A SERIES OF SIDELIGHTS

EDITED BY HELEN HALL.

reasonable class of citizens always to

a place among these nations and is consulted on all international ques-

tions. The American people show-ed their appreciation last fall by re-

turning their President for another term of office. Thus we find that

he was able to make almost revolu-tionary changes in the foreign rela-

tions of his country without antag-

onising his own people.

The citizens of Buffalo will feel a

certain amount of responsibility in con-nection with the death of their Presi-

dent in that while he was their guest and being protected by them heishould receive the fatal bullet. The American people little dreamed how soon and un-

ish people would be able to show

their appreciation of the sympathy so

kindly expressed last winter. There is

little wer can do ,but we will bow our

heads while the whole American peo-

ple repeat after their beloved presi-

WHAT'S WORN.

have a felt hat were very much in the minority. The result was that

long before it was seasonable for a

straw hat people were sick and tired of a felt hat. A few however, are al-ready seen on the streets and another

three weeks will see the number great-

ly increased. The local stores are showing quite a variety of styles, the

principal novelty being the felt with the camel-hair finish. The general

tendency of tha shapes is flat and broad although the scarf is raised a

raised a little somewhere to make the

Velvet is to be considered quite

This promises to be a red season. All

peep into the millinery rooms will show

the same color in profusion. Of all the

colors, red is certainly the warm, and,

while no color is more inappropriate

and distressing for summer wear,

neither is any color more apppropriate

The golf skirt that has been evolved

from its first form as a bicycle skirt, which reaches a point below the knee,

to the sensible ankle length walking

skirt, is the model that will be made

up generally by tailors this autumn.

There will be few tailor made trowns

with trains and it is to be hoped we

will have an end of the presen fashion

of clutching the skirt in an unbecom

ing fashion to keep it away from the

pavement. There is nothing that

gives more the appearance of a digni-

fied carriage than a train. At at the

same time nothing detracts more

from a dignified carriage than

trained skirt held up. Why then wil

women persist in having trains on skirts that are never to be worn ex-

cept on the street, and consequently must be always held up?

The rampant wired ribbon bow that

made theatre coiffures look so

strangely alike last winter will be re-placed this season by soft pompoms

which will rest against the hair in-stead of standing erect in the style of

he ribbon bow of velvet and satin.

The new pompoms are made up o

yards and yards of baby ribbon, with

one aigrette spray coming from the centre. They are extremely soft and

pretty, resting against the hair with all the grace of a flower.

Pompoms in gold and silver ribbor

braid has not worn itself out. Like all

showy fashions, it was carried to ex-

tremes, and the tarnished gold orna-

mentation of some of the cheaper

freshness was a strong argument against the wearing of gold braid, ex-

cept by those who could afford its fre-

WHAT SOME CELEBRITIES EAT.

A series of queries concerning their favorite foodstuffs, addressed to cer-

tain well-known people by a hygenic expert, has elicited some interesting

Mme. Sarah Grand lives on the

plainest of food, principally fish, meat and toast; and seldom touches sweets,

fruit or vegetables. One dish at din

ner is all she cares about, and she

finds alcohol in any shape or form bad

for work. "Even a glass of light wine," she says, "deprives me of staying' power. I drink nothing at luncheon, but have a small cup of black coffee afterwards. I often smoke

a cigarette when other people are having afternoon tea, and I find that

having afternoon tea, and I find that it does me much more good. I feel like the Chinese about milk; the very notion of drinking a fluid that comes direct from an animal makes me ill.

never forget the horrible cow."

Mrs. Brown Potter, on the other

hand, says:—"Personally, I exist almost on milk; in fact, I may say that there are three Alderney cows who live principally for me, and I principall

pally contribute to keep them alive."
Miss Violet Vanbrugh also takes mi'k
when extra busy, with the addition of

good home-made beef tea. Sir Charles Dilke considers that,

are also to be worn, but it is a question if the military fashion for gol

swell this winter, and will be made

up into all kinds of short coats.

shelves ready for the fall trade.

and pleasing for winter wear.

have the scarf of the felt.

This time last fall those who did not

dent, "Thy will be done."

what sad circumstances the Brit-

****************** "Nearer, my God, to Thee, Nearer to Thee,"
E'en though it be a cross
That raiseth me; Still all my songs shal be Nearer, my God, to Thee,

Nearer to Thee. Though like a wanderer, The sun gone down, Darkness be over me, My rest a stone; Yet in my dreams I'd be, Nearer, my God, to Thee, Nearer to Thee.

Or if on joyful wing, Cleaving the sky, Sun, moon and stars forgot, Upward I fly; Still all my songs shall be, Nearer, my God, to Thee, Nearer to Thee.

Another dink in the chain, that will some day bind the two English speaking peoples together, has been forged. This time it is a great national sorrow that brings them into sympathy with each other. At the beginning of the year one British nation was forced to see her, who had filled the highest post of the land for a period almost as long as the life of the oldest of her subjects, pass over to the great unknown. Pass away after a crowned with that noblest crown of all-completeness. Our great Queen lived till the last sands of life had passed through the glass, lived till her body was completely worn out in the service, lived till she herself must have felt that she had done all that it was possible for one to do in the space of a human life. Then she left us and no one was ever more truly mourned for. But there was no regret in this sprrow of the British nation. Ours was rather the sorrow that one feels when he loses that which he is accustomed to look on as permanent, the sorrow one feels when he sees that, which he has learned to love from infancy, pass How different from the wild sorrow of the great American Republic, a sorrow mixed with shame and disgrace. That arch-monstrosmodern civilization, anarchy has added another to her long list of victims. This time it is one of the most upright and noble char-acters of the hemispheres. The late President McKinley was not only a statesman whose worth was recog-nized by the leading lights in statecraft of the old world and the new but also a man whose private life was irreproachable. And it is for this that we love him, we who are not statesman.

The American people do not yet know what McKinley has done for his country. History is too recent. But glancing over his term of office find that he took charge of the reins of government at a time when the anti-British feeling was becoming very rabid and was being |encouraged by those holding responsible posts from the people. In a short time, too, he had a foreign war or his hands. It only has to be remembered that Spain was a conservative country among conservative countries, and that the United States was regarded as an interloper and an upstart, to understand the tact requir ed to carry the States successfully we find the British engaged in a war that was very unpopular with a great many American citizens-that

ELEVEN YFARS A CLOSE PRISONER

Story of a Quebec Man's Tria! and his Long Unearned Punishment.

His Recent Marvellous Escape by the Aid of Dodd's Kidney Pills-His Gratitude to the Held that Saved Him-Six Boxes Completely Re-Stored Him to Health.

St. Patrice, Lotbienere., Que., Sept. 20.-(Special)-A sad story of unjust imprisonment, is that told by Phillippe Boissonneault, of this place. His case was worse than that of the ordin-ary prisoner, for his bonds were those of pain and disease. For eleven years they held him, a helpless victim, fortured, chained, a slave to kidney dis-

Who is there in the world that thinks man was intended to suffer. that he merits his fate, that he deserves the afflictions disease put on him? Surely, no one thinks that. We were put here to be happy, to be fhappy, to be healthy, and free from pain. Nobody will say that Phillippe Boissonnealt of St. Patrice deserved his long punishment, and nobody but will rejoice to learn that through the aid of a wonderful medicine-Dodd's Kidney Pills-he has escaped.

proved such a boon, have made a re-putation all over the world in curing of diseases of and arising from Dodd's Kidney Pills, the remedy that of diseases of and arising from the kidneys. Bright's disease, diabetes, rheumatism, lumbago, backache, blad-der and urinary troubles, women's disorders, dropsy, nervousness and blood impurities all come within the scope of Dodd's Kidney Pills, and Dodd's Kidney Pills have testimonnials for the cuer of all of them. Phillippe Boissonneault's case was the common

form of Kidney Disease. form of Kidney Disease.

"For eleven years I have suffered untold agony with backache which crippled me as though I were barred and shackled. I dwindled in weight to a mere shadow. I have taken all sorts of remedies nothing did me any good. I "for all people save those of spare habit, violent exercise is necessary, and it follows, therefore, that their food should be that which makes such exercise possible to them." Mr. Bernare Shaw is of course, a consister that their shaws are shawn as the same shaws a second that the shawn is of course, a consister that t read in Dodd's Almanac what was reread in Dodd's Almanac what was recommended for the Kidneys. I decided
food should be that which makes such
food should be that which makes such
exercise possible to them." Mr. Bernare Shaw is of course, a consistent
though without confidence, but to-day
am completely cured and thank Dodd's

+----- HALT BREAKFAST FOOD Should B: Found in The Smallest and Most Remote Towns and V.IIsges of Canada

> Letters have lately been received heads of families who desire to use Malt Breakfast Food, but have not been able to procure it from their lo-cal merchants. We are always pleased to attend to complaints of this pareasonable class of citizens always to be found in populous countries but the more unmanageable on that account. In spite of all these trying situations we find that at Mr. McKinley's death the United States was never more honored and respected by other nations of the world, that she now has a place account these artises and is We usually arrange matters in such a way that families residing in small towns and villages can procure thei rsupplies as easily as city people. If your merchant has not put in a stock of Malt Breakfast Food for your convenience, write to us, and we will arrange with another merchant in your town who has more modern and progressive views of how to please ustomers. The Malted Cereals Company, 200 Mountain Street, Montreal,

> > digestion; eats quickly and finds it agrees with him; and-crowning im-prudence of all-drinks ice-water and "I am," he concludes, "healthy and happy, but beauty have I none." Lady Warwick "eats any kind of food, and is very strong and Mrs. Langtry writes :-"I find perfectly plain fare suits me best, and not too much of it; but that would probably not suit Pharach's

The Archbishop of Canterbury replies guardedly, not to say oracularly, that he finds it best to avoid eating what experience has taught him disagrees with him. Sir Henry Irving has "great faith in a sustaining diet."
Miss Lily Hanbury finds "the most
satisfying diet to act upon is the plainest food and a very good salary.' Marie Corelli responds with a quotation:—"I eat the air, promise-cram-med; you cannot feed capons so." (Hamlet, Act III., Scene 2.) Flora Annie Steel "eats what comes handy." John Oliver Hobbes somewhat ruefully confesses that she has tried varius experiments with regard to diet, and was a vegetarian for two years, but she finds, on the whole, that the fork, turn into a serving dish and ordinary diet of the country is the

Miss Jonotha, court pianist to the German Emperor, eats strong soups, hat wearable by the average woman. Some of the "ready-to-wear" hats birds of all kinds, simple puddings, vegetables and fruit. "On days," she says, "when a special strength is required to enable me to go through the fatigue of long concerts, a cup of soup every few hours, and a biscuit, a bird, fruit, a little port wine and my favrite chocolates are forced upon me. the leading stores have red in till shades and textures, piled up on 'heir

Mr. Israel Zangwill is epigramma-tic. "Unfortunately," he writes, "I have never eaten to work, but always worked to eat." Dr. Alfred Russell Wallace finds "fish good for brain work." Theoretically, he says, he be-lieves in vegetarianism, but difficulties in cooking, etc., prevent him from adopting it. Mr. Hall Caine replies pathetically that if he knew anything about the subject that was worth tellng he would avail himself of its advantages, "being a constant martyr to all the troubles that attend diet."

H-ALTH Y BABIES

Watchful Mothers Can Keep Their Babies Heal hy, Rosy-Cheeked and Happy.

Nothing in the world is such comfort and joy as a healthy, hearty, rosy-cheeked, happy baby.

Babies can be kept in perfect health only by having at hand and adminis-tering when needed some purely vegetable, harmless remedy, and of all this class of medicines Baby's Own Tablets are conceded to be the best.

For constipation, colic, diarrhoea, simple fevers, sour stomach, teeth-ing babies, indigestion and sleeplessness, these tablets are a really wonderful cure. You can give them to the smallest baby without the slightest fear. Dissolved in water, they will be taken readily. They contain absolutely not a particle of opiate or other injurious drugs. They are small, sweet lozenges that any baby will take without objection, and their action is prompt and pleasant. They will tone up the whole system and make the little one as hearty and free from infantile disorders as

any mother could wish. Mrs. Walter Brown, Milby, Quebec, says: "I have never used any medicine for baby that did him so much good as Baby's Own Tablets. I would not be without them." This is the verdict of all mothers who have used these tablets.

They cost 25 cents a box. All drugists sell them or they may be secured by sending the price direct and the Tablets will be forwarded prepaid. The Dr. Williams Medicine Co., Dept. T., Brockville, Ont.

She-Then a corner results from people selling stocks they haven't got? The Lamb-Yes, and it results in

money they haven't their tosing To put the break on the wagon go

ing down the hill is a help to the horse, when the wagon is heavily loaded. But what driver would think of applying the brake to a loaded wagon is heavily loaded. applying the brake to a loaded wagon going up hill? If he did, his sensible horse would probably balk. Many a man is in the condition of pulling a load up hill with the brake set against hlm. When his stomach is out of order, and the allied organs of direction and putrition impaired in digestion and nutrition impaired in their functions, a friction is set up which has to be overcome in addition which has to be overcome in addition to the performance of daily duties. A foul stomach makes a fogy brain, and the man with a disordered stomach has often to grope his way through the day's business like a man in a fog. He forgets appointments. Problems seem presented to his mind "wrong end to." This condition is entirely remedied by the use of Dr. that, pare to." This condition is end to his mind to." This condition is end to his mind to." This condition is end to his mind to." This condition is end to he had to his mind to." This condition is end to he had to his mind to his m

****************** The Household

Peach Mango-Put them in weal salt water one day and night, then carefully remove the stone and fill with mustard seed, brown and white, and celery seed, pour boiling vinegar over. To sweeten add one and a half pounds of sugar to a gallon of vine

Chicken Pie-Boil and bone on hicken, make a rich pie crust, line your pan with it, put in your chicken with plenty of broth so it covers the chicken well, have your chicken well seasoned, then take one quart of flour four teaspoonfuls of baking powder half-teaspoonful of salt and one table spoonful of lard. Wet up with sweet milk, soft, so it will spread over the top of pie, make a good rich gravy with the rest of the broth, and you will have a pie that will melt in you mouth.

Peach Marmalade - Pare and cu the peaches in small pieces, and to pound of fruit add pound of sugar When dissolved set it over the fire and let it boil till it is a smooth paste. Stir it all the time it is ing. Put it in the jars while it is warm and paste them over the next

Milanaise Rice-Put two tablespoon fuls of butter into a stewpan, and when hot, cook in it without browning, a slice of onion, chopped, half a cup of rice, thoroughly washed, and about a quart of white stock or hot water. Cook until the rice is tender and the liquid absorbed, then add two tablespoonfuls of grated cheese and sprinkle the top with a little more of he grated cheese. Serve as a vege table or as a luncheon dish, with or without a brown sauce.

Farmer's Muffins - For one dozen muffins take one cup of cold cooked oatmeal, or other breakfast cereal, and beat in one-fourth cup of milk until smooth; add a saltspoonful of salt and one cup of flour. Beat two eggs separately until very light, and yolks to batter, beat well, fold in the stiff whites and pour into hot greased gem irons. Bake in. a rather hot oven from 20 to 30 minutes. Serve prompt-

Mock Crab Sandwiches - To half cup of grated cheese add four tablespoonfuls of creamed butter, half a Billy. teaspoonful each of salt, pepper, and mustard, one teaspoonful of anchovy paste and vinegar, and two tablespoonfuls of chopped olives. Spoetween rounds of white bread. Spread

Stewed Potatoes-Put into a stewpan three raw potatoes of medium him rolling his eyes at you all the time, size, cut into small pieces. Add two playing as though he were playing to you ablespoonfuls of butter, a small onion, peeled and chopped, half a teaspoonful of common salt and celery salt and half a cup of water. Simmer until the potatoes are tender, then add half a cupful of milk into which two tablespoonfuls of flour have been stirred. Continue stirring until the mixture boils, then simmer a few minutes, and just before serving add a tablespoonful of lemon juice.

Baked Pears—Cut out the blossom end of the pear with a sharp pen-knife. Put in a large pudding dish and pour a cupful of hot water over them, covering closely. Place in a hot oven and steam until tender. After taken from oven pour the juice over them several times while cooling, then place on ice until ready for use Place carefully in a glass dish and serve with powdered sugar and whipped cream.

HINTS FOR THE HOUSEKEEPER. The salt should always be kept in a dry place, and in very damp weather a half-teaspoonful of cornstarch added to a tablespoonful will prevent it from growing damp in the salt sell-

That the butter which is to be used in making cake should never be melted, but should be placed in a warm room until it is soft enough to use.

That veal should be white, dry and close-grained and should not be pur-chased if it is soft and blue in appear-

That mutton should be deep red and close grained, and is all the better if hung for a few days, or even a week, before it is used in cold weather.

That to make good pastry all the ingredients should be very cold and should be mixed with a knife rather than with the hands. This is also the case in mixing mayonnaise dressing if all the ingredients, as well as the fork and bowl, are not icy cold, but they may be mixed with but little trouble

That the best beef is moderately fat and of a bright red color, with tiny threads of fat running through it. That soap and chalk mixed and rub-

ped on mildewed spots will That meat can be kept fresh in hot weather for a short time in a solu-tion of pure borax or by sprinkling

TO THE FORGOTTEN ONES

Deep in a dell a rose was born; The sunbeam kissed it in the morn, And in its cup the dewdrop shone, But no one came to see it bloom, To breathe its sweetness, its p:rfume And so it lived and died unknown,

Deep in the woods a bird of song Sang in the midnight loud and long A nightingale by grief pursued, melody so softly clear As e'er fell on a human ear Was wasted in the solltude

Are falling on the midnight breeze; And every note shall die unheard; And there are other eyes that wake, And other hearts that throb and break Without a note, wihout a word,

Dut weep not, 'tis the common lot

To toll and die and be forgot; Perhaps in regions bright and fair, Your hand shall wake the golden And sing the songs that fell unheard

On ears made deaf by dismal care.

Cruise of the Sandville Belle? 0000000000000000 PART THE FIRST.

00000000000000000

"Where are you going this afternoon?" asked, Billy Martin, rather nervously. "Pier," replied Diana laconically, as she opened her pink parasol with a snap, a victous snap, that sent Billy's loving heart down into his boots. "Diana!" he protested, after a pause.
"Well?" replied the beauty, impatient

concerning your friend," stammered

"I am pleased to hear you say so," replied Diana. "I consider your attack upon Signor Chigi most insulting to him and cruel to myself."

"Let me inform you," continued Diana, "that Signor Chigi is an Italian nobleman of very old and distinguished family, who has been obliged by misfortune to take the place of conductor to the Red Pomeranian Eand: so I will not hear him slandered in my presence." She lifted her chin superbly and gazed down at Billy with a glance of utter

"Diana," he said slowly, "do you mean to say that you care for that fellow?" "How dare you ask such a question?" returned Miss Strangeways, her sheek blazing to a poppy hue. "By what right?" "Only this," said Billy, replying to her

sudden flash of anger by turning white about the mouth; 'only this—I have been going to tell you for a long time—I lore

was clasping in her small white-gloved hand fell with a crash to the ground. She did not stoop to pick it up nor did "The fat's in the fire now." he mur-

mured, under his breath. "Now you understand," he added aloud, "why I said what I did last night. I hate you sitting down on the pler-there, in a row with those old maids who make such a fuss over that blessed fiddler! I hate to see alone and not to the people for whose benefit the Pier company pays him his man waltzes and the pretty medals he wears on that brass-bound red uniform! I hate the pier—and—oh, Diana, I hate myself and everything but you!" Billy's eloquence would carry him no further. A lump rose in his throat and a mistiness gathered in his eyes. Diana was gazing steadily out at the

blue horizon. "I promised to meet Mrs. Jones on the pier at 3 o'clock," she said, calmly. "Good afternoon:" Billy recovered his speech. "Diana," said he, appealingly, "won't you come for a walk with me to

night?" she replied. material and a "I have promised to accompany Mrs. Jones and her friends for a moonlight sail in the Sandville Belle to-night.' Billy turned away without a word. That very morning Mrs. Jones herself had invited him to the moonlight excursion, holding out as an inducement that Signor Bernaletto Chigi was going to bring his violin and had promised to sing them a selection of his Italian serenades

and love songs.

Diana watched him from the corner of her eve as he disappeared indoors. The she turned suddenly and walked down to the beach, where she selected a secluded and sheltered spot under the shadow of a fishing boat that was drawn up on the

Here, having made certain that the paint on the boat was not wet, that there was no one in sight and that she had brought two handkerchiefs with her, she burst into tears.

"My dear Mr. Martin! So charmed that you have changed your mind and have decided to accompany us!" gurgled Mrs. Jones as Billy climbed from the shore boat over the gunwale of that ous sailing yacht, the Sandville Belle, "We are expecting Signor Chigi every moment. His evening performance on the pier finished half an hour ago. I expect he has gone home to get his cloak, He feels the cold so, poor fellow!" "We shall sail for three hours. It il

half-past 3 now, and we except to be back by half-past 12. Quite romantic, is it not?" gushed Mrs. Jones in his ear. Then he took his refreshment to the stern sheet, and seated himself by old Tom Masterman , the owner of the boat.

PART THE SECOND.

"Nice evenin', Mister Martin?" marked Masterton, after a while. "Where are you going to take us
Tom?" queried Billy, lazily.
"Don't think we shall get far, sir,' replied the old boatman, with a weather wise glance at the sky. "There fare to be a cats-paw of wind all night.

A'll just drift her down to the tail o' the
Gunspit Sand on the flood tide an' drift. back on the ebb. You'll get no sailin' to-night, sir; but, as far as I can see,

there'll be a nice slant o' wind from the castward to-morrow, if maybe you'd like a sail in the afternoon."
"I'm afraid I shan't be here then. I "I'm atraid I shan't be here then. I am thinking of going up to London by the 9:40 train to-morrow moraing." replied Billy, rather sadly, as he eyed the dark figure in the eyes of the boat.
"Sorry to hear that, sir." replied the foatman. "But 'ere comes the musical gent, and 'e makes up the party. Now, the cas make sail."



Camper's Health

You'll drink all sorts of water when you go campingyou'll be subjected to all kinds of exposure and you'll have to eat all kinds of foods, raw, badly cooked, etc. You needn't wonder if you become sick and your stomach

and bowels get out of order. Take along a bottle of Powley's Liquified Ozone. When your bowels or stomach go wrong try teaspoonful doses, pure,

and see how quickly your condition is rectified. Mr. Thomas, who represents the Linotype Co. of Montreal, has this to say of the effect of Powley's Liquified Ozone on stomach disorder:

Ozone has done wonders in my family for indigestion, rheumatism and general debility.

(Sgd.) H. H. THOMAS, 55 Victoria Street, Toronto.

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Consult our physician about your case. Write full details and you will get a specialist's advice free. Your letters are absolutely confidential. Address the Consulting Department, The Liquid Ozone Co., 229 Kinzie St., Chicago, U.S.A.

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Hugh McDonald

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Chatham's Millinery Store

Chatham's Millinery Store

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