

of matter lying in the skull of a man. Look at a man's body, and a careful survey will bring you to the conclusion that every atom of it thinks. For instance, a musician is able to let his fingers fly over the keyboard, and unconsciously play melodies. How is this? It is because his fingers are so to speak so much brain force, and think for him. Man's body is a vast brain structure, having its throne in the head, but by no means confined there. Man, then, first and last, is a thinker.

To think is to recognize. But there are different grades of recognition, and this makes the distinction between one form of life and another. Everything in the Universe is what it recognizes itself to be. *I am that I am. I will be what I will to be.* The Will of Man is supreme. In the lower creation the will, which is the same power as the human will, is not self-conscious—the animals have no consciousness of the power within them. Recognition of the fact that the Will is all-powerful makes man the master of the Universe. This is Idealism. As a man thinketh in his heart, so is he. But we can never will that which we do not desire. Therefore desire is the mainspring of action. Social life to-day is the outcome of past ideals of the race. It is what we have desired it to be. It is exactly suited to the present ; and we have no right to shirk the responsibilities it offers us, and complain of Fate being against us.

Our so-called troubles are the best things that could happen. To overcome them is to enlarge our character and make our personality stronger. Unhappy is the man who has few obstacles in his path. To one fully conscious of the value of overcoming, there is a distinct pleasure in surmounting difficulties.