be done until the Railway Brotherhood should meet in Chicago on Dominion Day to consider the official award of the United States Railway Labor Board.

The great strike amongst the printers in the chief Canadian cities is being directed by the International Typographical Union from its headquarters in Indianapolis. The steel and coal men of Canada are similarly dominated by the vast majority of the international associations resident in the United States. The same dominance was evident in the longshoremen's convention which recently met in Halifax.

We do not say that Canadian representatives in the international associations, which effect the most vital economic interests, are not given their proper proportionate influence, but it must be seen that their proportion is so small as to place, by its vast majority, the regulation of all these interests in the hands of the great United States majority. Herein is a possible, if not probable, peril to Canada, at the meeting of the American Federation of labor, held last week in Den-

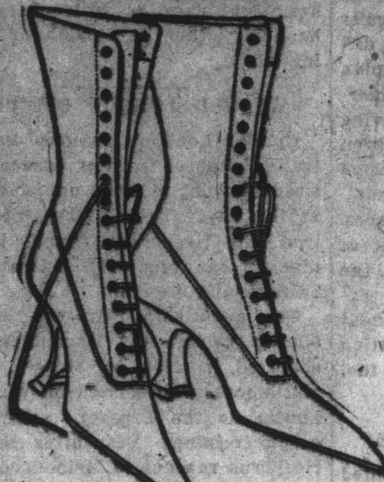
Young Men and Young Women—
Possibly you have completed your school course and are now ready to begin a worth-while position in the business world. We own and operate a chain of business colleges extending from Sydney to Vancouver, our wide experience thus enables us to give a service that cannot be surpassed.

Write At Once For Prospectus
Empire Business College
Sydney, N.S.
R. H. Flewelling, Principal.

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KING OF PAIN
LINIMENT

After a hard day's work or a long tramp and your feet are completely used up, rub them in hot water, then rub them well with MINARD'S LINIMENT. It will relieve you and you will never be without a bottle.

Women's White Boots



Only \$2.50 pair

Women's White Ostend Cloth Boots, nine inches High Cut Laced, White Enamel Sole and Heel finish, Medium Spool Heel and Turn Sole; all solid leather.

At \$2.50 the Pair.

\$2.50 the pair

Ask for
Stock No. 2078
Stock No. 2649

These Boots are our regular stock at \$3.50 and \$4.00. We intend to close the lot out at only \$2.50 the pair.

Also, 50 pairs Women's White Boots, High Cut Lace, Sea Island Canvas, size 7 only,

Only \$1.00 the Pair.

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FAT BACK PORK.
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ROLLED OATS.
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WHITE OATS.
AM. TRIMMED BACKS.
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Ingot Tin, Sheet Lead,
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Bar Iron, Chains, Anchors, etc,
Cutch, Pine Tar, Coating Tar,
Chain & Anchor Shackles, ALL SIZES.

JOB'S STORES, Ltd.

ver, a determined effort was made to pass a resolution pledging Labor to boycott British goods because of the Irish question. Happily it failed and infrequently associated with the International Association which practically dominates Labor in Canada.

Against Labor Unions, as such, we make no complaint, and Labor has a perfect right to unite in the demand for fair treatment, but we think it would have been very much better for all Canadian interests, economic and patriotic, if Canadian Labor had been satisfied with national rather than international federations. Canadians should be able to settle their own problems, without pledging themselves and the business of the country under the domination of a foreign country—Canadian Exchange.

After a hard day's work or a long tramp and your feet are completely used up, rub them in hot water, then rub them well with MINARD'S LINIMENT. It will relieve you and you will never be without a bottle.