MEDICAL.

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LODGES.



WELLINGTON Longe. No 46, A. F. & A. M., G. R. C., meets on the first Monday of every mouth in the Masonic Hall, 19th St., at 7,30 p.m. Visiting brethren

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Price Purely Vegetable. Secretion CURE SICK HEADACHE.

CHILDREN AND MEAT.

Combination That Does Not Pro-duce the Best Results.

I am asked what to do with a small child who wants to eat meat all the I certainly would forbid the little daughter meat for awkile and later allow her but a small portion once a day only.

If you allow a child meat its appetite

for the foods best suited to a growing child becomes less, and it may soon turn away from milk, cereals, vegatables, etc.

If a mother realized that the stimulating effect of meat produced in the child a distaste for all less satisfying foods she would soon understand that her child was forming a dangerous habit.

Dr. Joseph E. Winter tells us that meat by its stimulating effect produces a habit as surely as does alcohol, tea or coffee. He further tells us that the foods which the meat eating child eschews contain in large proportions certain mineral constituents which are essential to bodily nutrition and health and without which the processes of fresh growth and development are stunted, says Mary W. Butler in the Philadelphia Press. Dr. Winter de-clares there are more so called nervousness, anaemia, rheumatism, valvular diseases of the heart and chorea at the present time in children from an excess of meat and its preparations in the diet than from all other causes

The nervous system of a child is a most delicate one, and to its overstimulation, through the free indulgence in the meat habit, are due many future ills. Would we have a stronger race? Do we wish to spare our little ones many unnecessary aches and pains? Then let us look to their eating and daily habits while they are young. The little girl or boy of ten or twelve whose lunch consists of a few pieces of beefsteak and a cup of strong cof-fee is not to be envied. Oh, could but the mother see into the future, what miseries her guarding care, watchful eye and quiet "no" might prove the means of sparing the little one!

TAKE MY CURE, WHEN CURED YOU PAY ME



The fear that you could not be cured may have deterred you from taking honest treatment, or you may have been one of the unfortunates, who have been treated in vain by inexperienced physicians. Free treatments, free trial samples, patent medicines, electric belts and other similar devices. Such treatments cannot and will never cure you, nor will these maladies cure themselves. When I offer you a cure, and am willing torisk my professional reputation in curing you, and have such faith and confidence in my continued success in treating these diseases that not a dollar need be paid that you are cured, a fairer proposition cannot be offered to the sick and afflicted. This should convince the skeptical that I mean what I say, and do exactly as I advertise, as I am positive of curing you in the shortest possible time, without injurious effereffects. My charges will be as low as possible, for conscientious, skilful and successful services, and my guarantee is simple and true. Not a dollar need be paid until cured. I have a dollar need be paid until cured. I have a dollar need be paid until cured. I have a dollar need be paid until cured. I have a dollar need be paid until cured. I have a dollar need be paid until cured. I have a dollar need be paid until cured. I have a dollar need be paid until cured. I have a dollar need be paid until cured. I have a dollar need be paid until cured. I have a dollar need be paid until cured. I have a dollar need be paid until cured. I have a dollar need be paid until cured. I have a dollar need be paid until cured. I have a dollar need be paid until cured. I have a dollar need be paid until cured. I have a dollar need be paid antil cured. I have a dollar need be paid antil cured. I have a dollar need be paid antil cured.

DOWN OLD PINE KNOB

By M. J. Phillips

Copyright, 1905, by M. J. Phillips March had come, but winter is tena-

cious in Massachusetts. There were few signs of a breakup. The tops of the hills were still covered, no tinkle came from the frozen creeks.

Tom Mowbray, ascending to the top of Old Pine Knob, after a coast of nearly half a mile on his stout sleigh, looked on a fairy world. The evergreens were loaded with snow and bearded with hoar frost, the dark green boughs standing out between like wondrous carvings in frames of purest white. The air was like honey and diamonds. Everything glittered blindingly beneath the sun, which shone, brilliant and hard, from a cloudless sky.

Panting, Mowbray paused a mo-ment on the top of Old Pine before dropping upon the sled for another dash down the road, a creamy ribbon between smooth white hills. It was a goodly stretch of country he surveyed. On the right of the road and halfway to the foot of the hill stood his own home. From the kitchen chimney a column of smoke, un-



HE SNATCHED THE GIRL FROM THE CUT-TER AND THEY FELL TO THE ROAD.

troubled by vagrant wind, rose straight in the air. A few rods beyond the house the railroad track crossed the At the bottom of the little valley the iron bridge over Winkoos creek marked the end of his coast.

Tom was twenty-four and stood a full six feet, but he still loved, boy-like, to cruise at breakneck speed over courses that would have frightened expert tobogganists. The road down Old Pine was treacherous, icy from the warm noonday sun and the midnight frosts. It was full of quick dips and turns, which sent many a youth careering over the snow crust on head and shoulders while his sled followed a path of its own in another direction. Mowbray's long coaster, of stout oak

frame, shod with springy steel runners, was paused for another birdlike flight when a vehicle appeared on the bridge, headed toward Old Pine. It was an old fashioned cutter drawn by a ponderous farm horse. A splotch of red was visible above the cutter, whereupon Tom's heart beat incontiproperty of John Higgins, Mowbray's neighbor on the north; the carmine was a tam o' shanter, and the person beneath it was Mrs. Higgins' pretty niece from Boston, Miss Jessie Boone.

"Miss Boone going to town with old Duke," mused Tom. His keen eye caught the prim and unaccustomed manner in which the girl held the reins, and he smiled. "Driving's somehing new for her, but she's safe as a hurch. Duke won't run away, although"—the smile became a grin—"I don't say 's he won't balk."

Kincassett, the nearest town, was two miles back of Old Pine. Long years of jogging along the road and over the steep hill had made a misanthrope of Duke. He learned to balk, briefly and unavailingly with Higgins, but where strangers were concerned with entire and disconcerting success. The balky fits were intermittent. Sometimes he went for months without protest, mute indignation visible. however, in every line of his sturdy old frame as he approached Old Pine.

Duke had evidently been on his good behavior or the Higginses would never have trusted their guest to his tender The horse and his idiosyncrasies did not long occupy Mowbray's mind. Miss Boone was a much more agreeable subject for thought, a subject which

had been ever present in Mowbray's brain since her arrival a week before.

"She's the nicest girl I know," said the young man to himself with entire conviction. "Those big gray eyes of hers! I wonder," and a flush for which he night gray man are not-al.

the nipping morning air was not-al-together responsible overspread his face, "if she's got a fellow in Boston." Duke, wise old equine, knew that no master hand held the reins. From a brisk trot his gait insensibly slackened to a shuffle. When the slope of Old Pine began he subsided to a walk. He gave one or two backward glances in response to urging from Miss Boone's red lips. When the cutter stood square-

ly on the railroad track he glanced sad-ly at the towering hill and stopped.

The girl clucked impatiently and jerked at the reins. Duke planted his legs immovably and laid back an ear Miss Boone laid the whip across the horse's broad back apologetically, with no result. Then, the gray eyes flashing and the lips crossed together until they were a mere scarlet line, she struck

right heartily. Duke never budged.

Mowbray, unobserved by the girl, stood on the hilltop and enjoyed the affair immensely. "She's got grit, all right," he observed to his sled. "At first she thought the old boy was tired. Then it occurred to her that he was Shucks! Who'd thought her little fist could grip the gad that way? And that Duke villain is just enjoying himself! More from sheer vexation than fa-tigue Miss Boone ceased to ply the whip and looked helplessly about. It did not occur to her to look upward. Mowbray felt that she was on the verge of tears and was about to reassure her with a cheery cry when a sharp whistle froze it in his throat. The

Boston express! The girl's danger was imminent. At this point the track, sunk in a deep cut, described a sharp curve to the left. A train for these reasons was not visi-ble until within a short fifty yards from the crossing. The cutter, its lovely freight unconscious of the death swooping down, stood squarely be-tween the rails. Miss Boone was a stranger in the neighborhood and paid no heed to the whistle, if, indeed, she heard it, so great was her anger at Duke.

Meanwhile Tom was thinking frenziedly. A cry of warning would not do. The train was scarcely farther away than was Mowbray himself. The girl might not understand. If she did, the incumbering robes and blankets in which she was swathed could not be torn off in time for a leap to safety. In his agony and horror Mowbray gripped the sled until his muscles creaked. That gave him an idea-the sled, the sled!

The train had not gone its length so rapidly did these thoughts flash through the young man's mind. Raising the coaster, he took two or three quick steps and flung himself face downward upon it. Responding to the impetus, the sleigh rushed madly down the hill. The flexible runners creaked and

The wind whistled weird tunes in Mowbray's ears. At the back of his brain something prayed that he might be in time, but all his faculties were intent on keeping the sleigh upright. Once for a second—nay, an eternity—it rose on a single runner. Again as they followed a sharp angle it slowed the width of the road. But Providence rode with Mowbray that morning, and catastrophes could only threat

Twenty feet from the cutter he jerked the head of the coaster suddenly into a snow bank. His own momentum carried Tom straight ahead. Rolling like a frightened caterpillar, he crashed into the cutter. Something snapped, and a horrid pain stabbed him, but he scrambled blindly to his feet. Some-how he snatched the girl from the cutter, and they fell to the roadside in safety as the train thundered by, hurling fragments of the wrecked vehicle high in the air. Duke, uninjured, but thoroughly cured of his balkiness, galopsed clumsily up Old Pine.

"Of course," said Tom in telling the story afterward, "I broke an arm, but," with a proud and tender glance at the blushing Mrs. Mowbray, "if I had as many arms as an octopus I'd break 'em all for a wife like her!"

Willing to Pay For His Contempt. The following anecdote is told of General Gilman Marston, a once famous New Hampshire lawyer:

General Marston was attending court at Dover, when a young attorney made The young man remonstrated against what he thought was the wrong ruling of the judge. So vehemently did he remonstrate that he was fined \$10 for contempt of court. An older attorney took the matter up, and he was fined a similar sum. Still another, who thought he stood a little better with the judge, endeavored to straighten the matter out, but he, too, enriched the coffers of the state by paying a "ten spot" for contempt

General Marston was then seen to rise in his seat and advance to the clerk's desk. Taking his long pocketbook from his pocket, he took out two ten dollar bills and laid them on the

"What is that for?" said the court "I want you to distinctly under-stand," said the general, "that I have just twice as much contempt for this court as any man here, and I am paying for it."-Boston Herald.

A Hole For Each Peg. An officious little country station

master recently discovered a gentle man enjoying a cigar in a compartment not reserved for smokers. The traveler wore a top hat, and the little station master approached him

in all humility. "You should not smoke, sir," he be

"Indeed!" elaculated the traveler "That is what my friends say." "You misunderstand me, sir," returned the station master. "You must

not smoke. "So my doctor tells me," respo the other The station master was rapidly los-

ing his temper, and, assuming the most severe attitude he could command, he roared: "But it's against the regulations and

you shan't smoke, sir!" (
"Dear me!" exclaimed the unmove offender in grave tones. "The wife to a tee."-London Globe. "That's my

, FOWLER STRAWBER

Diarrhoea. Dysentery, Summer Complaint,



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MRS. CHAS. WOODS, Waubaushene, Ont., writes: "I have used Dr. Fowler's Extract of Wild Strawberry in my house for years, and I find it a splendid remedy for Diarrhœa and Bowel Complaints, especially in children teething."



The Slavery of Fashion

Henry Labouchere, the audacious ed itor of Truth, which is a periodical read by fashionable people, thus expresses his opinion of the fashions in dress: "The aim of dressmakers is to make money, and they find this easy, as they have to deal with silly people. Each year they alter the fashions and take care to do this in a way that the dresses of one year cannot be adapted to that of the next year. Women are the slaves of these intelligent harpies. They blindly accept the fashions ordained by them and seem to be entire ly ignorant of the fact that what may suit one woman does not suit all. Dressmakers have very little taste. Even if they have it is warped by their subordinating it to finance. Occasionally the fashion which they inaugurate is not absolutely ugly, but it is always overlooked in order that a large price

DEAFNESS CANNOT BE CURED.

may be charged for the costume.'

By local applications, as they can-not reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitution-an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, Deafness is the result, and unless the in-flammation can be taken out and this tube restored to its normal condi-tion, hearing will be destroyed for-ever; nine cases out of ten are caused by Catarrh, which is nothing but

an inflamed condition of the mucous surfaces.

We will give One Hundred Dollars for any case of Deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circu-

F. J. CHENEY & CO., Toledo, O.

Sold by Druggists, 75c. Take Hall's Family Pills for con stipation.

The First Anthracite Coal. When the first two tons of anthrain 1803, the good people of that city, so the records state, "tried to burn the stuff, but at length, disgusted, they broke it up and made a walk of it." Fourteen years later Colonel George Shoemaker sold eight or ten wagon loads of it in the same city, but war-rants were soon issued for his arrest for taking money under false pre-

Invaluable. "In what way could you be of any ise to an employment bureau?" said the proprietor.

"Simplest thing in the world," replied the shiftless looking applicant. fill positions, and I'm always out of a tob." "You are always in need of men to

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Our Fall Woolens are winners for us, and they'll be winners for you.

Let Us Measure You Now Before the Rush.

and after taking ample time to make your clothes in the best possible manner, every garment is made in the building by masters of the trade, who take pride in turning out good clothes.

