

World of Missions.

Two Evil Omens in Japan.

We cannot and must not shut our eyes to the many difficulties that exist. It can only be done at the expense of losing the help of the much needed prayer they call for. It is to be feared, from the accounts which have appeared in various home papers and periodicals, that the glowing reports of the special meetings held last year have tended to minimize the difficulties of work in this country. Japan has been the first Eastern nation to be admitted to an alliance with a Western power, and has been described as having made wonderful strides in education, commerce, and general civilization; and many have been led to think this improvement has touched the heart and morals of the people. Far from that; not only missionaries of some standing have noticed the terrible decay of what morality existed previously, but Japanese statesmen, educationalists, journalists, and many others, Christians and non Christians alike, are repeatedly calling attention to and deploring it.

One sad feature in the work in Japan is the number of defections in all stages and the falling into sin of Christians, some after walking well, some after leading others, and sometimes of catechists—alas! there have been several instances of such in different districts this year. The Japanese frequently start in enterprises of all kinds, temporal and spiritual, with most sanguine hopes, but without full consideration of circumstances; and since lack of perseverance is a national characteristic, the number of failures is legion. In time doubtless this will be altered, when they lay hold effectually on the power and grace given in the gospel. In the meantime these facts need grasping at home, and much prayer should be offered that the fulness of God's grace may meet their needs.—C. M. S. Intelligencer.

Missionary Notes.

A heathen in Burma happened to obtain a copy of the Psalms, left behind by a traveler who stopped at his house. For twenty years the man worshipped the God revealed in the Psalms, using the fifty-first Psalm as his daily prayer. Then a missionary appeared on the scene and gave him a copy of the New Testament. The story of salvation through Jesus Christ brought great joy to his heart, and he said: "For twenty years I walked by starlight; now I see the sun." This is but another illustration of the old Pauline idea that the law, or the Old Testament generally, is a schoolmaster to lead men to Christ.

Missionary enthusiasm is not a matter of heredity, but there are cases where it seems to run in family lines. A very marked case is that of the Scudder family of our church, says the New York Christian Intelligencer. All the sons, and the greater number of the grandchildren have been, or are engaged in the work inaugurated by the father, Dr. John Scudder of India. In some measure this is true of the Chamberlain family. Another instance is that of the editor-in-chief of the *Missionary Review of the World*, the Rev. Dr. Arthur T. Pierson. All of his seven children are engaged in mission work. There are five daughters and two sons. One of the daughters is laboring in Japan, another among the Indians of Arizona, another in Calcutta, and two are city missionaries in New York and Philadelphia. One son is managing editor of the *Review*, and another is about going to Central America.

FERROL.

A TRIUMPH OF PHARMACY.

Who does not know something of the great medicinal value of Cod Liver Oil and Iron? For ages Cod Liver Oil has held first place as a tissue builder, while everyone knows that Iron is as necessary to the Human economy as oxygen. These are matters of common knowledge, only Physicians, however, understand and appreciate the difficulty of administering Cod Liver Oil and Iron where they are most needed, because of the inability of a weakened stomach and digestive organs to receive and to assimilate them, and only the Chemist can appreciate the difficulty of combining them. It has always been recognized that Oil and Iron are each the compliment of the other and that they should be used together, but the problem of combining them in an emulsion that would "keep" has defied the efforts of the best Chemists, until it received its solution in Ferrol. Physicians and Chemists are interested in this phase of the matter, the general public will be much more interested in hearing of the medicinal value of the new combination.

It has been found by careful scientific test and experiment that the well known medicinal qualities of the Oil and Iron have been wonderfully enhanced in the process of manufacture of the product Ferrol is *absolutely without an equal*, as a reconstructive in all wasting diseases, and in building up the system after the attack of any acute disease. Ferrol is a specific for *Anaemia, Bronchitis, chronic coughs, and all Lung Troubles, loss of weight nervous exhaustion, etc.*

While Ferrol is an emulsion it must not be forgotten that it is in a class by itself. No other emulsion contains Iron and Phosphorus and, therefore, no other emulsion will give anything like the same results. Moreover, Ferrol is more pleasant to take and easier to digest than any other preparation of Cod Liver Oil. Thousands are taking Ferrol who never could take Cod Liver Oil before in any form. Childrens even babies, take it readily and it *always* agrees with them.

Ferrol is for sale at all druggists. Send for free sample and literature to
The Ferrol Company, Limited,
Toronto, Ont.

Health and Home Hints

Rice and its Value.

Rice should be used much more frequently than it now is, for it is a most wholesome food. When cooked in boiling salted water twenty minutes, and not allowed to stop boiling (as the Japanese cook it,) it is quite different from the ordinary rice. Drain thoroughly, season with butter and allow to dry off in the oven for five minutes.

Great care should be taken to save all the water that is drained from rice. It forms a jelly or starch which is an excellent addition to soups.

Rice cooked in beef or chicken stock is particularly nice. Whatever is left cold can have an egg added to it and shaped into flat cakes and fried a golden brown. Then again it makes appetising croquettes.

Rice served with chicken gravy is a Southern dish much relished by many and far more wholesome than potatoes.

Rice Muffins.—One cupful of cold, soft boiled rice. One and one-fourth pints of warm milk, two tablespoonfuls of melted butter. Two eggs, beaten light, one scant teaspoonful of salt. Two cupfuls of sifted cornmeal. Two heaping teaspoonfuls of baking powder.

A Woman's Face.

PLAINLY INDICATES THE CONDITION OF HER HEALTH.

HOW TO OBTAIN BRIGHT EYES, ROSY CHEEKS AND THE ELASTIC STEP OF PERFECT HEALTH.

"A woman's face," said a well known physician, "is a mirror which reflects unflinchingly the condition of her health. One can tell at a glance if she is well or not and usually one can tell what the trouble is. It so often happens that instead of bright eyes, rosy cheeks and an elastic step there are dull eyes, pale, sallow or a greenish complexion, and the languidness of step that bespeaks disease, and perhaps an early death if the right treatment is not resorted to. The whole trouble lies with the blood, and until it is enriched and invigorated there will be no release from suffering and disease. Unquestionably the greatest of all blood renewers is Dr. Williams' Pink Pills. Good blood means health, vigor, life and beauty, and the one sure way to make your blood good is to take Dr. Williams' Pink Pills.

Out of many cases which illustrate the truth of this may be cited that of Miss Amanda Damphousse, Ste. Anne de la Perade Que., who says: "For more than six months I suffered greatly from weakness, bordering almost on nervous prostration. I suffered from headaches, palpitation of the heart, and pains in all my limbs. I had no energy, no appetite, no color and my nights were frequently sleepless. At different times I consulted three doctors, but none of them seemed able to cure me. A friend strongly urged me to take Dr. Williams' Pink Pills and I finally followed her advice. With the use of the first box my health began to improve, and five boxes completely restored me. I now have a good appetite, headaches and pains have disappeared, and I never felt better in my life than I do now. If I am ever sick again you may be sure that Dr. Williams' Pink Pills will be my only doctor."

If you have any disease like anaemia, indigestion, heart palpitation, neuralgia, rheumatism, or any of the other host of troubles caused by bad blood, Dr. Williams' Pink Pills will surely cure you. Be careful to get the genuine, with the full name, "Dr. Williams' Pink Pills for Pale People," printed on the wrapper around the box. Sold by all medicine dealers or sent post paid at 50 cents a box or six boxes for \$2.50, by writing to the Dr. Williams' Medicine Co., Brockville, Ont.

Rice Meringue.—Steam until very soft four tablespoonfuls of rice, then add one-half pint of milk, a little salt, two-thirds cupful of sugar, yolks of three eggs, the grated rind of one lemon, and two tablespoonfuls of lemon juice. Pour into custard cups two-thirds full. Bake in a pan of boiling water fifteen minutes. Make a meringue for the top of the whites and a little fine sugar. Brown slightly and serve cold.

Rice with Figs.—Boil one cupful of rice, in two cupfuls of boiling water, into which half a teaspoonful of salt was stirred, for twenty minutes. Pour into a colander at the end of the time and set in the oven until dry. Place in a pudding dish and stir into it half a pound of chopped figs. Put this dish into a steamer, cover, and let it steam twenty minutes. Serve hot with plain or whipped cream.