

## Around the Country-Side

ITEMS OF INTEREST ABOUT PLACES AND PEOPLE WE ALL KNOW

### WASHBURN'S

Farmers here are busy. Since the heavy rains decreased the quantity of snow, a great amount of wood has been handled, and now that sugar making is here all hands are busy. On Thursday we had a good "sap-run" from all the bushes on high land.

Mr. C. Dixon had his flock of sheep more than half destroyed by dogs on Tuesday night of last week. Six sheep were found dead, one has died since, and several others are badly injured. The dogs were seen in the morning, but they all got away excepting their own dog, which they killed. The others they have not been able to locate.

### FRANKVILLE

Mrs. B. W. Leverette and children, Lansdowne, who have been visiting at the home of her parents, have returned home.

Mr. R. Running and bride have returned and are taking up housekeeping in the Gallagher block.

Mr. and Mrs. Lyman Brown have returned home, after having spent the winter with their daughters in Brockville.

A number of young friends met at the home of Solon Leach to bid adieu to the family before leaving. The son and daughter go to Medicine Hat, N. W. T. We understand Mr. Leach is to spend the summer at Cedar Park, Charleston Lake, having sold his farm to Mr. E. T. Richards.

Miss Lulu Munroe entertained a number of her young friends on Friday evening.

W. S. Hough is spending a few days at the home of W. D. Livingston.

### DAYTOWN

Miss Maria Wood has returned home from Frankville where she has been visiting her sister, Mrs. Frank Eaton, and other friends.

Miss Ella Huffman has returned from Brockville, where she has been attending the millinery opening, and has gone to Mr. Halliday's at Phillipsville to attend his millinery shop.

Mr. and Mrs. George Wier have moved away. We miss them very much.

Mr. Milton Scofield of Athens has moved onto Mrs. Jones' place.

Mr. James White has recovered after being kicked by a horse.

The smallpox patients have all recovered.

Mr. and Mrs. Eli Wood were visiting their daughter, Mrs. Frank Eaton, of Frankville.

### NEW DUBLIN

Mr. Geo. Roberson intends opening his factory on 4th of April. He will be assisted by his son Jim during the summer.

Mr. J. S. Rowsome has just received a new supply of goods in his store. Call and see them.

Mrs. John Kendrick has been ill with grippe, but is much better.

Miss Myrtle Emmons of Frankville has been visiting at Mr. James Moore's.

Messrs Cadwell and Mallory have been doing a rushing business in their saw mill lately.

Mr. Aaron Sherman is busy clapping his house and getting it ready for painting.

The many friends of Mrs. Thomas Orr are greatly pleased to see her able to visit among them again.

### DELTA

Mrs. Ruddick and daughter of Lyn are visiting their uncle, E. C. Sliter.

There is a chance of the dove returning with the olive leaf, for the tops of the trees are seen once more, and in many places old mother earth has made her appearance from under the snow.

The heavy rains and the melting snow have turned the rivulets into creeks, the creeks into lakes, and many cellars into miniature ponds.

Although the weather has not been very warm, the maples have run sap continuously and kept the farmers busy boiling the saccharine fluid.

Rev. G. H. Williams preached in the Methodist church, Athens, last Sunday while Rev. R. J. Garrett, the Baptist minister, occupied the pulpit at the Methodist church.

Ham Hazelton and wife have gone to Cheateville where Mr. Hazelton will make cheese.

### OBITUARY

An old and respected resident in the person of J. E. Johnson passed away on Wednesday morning, 23rd, at his old home, two miles from Delta, where he had spent the greater part of a long life of usefulness. He commenced teaching in 1849 and went to normal

school, Toronto, in 1851, and was successful in passing a satisfactory examination. He returned to Delta to teach school, where the town hall stands, in 1853, and then kept a hotel in Portland for a short time. He again taught school at Delta in 1878. He was married to Miss Rebecca Gallagher in 1855. He gave up teaching school and bought the farm he lived on until his death. He was 72 years of age. He was highly respected by all who knew him and he leaves a community in whose memory he will live as a man of sterling qualities. The remains were taken to the Methodist church where Rev. R. J. Garrett, the Baptist minister, conducted the funeral service and a service was also conducted by the Masons of Delta lodge, of which deceased was an old member. The Masonic pallbearers were R. J. Green, H. E. Bowser, E. V. Halladay, J. W. Russell, Mr. Kelly, and W. Godkin. He left a wife and one daughter.

### GLOSSVILLE

Mr. W. S. Hough is spending a few days with W. G. Lee.

Miss Ada Johnson is visiting friends at Caintown.

Owing to the prevalence of scarlet fever in her school, Miss Elber Good has been at home for a few days.

This week it is our sad duty to chronicle the death of Mrs. Stephen Cardiff, who died on Friday 18th inst. This seems to be a doubly sad occurrence as just a week before Mr. Cardiff was called away.

Deceased was sixty-four years of age and during her married life, has resided in this vicinity. She was a loving mother, a kind neighbor, and a friend to all in times of trouble and sickness. The grief-stricken family have the heartfelt sympathy of the entire community in the loss of both parents within a week.

The funeral left the family residence on Monday 10 a.m. and thence to New Dublin, where the services were conducted by Rev. Howard of Frankville.

### Colds Are Dangerous

How often you hear it remarked: "It's only a cold," and a few days later learn that the man is on his back with pneumonia. This is of such common occurrence that a cold, however slight, should not be disregarded. Chamberlain's Cough Remedy counteracts any tendency towards pneumonia. It always cures and is pleasant to take. For sale by J. P. Lamb & Son.

### NEWBORO

The Newboro Hockey Club are arranging for a concert to be held on April 25th.

Mr. E. Dier was visiting his uncle in Sunnyside on Sunday.

The Newboro school is entirely out of wood at present and school had to be closed on Friday. The scholars and teachers will have a few holidays until some more wood arrives.

Mr. J. Mulville of Westport was in Newboro last week.

D. Jack of Lansdowne, who has been visiting at Mr. C. F. Landon's for the last week, returned to the river on Saturday.

Mr. D. Pritchard of Kingston is busily engaged fitting up the Str. "Edmund," which lies in the canal.

The snow went down a little during the past week.

Mr. F. C. Landon and daughter Bella were in Lansdowne on Monday.

Mr. W. Adrain has started painting and paper-hanging. He has finished several jobs around town and every person is greatly pleased with his work so far.

Mr. G. Bolton and family were at Oliver's Ferry on Sunday.

Mr. H. Carty still continues very low.

The Aunt Abbie Medicine Co. troop showed here last week to well filled houses. Their performance was very good. Baby Warren received the prize for the most popular baby and master E. Bell held the lucky ticket for the gold locket.

We regret to chronicle the death of Mr. N. Landon, who died at his home here on Wednesday last. He lived most of his time in Lansdowne, but he came here about two months before he died. His father and mother and four sisters and two brothers live here. Although here only a short time, he made many friends and he will be missed by all who knew him. He was 23 years old.

### Well Again

The many friends of John Blount will be pleased to learn that he has recovered from his attack of rheumatism. Chamberlain's Pain Balm cured him after the best doctors in the town (Monon, Ind.) had failed to give relief. The prompt relief from pain which this liniment gives is alone worth many times its cost. Sold by J. P. Lamb & Son, Athens.

### PHYSICAL ACTIVITY.

Nothing Else Can Supplant It as a Preserver of Youth.

Next to air and food in the human economy comes exercise. We may have plenty of fresh air and a proper allowance of the right kind of food, and yet without helpful daily exercise these will not avail to keep the body in good condition. In answer to the question, "Why do we grow old?" a French writer gives these three reasons: "We do not get enough physical exercise in the open air, we are poisoned by microbes which the phagocytes have not succeeded in destroying, and we are depressed by fear of death." Of these three reasons it will be noted that he gives the place of first importance to lack of exercise. There is nothing else which can take the place of physical activity as a preserver of youth and energy. "Grow younger as you grow older by cultivating a moderate love of good, healthful, honest sport," is sound advice. Walking, running, jumping, rowing, playing golf, tennis or croquet or any other milder form of exercise in the open air keeps the muscles supple and prevents the joints from stiffening, fills the lungs with life giving oxygen and keeps the blood from becoming sluggish or the liver torpid. In short, it is exercise that keeps the heart in tune and "up to the pitch," just as exercise keeps the voice of a music instrument in perfect tone.

### EYES INCREASE IN SIZE.

Change Often Results In the Improvement of the Sight.

A conversation with a prominent hatter developed the fact that among men of large affairs where decided executive ability and strong mental equipment were requisite it was common to find an increase in the cranial development. A more detailed investigation among some of the large metropolitan hatters revealed the fact that many of them had for years by means of an automatic measuring device kept records of many of our prominent men, which had led to the discovery (to which, however, little importance had been attached) that the skull often shows a decided increase in size after middle age.

Thus, if it is a fact that the human eye depends largely upon the surrounding bony structure of its size and proportion, it can readily be seen that in the case of an eye which presents abnormal conditions due to an inadequate development the increase in the size of the skull referred to, accompanied, as it usually is, by generally improved physical conditions, would naturally tend to a corresponding increase in the size of the eyeball, thereby contributing to a possible neutralization of the visual defect.

### LOCKS AND KEYS.

Their Use Can Be Traced Back to the Ancient Egyptians.

According to Denon, locks and keys can be traced back to the ancient Egyptians, more than 4,000 years ago. This is inferred from the sculptures on the great temple of Karnak, which closely resemble locks still in use there—clumsy, massive wooden locks, in which three pins drop into three holes in the bolt, when it is pushed in, and are raised by corresponding fixed pins on the big key. Similar locks and keys are found at Meuse, near Nineveh, the key being more than a foot long, quite clublike and often carried on the shoulder.

Keys are also mentioned at the siege of Troy, 1183 B. C. The Phoenicians are said to have exchanged locks for tin from Cornwall. Occasional notices of them occur in many Greek and Roman writers, Pliny ascribing their invention to Theodorus of Samos. Bronze and iron keys have been found in the ruins of Pompeii.

Possibly far more ancient than these are Chinese locks, with springs and tumblers, some of them musical, almost exact counterparts of the famous Bramah locks of England in the eighteenth century.

### Why Little Folks Are Big Eaters.

It has been laid down as a physiological rule that the requirements of adult diet depend not on the weight of the eater, but on the extent of his bodily surface. In the case of children this rule is further modified. An infant may weigh one-eighth as much as a grown man, but its surface is more than one-seventh as great. As the first requirement of the infant's food is to replace the heat that is continually being lost by radiation from all parts of the body, the latter fraction determines the needed proportion of nourishment rather than the former. But in the case of a growing child good food is also needed to supply the increase of bodily weight. In all, an infant's ration may be five times as much as would be estimated from its actual weight alone—Success.

### The Whole Thing.

"I suppose," said the second cashier to the friend who had run across him in parts unknown, "that there was a good deal of talk about me after I disappeared?" "I should think there was," answered the friend. "Why, man, the weather wasn't mentioned at all for two weeks."

### Helping Out the Supply.

Magistrate—So you admit having been engaged in making counterfeit money? Prisoner—Yes, your honor. You see, the supply of the genuine article is so very, very short!

Don't hang a dismal picture on the wall, and don't daub with sable and slown your conversation.—Emerson.

### BEFORE THE BREAK.

When Patience Is Hard For the Strenuous, Energetic Mortal.

We are all familiar with the impatience which comes naturally with age and falling health, the intolerance of little hindrances, the inconsequence of argument, the petulance in comment. But there is another kind of impatience which has a wholly different meaning. It comes to the high spirited, strenuous man when he feels the hand of age on him or that premonition of death which the human body in some hidden way can give to its owner. A man whose soul is centered on a great ideal to which his life's work has been given chafes at the thought that he must be taken before seeing its realization. A man, again, of fiery energy whose days have been spent in conflicts may redouble his efforts at the prospect of their cessation and show an almost hysterical vitality in his closing years. It is a commonplace of literature. The men of the greatest power have the least tolerance for petty triumphs, the most abiding sense of the smallness of their doings and the magnitude of their task. That line of "In Memoriam" which was one of the last utterances of Rhodes ("So little done, so much to do") is a cry on the lips of all who fix their eyes on a far horizon. Haste to justify themselves, either to make practical some idea or to walk a little farther on the road, is the last infirmity of the strongest and best.—Spectator.

### Catching a Tartar.

The trite phrase "catching a Tartar" is thus traced to its origin in an old cyclopedia:

"In some battle between the Russians and the Tartars, who are a wild sort of people in the north of Asia, a private soldier called out: 'Captain, halloo, there! I've caught a Tartar!' 'Fetch him along, then,' said the captain. 'Aye, but he won't let me!' replied the man. The fact was that the Tartar had caught him."

Grose gives practically the same story in his "Classical Dictionary of the Vulgar Tongue," 1785, but credits the misadventure to an Irish soldier of the imperial Austrian service in a battle against the Turks. The closing scene he varies thus:

"Bring him along," said his comrade. "He won't come," said Paddy. "Then come along yourself," replied the other. "Arrah," said he, "but he won't let me!"

### Struggle and Strength.

Strength comes only through struggle—through struggle and earnest work—never through a frantic beating against the bars nor through self pity. Ill health is a prison of your own building, a prison wherein you are locked by your own thoughtlessness and lack of self control. Circumstances have something to do with it, and you may have inherited a tendency toward disease. In that case circumstances must be altered and inherited weakness outgrown. Both can be done. Earnest thinking and thoughtful work will move mountains.—Maxwell's Talkman.

### A Sleep Destroyer.

"Are you ever troubled with insomnia—sleeplessness?" "I should say I am. Some nights I don't sleep three hours."

"That's all I've got it awfully bad. I've been afflicted now about two years. The doctor calls it neuritis insomnia paralaxia."

"I've had it about eighteen months, and we call it Ethel."—Schoolmaster.

### Diplomatic Dick.

Bob—Are you fond of reading, Dick? Dick—No, I hate it; that's the reason I pretend to like it. If my mother thought I didn't like to read she'd keep me at it all the time.

### Matrimonial.

There is no doubt that the woman who loves you forgives you too much, while the woman whom you love forgives you too little.

A man in earnest finds means or, if he cannot find, creates them.—Channing.

Waves Faster Than Wind. Waves travel faster than the wind which causes them, and in the bay of Biscay frequently during the autumn and winter in calm weather a heavy sea gets up and rolls in on the coast twenty-four hours before the gale which causes it arrives and of which it is the prelude.

### Late Summon.

A fisherman who has been dead and in his grave for two years has been summoned for salmon poaching at Berwick-on-Tweed, England.

### GERMAN WORK PEOPLE.

Their Amusements Are Few and Mostly Confined to Sunday.

Amusements play a comparatively small part in the lives of German work people, and such as they have are mostly confined to Sunday. Games have not taken hold of them; they go to no football or cricket matches, although there are matches, and other classes in Germany show a growing taste for games and sports. I went to see a football match between Dusseldorf and a neighboring manufacturing town. A similar match anywhere in manufacturing England would have attracted from 10,000 to 20,000 sons of toil, who would have shouted themselves hoarse from beginning to end. At the German match not one put in an appearance. When I left the field toward the close of the game the spectators, who had slowly increased during the afternoon, numbered exactly sixty-five. They were not workmen, and they showed no excitement whatever. They played the association game, not very well. The national game in Germany is kegel, a kind of skittles, and it is played at public houses, but not by workmen or seldom by them. They play cards sometimes, but not a great deal. In short, games may be ruled out as an item in industrial life. Theaters and music halls count for more, but for nothing like so much as in England and America. They are less numerous in proportion to population and are only visited by the working classes to a limited extent on Saturday and Sunday.

### HERBERT SPENCER.

He Was a Great Phrase Maker and Had Some Odd Ways.

Herbert Spencer was no linguist. Because of eye strain which affected his health he did not even know German. His pamphlet on education was, however, translated into fifteen languages, including Japanese.

Spencer was a great phrase maker. It was he who popularized the word "evolution" and explained one of the phases of the Darwinian doctrine as "the survival of the fittest." He also introduced Comte's coined word "sociology."

He was a bachelor and long lived in boarding houses. Finally he set up an establishment of his own, where he could have about him people of his own choosing. A favorite relaxation in his later years was to sit in the open doorway of his house and listen to a piano played in a distant apartment. He had the piano trained. A thump of his stick was the signal for her to stop, another thump for the music to proceed where it broke off.

Spencer was fond of playing billiards. Once at Brighton he invited a smart youth to a game. The philosopher had four strokes and scored two while the youth ran out. Mr. Spencer put away his cue with deliberation and said to his opponent: "A moderate degree of expertness in a game of skill is agreeable and even creditable. Such dexterity as you show is evidence of a mispent youth. Good afternoon."

### Drinking Health.

This was a Roman custom. The drinking was accompanied by some such words as "Here's to myself," "Here's to you" and "Here's to I shan't say who." The ancient Greeks also drank health. When Theraerius was condemned to drink hemlock he said, "Hoc pulcro Critias."

The ancient Saxons also had the same custom. Hengist invited King Vortigern to a banquet to see the new levies. After the dishes were removed Rowena, the beautiful daughter of Hengist, appeared before the scene holding in her hand a golden cup full of wine. She then made obeisance and said, which in modern English means, "Lord king, your health." The king drank and replied, "Here's to you."

The Greeks handed the cups to the person they toasted and said, "This to thee." Our custom of holding out the cup comes to us from ancient Greece.

### Thistles.

In the fourteenth century thistles were used as food for cattle, and they were considered as a crop. In the old priory of Lindisfarne there is a note in the archives of 1344-45 of thick leather gloves required for the harvest of the thistle crop. It is curious that, though the thistle is the emblem of Scotland, the Scot never seems able to say which kind of thistle is the true national emblem. It is said that a thistle which resembles Cardus marianus was figured on the old coinage of the day of James V., who was first to put thistles on the Scotch money. The horn spoons sold in Edinburgh sometimes have little silver thistles on the end of the handles.

### WHAT HAPPENS AFTER FIVE HOURS.

Dr. Bouchard, the eminent French physician, has furnished facts which show that if food is retained in the stomach more than five hours it becomes fermentative and putrefactive, not digestive—and that this is the starting-point of disease.



This food mass becomes putrid. Generates gas. The stomach dilates. There is a seeming loss of weight, burning, or belching. Blood, fibre, tissue, and cells begin to absorb poison from the stomach and alimentary canal instead of nutrient, and right here is the producing cause of Constipation, Gout, Nervous and Mental Distress, Brounchitis, Heart Affection, Pulmonary Consumption, Jaundice, Liver and Skin Diseases.

Inability of the stomach to properly handle food is mainly caused by overeating, drinking too much liquid, gases generated from slow digestion, preventing the mixing of food with gastric juice to properly prepare it for use in the body. Dr. J. S. Leonard has worked for years in perfecting Anti-Fill so that it would guarantee regular stomach action, and its astonishing cures are proof of its mission being fulfilled; of its being the greatest System Treatment in the world. 50 cents of druggists, or mailed to any address by Wilson-Fill Co., Niagara Falls, Ont. Sample free.

## Ayer's

For hard colds, bronchitis, asthma, and coughs of all kinds, you cannot take anything better than Ayer's

## Cherry Pectoral

Cherry Pectoral. Ask your own doctor if this is not so. He uses it. He understands why it soothes and heals.

"I had a terrible cough for weeks. Then I took Ayer's Cherry Pectoral and only one bottle completely cured me."

Prepared by J. C. Ayer & Co., Lowell, Mass.

For Coughs, Colds

You will hasten recovery by taking one of Ayer's Pills at bedtime.

## B. W. & N. W.

### RAILWAY TIME-TABLE

MAIL AND EXPRESS.

Read Up	Westport	Read Down	7:50 a.m.
6:10 p.m.	Newboro	8:05	
5:55	Crosby	8:15	
5:42	Forfar	8:21	
5:35	Elgin	8:29	
5:28	Delta	8:47	
5:09	Lyndhurst	8:53	
4:54	Soperton	9:00	
4:44	Athens	9:20	
4:20	Elbe	9:26	
4:15	Forthton	9:38	
4:01	Seely's	9:45	
3:52	Lyn	10:00	
3:45	Lyn (Jct. G.T.R.)	10:05	
3:30	Brockville	10:20	

E. A. GEIGER, Supt.

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### Fashionable Hats

### Fashionable Ties

I have just received a stock of the very latest in these lines. One of our hats and ties will bring you right up to date.

New line of braces—all prices.

As usual, our prices are a little below the ordinary—just enough to make it worth your while to trade here.

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