

**Gleaned by the Way.**  
 Towle—I'd like to have my money to burn.  
 Subbubs—I'd be satisfied if I had coal.

**It's Worry That Kills.**  
 Nothing so wastes the vital nerve force as worry. Nothing so retards restoration to health as the worry of the mind. The worry of the mind is the worry of the body. The worry of the body is the worry of the soul. The worry of the soul is the worry of the life. The worry of the life is the worry of the death.

**What Would You Do?**  
 In case of a burn or scald what would you do to relieve the pain? Such injuries are liable to occur in any family and everyone should be prepared for them. Chamberlain's Salve applied on a soft cloth will relieve the pain almost instantly, and unless the injury is a very severe one, will cause the parts to heal without leaving a scar. For sale by Rand's Drug Store.

**Value of Sleep.**  
 The first sleep is the soundest—after the first hour the intensity of sleep slowly diminishes—hence the value of forty winks after dinner in quickly repeating shattered powers. Temperature and vitality are lowest at about two a. m., so that two hours' sleep before midnight are worth four to the length of sleep. Nature has its rule as to the length of sleep except that men need less than women, since women are the more sensitive creatures, and a woman's heart beats five times more in a minute than a man's. Sleep should be just so long that when you wake in the morning a stretch and a yawn only are necessary to land you in a daytime of bounding vigor. As to early rising, it is comforting to hear a learned doctor say it is a habit that has gone far to wreck the constitution of many a growing youth.

**Sick Headache.**  
 This distressing disease results from a disordered condition of the stomach, and can be cured by taking Chamberlain's Stomach and Liver Tablets. Get a sample at Rand's Drug Store and try it.

**Graying Hair.**  
 Despite the enthusiasts who rave over young faces and white hair, no woman really welcomes gray hair; she may become reconciled to it as to the point of not favoring dyes, but that is all.  
 Therefore take every precaution to keep the hair from turning. Poor general health will do it; so will excessive worry or too much brain work without proper exercise and relaxation.  
 Nothing will cause the hair to become gray so quickly as allowing the scalp to become robbed of nourishing oils. For this reason too much shampooing or the use of drying mixtures on the hair is bad.  
 Tonics that contain plenty of oil are invaluable to keep the natural lustre of the hair, and should be used regularly by those whose family has a tendency to turn gray early.

**Breaking a Bad Habit.**  
 This one is told on a Louisville butcher. We shall call him Bill, because that is not his name.  
 A customer had gone into his shop to purchase a beef roast. Now, it seems that Bill used to have a most annoying habit (to the patrons) of leaning down with a heavy hand upon the scales. This high cost of living thing, and all that, were bad enough in all conscience, thought some of his patrons, but one of them finally broke Bill of this trick, and now he gives full weight every time.  
 As was stated, the customer was buying a beef roast and Bill slyly was helping out the work of the scales with one pudgy fat when before a shopful of people the buyer said:  
 "Take your hand off that scale, Bill, I'm buying beef, not pork."  
 Since then no one has had to chide Bill for a similar act.

**Public Notice.**  
 Notice is hereby given that the partnership, hitherto existing between the undersigned, under the name of Bishop & Porter, has been this day dissolved by mutual consent.  
 All accounts due will be collected and bills paid by J. C. Bishop, who will continue the business at the old stand.  
 J. C. Bishop,  
 N. J. Porter,  
 Wolville, Oct. 1st, 1910.

**Dr. de Van's Female Pills.**  
 A reliable Female Pills for the relief of all ailments of the female system. It will take several days to cure it, and the best remedy to use is Chamberlain's Cough Remedy. It will cure you quicker than any other, and also leaves the system in a natural and healthy condition. Sold by Rand's Drug Store.

**H. P. PINEO.**  
 EXPERT OPTICIAN,  
 WOLVILLE.

**Wanted.**  
 Wanted for terms and conditions.  
 STONE & WELLINGTON  
 The Franklin Furnaces (Established 1867)  
 TORONTO ONTARIO  
**F. J. PORTER,**  
 Licensed Auctioneer,  
 WOLVILLE, N. S.

**School Age.**  
 A physician in St. John, N. B., thinks that children should not be sent to school before they are eight years of age. He may be encouraged to know that children in Iceland are not compelled by law to attend school until they have completed their tenth year. Up to that age their chief education consists in learning to assist their parents, and the parents on their part teach the children readings, writing, arithmetic Bible stories, and folklore during the winter evenings. Parents in Iceland seem to accept their responsibilities.—Ed. Review.

**The warmest friends of Red Rose Tea are those who have tried some other brand said to be "as good as Red Rose" and for which they paid the same price. Very easy to say a thing is "as good" but not so easy to "make good."**

**RED ROSE TEA** is good tea.  
 Prices: 30c., 35c., 40c., 50c. and 60c.

**Where There's a Will.**  
 A week before Christmas holidays, a Princeton undergraduate who lived in Chicago wished to start home, thus gaining a week's vacation on the other students. He had, however, used up all the absence from recitations which were allowed and any more without good excuse would have meant suspension. In a quandary he hit upon this solution: he telegraphed his father the following message:  
 "Shall I come by the B. & O or straight home?"  
 The answer he received read: "Come straight home."  
 An exhibition of the telegram to the faculty was sufficient.

**An Eye to Economy.**  
 A young lady who taught a class of small boys in the Sunday-school, desired to impress on them the meaning of returning thanks before a meal. Turning to one of the class, whose father was a deacon in the church, she asked him:  
 "William, what is the first thing your father says when he sits down to the table?"  
 "He says, 'Go slow with the butter, kids; it's twenty-eight cents a pound,'" replied the youngster.

**OWES HER LIFE TO**  
**Lydia E. Pinkham's Vegetable Compound**  
 Vienna, W. Va.—"I feel that I owe the last ten years of my life to Lydia E. Pinkham's Vegetable Compound. I was suffering from a severe case of leucorrhoea, which had been under the doctor's treatment for years. My husband persuaded me to try Lydia E. Pinkham's Vegetable Compound and it worked like a charm. I relieved all my pains and misery. I advise all suffering women to take Lydia E. Pinkham's Vegetable Compound."—Miss EMMA WILCOX, Vienna, W. Va.  
 Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs, containing no narcotics or harmful drugs, and today holds the record for the largest number of actual cures of female diseases of any similar medicine in the country, and thousands of voluntary testimonials are on file in the Pinkham laboratory at Lynn, Mass., from women who have been cured from almost every form of female complaint, including, ulceration, displacements, fibroid tumors, irregularities, periodic pain, backache, indigestion and nervous prostration. Every suffering woman owes it to herself to give Lydia E. Pinkham's Vegetable Compound a trial.  
 If you would like special advice about your case write a confidential letter to Mrs. F. C. Pinkham, at Lynn, Mass. Her advice is free, and always helpful.

**MINARD'S FAMILY PILLS**  
 FOR THE CURE OF  
 BILIOUSNESS,  
 SICK HEADACHE,  
 COLIC, JAUNDICE,  
 CONSTIPATION,  
 NERVOUS DEBILITY,  
 DIARRHOEA, AND ALL DISORDERS OF THE STOMACH, LIVER AND KIDNEYS.  
 MADE BY  
 MINARD'S LIVER OIL CO.

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 Knowlton, P.Q., Oct. 12th, 1909.  
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