

When boiled the instrument is sterile and ready for use.

It is then pinched up at one point and tied with bobbin tape, in a bow-knot with short loops and long ends, and grasped with a bullet forceps.

The anterior lip of the cervix is now drawn down and held by an assistant or nurse and the constricted segment of the ring, guided by the fingers of the left hand of the operator, is introduced, by means of the bullet forceps, into the cervix and just through the internal os.

The nurse now pulls on the long end of the tape, unties the knot, and releases the spring.

The operator, still holding the bullet forceps firmly in place while the anterior cervical lip is steadied by the nurse, grasps one side of the ring between his thumb and forefinger and pushes it slowly and gently into the uterus, until about half has passed the internal os.

This is accomplished without pain or discomfort to the patient and with absolutely no danger of rupturing the membranes.

When the ring is in place, in the form of a figure of 8 with its greatest constriction at the level of the internal *os uteri*, the vagina is packed with gauze as before, and labor may be expected to begin within a few hours or even minutes.

It is well to attach a tape to the vaginal portion of the ring, lest it work its way into the uterine cavity.

As soon as labor pains begin it and the vaginal packing should be removed at once and the case allowed to go on as when the Krause method is employed.

PSYCHIATRY.

IN CHARGE OF DR. J. G. FITZGERALD,
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At the recent meeting of the Ontario Medical Association, on the Symposium, "The Profession in Relation to the Public," ideals for asylum work in Ontario came in for considerable discussion, and it is particularly gratifying to note that the future is rich in promise and Ontario is coming into her own.

A member of the Provincial Government was present at the meeting and emphasized very strongly the position of the Government in the matter; and it was to the effect that Ontario not only was not going to lag behind, but thanks to praise-