

Without the Holy Eucharist there would be no happiness in this world ; life would be insupportable. When we receive Holy Communion, we receive our joy and our happiness.

The good God, wishing to give Himself to us in the Sacrament of His love, gave us a vast and great desire which He alone can satisfy. In the presence of this beautiful Sacrament, we are like a person dying of thirst by the side of a river—he would only need to bend his head ; . . . like a person still remaining poor close to a great treasure—he need only stretch out his hand.

He who communicates loses himself in God like a drop of water in the ocean. They can no more be separated.

At the Day of Judgment we shall see the Flesh of our Lord shine through the glorified body of those who have received Him worthily on earth, as we see gold shine in copper, or silver in lead.

When we have just communicated, if we were asked, " What are you carrying away to your home ? " we might answer, " I am carrying away heaven." A saint said that we were Christ-bearers. It is very true ; but we have not enough faith. We do not comprehend our dignity. When we leave the holy banquet, we are as happy as the Wise Men would have been if they could have carried away the Infant Jesus.

Take a vessel full of liquor, and cork it well, you will keep the liquor as long as you please. So if you were to keep our Lord well and recollectedly, after Communion, you would long feel that devouring fire, which would inspire your heart with an inclination to good and a repugnance to evil.

When we have the good God in our heart, it ought to be very burning. The heart of the disciples of Emmaus burnt within them from merely listening to His voice.

When you have received our Lord you feel your soul purified because it bathes itself in the love of God. When we go to Holy Communion we feel something extraordinary, a comfort which pervades the whole body, and penetrates to the extremities. It is our Lord who communicates Himself to all the parts of our bodies, and makes them thrill. We are obliged to say like St. John. " It is the Lord ! "

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