

DOES YOUR HEAD

Feel As Though It Was Being Hammered?

As Though It Would Crack Open?
As Though a Million Sparks Were
Flying Out of Your Eyes?

Horrible Sickness of Your Stomach?
Then You Have Sick Headache!

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will afford relief from headaches no matter whether sick, nervous, spasmodic, periodical or bilious. It cures by removing the cause.

Mr. Samuel J. Hibbard, Belleville, Ont., writes: "Last spring I was very poorly, my appetite failed me, I felt weak and nervous, had sick headaches, was tired all the time and not able to work. I saw Burdock Blood Bitters recommended for just such a case as mine and I got two bottles of it, and found it to be an excellent blood medicine. You may use my name as I think that others should know of the wonderful merits of Burdock Blood Bitters."

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The Kind That End In
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Sponging on Lovers Proves Lack of Love.

Written for The Western Home Monthly.

The horse leech's daughters are legion; neither are her sons few in the land. There be many, both men and women, who take all they can get, crying, "Give, give," laying love under tribute, who rob, thoughtlessly, carelessly, expecting service as their just due, and suspicious at once of the professed, demands.

"I have seen a love demanding time, and hope, and tears, Chaining all the past, enacting bonds from future years; Mind, and heart, and joy, and sorrow claiming as its fee. That was love of self, and never, never love of me."

There is something unhealthy and abnormal in this restless and exacting passion which is forever seeking assurances, forever asking proofs, and yet more proofs, which desires utter absorption on the part of the beloved, which, perhaps, must be kept alive by constant emotional stimulants. It is not the love which lasts. It burns itself out in a quick, fierce flame. It lacks the staying power born of common sense and self-control, and, more than all else, it is too self-centered to be conducive to happiness. True love must, in the nature of things be unselfish.

"Better than I do myself do I love my neighbor!" else is not the love to be trusted.

There is nothing more likely to cause unhappiness in married life than for a woman to trade, so to speak, upon the love which a man gives her, to use his devotion for her as a lever for exactions of one kind or another. Any man who does not in his heart resent such treatment must be mean spirited, and he would be more or less than human if he did not sooner or later endeavor to repay it with interest. When a man perceives such tendency upon the part of his lady love he will if wise, break off from her. There can be little or no happiness in courtship and matrimony without "give and take." Everything ought to be mutual, and neither one of the couple ought to be expected to yield to the other in all things. For a woman to ask a man to do that which he regards not only as unwise but as actually wrong, for the sake of the love which he bears her, is nothing less than criminal. Moreover, it is often cruel, and, like most cruelty, mean. It is simply profiting by a man's affection and making his love a snare, if not a burden, to him. The more certain a woman is of her lover's love for her, whether she is his wife or his sweetheart, the less ought she to try it for her own selfish ends or for caprice.

And when a man is unreasonable in his exactions of his fiancée, when he makes his wife wait on him hand and foot, when he expects her to have no wish, no enjoyment, which

is not bounded by the walls of her home, he is in danger of becoming selfishly tyrannical. It must not be supposed that it is only those who have no sincere affection for their beloved who are guilty of such conduct. On the contrary, the strength of their love often makes them think nothing too much to ask. It is women who are most frequent and unconsciously unreasonable in their requirements. It is not unusual to hear an apparently happy wife advise her younger friends: "Never give up your own way, my dear, unless you mean to do it altogether. Above all, don't stay at home to please your husband. If he won't go with you, go with some one else. Edwin only dared once to say to me that he wouldn't go when I asked him. I had told him that he must take me to a ball. But I made it so unpleasant for him that now he always says when I make a suggestion: 'Yes, my dear, if you wish it.'"

There are some women who make their lovers purse slaves. This is often, let us hope, usually done in thoughtlessness. Nevertheless, there are not a few girls who, as the saying is "sponge" upon their lovers. They are not satisfied unless kept constantly supplied with candy, flowers, and with even more costly offerings; unless their admirers are ready with invitations to theatre, concert, and opera, which last at least entails the additional expense of carriage hire. When a man has to earn his living, a modest one at that, these demands are a serious drain upon his finances. In fact, many young men fear the expenses of courtship as much as they do those of matrimony, and in that fact lies one answer to the oft mooted question, "Why don't the men propose?"

Let it not be understood by this that present giving is in itself objectionable, excepting when carried too far. But if a man and woman truly love each other the intrinsic value of the gifts will be little or nothing in comparison with the affection which they represent. The great philanthropist Peabody once said: "The love which does not incline the man of limited means to save and to make the best of himself is wrong somehow, and the girl who does not encourage him to do the same is wrong somehow too. You who have sense get out of it and learn to do better."

When one sees young women complacently accepting the devotion of their lovers as shown in spending money on them, which, if they reflected for a moment, they must know could be gained honestly only by denying themselves actual necessities; occupying seats at the theatre altogether out of keeping with the lover's means, one cannot but reflect that there is "something wrong somewhere." Still, it must be admitted that it is not always, by any means, the

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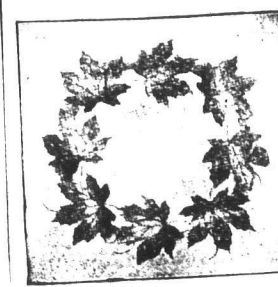
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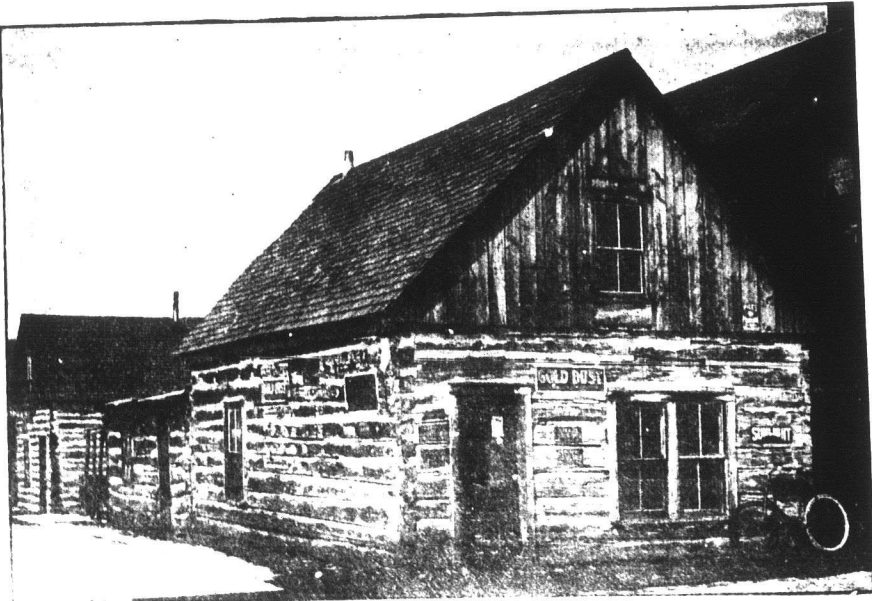
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