# TWO WOMEN TESTIFY

## What Lydia E. Pinkham's Vegetable Compound Did For Their Health—Their own Statements Follow.

Haliburton, P.E.I.:—"I had a doctor examine me and he said I had falling of the womb, so I have been taking Lydia E. Pinkham's Vegetable Compound and it has done me a lot of good. All the bearing-down pains have vanished. I have gained ten pounds in weight, the discharge is all gone, and I feel better than I have for a long time. I think any woman is foolish to suffer as I did for the sake of a few dollars.

"You can use my letter as a testimonial. It may encourage other poor women who suffer as I did to use your Vegetable Compound."—Mrs. GEO. COLLICUTT, Haliburton, Lot 7, P.E.I.

**Read What This Woman Says:**

New Moorefield, Ohio.—"I take great pleasure in thanking you for what your Vegetable Compound has done for me. I had bearing down pains, was dizzy and weak, had pains in lower back and could not be upon my feet long enough to get a meal. As long as I laid on my back I would feel better, but when I would get up those bearing down pains would come back, and the doctor said I had female trouble. Lydia E. Pinkham's Vegetable Compound was the only medicine that helped me and I have been growing stronger ever since I commenced to take it. I hope it will help other suffering women as it has me. You can use this letter."—Mrs. CASSIE LLOYD, New Moorefield, Clark Co., Ohio.

# Guide-Advocate

Watford, Ont.

PUBLISHED EVERY FRIDAY.

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ADVERTISING RATES.

| Space | One Year | Half Year | 3 Months |
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| One column | $60 | $35 | $20 |
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| One fourth column | 20 | 12 | 8 |
| One-eighth " | 12 | 8 | 5 |
| One twelfth " | 8 | 5 | 3 |

Mercantile advertisers will be allowed a change of matter every two weeks. Weekly changes can be had at a slight extra cost. Copy of change must be in printer's hands by Wednesday afternoon.

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BUSINESS CARDS—Six lines and under, per year $5 00.

AUCTIONEER CARDS—$5 00 a year.

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Advertisements without specific directions will be inserted till forbid and charged accordingly.

HARRIS & CO.
PROPRIETORS

# Guide-Advocate

HARRIS & CO. PROPRIETOR

WATFORD, APRIL 12, 1912.


## NOTE AND COMMENT.

Happiness is a perfume that cannot be shed over another without a few drops falling on one's self.

The poorest girls in the world are those not taught to work. There are thousands of them. Rich parents have petted them, and they have been taught to despise labor and depend upon others for a living, and are perfectly helpless. The most forlorn women belong to this class. It is the duty of parents to protect their daughters from this deplorable condition.

Men are too apt to leave their prayers to priests and nuns, women and children, Bishop M. F. Fallon told his audience at Our Lady of the Rosary church, in Detroit, Monday night. Prayer should not be the mere lip service but the breath of life in the nostrils of the Christian. "Too many men leave to priests and nuns, to the 'professional prayer-ists,' and to their women and children the saying of prayers. They say they are the bread-winners and cannot be expected to pray. But God help the man who is dependent to the end on the 'professional prayer-ists.' Prayer is the means by which man puts himself into effective communication with God. It calls for the greatest development of the intellect, the emotion and the will. Consider how much broader is the panorama before the mind of the woman who sees the love of Christ as she mutters her prayers than that of a man, however high and powerful, who thinks of nothing but the petty, material things of this earth."

Power to weld together all independent telephone systems of the province was given to the Ontario Railway Board last month in the legislature when the "telephone" bill introduced by Hon. I. B. Lucas was passed in committee of the whole. This important piece of legislation not only permits a joining together of the independent telephone system, but also provides for an interchange of communications between the different systems connected. The bill also makes it clear that no municipality can grant an exclusive franchise to any telephone system without a vote of the people, and this clause, it is expected, will be objected to by the Bell Company.

According to what appears to be very authoritative information, the annual military camps will hereafter be extended to fifteen-day affairs. Heretofore the training has been conducted at the different centres for 12 days each summer, but the railway companies have received instructions to carry the men to and from the camps at Kingston, Petawawa, Niagara Falls and the western training grounds, which London and Goderich are after, in accordance with a 15-day program. Some time ago the military men endeavored to have the training made for eighteen days instead of twelve, and it is now thought that Col. Sam Hughes has acceded to a degree. The pay will also be increased to 75c. for recruits, 85c. for seasoned men, and 15c. per day efficiency pay in addition.

**Every Woman**

is interested and should know about the wonderful **MARVEL Whirling Spray**. The new Vaginal Syringe. Best—Most convenient. It cleanses instantly. Ask your druggist for it.

If he cannot supply the MARVEL accept no other, but send stamp for illustrated book—sealed. It gives full particulars and directions invaluable to ladies.

WINDSOR SUPPLY CO., Windsor, Ont. General Agents for Canada.


### How's This?

We offer One Hundred Dollars Reward for any case of catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & CO., Toledo, O.

We, the undersigned, have known F. J. Cheney for the past 15 years, and believe him perfectly honorable in all business transactions, and financially able to carry out any obligations made by his firm. WALDING, KINNAN & MARVIN, Wholesale Druggists, Toledo, O.

Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price, 75c. per bottle. Sold by all druggists.

Take Hall's Family Pills for constipation. m

### An Aid to Success.

In an article specially addressed to young men with a view to encouraging them in habits of economy, the Rev. Dr. C. H. Parkhurst, the well-known preacher and social reformer of New York, writes:—

"Although five cents a day rescued from one's spendings is not much it may in the final issue make all the difference there is between being buried in the potter's field and owning a comfortable house on a main avenue.

"If a young fellow begins by putting aside five cents a day the ambition to accumulate will grow upon him and he will be surprised to discover presently how many places there are where he can cut off some unnecessary and perhaps foolish little expenditure that yields him only a momentary gratification and one, it may be, that is more to his harm than his advantage.

And the moral effect of the economic habit is that it tends to bolster up a fellow's desire to lead a straight, clean, temperate life.

The man who is ambitious to see his pile grow will be restrained by that ambition from loose indulgences that shrink the pocket-book in the same proportion that they pander to the body.

"Even a small bank account or a single small share of stock is a sort of salvation to a young fellow growing up in the midst of the allurements of a spendthirft society."

SOMETHING THAT SHOULD BE RUBBED IN.—Whenever pain is felt in the limbs or back, take Dr. Thomas' Eclectric Oil; pour a little in the hand, and applying it to the surface beneath which the pain lies, rub briskly. If the first application does not afford relief, which is not usually the case, keep rubbing. The Oil will gradually penetrate to the affected part and relief will come. m

### Hardest Thing First.

There is never so easy a time to do a hard thing as the first opportunity we get for its doing. Every postponement then only makes the task harder. It may seem stupendously hard when we first face it; but if that is the time we ought to do it, it will never be so easy again. Efficient workers have learned, therefore, always to put their hardest tasks ahead of their easier ones, when they can take their choice. The early morning, immediately upon entering the day's work, is a good time to plunge into the hardest things that await us. After that it is a simple matter to pass on to the easier tasks, and get them done. But how often we take the invitingly easier ones first, and find by night time that the day has frittered away on them, while the hardest one is left over to be done "to-morrow," as it has been for so many days in the past! Rising up early in the morning seemed to be a favorite practise among the Bible men of strength when they had hard work on hand. We may be sure they did not rise up early in order to do the thing late that afternoon. With most of us, hardest things first, or hardest things not at all, must become the habit of our life.


## Mrs. George Kaupp

States That Parisian Sage is Best Hair Tonic.

"I had a bad case of dandruff. My scalp was full of dandruff and it came out thick and scaly. My hair came out badly; often I nearly cried on account of losing my pretty head of hair.

I heard of PARISIAN SAGE and only had to use two bottles, before the hair stopped coming out, the scalp became clean, and all the dandruff disappeared. The hair became silky and one big reason that I liked PARISIAN SAGE was that it kept the hair smooth, silky, and clean with no traces of stickiness.

I believe this tonic to be the best on the market as there has been no return of dandruff, or hair falling out whatever. I am glad to publicly endorse the use of PARISIAN SAGE. I have often endorsed its use and am glad to do it." 33 E. Bond St., Corry, Pa.

PARISIAN SAGE, the delightful hair dressing and beautifier sold by T. B. Taylor & Son, and druggists everywhere Guaranteed for falling hair, dandruff and scalp itch. Large Bottle 50 cents.


Ross Lidster, a fourteen-year-old Zone township boy, while out horse-back riding was thrown and almost instantly killed,

Miss Sarah James, a former resident on the lake road, Bosanquet, died at her home near Blackwell on Monday, aged 53 years. She had been ill since Christmas. She is survived by her aged mother, Mrs. Thos. James, Bosanquet, and five brothers, viz., George and Edwin, in Bosanquet, and William, Albert and Darius, at Blackwell.


## MAKE THIS TEST

How to Tell If Your Hair is Diseased.

Even if you have a luxuriant head of hair, you may want to know whether it is in a healthy condition or not. 98% of the people need a hair tonic.

Pull a hair out of your head, if the bulb at the end of the root is white and shrunken, it proves that the hair is diseased, and requires prompt treatment if its loss would be avoided. If the bulb is pink and full, the hair is healthy.

We want everyone whose hair requires treatment to try Rexall "93" Hair Tonic. We promise that it shall not cost anything if it does not give satisfactory results. It is designed to overcome dandruff, relieve scalp irritation, to stimulate the hair roots, tighten the hair already in the head, grow hair and cure baldness.

It is because of what Rexall "93" Hair Tonic has done and our sincere faith in its goodness that we want you to try it at our risk. Two sizes, 50c. and $1.00. Sold only at our store—The Rexall Store.

J. W. McLAREN WATFORD

CANADIAN PACIFIC

## HOMESEEKERS' EXCURSIONS

TO

**Manitoba, Saskatchewan, Alberta**

Special Trains leave Toronto 2.00 p.m. on

APRIL 2, 16, 30 MAY 14, 28 JUNE 11, 25
JULY 9, 23 AUG. 6, 20 SEPT. 3, 17

Second class tickets from Ontario stations to principal Northwest points at

**LOW ROUND-TRIP RATES**

Winnipeg and return $34.00; Edmonton and return $42.00, and to other points in proportion. Tickets good to return within 60 days from going date.

**TOURIST SLEEPING CARS**

through to Edmonton via Saskatoon, also to Winnipeg and Calgary via Main Line on all excursions. Comfortable berths, fully equipped with bedding, can be secured at moderate rates through local agent.

Early application must be made.

ASK FOR HOMESEEKERS' PAMPHLET containing rates and full information.

Apply to nearest C.P.R. Agent or M. G. MURPHY, Dist. Pass. Agt., Toronto.

ONLY DIRECT LINE NO CHANGE OF CARS

Mothers who have used Zam-Buk know how it cures Spring Skin Troubles in Children or Adults. Mothers who have *not* yet tried it should note these facts:—Zam-Buk was unknown ten years ago, yet such is its merit that to-day it has become the standard salve in the homes of four continents! Zam-Buk is purely herbal; contains no poisonous colouring matter; is used by leading medical men; used in the British Army and Navy; used by all best fitted to know the needs of the skin. Make it your family balm!

Mr. J. C. Bates, of Burks Falls (Ont.), says:—"Zam-Buk cured my three children, who were all broken out in sores to such an extent that it was pitiable to see them. These sores had defied all remedies previously applied, but I am glad to say Zam-Buk healed them."

Miss S. G. Hamilton, of Alliston (Ont.), says:—"My face and hands were one mass of pimples and blotches. These would itch, and when rubbed, broke out into sores. Whenever I put water near the affected parts it caused a stinging sensation and much pain—just as if I had been scalded. Nothing that I applied seemed to do me any good until I tried Zam-Buk. That gave me relief, and a few weeks of the Zam-Buk treatment resulted in a perfect cure."

*Zam-Buk cures pimples, skin eruptions, cuts, burns, bruises, piles, festering sores, ulcers, blood-poisoning, eczema, ringworm, bad leg, diseased ankles, and all skin diseases and injuries. Rubbed well into the parts affected, it cures neuralgia, rheumatism, and sciatica. All Druggists and Stores sell at 50c. box, three for $1.25, or post free from Zam-Buk Co., Toronto, for price.*

## SPRING CLEANUP.

The clean up, freshen up, tidy up season is here again, and nothing improves the look of a room so much as a New Piece of Furniture. We can supply you with anything required from an elaborate Parlor Suite to a Kitchen Chair. We also keep in stock

Sewing Machines
Edison Graphophones
String Instruments
Music Books and
Sheet Music

A full stock of Edison Records kept in stock and new ones received each month as they are issued.

Repairs kept in stock for all kinds of String Instruments.

Several Second-hand Sewing Machines in stock that will be sold cheap

☞ Comfort, Elegance, Durability, and Value are features that our goods are noted for.

Give us a Call and let us see what we can do for you.

## HARPER BROS.

Fine Furniture. Funeral Directors

## GOING TO BUILD

A HOUSE, BARN OR SHED?

No matter how large or small, go to

## Watford's Planing Mills

and get prices.

See our Lime, Lath, Shingles, Fancy Mouldings and Posts, Doors, Etc.

Custom Work While you Wait.

ELECTRIC LIGHT

That Perfect Light. Our Electrician, Mr. Spalding, will canvass the town, commencing this week. Put in the Lights.

Established 1870. **GEO. CHAMBERS.**

## A. D. HONE

PAINTER and DECORATOR

**Specialist in Hand Painted Decorations.**

The Best Work at Reasonable Prices. Estimates Furnished

A COMPLETE LINE OF

**Samples of WALL PAPER on Hand.**

☞ When you have work in his line let him figure on it.

**Guide-Advocate Ads. are Business Bringers**