

Cross-Country's Kuchmak 2nd best in the nation

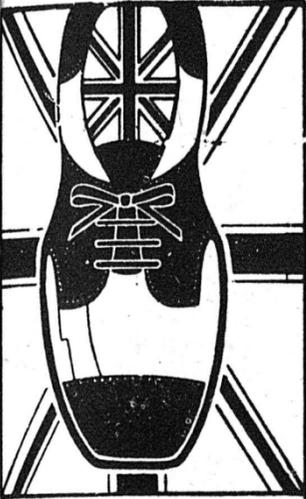
Lyle Kuchmak, the Golden Bears' ace Cross-Country runner, collected a silver medal in the Canadian National championships held in Stanley Park, Vancouver last weekend. Kuchmak was one of 42 juvenile runners from all over the country, and finished the 6000-meter course just four seconds behind the winner, Dickson from Ontario. Kuchmak's time was 18 minutes, 14 seconds, a very fast time according to U of A team

coach Gabor Simonyi. The coach feels Kuchmak may have won the race had he been able to familiarize himself with the course before the race. It was the last race in the Bears' cross-country season, but team members have the indoor season to prepare for. Among the Pandas now in training for track and field events are Kim Brown, Lynn Purdy, Cathy Wade, and Kate

Reed, who are showing good progress in the shot put. The first indoor meet will be on December 13 in the Kinsmen Field House, and will be followed by several other meets throughout the winter, starting with the Knights of Columbus Indoor Games in Saskatoon, December 28 - 29, and the U of A - U of S meet on January 10th. Pandas will welcome new

members to their team. Practices are held every day, in the Field House and outside. Those

interested please contact Coach Simonyi in PE 154 for further information.



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