

It is a real interesting number, and I do not see why such smart men as thee and thy son can not get that Post Office order countermanded and have so excellent a paper as the *HEALTH MONTHLY* got at pound rates. There is really more valuable information in one year of thy paper than in any of the large weeklies that are allowed special favors. I hope thee will keep insisting till the day is won. am grateful to thee for all the good words for our *Physiologist*. I am rejoiced that we have won our rights for present and future numbers of the *Physiologist*, even if the past ones are condemned. I am proud of Eliza Potter's praise.

Mrs. S. S. Stoddard, of Richland, Dakota Territory, writes:

The same day after sending my last letter, I received a copy of the *HEALTH MONTHLY* in which I learn that Sara B. Chase's paper has been excluded from the mails, and also the *HEALTH MONTHLY* will be fined one cent on each copy. I wonder what will come next. Well, if there are those that would persecute you, because you dare to do right, dare to speak and write what you know to be truth, and though others may be convinced they dare not face public opinion—I say if there are those that would injure one who has been a public benefactor like yourself, you have warm abiding friends that will stand by you let come what will. I shall do all I can to circulate the *MONTHLY*. Your subscribers, of course, will want to pay the extra postage. It will be only a trifle for them, but would be quite a large sum for you. I know if they feel as I do, they would.

In a later letter Mrs. Stoddard renews her subscription and pays the twelve cents Comstock postage. In the course of her communication she says:

You see I should feel lost now without your *MONTHLY*, for I have taken it over two years; it is very valuable and reliable as a health journal, and that is worth everything; we all want something we can depend on when we are sick, and we find in its pages much information of value to the sick to aid in their recovery, and also to enable those who are well to preserve the greatest of all blessings, good health.

E. G. Cary, of Truckee, Cal., writes:

It was with the greatest indignation I heard your instructive *MONTHLY* had been attacked and our brave *Physiologist* suppressed. It was an outspoken paper and treated upon subjects the majority of people are ignorant upon. Mental freedom is the birthright of every individual, and no one has any right to suppress the expression of ideas which are for the benefit and elevation of the human family. I have the utmost contempt for people who cannot hear the truth upon any subject without having their fine feelings shocked. If they only knew, it is ignorance and not knowledge that shocks them. I hope every reader of the *HEALTH MONTHLY* and *Physiologist* will feel it their duty to have a voice in this matter. I cheerfully enclose stamps for my postage and shall circulate the *MONTHLY* among my friends and do all I can to help the cause along.

Let us see what an experienced editor and publisher thinks about it. The following paragraph we take the liberty to quote from a friendly letter from Mr. M. M. Pomeroy (Brick Pomeroy) of the *Great West*, published at Denver, Col.:

It seems to me that if your publication is to be denied the mails as second class matter because you advertise therein the other newspapers, periodicals, or publications carrying their own advertisements for the benefit of the publisher must be denied access to the mails. In this case the editor of a country newspaper who advertises that he has the best facilities in the world for job printing and that he will exchange his newspaper for corn, beef, cabbage, oats, cucumbers, cartwheels, and other calamities, will have to shut up.

A gentleman of prominence in Washington who seemed to think that the Postal Department would have to recede from its position, wrote:

I should not think you would have much difficulty through legal counsel in showing that a regular paper regularly published could not be excluded from the mails *because it advertises*. You would be advised that there was no provision of law for so doing.

A. L. Ballou, of Buffalo, N. Y., sends the postage unjustly imposed on the *MONTHLY*, and says of it:

Its friendly visits are becoming quite indispensable. I consider this act of the Postal Department in discriminating against your publication as the meanest of all recorded meanness.

Mr. Chas. Miller of Kings, Ogle county, Ill., closes a letter with the following paragraph:

Now, sirs, I shall attempt to get a few subscribers for your paper in my neighborhood at least, as I think it contains some of the most valuable little diamonds of knowledge for the rising generation of our land that can be purchased anywhere in the wide world for fifty cents.

Mr. D. R. Burt, of East Dubuque, Ill., in a letter to the Murray Hill Publishing Company, renewing his subscription, etc., writes:

I value the *MONTHLY* highly, as well as everything from Dr. Foote's pen that I have read, and deeply sympathize with him in his injuries and persecutions so unjustly and wickedly put upon him; and regard him as a pure, brave, and exalted philanthropist, one that is in advance of the age; shall soon send him \$5.00 for his defense. My compliments and highest considerations of his worth and excellence. Truly his friend.

We appreciate very highly what our friend, Mr. Burt, says of us and his kind proposition to soon send \$5 for our defense. He will see by reference to the article copied from the *Truth Seeker* what disposition we shall make of his kind donation when he makes it. We shall feel just as thankful, however, for it as if we had personal use of it, for the Defense Association needs funds.

A Friendly Suggestion.

A FRIEND who has been in high official positions under the Government, in the course of a letter to us upon our trouble, says:

Now, my way would be to send out a good advertising solicitor and procure several pages of advertising for the excellent *HEALTH MONTHLY*, so that outside advertisers should largely over-shadow my own "axes." I would get a man in the business, long-known, and upon many prominent houses rely. No Post Office official can exclude a publication from the regular rates which prints a good line of general advertisements, no matter how many axes the editor grinds, and all editors grind more or less. It will not be hard to get reinstated when you can show half a dozen pages of all sorts of advertisements.

In answer to this suggestion from one whose advice we highly value, we will reply: We do not wish to devote much space to advertising unless we enlarge. Enlargement would require us to charge more for our paper. We desire to have the subscription price within the reach of everyone. In our advertising columns we wish to give prominence to advertising that will extend the circulation of such publications as are in sympathy with the views of the *HEALTH MONTHLY*, or which will lead to the discussion of them. We are always ready to receive such advertising from any source. In our "Book Review" we notice all such publications by whomsoever published.

Still (and make a note of this), we have never declined a line of advertising which was offered with our regular charges for the same, and we have advertised for some of the best business houses in New York. We prefer to give place to advertising relating in some way to hygiene, as we wish to make our *HEALTH MONTHLY* particularly valuable to those who are looking for means to recover or preserve health. No complaint can justly be made against us for having monopolized our advertising space for our own immediate advantage; but we could name periodicals basking in the smiles of the Postal Department, which are admitted unquestioned to the second class while they exclude everything that can possibly antagonize their own interests, and some indeed which exclude all advertising but their own. The postal officials have watched our periodical, and they know that if they discriminate impartially in this matter there are hundreds of periodicals which ought to be excluded from the privileges of the second class before closing the doors against our *HEALTH MONTHLY*.

As regards any axe we may wish to grind by the publication of *The HEALTH MONTHLY*, the largest one and