

Extracts From Recent Speech of Hon. Clifford Sifton in London, Eng.

There is in the Dominion a distinctly national sentiment of its own. We have a Canadian sentiment, but if I could express the idea correctly, I should say while it is a Canadian sentiment, it is also a British sentiment. It is the sentiment that we are engaged in overcoming a great many natural difficulties for the purpose of building up what we believe will be, outside of England, perhaps, the greatest British community in the world. I had occasion to say a few words at Montreal when some delegates from the London Chamber of Commerce were being entertained. I told them it was my duty to look after the subject of emigration, and that owing to our efforts a great many substantial and desirable people were going from the Western States to the Northwest. I said we desired to carry on the work so as to settle one or two Britishers alongside every man that came from the United States, and I am delighted to know the result of our efforts has been such that immigration from Great Britain has been largely stimulated, and I think I may safely predict that on the Western plains of Canada there will in time be one of the greatest and most prosperous communities of Britishers in any part of the civilized world.

For myself I have serious doubts about the effectiveness of any attempt to more closely unite the different members of the Empire by anything in the nature of a paper constitution. You who come from the colonies well know the number of local circumstances you have to deal with, and that it could be, perhaps, more likely that a paper union would result in disunion and discontent than in greater union or in greater feeling on the part of the colonies for the Mother Country, and that the result should come about surely it would appear that such a paper union would be a mistake. During the late trouble in South Africa it was the wonder of the world that the British colonies came forth as one man—not as a group that they sent troops, but that they sent them spontaneously. That is a very satisfactory condition of affairs, and I think we should think frequently and carefully before attempting to make any radical change in the position.—From London speech of Hon. Clifford Sifton before Royal Canadian Institute on May Day.

#### THE SEA GULLS.

How They Follow the Boats From Seattle to Victoria, B.C.

To the traveler on Puget Sound there is nothing that so holds the interest on the day's trip from Seattle to Victoria, on Vancouver Island, as do the sea gulls. These birds distinctly are the feature of the trip.

The sea gulls of Puget Sound are an institution, and as an institution are protected by the governments of the State of Washington and of British Columbia. To kill a gull is a crime, and punishment is swift and sure to any one who is caught committing such a deed. The gulls are the scavengers of the Sound and are faithful to their self-appointed task, always on hand and ever ready to swoop down and remove all refuse from the surface of the water or from beneath the surface if it is within range of their acute vision. Despite the protection accorded by the law many of the gulls are shot and others are trapped by taxidermists and curio seekers, or by men working in the interests of these two classes.

Take the boat from Seattle, leaving the port at 9 in the morning and arriving at Victoria in the afternoon some time after 4 o'clock according to the weather, and the first thing to greet the eye as the boat leaves the dock is a flock of from 200 to 500 of these gulls. Watch them well, for with few variations they will be your companions until you tie up at Victoria that night. There are some five or six different varieties in the flock, some white all over, some nearly all brown, others marked in various ways with brown, and also showing a decided difference in the proportionate size of their wings to their bodies. The bodies appear to be full and plump, but any one who has seen one of the birds plucked will tell you there is little if anything to one of these bodies when the feathers are removed.

As the steamer sails out into the Sound for its northward trip the gulls take up their position. From the outset of the trip they start their apparently tireless circling about the steamer, always going north on the eastern side of it until twenty to fifty feet ahead and then turning and passing back on the western side.

#### Why He Celebrated.

One of the professors at Cornell University was born in Canada. He has, however, been for a long time a resident of the United States, and his children were born there. The New York Times relates an amusing anecdote, which the professor himself is fond of telling.

One Fourth of July the professor's eldest son had exploded, early in the afternoon, all the firecrackers that he had provided for the day. The youngster and his little friends wanted more, so the boy found his father, and asked for some money with which to buy a new stock of fireworks.

"I will give you the money, my son, if you can tell me what it is that you are celebrating with all those fireworks," replied the father. "I can do that easy enough," said the boy. "This is the anniversary of the day we licked you fellows."—From a New York Paper.

#### An Advantage of Khaki.

One definite advantage in substituting khaki for blue cloth uniforms for the army in the tropics and in summer was not considered when the change was discussed in the War Department, the anopheles mosquito pest having at that time been exhaustively studied. The malaria breeding mosquitoes will not light upon substances having a yellow color, but swarm about blue fabrics.



A prominent club woman, Mrs. Danforth, of St. Joseph, Mich., tells how she was cured of falling of the womb and its accompanying pains.

"Life looks dark indeed when a woman feels that her strength is sapping away and she has no hopes of ever being restored. Such was my feeling a few months ago when I was advised that my poor health was caused by prolapsus or falling of the womb. The words sounded like a knell to me, I felt that my sun had set; but Lydia E. Pinkham's Vegetable Compound came to me as an elixir of life; it restored the lost forces and built me up until my good health returned to me. For four months I took the medicine daily and each dose added health and strength. I am so thankful for the help I obtained through its use."—Mrs. FLORENCE DANFORTH, 1007 Miles Ave., St. Joseph, Mich.—\$5000 forfeit if original of above letter proving genuineness cannot be produced.

The record of Lydia E. Pinkham's Vegetable Compound cannot be equalled by any other medicine in the world.

"FREE MEDICAL ADVICE TO WOMEN." Women would save time and much sickness if they would write to Mrs. Pinkham, Lynn, Mass., for advice as soon as any distressing symptoms appear.

#### THE BROAD JUMPER.

His Training Must Be Systematic to Get the Best Results.

Every schoolboy thinks that he can broad jump, and so he can to a certain degree. But this event is one which should be gone at systematically to get the best results. The jumper should first carefully notice his stride on going up to the take off, so that he can mark off a distance—say twenty-five yards back—and by stepping on this mark with one of his feet as he runs by he will be sure to strike the take off when he comes to it. The jumper cannot be sure of getting his best efforts into his jump unless he is practically sure of hitting the take off. After this has been acquired the athlete can get to work.

In this run the jumper's highest speed should be reached at about ten or twelve feet before the take off, so that he can gather himself for the jump. After leaving the take off he should shoot out and up. He must have elevation or his efforts will be in vain. He should go into the air at an angle of at least forty-five degrees. A good way to get this elevation is by placing a hurdle in the jumping pit and jumping over it. The jumper should gather himself together as he goes through the air, and at the finish, just before alighting, he should force himself on by a spasmodic effort with his arms and body. The legs will strike the ground at the farthest possible distance. Practice will show how far out the feet can be thrown without the athlete's falling back into the pit. It must be remembered that the greater the speed the farther out the feet can be thrown with safety. A great deal of practice is necessary to become a good broad jumper, but this is an event which it is not well to practice too frequently, as it is very hard on the legs. The broad jumper will therefore not expect to get at his best during his first season.—G. W. Orton in St. Nicholas.

Athletic exercise should not be taken when the body is exhausted by business toil.

## ABSOLUTE SECURITY.

Genuine Carter's Little Liver Pills.

Must Bear Signature of

Wm. Wood

See Fac-Simile Wrapper Below.

Very small and as easy to take as sugar.

**CARTER'S LITTLE LIVER PILLS.**

FOR HEADACHE, FOR DIZZINESS, FOR BILIOUSNESS, FOR TORPID LIVER, FOR CONSTIPATION, FOR SALLOW SKIN, FOR THE COMPLEXION.

Small Family Vegetable Pills.

**CURE SICK HEADACHE.**

#### POEMS FOR OLD BOYS

THE THREE PRIZE WINNERS IN REGENT, TORONTO COMPETITION.

Liberal Prizes of \$100, \$50 and \$25 of the Board of Trade of Queen City Went to Mr. Duncan Campbell Scott, 1st; Miss Helen M. Merrill, 2nd; and Miss Marjorie Pickthall, 3rd.

The Old Home Committee of the Toronto Board of Trade, in offering the liberal prizes of \$100, \$50 and \$25 for the best poems on the old home sentiment, met with a very ready response from all quarters of America. Nearly two hundred poems were submitted from every part of North America. The committee of judges was composed of Rev. Dr. Clark, Prof. Maurice Hutton, Prof. Pelham Edgar and Prof. W. S. May. The names of the competitors were unknown to the judges, but were sent under seal to the Secretary. On opening the envelopes it was found that Duncan Campbell Scott of Ottawa had won the first prize, Miss Helen M. Merrill of Picton the second prize, and Miss Marjorie Pickthall of Toronto the third.

Duncan Campbell Scott is already well known as a Canadian poet. His works have been published in England and the United States. Miss Helen M. Merrill of Picton has written a considerable number of verses and her work has been published in the periodicals of the United States and Canada. Miss Marjorie Pickthall is a resident of Toronto, being a young girl of seventeen, whose poems in the local press have attracted the attention of many of our literary authorities, who are of the opinion that her poems give very great promise. The prize winning poems follow:

#### First Prize—The Home-comers.

From the smoke where cities welter,  
From the quiet glens of earth,  
To the land that gave us shelter,  
To the land that gave us birth;  
We, the wanderers, the dreamers,  
That for love of fortune roam,  
In the gleams of the morning  
In the light, come streaming home.

Men whose fathers, mocked and broken,  
For the honor of a name,  
Would not wear the conqueror's token,  
Could not sell their bread with shame,  
Plunged them in the virgin forest,  
With their axes in their hands,  
In the province as a halcyon  
For the loyal of the land.

Men whose fathers, sick of dead lands,  
Europe and her weary wars,  
Saw the fading emerald headlands,  
Saw the heather quenched in haze,  
Saw the land of France or of Italy,  
Like a glimmer sink and cease,  
Won the ample land of maples,  
The domain of wealth and peace.

Won it by the axe and harrow,  
Held it by the axe and sword,  
Bred a race with brains and marrow—  
From no alien overlord.  
Gained the right to guide and govern;  
Then, with labor strong and true,  
Forged the land a shield of Empire  
Silver sea to silver sea.

Fighting makes the heart grow fonder,  
Labor makes the heart grow fair,  
Still wherever we may roam,  
We are of the lion strain:  
We may trample foreign markets,  
We may delve in outland loams,  
Yet when memory cries and calls us,  
All our hearts come leaping home.

Now from smoke where cities welter,  
From the quiet glens of earth,  
To the land that gave us shelter,  
To the land that gave us birth,  
Lo, we bring thee our achievement,  
Won by strength and patient pain—  
Thine the strength and thine the patience—  
Bring it to thy breast again.

And we bid Ontario quicken,  
Under snow and under sun,  
Where the spruces root and thicken,  
Where the maples stand and run;  
Bid the towns of glad Ontario  
Gather to a diadem,  
Draw a circuit round Toronto,  
As with gems the peerless setting folds  
And holds the gem.  
—Duncan Campbell Scott.

#### Second Prize—The Home-comers.

Across the dawn the Whitethroat calls—  
Twice happy the impassioned song  
That from the leafy thicket falls  
"Sweet, sweet Canada, Canada, Canada,"  
Oft he repeats each perfect note,  
From his shining throat,  
A-bow the land where maples rise,  
And elms to arch the sapphire skies;  
"Sweet, sweet Canada, Canada, Canada."

The homeland sea is broad and blue,  
The homeland shores are fair to view—  
Along the sunset twilight rest  
Visions of half-forgotten days,  
Like dim mirages, in the soul  
Their holy images lie;  
For him, homecoming, as of old  
After the twinkling roof-tree gleams;  
And by the starlight's opal beams  
The splendid city of his dreams—  
Toronto, of the golden north,  
Whence, harking back have ventured forth  
A thousand fearless hearts to fight  
Of other lands; and more near  
Of silent longing, smiles and tears,  
Strange winds, and stars, and creeds,  
Come home.

To view once more their native land,  
And in the shadow of its domes,  
Clasp one another by the hand.

The Whitethroat calls across the dusk  
From wood and meadow with pine and must,  
What time the purple twilight rest  
Upon the city's glimmering breast:  
"Sweet, sweet Canada, Canada, Canada,"  
The night wind hushes, and more near  
The sound of revelry I hear;  
And by the starlight's opal beams  
Aly woodbird whistles in its dreams,  
"Sweet, sweet Canada, Canada, Canada."  
—Helen M. Merrill.

#### Third Prize—The Home-comers.

Bounded by saltless sea and pine crowned hill,  
Tail-spread and tree-embowered, the city lies;  
And the loud songs of labor upward rise  
From street and factory, from forge and mill,  
Beside her wharves the steamers lift and strain,  
While the dark smoke drifts down and  
On her fair upland heights the orchards are  
With garden-plots, and fields of ripening grain.

How many hearts have held this picture dear?  
How many hearts still hold it, and shall  
How many hearts, as the long years un-  
fold,  
Send all their dreams, their tenderest  
memories here,  
How many, cradled here, that rove and  
roam  
In distant lands where stateroom scenes  
may please,  
Yet hold this picture holier far than these—  
Each street a heritage, each house a  
home?  
How many, wandering long in devious  
ways,



## Blue Ribbon Tea

for family use

A good tea must, in addition to tasting good, possess certain nutrient and non-injurious qualities.

Such a tea is

## Blue Ribbon Ceylon Tea

Delicious-tasting,

fragrantly odorous, it is particularly a family tea. There is no tannin or other bitter and injurious ingredients in Blue Ribbon Tea. Simply the best of tea for young people and grown ups.

Black, Mixed Ceylon Green

Forty Cents Should be Fifty

Ask for the Red Label

One Thousand Dollars worth of

## English Cutlery

Just opened up at

## WESTMAN BROS.

BIG HARDWARE

Pocket Knives, from 5c. to \$4.00.

Table Knives and Forks, per set 75c to \$20

Warranted Butcher Knives, each 25c.

Eye Witness Razors, the best we can buy, \$2

The finest assortment ever shown in Chatham.

## WESTMAN BROS.

**BLOOD DISEASED MEN**

If you ever contracted any blood disease you are never safe unless the virus or poison has been eradicated from the system. Have you any of the following symptoms? Sore throat, ulcers on the tongue or in the mouth, hair falling out, aching pains, itching of the skin, sores or blotches on the body, eyes red and smart, dyspeptic stomach, sexual weakness—indications of the secondary stage. Don't ruin your system with the old foggy treatment—mercury and potash—which only suppress the symptoms for a time only to break out again when happy in domestic life. Don't let quicks experiment on you. Our New Method Treatment is guaranteed to cure you. Our guarantees are backed by bank bonds, that the disease will never return. Thousands of patients have been already cured by our New Method Treatment for over 20 years. No names used without written consent.

Mr. E. A. C. writes: "Your remedies have done me more good than Hot Springs and all the doctors and medicines I had previously tried. I have not felt any of those pains or seen any ulcers or blotches for over seven years and the outward symptoms of the loathsome disease have entirely disappeared. My hair has grown in fully again and I am married and happy."

CONSULTATION FREE. BOOKS FREE. WRITE FOR QUESTION BLANK FOR HOME TREATMENT. CURES GUARANTEED OR NO PAY. 25 YEARS IN DETROIT.

**Drs. Kennedy & Kergan,**  
148 CHELSEA STREET, DETROIT, MICH.

## NOW READY FOR New Business—More Business—Better Business

Having our new mill machinery fully adjusted we are now prepared to offer our customers **Beaver Flour** better than ever before.

Farmers can now get their chopping done to their entire satisfaction as heretofore and with the greatest despatch.

Call and inspect our new plant. It will convince you that we have the equipment and facilities to turn out all products to the entire satisfaction of the most particular WHEAT WANTED. Highest prices paid. Buy **Beaver Flour**. It is the cheapest because the best.

**The T. H. TAYLOR CO., Limited**  
Cor. William and Colborne Sts.

## ....A CHANCE TO... Make - Money

We receive daily information from our Wall Street reporter that enables our customers to be on the right side, and to make money. You should be among them and stop making continual losses. We have inside information affecting a stock that will have a 20 to 30 point advance.

Those interested in such stocks as MEXICAN CENTRAL, N. Y. CENTRAL, COLORADO FUEL, BROOKLYN RAPID TRANSIT, SOUTHERN PACIFIC, AMALGAMATED and others, write us.

We charge but 4 per cent. interest for carrying stocks.

If you have never traded and made money in the stock market write us and we will explain the methods to you.

Agents wanted to represent us in all cities and towns who can control trade.

**LEE, THOMPSON CO.,**  
BANKERS AND BROKERS,  
131 State St., Boston.

## BAKING

Give your wife a chance and she'll bake bread like that mother used to make.

For rolls and biscuits—that require to be baked quickly there's nothing like Gas.

**THE CHATHAM GAS CO. Limited.**

King St. Phone 81

## Lime, Cement AND Cut Stone.

We keep the best in stock at right prices.

**JOHN H. OLDERSHAW,**  
Thames Street,  
Opposite Police Station...

## SAND AND GRAVEL

Having the tug "Vick" and a sand scow, I am prepared to enter into contracts for the supply of sand and gravel at lowest prices. Apply to,  
**Capt. V. Robinson.**