

## The Upward Look

### Goodness Going Before

NO. 2.

For thou preventest him with the blessings of goodness.—Psalm 21, 3.

A lesson is suggested by the word "prevent," as it is rendered by the text. The "blessings of goodness" is pleonastic since a blessing cannot be otherwise than good. Preventive goodness is seen in the withholding of help. In not appearing at the desired moment, God is not simply preparing blessing, but preventing evil. He is

"Good when He gives, supremely good,  
Nor less when He denies."

We can imagine old Jacob offering many a prayer for the safe return of Joseph, notwithstanding appearances that mocked his supplications. But what if Joseph had returned to his father instead of his coat of blood? He was "prevented." It was God who prevented, as Joseph afterwards told his brethren when they were made to see and feel the truth. Joseph's long absence from home delivered them from the calamities of famine. How many of God's children have had the rehearsal

of this truth some time in their history? When they intended to do what they found themselves unable to accomplish, or intended to go whether they could not, they were unable to explain how it was that they were "prevented." But one thing they knew, that the prevention was a blessing in disguise. How often even when self-will has been in active exercise has God said to His child, lifting what appeared like a dark hand, "Thou shalt go no farther," when another step would have been over a precipice. It was goodness going before to deliver them from evil. Perhaps to answer the prayer, "Lead us not into temptation."

During the siege of Sebastopol, a Russian shell buried itself in the side of a hill outside the city and opened a spring, which, bubbling forth, supplied the weary soldiers with abundance of cool, clean water during the rest of the siege. So while the citadel of our souls is being besieged by the Prince of Darkness and his cohorts, and under the long siege we become parched for the draught of the Water of Life, a shell from the enemy's camp will cause us to see the fountain open for sin and for uncleanness.

God teaches His children as the eagle trains her young. When the eaglets are old enough to fly she struts up her nest, separates its parts, and compels the young birds to fly to some neighboring crag; she then flutters over them, teaching them to use their wings and to sustain and

guide themselves by their movements. If she finds them weary or unwilling she spreads her wings, takes her brood upon her back, and exercise with them aloft. In order to restore their strength, she then shakes them off, and when she perceives that their pinions flag, or that an enemy is near, she darts beneath them with surprising skill, and once restores their strength, or places her own body between the young and the danger that threatens them. The eagle is the only bird endowed with this instinct, and the whole of her procedure is suggestive of instructive lessons in relation to the dealings of God.

In the history of the Church it is found that He weans His people from their resting places in the world and of preventing goodness. He struts up their nests by the example of good men; by the exhibition of his perfections; by the life and character of His Son, who places His life between them and eternal difficulty. He flutters over them while His promised spirit sustains their hearts and makes their happiness and safety as sure and unchanging as His. Thus can we see that our apparent failures are often our greatest successes. The very greatest things, great thoughts, discoveries, inventions, have generally been nurtured in hardship, often pondered over in sorrow and at length established with difficulty. But these were preventive goodnesses.—I. H. N.

## The Spirit of Progress

(Continued from page 14)

though his hands were shaking and his dust covered face looked drawn and grey.

"Ho-ray for the Sperrit o' progress!" he quavered weakly. "An' now, young feller, you c'n put some gasoline in there an' show me the shortest way o' stoppin' the tarmal thing. I stopped her, but I ain't a gentleman o' leisure, an' I won't allus hev time to do it that way."

"Of all born jists!" commented Aunt Mary from the doorway. "Joshua Simkins, be ye a-comin' in ter dinner? The young feller might be hungry, ef you ain't."

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## Household Hints

Paste an envelope on the inside of the cover of the cook book. This is handy for keeping loose recipes, until such time as one is able to test them.

When flatirons seem rough, here are three ways to make them run smoothly: Rub them over a spray of arborvitae, or over the inner wrapper of a cake of kitchen soap, or on the papers found inside cracker boxes.

Worked into the castors of bedsteads, heavy tables, and chairs, a little black lead works wonders, saving the creaking noise, and the articles can be moved with ease. It is better to use than oil, as it does not collect the dust.



May be the dough had forgotten to rise.

Or had risen quickly overnight and fallen again—  
To rise nevermore.

I was weak flour, of course.  
Meaning weak in gluten.

But FIVE ROSES is strong, unusually strong.

With that glutinous strength which compels it to rise to your surprised delight.

Stays risen too.  
Being coherent, elastic.

And the dough feels springy under your hand.  
Squeaks and cracks as you work it.

Feel the feel of a FIVE ROSES dough.  
Note the wonderful smooth texture—soft—velvety.

Great is the bread born of such dough—  
Your dough!

Try this good flour.

# Five Roses Flour

Not Bleached



Not Blended