

THE COOK'S CORNER

Our New Cook Book given free for two new subscriptions to Farm and Dairy, at \$1 each. Recipes for publication are required, etc., gladly answered upon request, to the Gladly Answered Farm and Dairy, Peterboro, Ont.

Our New Cook Book free for only two new subscriptions.

PIE CRUST.

In making pie crust use 1 cup of flour to a scant $\frac{1}{2}$ cupful of lard and a small teaspoonful of baking powder—which makes the crust easily digested. A pinch of salt is added lastly. Do not touch the fingers to the crust while preparing it and make it as cold and cut it in the flour, also have the water cold and do not get the crust too wet. When making a pie with one crust, insert the tin and

Why We Are Stronger.

The old Greeks and Romans were great admirers of health and strength; their pictures and statuary made the muscles of the men stand out like cords.

As a matter of fact we have athletes and strong men—men fed on fine strength-making foods such as Quaker Oats—that would win in any contest with the old Roman or Greek champions.

It's a matter of food. The finest food for making strength of bone, muscle and nerve is fine oatmeal. Quaker Oats is the best because it is pure, no husks or stems or black specks. Farmers' wives are finding that by feeding the farm hands plentifully on Quaker Oats they accomplish a double result; the men go to their work with greater vigor and the expense of such feeding is less than with other foods.

PATTERNS FREE

YOUR CHOICE OF ANY 3 PATTERNS illustrated in Farm and Dairy, ABSOLUTELY FREE, to return for one new yearly subscription at \$1 a year.

ART EMBROIDERY STAMPING OUTFIT, FREE, for one new yearly subscription at \$1.

Address, Pattern Department, FARM AND DAIRY, Peterboro, Ont.

put on crust. Bake, and then slip in the tin and fill with the mixture.

STUFFED TOMATOES.

Cut the tops from large, firm tomatoes and with a small spoon scoop out half of it, add as much minced boiled ham and two tablespoonfuls of bread crumbs; season to taste and fill the tomatoes with this mixture. Set in a baking pan and bake in a moderate oven for about twenty minutes.

SWEET ONIONS.

Peel and slice two large onions; put in cold water and add one teaspoonful of salt to the water; let stand for about half an hour and then drain. Pour over this one cupful of vinegar and a tablespoonful of sugar mixed. This makes a delicious dish.

CREAM OF HORSE-RADISH SAUCE.

To 6 tablespoonfuls grated horse-radish add yolk of 1 egg and $\frac{1}{2}$ teasp. salt; mix thoroughly, then add 1 tablesp. vinegar, or if the horse-radish is in vinegar, omit vinegar and press horse-radish dry. Fold in carefully $\frac{1}{2}$ cup whipped cream. This sauce is nice served with beef or mutton.

MINT SAUCE.

To make the mint jelly tasty with roast lamb pour 1 pt boiling water over a bunch of green mint, steep $\frac{1}{2}$ hour covered, then strain over a box of gelatine that has been soaking for $\frac{1}{2}$ hour or longer in 1 cup cold water. Add 1 $\frac{1}{2}$ pts boiling water, 1 $\frac{1}{2}$ cups sugar, the juice of 3 lemons and a small quantity of the green vegetable coloring to make the mixture a pale green. Strain through a jelly bag and mold in individual cups or molds.

Add 1 cup of cream to a pot of baked beans the last hour in baking. A teasp of baking powder added to the sour milk biscuits (after adding the usual amount of soda) will insure their lightness.

BOLLER OLDER PIE

To 3 tablespoonfuls thick, boiled sides add 6 tablespoonfuls sugar and 1 teasp. flour wet with 10 tablespoonfuls water. Cook this mixture until it thickens, then pour in an under crust, sprinkle with seeded raisins, and bake. When done finish with a meringue and return to the oven a few minutes to brown lightly.

HINTS FOR THE HOLIDAYS

Why not send for one of our New Premium Lists and make a selection of several premiums which you would like to earn for the Holiday Season. You can earn them in a short time, and save buying gifts at Christmas time. A club of new subscribers for Farm and Dairy is easily secured.

Our Music Folio Offer

In this issue appears elsewhere an advertisement offering to send one first class musical folio with every new or new yearly subscription, received till the balance of the year. We have arranged to supply these folios, free to our readers, to give them the benefit of obtaining at no cost to themselves, some of the very best musical selections possible.

The selections in these volumes are lithographed from the original staves, upon first quality paper. Every page is full sheet music size, the title pages are works of art in three and four colors, and each folio is complete in every detail. Look up our advertisement and send in your selection at once.

Denim Floor Covering

One of the best coverings for a bed room floor is made of denim. It comes in all colors. I consider the brown the most desirable, but you can choose the color that will harmonize with the papers and furnishings. Use the denim for the floor for the centre, for the Lorder use the light side. Make this one-half the width of the cloth. This is to go all around the outside of the room. Make the centre so it will just fit in this, allowing for seams.

Sew altogether on the machine. When it needs to be washed, rip it apart so it can be handled. If this is made and fitted nicely you have a handsome foundation for rugs. If these are used where there comes the most wear, your denim will last a long time before you need to wash it. Denim is the same cloth you use for overalls. Stretch it as tightly as possible when tacking down on the floor. Use linen thread to sew it.

Every farm house should have an elevator or dumb water built in it. It saves much running up and down cellar. Farmers' wives and daughters have so much cooking and work to do that everything that can be done, should be done to save them extra labor.

Putting a tablespoonful of salt into a kerosene lamp after filling it will prevent the lamp from exploding and will not mar the lighting quality of the oil.

To hang up tea towels in the kitchen, purchase a cheap curtain rod and fasten it in any convenient place. This is much more sightly than a string stretched between two hooks.

Write for our New Premium List.

The Sewing Room

Patterns 10 each. Order by number and size. If for children, give age; for adults, give bust measure for waist, and waist measure for skirt. Department.

GIRL'S COAT 647



The long coats that entirely cover the frocks are always becoming to the young or girls and will be in the height of style for the coming season. It can be made either with a plain back or seam at the centre as liked.

Material required for medium size (12 yrs) is 2 yds 27, 4 yds 44 or 52 in wide. The pattern is cut for girls of 8, 10, 12 and 14 yrs and will be mailed on receipt of 10 cts.

PLAIN BLOUSE 646



The main blouse is available in so many ways that it is always in demand.

Again, the model makes an excellent one for cutting from fancy material or from material which has been well-trimmed before cutting.

Material required for medium size is 3 $\frac{1}{2}$ yds 21 or 24, 5 yds 32, or 1 $\frac{1}{2}$ yds 44 in wide.

The pattern is cut for a 36, 38, 40, 42, 44 and 46 in bust and will be mailed on receipt of 10 cts.

LOOSE FITTING COAT 645



The loose fitting coat fills a great many needs, for it can be worn for traveling, for general use in winter and also for stormy weather. This one is desirable for every one of the uses mentioned.

Material required for medium size is 6 $\frac{1}{2}$ yds 27, 4 yds 44 or 52 in wide for full length; 5 $\frac{1}{2}$ yds 27, 3 $\frac{1}{2}$ yds 44 or 52 for $\frac{3}{4}$ length.

The pattern is cut for a 34, 36, 38, 40, 42 and 44 in bust and will be mailed on receipt of 10 cts.

Art Embroidery

No. 571. Special Perforated Stamping Outfit. This splendid outfit consists of about fifty up-to-date and handsome full-size designs, including a Shirt Waist, Corset Cover, Lingerie Hat, two Complete Alphabets (one 2 $\frac{1}{2}$ in. and one 1 in.), two Doilies (6 $\frac{1}{2}$ in.), two Turnovers, Borders, Belt, Book Cover, Sofa Pillow, and many other useful designs, in all the most desirable styles of embroidery. The above designs are performed on a good quality of paper. We also include a cake each of the blue and white of the "Ideal," two white of the "Ideal," two Poncettes, and full directions for using the stamping preparation, at the special price of 75c for all.

These Perforated Patterns can be used an unlimited number of times.

