

"Without health, life is no life."—*Dr. Rabelais.*

"Hygiene can prevent more crime than any law."—*Hugo Munsterberg.*

"A state which will not prevent what can be foreseen is open to indictment."—*Munsterberg.*

"There is a budget which we pay with frightful regularity; it is that of unnecessary disease and premature death."—*Irving Fisher.*

"The preservation of national vigor should be a matter of patriotism."—*President Roosevelt.*

"National hygiene and preventive measures can rid mankind of disease."—*Metchnikoff.*

The function of the physician is to guide the patient while nature cures the disease.

Unreasoning credulity is the foundation upon which patent medicines rest.

"If it is Christian to cure, it is Christian to prevent. If it is Christian to cure children's diseases, it is Christian to provide clean streets. A sanitary inspector may be as religious as a church visitor."—*Rev. Herbert Welch, President Ohio Wesleyan University.*

"Now, do take warning by me. I am set up by a beneficent Providence at the corner of the road, to warn you to flee from the hebetude that is to follow. So remember to keep well; and remember any thing rather than not to keep well; and I again say, *anything* rather than not to keep well."—*Robert Louis Stevenson.* (He died from tuberculosis.)

## Doctors' Bags

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## Where and Why

**Dr. Givens' Sanitarium** at Stamford, Conn. (50 minutes from New York City), offers exceptional opportunities for the treatment of **NERVOUS** and **MILD MENTAL** Diseases, and has separate detached cottages for persons who desire perfect privacy and pleasant surroundings, and who are addicted to the use of **STIMULANTS** or **DRUGS**.

The Sanitarium is on a hill overlooking Long Island Sound. Try this invigorating climate of New England when you have patients desiring special treatment.

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