

OW many appetizing dishes can be prepared when you have on hand a supply of rich Carnation Milk!

uch better the coffee tastes with this rich creamy milk! Truly it solves a difficult problem in the home. Carnation Milk comes to you doubly richer than ordinary milk. It is thus more convenient than ordinary milk.

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"The Story of Carnation Milk" is an interesting booklet we have prepared. It contains 100 tested recipes. Write us at Aylmer, Ont., and we'll gladly mail you a copy—FREE.

## Carnation

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CONDENSERIES at Aylmer and Springfield, Ont.

### If You Were Mexican.

If you were a native of Mexico you | The tortillas, or corn cakes, constimight be Indian, Spanish or real tue the stapple and almost unvaried Mexican, which is really a mixture diet of the Mexican poor. They are of the other two races. Your type of dry, flat, almost tasteless cakes, made civilization would depend largely up- of water and corn flour, and baked on on the amount of Spanish blood in hot bricks. Preparing these tortillas

called peons. It has been said that as well as bakers. the only flower that will not bloom

the lot of his peon is indeed pitiable. Although living in a land brilliant with flowers and rich with fruits, the

One must either buy water from the and public fountain. Since many Mexicans are more or less averse to work, they prefer to remain unwashed rather

Laundry work is done on the banks of streams and ditches. The clothes, having been soaked for a day or two in jars, are taken to the waters edge with the greatest interest. There is Nothing Slow About This ruler be denied the right to sleep in it. and pounded with stones or rubbed with the greatest interest. There is over the rough rocks. Fine linen would much gambling among the peons on not stand this treatment very long. but the few clothes of the natives are woven of coarse material.

boy to own a fine sombrero, or broad- ries the family's burdens, he is often brimmed hat with its ice-cream-cone mistreated by his owner. Snakes crown. After he has made enough serve as special pets which the boys gagement announcement, money to buy one, and some of the delight in smuggling to school in orbest cost all the way from twenty-five der to lighten the hours of forced to one houndred dollars) he cares for study. little else than to eat and sleep and

eat melons, beans with very hot sauce, and sugar-cane, which is plentiful. becomes the tiresome job of women The peasants or poor Mexicans are and girls, and they must be millers

place are known as cock pits. The tablets costs so little at drug stores, roosters being palced in the centre of too. of a ring, the owners and spectators with the greatest interest. There is

Besides the cock, Mexican boys

Maybe a picture enters your mind

what fun it would be while all is still Quality Counts in Coal Oil No coal oil but the best is good enough. Every occasion calls for quality. A clean, refined oil that burns without soot or smoke, that goes into useful energy to the last drop—that's the oil to choose for your cook-stove, heater, lamp, tractor er stationary engine. You can't buy better coal oil than Imperial Revalite. It is a superior product, refined to meet every known test to which oil can be subjected. It is the same uniform quality anywhere you buy it. Gives the same full satisfaction for all power, heat or lighting purposes. It's for sale by dealers everywhere in Canada.

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the schoolroom. Still? Then you The Sphinx Riddle neard a block away. The children are studying, and they do it out loud. clock in the morning until night. me of the children sit in chairs, thers sprawl over the floor. They earn to use a picture language which a remnant of the Indian days.

### It Should Be.

war, a state-owned cable connecting worshipped rocks as gods; then, a Great Britain with Australia. In 1917 the British fished up from the Atlantic den to New York via the Azores and had led them to regard as a divinit relaid it between Penzance and Hali- But as Egyptian writing has mention fax; from Halifax leased wires across ed such a god, although a small tem-Canada connect it with the state-own- ple exists between the Sphinx's gigan-Pacific cable board operates the cable from Halifax to Australia. During the later stages of the war and up to the present time it has been used exclusively for Government purposes; but it is now being made available for

general commercial business. With a public-owned All-Red cable connecting Great Britain, Canada, New group. Near the Sphinx stood the Zealand and Australia, it ought to be pyramids coated with polished stone trol of supply of news is not to be thought of; but if this publicly-owned pyramids were brought after being cable can place at the disposal of ex- floated down from the quarries un ilities for handling news between these British countries the conse- Sphinx and the pyramids were devoid quences would be very beneficial to of carvings, Greek writers who saw the interests of all the peoples affect- them declare. The Greeks could not

we know less about or hear less about the Greeks. than Australia or New Zealand, alwealths dealing with pretty much the the rock from which it was chisled obsame problems that we are ourselves structed the view of the pyramids.

### MR. OR MRS. DYSPEPTIC

Stomach Worries with "Pape's Diapepsin"

"Really does" put weak, disordered tomachs in order—"really does" overcome indigestion, dyspepsia, gas, Much of their time, when they are not heartburn and sourness due to acid compelled to work, is spent lounging fermentation—that—just that—makes against the adobe walls of their bare, Pape's Diapepsin the largest selling stomach antacid and regulator in the world. If what you eat ferments and Parading the game-cocks becomes turns sour, you belch gas and eructhe boys' special job in Mexico. tate undigested food or water; head is That the Mexican appears dirty Sometimes the lads carry their dizzy and aches; breath foul; tongue must be due to the scarcity of water. charges to school and during recess coated, remember the moment "Pape's plan battles between champion fight- Diapepsin" comes in contact with the Cock fighting as well as bull fight- It's truly astonishing-almost maring is a popular Mexican amusement. velous, and the joy is its harmless-The places where cock fights take ness. A box of Pape's Diapepsin

To the list of novel experiences that have overtaken Cornelius Vanderhave two other pets—the burro and bilt, Jr., during his brief career as a It is the ambition of every Mexican the snake. Although the burro car-, cub reporter on the New York Herald, later to transfer it so it might sleep in has been added the doubtful distincthe resting place Checps had made tion of being "beaten" on his own enfor it. But in the days of the Greek

The only son of Cornelius Vanderhilt was perusing the first page of a rival publication on Friday when he saw a two-column headline that caus-

ed him to gasp. "Cornelius Vanderbilt, Jr., is engaged to wed sister of Martin W. Littleton, a half-sister of the lawyer and Democratic leader who nominated Judge Alton B. Parker for the Presidency in 1904.

Young Vanderbilt forgot the interest that the fiance usually finds in such an announcement in the chagrin of the reporter who finds that he has been "beaten" on news actually in his possession. But, in defense of his journalistic ability, it may be said that he was the victim of a bit of newspaper enterprise that might have taken in a more experienced reporter.

He was about to retire Thursday evening when the telephone bell rang and a businesslike voice asked: "This is the night desk. How're we

to use that engagement announcement of yours?" "Why, I left that with the managing editor, you know," said Vanderbilt thinking he was talking to the night city editor of the paper upon whose staff he was employed. "He was going to hold that announcement until lat-

The man at the other end of the wire laughed. He could not conceal his triumph at the ruse that had suc-

"Thanks," he said. "This is the Times talking. I just wanted to make sure that our tip was straight. You have kindly verified it."

The reason that piercing the flesh with even the finest needle hurts is ecause the nerves are so thickly natted just under the skin that not even the finest point can be intro-duced without wounding one or more

Who carved the Sphinx?"

lion rose from the rock shelf that jut out toward the Nile and that the early

### A Kemarkable Group

In the days of the glory of Mehphis, some five thousand, years ago, the Sphinx was then a polished figure, apnothing since like this remarkable Is there any part of the world that Egypt, who could, did not care to tell

> The Sphinx's presence in this group have led some writers to conclude that figure. One theory is that the body of the lion signifies strength and that the head was that of the great King Cheops whose pyramid stands near by. Since Egyptian kings were worshipped as gods, this would account for

### Denied His Resting Place.

The Greeks declared that Cheops was the most unhappy of mortal kings. His kingdom was small and Egypt had not the vast slave army that later built its temples and tombs. But to build a great tomo on the rock shelf near the city. For ten years his Then the real work of building the Great Pyramid began and each da the king went to inspect it.

Finally Cheops was called to Osiris. The Egyptian custom was that he be mummy wrappings in the great hall of the palace for this last ceremony. A great clamor arose outside, and the common people, oppressed by the taxes which built the huge pyramid, burst in with a demand that the dead In vain the courtiers tried to quiet them and the soldiers to eject them; the clamor would not down. By night some of the king's retainers concealed the tody in an obscure tomb, hoping

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While the kings of the dynasties which built the temples at Thebes card their names and history on every ne, those who built the pyramids eft little written work and the Great Pyramid of Cheops was only identified any years later by the mark of a

writers the pyramid still was open and quarry man made in red chalk on an interior stone. The facing stones the war is over. And some day he made in the war is over. And some day he made in the war is over. And some day he made in the war is over. And some day he made in the war is over. And some day he made in the war is over. And some day he made in the war is over. And some day he made in the war is over. And some day he made in the war is over. And some day he made in the war is over. And some day he made in the war is over. And some day he made in the war is over. And some day he made in the war is over. And some day he made in the war is over. And some day he made in the war is over. ailding the city of Cairo but no mark die."

So history keeps its secret. Although man still is trying to solve it and the explorer and student is re
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