

Saturday, April 14, 1900.

Our Boys and Girls.

TRUE HEROISM.

Let others write of battles fought, Of bloody, ghastly fields, Where honor greets the man that wins...

He is a hero staunch and brave Who fights an unscathed foe, And puts at last beneath his feet His passions base and low...

Undaunted, undismayed— The bravest man that drew a sword In foray, or in raid.

It calls for something more than brawn Or muscle to overcome An enemy who marched not With banner, plume and drum—

A foe forever lurking nigh, With silent, stealthy tread; Forever near your board by day, At night beside your bed.

All honor, then, to that brave heart! Though rich or poor he be, Who struggles with his better part— Who conquers and is free, He may not wear a hero's crown, Or fill a hero's grave, But truth will place his name among The bravest of the brave.

—Our Companion.

GOOD WORDS.—If children were more careful in the choice of words, persons would not be shocked on hearing such profanity as some boys and even girls are in the habit of using.

What a satisfaction it must have been to a certain distinguished author who said: "I resolved, when I was a child, never to use a word which I would not pronounce before my mother."

"The best of it is he kept his resolution, and became a pure-minded, noble, honorable gentleman. Don't you think his rule worthy of imitation? It is easy to fall into the bad habit of using bad and vulgar expressions, but difficult to get out again. Yet every boy with a reasonably strong will and a desire to be decent should have no trouble to break himself of the habit. Boys, stop now, and you will see how much better it is to have a clean mouth than a filthy one.

FAITHFUL CHILDREN.—How much care, trouble, and anxiety, as well as labor, can be saved by faithful children. If they will faithfully do what they are told, forgetting nothing, then they become helps instead. Some children are to be depended upon and trusted, and when an emergency arises, they are found at duty's call. It is a great thing to have a faithful child in the house; it is a sad thing to have a rattle-brained, headstrong, sulky, and troublesome child, who does mischief, commits blunders, makes mistakes, and causes unpleasantness in every direction. Some children will say: "I forgot." Such is a very poor excuse. A boy does not forget a thing which interests him. Who ever knew a boy to go fishing and forget his bait? Who ever knew a girl to forget her ribbons and ornaments? The reason people forget things is, because they do not care about them. When we are interested in a thing we think often of it. It naturally fol-

lows that when we love our work we shall not forget to attend to our duties.

THE PEACEMAKERS.—How pleasant and happy would not this world be if people would endeavor to be cheerful and try to make others cheerful also, here is an inestimable blessing in a cheerful spirit. "When the soul throws its windows wide open, letting in the sunshine and presenting to all who see it the evidence of gladness, it is not only happy, but it has an unspeakable power of doing good." To all the other beatitudes may be added: "Blessed are the joy-makers."

SUNSHINE.—Learn to laugh. A good laugh is better than medicine. Learn how to tell a story. A good story is as welcome as a sunbeam. Learn to make others happy. Always have a smile for those with whom you come in contact. Remember the good-humored boy or girl is always welcome. The world needs more sunshine boys and girls to extend their warmth to frozen kindness boys and girls.

GOOD RULES.—Boys, try to commit the following to memory: Hat lifted in saying "Good-bye" or "How do you do?" Hat lifted when offering a seat in a car or in acknowledging a favor. Keep step with any one you walk with. Always precede a lady upstairs, and ask her if you may precede her in passing through a crowd or public place. Hat off the moment you enter a street door, and when you step into a hall or private office. Let a lady pass first always, unless she asks you to precede her. In the parlor stand still every lady in the room is seated, also older people. Rise if a lady comes in after you are seated and stand until she takes a seat. Look people straight in the face when speaking or being spoken to. Let ladies pass through a door first, standing aside for them. In the dining-room, take your seat after ladies and elders. Never play with knife, fork or spoon. Do not take your napkin in a bunch in your hand. Eat as fast or slow as others, and finish the course when they do. Rise when ladies leave the room, and stand still they go out. If all go out together, gentlemen stand by the door till ladies pass. Special rules for the mouth are that all noise in eating and smacking of the lips should be avoided. Always knock at any private room door.

TRUTHFULNESS.—The habit of being truthful is becoming an unknown quantity with too many young folks. This habit grows on them until it becomes a second nature. Truth is mighty, but lying is cowardly. Lying at the present day is rampant with a very large number, and plays an important part to all appearances with those who have sense enough to judge right from wrong. Think of all you lose by lying, and resolve to be truthful at all times.

LOVE FOR THE INNOCENT.—This legend is told in the "Little Flowers of St. Francis." A certain youth had caught one day a great number of turtle-doves; and

as he was taking them to market he met St. Francis, who, having a singular compassion for these gentle creatures, looked at the doves with eyes of pity, and said to the youth: "O good youth, I pray thee, give me these gentle birds, to which in the Holy Scriptures, chaste and humble and faithful souls are compared; and do not let them fall into the hands of cruel men who would kill them." And immediately the young man, being inspired by God, gave them to St. Francis; and he received them into his bosom and said to them tenderly: "O my little sisters, simple, innocent, and chaste doves, why have you let yourselves be snared? See, I will snatch you from death and make nests for you, wherein you may increase and multiply according to the commandment of our Creator." And St. Francis went and made nests for them all; and they took to their nests, and began to lay eggs, and hatched them without fear before the eyes of the Brothers and they were as tame and familiar with St. Francis and all the other Brothers as if they had been domestic fowls always accustomed to be fed by them; and they would not depart until St. Francis with his blessings gave them leave to go. And to the young man who had given them to him, St. Francis said: "Little son, thou wilt yet be a Brother in this Order, and will serve Jesus Christ nobly." And so it came to pass; for the said youth became a Brother and lived in the Order in great sanctity.

WHAT TO TEACH.—A philosopher has said that true education of boys is to "teach them what they ought to know when they become men."

1. To be true and to be genuine. No education is worth anything that does not include this. A man had better not know how to read—he had better learn a letter in the alphabet; be true and genuine in intention and in action—rather than be learned in all sciences and in all languages, and be at the same time false in heart and counterfeit in life. Above all things, teach the boys that truth is more than riches, more than earth, power or possessions.

2. To be pure in thought, language and life—pure in mind and in body.

3. To be unselfish. To care for the feelings and comforts of others. To be generous, noble and manly. This will include a genuine reverence for the aged and for things sacred.

4. To be self-reliant and self-helpful, even from childhood. To be industrious always, and self-supporting at the earliest proper age. Teach them that all honest work is honorable, that an idle life of dependence on others is disgraceful.

When a boy has learned these things, when he has made those ideas a part of his—however poor or however rich—he has learned the most important things he ought to know when he becomes a man. — Parish Visitor.

EASTER HOLIDAYS.—Now that the Easter holidays are at hand, a few words of advice on how to spend them may not be out of place. Don't go into dangerous places. Do not read of the numerous accidents which take place almost every day on account of persons not avoiding the danger. Keep away from bad companions, for though the holidays are short a large amount of evil can be learned even in such a short time by contact with evil associates. Employ profitably at home those leisure hours by being useful on all occasions. If you follow these rules, Easter will bring you a twofold joy—temporal and spiritual.

FUN AT EASTER.—An old-fashioned Easter egg party, to be given in Easter week by one of the girls, is described in "Harper's Bazar."

She has made about 150 specimens of colored eggs, and some of them are really works of art. The idea is to follow the old German custom of hiding the eggs all over the house, and when the guests arrive they are set to work to hunt for them. It will be very amusing, as the young hostess has determined to hide them in the most impossible places. She has invited about fifty young people.

The start for the egg "hunt" will be made in the drawing-room at the sound of a bugle-call, and the men will no doubt feel very sporty as they go off. The "hunt" is to be divided off into "heats." At the end of every ten minutes the bugle will be sounded, and the "huntsmen" and "huntswomen" will return with the eggs they have found, and give them up to their hostess. It will be her duty to keep each batch separate until all the eggs are found. Then she will give to the one who has found the greatest number a prize—perhaps some Easter token of original design.

HOUSEHOLD NOTES.

CARE OF THE EYES.—Oculists warn us that we may not use our eyes before breakfast, as the strain on the optic nerve will seriously affect the sight when the stomach is empty. Unless one has unusually strong eyes, one must not read when one is extremely weary. Exhaustion and fatigue affect all the nerves of the body, and the optic nerve is so sensitive that it should receive particular consideration. Nor should one ever be guilty of the carelessness of reading or writing facing a window. This, too, is a cruel strain on the sight. Washing the eyes night and morning in water as hot as it can be borne, is a wonderful tonic for those useful servants which are so easily injured. When we consider how we neglect their welfare by using them by fading daylight or insufficient artificial light, by forcing them to do work when they are weary, and by denying them the rest for which they long, we have cause to wonder that they sometimes become mutinous and refuse to fulfill our demands, but that they are ever faithful in our service. They will, as a rule, be as good to us as we are to them.

WALL PAPER.—A paper-hanger furnishes a useful hint of the expert way to patch wall-paper. Never cut

the paper for the patch, for then it is sure to show where it is joined. After the paste has been applied tear the paper, pulling it away from under the right side. This leaves the paper thin at the edge, and all the color on top, and, when smoothly pasted over the break, or defacement, the joining will not show. If the paper is torn before the paste is applied, the edge, being thin, gets too wet from the paste, and is apt to rub off on the wall, leaving a streak. If the paper which it is desired to patch has become faded, put the new paper in the strong sunlight for a day or two, to tone down its colors.

SIMPLE REMEDIES.—In one of the United States health reports, published in Washington, a few simple remedies for emergency uses are suggested. Witch-hazel is one, and is recommended as one of the quickest soothers and restorers of a tired brain. Bathe the eyes and forehead freely with the liquid and apply a cloth wet with it at the back of the neck. Cloths wet in a strong solution of borax water are very cool and healing in case of a burn; care should be taken, however, to exclude the air in putting them on. A tiny pinch of powdered borax placed on the tongue and allowed to dissolve slowly will almost instantly stop a hacking, irritating cough that may be disturbing one at night. The same treatment relieves an ulcer in the throat, and at the slightest irritation or soreness of the throat a gargle of salt water and borax will be found efficient.

THE MOTH.—It should be remembered that the moth worm travels a very few inches, a fact that adds to the ease with which he may be repelled; the key-note of protection lies in having the garment itself free from moth eggs at the time of putting away. It is well to begin operations as early in the spring as possible, and to put away heavy garments one by one as they are discarded. Sometimes, too, it is the final bit of carelessness that does the harm. A woman spent most of her forenoon brushing and looking over an expensive tailor-made suit, and after the parcel was ready bethought herself of a little bundle of repairing pieces that should go with it. This she thrust in a corner of the package by the wrist of one sleeve. The pieces evidently contained moth eggs, for in the fall, on opening the parcel, this little bundle fell to pieces; it had been burrowed through and through by moths who had, however, eaten only a few inches of the sleeve-wrist of the jacket, the rest of the costume remaining wholly untouched.

APRIL SHOWERS

Wash away the filth and waste that have accumulated during winter.

In like manner Hood's Sarsaparilla expels from the blood impurities that have been deposited during the season when there has been but little perspiration and perhaps constant confinement in impure and vitiated air. It is a boon to tired mothers, housekeepers, teachers and others who spend their time indoors.

It gives the blood richness and vitality, fitting it to nourish and strengthen the nerves, muscles and all the great organs of the body. It cures all spring humors and banishes that tired feeling.

It is the best medicine money can buy for all diseases caused by impure or impoverished blood. You should begin taking it to-day.

CHATS WITH FARMERS.

Mr. A. W. Graham, an important fruit-grower of St. Thomas, Ont., has addressed a very important letter to the "Canadian Horticulturist." Of course, it is more connected with the fruit growing business, and the fumigation of trees, than with the general agricultural industry, still it will give our readers a fair idea of the importance of studying every phase of each branch. The letter is addressed to the editor, and reads: "I see by reports in late editions of your paper that nurserymen and fruit growers in your vicinity are still urging the Government to continue to prohibit the importation of nursery stock from the United States, and compel nurserymen here to fumigate all home grown nursery stock before selling. These laws militate in favor of large growers of trees who do business mostly by agents, and against smaller growers whose business is mostly local, and also against the general planter who has to pay higher prices on account of said prohibition and fumigation, and judging by the names as given of those who had those meetings, they are the large growers of nursery stock and fruit growers who are inspectors and draw Government pay, and others whom they scare by stories of the terrible ravages of the San Jose Scale. I don't believe that the scale is half so bad as those inspectors would have us believe, who go about the country with their pockets full of bottled vermin, which they exhibit while in gardens and orchards where danger of spreading is greatest, and if it is such a serious pest it can be overcome by spraying the same as other scale and bugs and things."

"I was glad to find that Mr. Dearness, one of the Government Commission, was of the same opinion as myself, and in the January 6th issue of 'American Gardening' you will find a writer saying, that he has proved that spraying with crude Petroleum will entirely destroy San Jose Scale without in the least injuring the trees."

"A nurseryman who does a large business by agents can quit selling by April the first, have a large fumigation house, dig all his trees and fumigate them all at once, and ship and deliver at the proper time."

"The smaller grower does business differently. He depends on the farmers and fruit growers in his vicinity

NERVOUS troubles are cured by Hood's Sarsaparilla, which enriches and purifies the blood. It is the best medicine for nervous PEOPLE.

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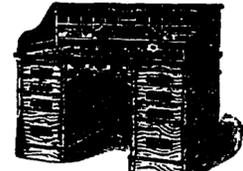
to come in and get what they want. When spring opens they are very busy, and when they call for trees they are in a hurry and rather than wait to have their stock fumigated they will go home without it and not likely return, so we have in such cases to lose the sale or break the law. When a man has a certificate from a Government inspector that his nursery is clean and has pressing bills to meet, which should he do? Laws should be framed so as to make it as easy to do right and hard to do wrong as is consistent with the public good.

"I would be in favor of having competent inspectors inspect the nurseries twice a year at the owner's expense: give the clean nurseries a certificate to that effect on which they could do business without hindrance, where scale is found put a man in charge till every vestige of the same is destroyed. I also favor the importation of stock from Northern States when accompanied by certificate subject to inspection when opened here."

"When the prohibition law was put in force nurserymen said prices would not be increased. But we find in some lines this year prices double what they were three years ago. The fact is there are not half enough apple trees in the country to supply the demand, and nurserymen are not slow to take advantage of the fact to raise prices when they can so easily get an advance."

"Persevere and Prosper." If you take Hood's Sarsaparilla faithfully for scrofula, salt rheum, boils, eruptions, dyspepsia, it will cure you.

Business Cards.



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Society Directory.

LADIES' AUXILIARY to the Ancient Order of Hibernians, Division No. 1.—Meets in St. Patrick's Hall, 99 St. Alexander Street, on the first Sunday, at 4 p.m., and third Thursday, at 8 p.m., of each month. President Sarah Allen; Vice-President, Stella Mack; Financial Secretary, Mary McMahon; Treasurer, Mary O'Brien; Recording Secretary, Lizzie Howlett, 888 Wellington street.—Application forms can be had from members, or at the hall before meetings.

A.O.H.—DIVISION NO. 2.—Meets in lower vestry of St. Gabriel New Church corner Centre and Laprairie streets, on the 2nd and 4th Friday of each month, at 8 p.m. President, Michael Lynch; Recording Secretary, Thomas Donohue, 312 Hibernian street.—to whom all communications should be addressed; Peter Doyle, Financial Secretary; B. J. Colfer, Treasurer. Delegates to St. Patrick's League: J. J. Cavanagh, D. S. McCarthy and J. Cavanagh.

A.O.H.—DIVISION NO. 3.—Meets on the first and third Wednesday of each month, at No. 1863 Notre Dame street, near McGill. Officers: D. Gallery, President; P. T. McEldrick, Vice-President; Wm. Hawley, Rec. Secretary, 78 Mansfield street; John Hughes, Fin. Secretary; I. Brophy, Treasurer; M. Fennel, Chairman of Standing Committee, Marshal, Mr. John Kennedy.

A.O.H.—DIVISION NO. 9.—President, H. J. Hummel, 28 Visitation street; Rec. Secretary, W. J. Clarke, 25 Lyburner ave., St. Cunsogonde, (to whom all communications should be addressed); Fin. Secretary, M. J. Doyle, 19a Hamoral street; Treasurer, A. J. Hanley, 794 Palace street; Chairman of Standing Committee, R. Diamond; Marshal, J. J. Tivnan. Division meets on the second and fourth Fridays of every month, in the York Chambers, 2444a St. Catherine street, at 8 p.m.

C.M.B.A. OF CANADA, BRANCH 26.—(Organized, 13th November, 1883.)—Branch 26 meets at St. Patrick's Hall, 92 St. Alexander Street, on every Monday of each month. The regular meetings for the transaction of business are held on the 2nd and 4th Mondays of each month, at 8 p.m. Applicants for membership or any one desirous of information regarding the Branch may communicate with the following officers:—Jas. J. Costigan, President; P. J. McDonagh, Recording Secretary; Robt. Warren, Financial Secretary; Jas. H. Maidea, Treasurer.

YOUNG IRISHMEN'S I. & B. ASSOCIATION, organized, April 1874. Incorporated, Dec. 1875.—Regular monthly meeting held in its hall, 19 Dupre street, first Wednesday of every month, at 8 o'clock, p. m. Committee of Management meets every second and fourth Wednesday of each month. President Geo. A. Grace; Secretary, M. J. Power; all communications to be addressed to the Hall. Delegates to St. Patrick's League, W. J. Hinphy, D. Gallery, Jas. McMahon.

ST. ANN'S YOUNG MEN'S SOCIETY organized 1885.—Meets in its hall, 157 Ottawa street, on the first Sunday of each month, at 2.30 p. m. Spiritual Adviser, Rev. E. Strubbe C.S.S.R.; President, D. J. O'Neill; Secretary, J. Murray; Delegates to St. Patrick's League: J. Whitty, D. J. O'Neill and M. Casey.

ST. PATRICK'S COURT, NO. 95 C.O.F.—Meets in St. Ann's Hall, 157 Ottawa street, every first and third Monday, at 8 p.m. Chief Ranger, James F. Fosbre, Recording Secretary, Alex. Patterson, 197 Ottawa street.

ST. PATRICK'S T. A. & B. SOCIETY Meets on the second Sunday of every month in St. Patrick's Hall, 92 St. Alexander street, immediately after Vespers. Committee of Management meets in same hall the first Tuesday of every month, at 8 p.m. Rev. S. C. Hallissey, Rev. President; James J. Costigan, 1st Vice-President; W. P. Doyle, Secretary, 254 St. Martin street.

ST. ANN'S T. A. & B. SOCIETY, established 1863.—Rev. Director, Rev. Father Flynn, President, John Killfeather; Secretary, James Brady, No. 97 Rosel Street. Meets on the second Sunday of every month, in St. Ann's Hall, corner Young and Ottawa streets, at 3.30 p.m. Delegates to St. Patrick's League: Messrs. J. Killfeather, T. Rogers and Andrew Cullen.

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