

Fashions and Patterns

A Smart Dress for the Growing Girl.
2316—This will be good for serge, gabardine, corduroy, velour, poplin, velvet or satin. The right front of the waist overlaps the left at the closing. The skirt is a gored model, plaited over back and front. The sleeve may be in wrist or elbow length. The pattern is cut in 3 sizes: 12, 14 and 16 years. Size 14 requires 5½ yards of 44-inch material. A pattern of this illustration mailed to any address on receipt of 10 cents in silver or stamps.

A good Costume for General Wear.
Waist—2317. Skirt—2313. This model comprises Ladies' Shirt Waist Pattern 2317 and Ladies' Skirt Pattern 2313. The models may be combined in one material, or, the waist may be of linen, crepe, madras, satin or flannel and the skirt of serge, broadcloth, gabardine, mixed or plaid suiting. The waist pattern is cut in 7 sizes: 34, 36, 38, 40, 42, 44 and 46 inches bust measure. The skirt in

2320—This model will make a very pretty dress for "best" or party wear. One could use batiste, lawn, mull, organdy, cashmere, taffeta, or a combination of silk and velvet. The overblouse or jumper could be of contrasting material. The pattern is cut in 5 sizes: 4, 6, 8, 10 and 12 years. Size 10 will require 2¾ yards of 44-inch material for the dress and 1½ yard for the jumper. A pattern of this illustration mailed to any address on receipt of 10 cents in silver or stamps.

A Practical, Serviceable Garment. 1604—Ladies' Apron with or without Belt. Gingham, seersucker, percale, lawn, sateen, drill or alpaca may be used for this model. It is made with a box-plait at the centre front, under which the closing may be finished. The full pocket is a new and desirable feature. The pattern is cut in 3 sizes: small, medium and large. It requires 4¾ yards of 36-inch material for a medium size. A pattern of this



7 sizes: 22, 24, 26, 28, 30, 32 and 34 inches waist measure. A medium size will require for skirt and waist 5½ yards of 44-inch material. The skirt measures 2¼ yards at the foot, with plaits drawn out. This illustration calls for TWO separate patterns, which will be mailed to any address on receipt of 10 cents FOR EACH pattern, in silver or stamps.

A Pretty Frock—Ladies' Dress. 2296—Satin and lace will combine nicely in this model. It is also good for serge with Georgette crepe for trimming, lovely for cashmere, velour, velvet or corduroy. The waist and jumper portions are crossed in surplice style. The skirt is a two-piece model with gathered fullness and side closing. It may be finished separate from the waist. The pattern is cut in 6 sizes: 34, 36, 38, 40, 42 and 44 inches bust measure. Size 38 requires 6¼ yards of 36-inch material for the dress and 1½ yard for the jumper. The skirt measures a little over 2 yards at the foot. A pattern of this illustration mailed to any address on receipt of 10 cents in silver or stamps.

Girls' Dress with or without Jumper and with Sleeve in Either of Two Lengths.

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A Set of New Collars. 2307—These styles are very attractive and smart, and suitable for silk, crepe, linen, batiste, velvet, satin and faille. No. 4 is especially good for satin and linen. No. 2 will be pretty with embroidery in white or colors. It shows the new square neck outline. No. 3 is good for pique, silk, faille or linen. The pattern includes all styles illustrated. It is cut in 3 sizes: small, medium and large. Size medium requires for No. 1, 1 yard of 27-inch material; for No. 2, 1 yard of 36-inch material; for No. 3, 1½ yard of 36-inch material. A pattern of this illustration mailed to any address on receipt of 10 cents in silver or stamps.

A Dainty Dress for Mother's Girl. 2294—This will make a charming and becoming dress and one that will be real comfortable. The front forms a panel with points that overlap a belt which holds the fullness of the dress at the sides and back. The sleeve has a neat cuff stitched over a straight band. This model is good for gingham, lawn, batiste, chambray, repp, pique, serge, cashmere, velvet or corduroy. It is nice, too, for plaid or

All
Made
with
Oats



How We Reduced Our Table Cost With Delicious Quaker Oats

In the writer's home, when foods began to soar, we made a study of food values and costs. We figured by calories, because all rationing is based on this unit of nutrition.

We found that 1000 calories cost five cents in Quaker Oats. We found that in eggs the same nutrition cost over 40 cents.

In steak it costs over 27 cts.
In ham, 19 cts.—In potatoes, 16 cts.
In bread and milk about 13 cts.

Our average meal, measured by calories, costs four times as much as Quaker Oats. So I figured that every dollar's worth of Quaker Oats would save us about \$3.

We used Quaker Oats in bread and muffins, in pancakes and cookies, as well as in porridge. Then I discovered that Quaker Oats made most things more delightful. That luscious flavor, found in no other grain food, has made our new meals twice better than the old.

We were missing all that before.

Quaker Oats

Just the Queen Oats Flaked

Quaker Oats are made from only the rich, plump, flavory oats. In this selection a bushel of choice oats yields but ten pounds of Quaker.

So Quaker Oats has become world-

famous for its wealth of flavor. Among oat lovers everywhere it is the favorite brand. Yet it costs no extra price.

The way to make oat foods doubly popular is to make them with Quaker Oats

30c and 12c per package in Canada and United States, except in far West where high freights may prohibit.

The Quaker Oats Company

Peterborough, Canada

Saskatoon, Canada

Quaker Oats Bread

2 cups Quaker Oats 5 cups flour
2 cups boiling water ½ teaspoon salt
½ cup molasses ½ tablespoon butter or other fat
1 cake compressed yeast dissolved in ½ cup lukewarm water

Add boiling water to oats and let stand one hour, add molasses, salt, butter or fat, dissolved yeast cake and flour. Let rise until double in bulk. Knead thoroughly and shape into loaves. Put into greased bread pans, let rise until double in bulk and bake 45 minutes.

This recipe makes two loaves.

Quaker Oats Muffins

2½ cup uncooked Quaker Oats, 1½ cups flour, 1 cup scalded milk, 1 egg, 4 level teaspoons baking powder, 2 tablespoons melted butter, ½ teaspoon salt, 3 tablespoons sugar.

Turn scalded milk on Quaker Oats, let stand five minutes; add sugar, salt and melted butter; sift in flour and baking powder; mix thoroughly and add egg well beaten. Bake in buttered 1½ inch pans.

Quaker Oats Sweetbits

1 cup sugar, 2 eggs, 2 teaspoons baking powder, 1 tablespoon butter, 1 teaspoon vanilla, 2½ cups uncooked Quaker Oats.

Cream butter and sugar. Add yolks of eggs. Add Quaker Oats, to which baking powder has been added, and add vanilla.

Beat whites of eggs stiff and add last. Drop on buttered tins with a teaspoon, but very few on each tin, as they spread. Bake in slow oven. Makes about 65 cookies.