of Philosophy.

said she, replacing it, "that the time will come when we shall instinctively

hold up the man or woman who be-

gins to fall as naturally and uncons-

ciously as we arrest a falling piece

of furniture or an ornament."
A tutor of one of the Oxford col-

leges who limped in his walk was

say that he is known by his walk rather than by his conversation."
Socrates, the ecclesiastical historiographer, reports a story of one

Pambo, a plain, ignorant man, who

came to a learned man and desired

him to teach him some psaim or other. He began to read unto him

passed the first verse, Pambo shut

the book and took his leave, saying

first.

that he would go and learn that point

lem all; but de operation was very

HAS TWO EXISTENCES.

Scientists Call Double Consciousness.

or "double consciousness."

resumes possession of her memory for events of her ordinary life to the

exclusion of those which have trans-

pired during the abnormal state. Dur-

to have entered on a new phase, for

after a mental blank of a fortnight's

duration, she awakened completely.

oblivious of all that had happened

since June, 1895, and she alludes to

events that took place just anterior

to that date as though they were of

quite recent occurrence; in fact, she

These cases, though rare, are of course not infrequently met with, and

they have been carefully studied, es-

pecially in France, where women ap-

pear more prone to neurotic manifes

tations. The hypothesis that finds most favor is that the two halves of the brain do not work in unison;

in other words, that there has been

some interference with the connec-

being, make a wonderfully composite

organ like the brain one organic

whole. Sometimes one part of the

possession of the field of physical ac-

tivity, and, as each part works to

the Dr. Jekyll and Mr. Hyde trans-

The Chance Passage.

An old Scotchman had a roommate

in New York who was not fond of

early rising, and never stirred from his bed until the breakfast bell rang.

The older man considered it his duty

to warn the young man against the

effects of indolence, and at the same

time to impart religious instruction

at 6 o'clock, shaved himself, and when

completely dressed shook his young

friend and addressed him in this man-

gain time. Here I am, dressed and ready for breakfast, with half an

hour in which to read a chapter in

the Bible and to commit a verse to

memory which may serve a useful

purpose during the day. Now, I shall

open the good book at random and

read any verse on which my eye

chances to light; and I think it prob-

special application for the events of

th day. Meanwhile there you are,

with barely enough time to dress for breakfast, and not a minute to spare

For a week or more this address

was repeated every morning with little

variation, and the chance passage

read aloud. Then the young man

gave the Scotchman a dose of his own

medicine.
It was a cold morning when the

er roommate arose softly, dressed

for good reflections."

able that the verse will have some

Every morning the Scotchman arose

"Now, lad, you see what it is to

brain, and sometimes the

formations.

to him.

tions which, in the ordinary normal

is living mentally in July, 1895.

ing the last month or so she appears

pronouncing.

When he had absented himself

# A Menace to Health

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PART III. The next few days made themselves wings—wings of diaphanous delight. There was the cheery breakfast, the report of the invalid upstairs, always stened to with interest-some gossip among the "boys," as the disaffected peasantry were generally termed, contributed by Delany, who was a pessimist and an intense aristocratthen the plans for the day were discussed, and the division of labor, if attending to Mme. de Suresne ccuid be so called, mapped out, Ellen O'Grady hopes to his fascinating hostess. Sometimes he was made miserable by the dexterity with which Grace evaded the various traps he laid for her, and the dreadful thought occurred to him: Does she love some other fellow, and therefore shrink from the pain of re-fusing me point blank?" Then some gracious phrase, some melting glance, would add fresh fuel to the flame, He had a curious, unreasonable con-

viction that Nellie O'Grady did not like him. Little flashes of impatience in her speech, a touch of bitterness here and there in the turn of her phrases, struck the colonel's far from easily aroused suspicions. But though a large-minded and generous man, he was keenly observant, and determined to make himself as agreeable as possible to the prettly little Hibernian. Col. Capel, after a saunter to the

stables, and some talk with the old coachman, generally wrote letters in an apartment called by courtesy "the library," and here Miss O'Grady, generally sat at work. She was an adept at lace making and other fanciful fab-

"I suppose that Miss Digby is at her usual Good Samaritan task of reading aloud to the sufferer upstairs," said one soft, showery morning, termed by Irish agriculturists as "fine growing weather."

"Oh, I suppose she is. But why a sprained ankle should injure the eyesight, I do not understand," returned "Nor I. However, at madame's age,

is natural enough that she should like to spare her eyes." "Ah, yes, I forgot." "At all events, Miss Digby is most

faithful in performing her self-imposed duties. 'Yes, indeed, she is!" cried Nelly, looking up with a gleam of uneasy light in her dark, quick eyes. "Then she is kindness itself," added Capel.

'Anyway to women," returned Nelly. "What! Can she be cruel to that portion of the human race which is chiefly devoted to her?" Well. you see, she was vexed with

one of them, and so she's ready to punish the whole lot." "That is unfair," said Capel, while thought, "this is dangerous. It is hateful to suspect that anyone has been before me."

"And. then," returned Nelly, "Grace is tremendously patriotic. She thinks Englishmen are cold and selfish." "Cold! Great heavens!" exclaimed Capel, "we do not deserve such a sentence. I am sure, Miss O'Grady, you have too much penetration to believe

"Well, I am not sure. I have never been in England. Now, Grace has been | tion. there a good deal. She was a whole year at Miss Monitor's school at Chesand out of a carriage in elegant style. It would make you die laughing to learned all about the heathen gods, and goddesses, and a very bad set they seem to have been.'

"But I thought that Miss Digby had been brought up by this French lady?" said Capel, taking a fresh piece of

Yes, of course, she was," impatient-"She went to finish at Chester. No but an Englishman would have needeed that explained."

"Come, Miss O'Grady, do not be so hard on us thick-brained Saxons," said Capel, good humoredly. "Perhaps a long residence in this country might sharpen our wits."

"Well, maybe so. It would take a long time," laughing saucily.
"Where's the masther?" asked De-

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## Laurier and Mowat. Laurier and Mowat. Laurier and Mowat.

lany, putting in his head, with a source look than usual on his wizened "I don't know," returned Nelly; "who

wants him?"
"Faith, Jefferies, the Yankee, no less. t's about ould Daly's farm. I'm thinkng he's nothing but a land-grabber, bad 'cess to him, if it's after the land "I fancy my uncle has gone down

to the farm. Anyhow, I'll go away, I don't fancy the man Don't put him in here, Delany. It will disturb the just finished my letters."
"Thank you, surr. If I lave the black-avised crature in the hall, some

of the boys will be putting the comether on him."
Miss O'Grady gathered up her work and departed, and the next moment a small, slight man, with keen black eyes, neatly dressed in a dark green riding suit and top boots, a whip in his hand, and with almost, but not

ered into the room. "Your servant, sir," he said, in a peculiar voice, neither Irish nor English. "You are Mr. Jefferies," said Capel, rising and confronting him. "You are generally to be heard of-"At the 'Black Bull,' Clonmell," put

quite, the air of a gentleman, was ush-

in the newcomer. "Exactly, I have a note for you," and Capel drew forth the note Lane had Jefferies read it quickly. "All right," he said; "I have been expecting this.

Not seeing or hearing from you, I came here to see you." "And your business?" said sharply, not liking the looks of the

"You will, I believe, be summoned to reserving herself for the afternoon in order to leave Grace free to ride or walk with her uncle and Capel. The latter had by this time surmounted his shyness and self-distrust, and longed feverishly for the chance of a tete-atete, when he could avow his love and the latter had by the could arow his love and the latter had by this time surmounted his shyness and self-distrust, and longed feverishly for the chance of a tete-atete, when he could avow his love and the like is all the better, for not being among to first. When he had absented himself for the space of nine months he was demanded of his reader when he had absented himself for the space of nine months he was used to share the space of nine mont is all the better, for not being among his own people the boys will not be so ready to risk life and limb to screen

"If that's the case, I wonder he does not find some fishing boat to take him to sea. I suppose he is in communica tion with France." "No doubt, sir. Where will you be putting up in Cork, sir?"

"At the Crown and Scepter Hotel. burned so steadily in his heart. How the deuce do you know that I am likely to be summoned sooner than the "Because the brigadier is bad, sir-

sick with the liver-and will be asking you to come." That remains to be seen,"said Capel. "Hallo, Mr. Jefferies!" said Digby, coming in quickly; "so you are after Daly's farm again. I tell you you need a lot more evidence to make matters

clear to me. Now, it is close on luncheon time-you go and have some dinner-and I will talk to you after." He rang. Delany immediately appeared, and, receiving his master's orders, jerked his thumb over his shoulder, croaking out, "This way, Mr. Jeffer-

To be Continued.

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For the purpose of bringing these wonderful remedies more prominently ter, where they taught her to step in than ever to the attention of the public, and thus widening the scope of their usefulness, this company is now hear Grace take off Miss Monitor lec- making a most generous offer-an ofturing the young ladies; and then they fer that should certainly be taken advantage of immediately by every sufferer to whom it may be made known.

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The chief art of learning is to atempt but little at a time. The widest excursions of the mind are made by short flights frequently repeated; the most lofty fabrics of science are formed by the continued accumulation of single propositions.-Locke.

LIFE SAVED .- Mr. James Bryson Cameron states: "I was confined to my bed with inflammation of the lungs, and was given up by physicians. A neighbor advised me to try Dr. Thomas' Eclectric Oil, stating that his wife had used it for a throat trouble with the best results. Acting on this advice, I procured the medicine, and less than a half-bottle cured me; I certainly believe it saved my life. It was with reluctance that I consented to a trial, as I was reduced to such a state that I doubted the power of any remedy to do me any good."

Aim at perfection in everything, though in most things it is unattainable; however, they who aim at it and persevere will come much nearer to it than those whose laziness and despondency make them give it up as unattainable.

Prominent Lawyer Says: "I have eight children, every one in good health, not one of whom but has scotchman, wearied by late hours the taken Scott's Emulsion, in which my previous night, overslept. The young-wife has boundless confidence."

Paris burglars recently broke into himself quickly and aroused him. the office of one of the judges in the Palais de Justice, but opened the wrong safe, finding only law papers, which they left behind.

"Here I am," began the convert to the new gospel of early rising, "in complete order for breakfast and ready to turn to a verse in the good

book which may serve me a useful turn during the day."
"Well done," said the Scotchman, ANECDOTES WORTH TELLING. rubbing his hands. Each Has a Streak of Humor or a Grain

"You know, too," continued the young man, without a smile on his face, "that one's hands may be diwriter in one of the English rerected by something that is not blind views relates that during a conver-sation with George Eliot, not long bechance to a verse which may be highfore her death, a vase toppled over "Certainly," said the Scotchman, pleased to see that his lesson had been on the mantelpiece. The great writer quickly and unconsciously put out her hand to stop its fall. "I hope,"

aptly learned by the pupil. "Open the your eve catches." The young man opened the book and without a pause or a smile read

the following verse from Proverbs:
"He that blesseth his friend with a loud voice, rising early in the morning, it shall be counted a curse to him." some years ago accosted by a well-known politician who asked him if he was not the chaplain of the col-

The serious Scotchman was taken back so completely by the sentiment that he demanded the ook and had to read the verse through his speclege at such a time, naming the year. The doctor replied that he was. The interrogator observed: "I knew you by your limp." "Well," said the doctor, "it seemed that my limping made tacles before he could believe that his companion was not deceiving him.

with ready wit, "it is the highest compliment we can pay a minister to say that he is known by him to say that he is known b

Saved by a Glove Button How much may depend on a glove fastening was illustrated at one o the Monson slate quarries in an adventure which the person concerned would not care to report. He was a derrick man, who stood on the brink the 39th psalm: "I said, I will take heed to my ways that I sin not with my tongue," says Spencer. Having of one of the great chasms com which the slate rock is hoisted. His duty was to catch hold of the big hook depending from the end of the boom as it swung over the bank, and attach it to the crate to be sent back into the pit. Standing upon the very edge he reached out to catch the hook which dangled near him. It was winter, and he wore thick buckskin gloves. The hook slipped from him as he leaned out, but caught into fastening of the glove. The swis of the great boom took him off Sir Astley Cooper, on visiting Paris, was asked by the surgeon "en cher" of the empire how many times he had feet in an instant and carried him out into giddy space, with his life pending on the glove's holding fast. performed a certain wonderful feat of surgery. He replied that he had performed the operation thirteen His whole weight was hung on that button, and there was a clear 175 feet of space between him and the floor "Ah, but, monsieur, I have of rock below. The moments that done him 160 times. How many times passed before the boom could be did you save life?" continued the curious Frenchman, after he had swung back over the bank seemed looked into the blank amazement of like hours to him, but he got there Sir Astley's face. "I," said the Eng- at last safe and sound.—Lewiston lishman, "saved eleven out of the thirteen. How many did you save out of 160?" "Ah, monsieur, I lose

# Bread and Baking

Practical bakers are so exposed to An English Girl Has Acquired What extremes of temperature that it is not surprising that they often suffer from kidney and other troubles. In many At a recent meeting of the Clinical cases their work at night confines them Society, says the London Medical in a heated atmosphere for hours, from Press, a distinguished suburban practitioner, whose name is withheld in order not to afford any clue to the which they sally forth through the cold air to their well-earned rest. Mr. George Roberts, baker for Mrs. identity of the patient, showed a girl, S. Ranahan, 257 Dundas street, gives 12 years of age, who exhibited in the most complete and indubitable form us the following facts: "I have suffered so much for the past fourteen the condition known as "dual existyears with kidney disease that it gives Last year, after a severe illness, me pleasure to tell of my changed conwhich was diagnosed to be meningitis, she became subject to temporary dition for the better. I had fearful pain in the back and right side, the attacks of unconsciousness, on awakurine was red in color, with a reddish ening from which she appeared in an entire different character. In her nor- in the region of the bladder, causing mal condition she could read and me great suffering and discomfort. Apcomparative correctness. In the alwith sleeplessnes at night. I felt tired tered mental condition following the and worn out all the time. Work be came drudgery; it was an effort to do attack she loses all memory of ordinary events, though she can recall anything. I was low-spirited and discouraged. Hearing of Doan's Kidney things that have taken place during previous attacks. So complete is this Pills, I went to Mr. W. T. Strong's drug store and got one box. From alteration of memory that at first she was unable to remember even her the first dose I commenced to improve own name, or to identify herself or her parents. By patient training in and now my back and side are all right; the urine is natural in color; the sediment has disappeared; I have no the abnormal condition she is enabled to give things their names, though pain of any kind; rest well; appetite she still preserves a baby fashion of has returned; I am stronger and better in every way; for the first time in She sometimes remains in the abmany years I now feel that life is normal condition for days together, worth living. Doan's Kidney Pills have and the change to her real self takes cured me of my long-standing com-plaint, and I am pleased to acknowlplace suddenly, without exciting surbrise or dismay, and she forthwith

## HANDFULS OF HAIR

edge what they have done for me.

have not taken more than two boxes

of the pills, and the result is as I have

stated. Previously to this I had tried

nearly every kidney remedy, but until I took Doan's Pills experienced not the slightest relief."

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