

As a Pick-me-up After Grip

To Restore Health, Vigor, Energy, There is Nothing to Compare to

Dr. Chase's Nerve Food

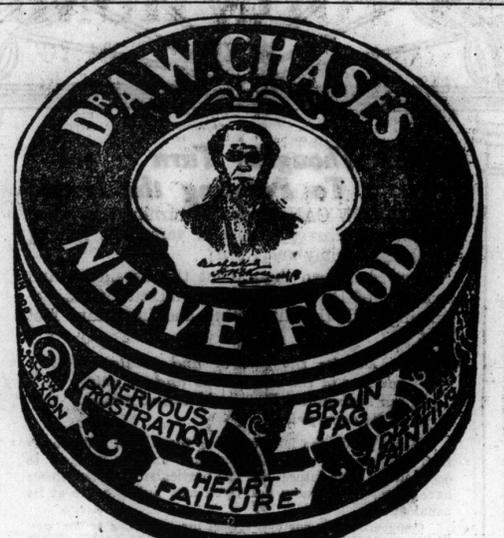
The grip epidemic has assumed huge proportions until there is scarcely a home but shelters one or more victims of this enervating disease. Urged on by sudden changes of temperature, this dreaded scourge sweeps over the country like a forest fire before the western winds.

In offices, stores and factories the forces are greatly reduced because so many are away with grip, while many who stick to their posts do so with the greatest discomfort, because of the pains and aches and the great weakness associated with this disease.

It only takes a few hours of this debilitating ailment to bring even the strongest to their beds and the process of recovery is often most tedious.

Just at this point Dr. Chase's Nerve Food does wonders to hasten the return of health, strength and vitality. By forming new, rich blood it builds up the system as nothing else can. Here is a case to illustrate this point:

Miss Amy C. Davis, 301 Perth Ave., Toronto, Ont., writes: "After a severe attack of quinsy and grip, my nervous system seemed to be completely run down. I had taken a good tonic, prescribed by my doctor, but still felt very nervous; would start up at the least sound, and was very irritable. A friend advised me to try Dr. Chase's Nerve Food, and, after taking two boxes, I felt so much improved that I continued to take four more, which completely restored my health. I cannot say too much for this great Nerve Food, and have recommended it to all my friends."



HOW TO AVOID GRIP

Rich, red blood is the greatest of germicides, and good vitality the strongest defence against disease. Keep the bodily vigor at high-water mark by using Dr. Chase's Nerve Food, and you need have no fear of grip or other contagious diseases. 50 cents a box, 6 for \$2.50, all dealers, or Edmanson, Bates & Co., Ltd., Toronto.

It is the older people who suffer most from grip. Finding them in a more or less weakened condition, grip breaks down their power of resistance and prepares the way for pneumonia, kidney troubles, or heart failure.

After every epidemic of grip the grim reaper makes a regular harvest, through the medium of these ailments. There is only one way to avoid such results, and that is by the regular use of such restorative treatment as Dr. Chase's Nerve Food.

This great food cure has proven a wonderful blessing to people in advanced years and all whose systems have become run down.

You need not linger in weakness if you will but put this treatment to the test. By supplying the ingredients required by nature, Dr. Chase's Nerve Food hastens the process of upbuilding and you can depend on the results proving of lasting benefit.

Miss E. J. Buswell, Centralia, Ont., writes: "Last Winter my mother contracted a bad cold. She was bothered with shortness of breath, wheezing, fevered and too sore to cough. Our doctor prescribed treatment which brought relief from these symptoms, but when she got up she was tired, always tired and weak. I got her three boxes of Dr. Chase's Nerve Food, and she soon improved. Her eyes became clear and bright, the ashen hue left the face and she began once more to take up the reins and look after the household duties."

Dr. Chase's Syrup of Linseed and Turpentine Affords the Greatest Relief for Coughs, Colds, Croup and Bronchitis

STANDARD PAVEMENTS STRONGLY ADVOCATED

Controller Foster Speaks at Special Meeting of Assessment Reform Committee.

CONSIDERABLE SAVING

Costly Local Improvements Would Be Done Away With If Reform is Made.

Ald. Ball's special committee on assessment reform met again yesterday to hear Controller Foster on the question of the standardization of pavements. The controller's idea was that the assessment for local improvements should be changed, so that the property would only be charged for the original pavement, and that the cost of any changes or repairs would be borne by the city at large. He advocated the putting down of standard pavements, and claimed that this would be a considerable saving to the city, as this would do away with the continuous local improvements that are brought about.

Ald. Ball stated that a similar system was in vogue in Glasgow, and that any new district wishing to be made part of that city would not be taken in until all improvements had been made and paid for.

Before adjourning the committee decided to obtain copies of reports of previous committees on the matter of assessment reform, and these will be considered at a meeting to be held in two weeks.

THE RECRUITING LEAGUE "TAG DAY" MAY FOURTH

It has been decided to hold the tag day in aid of the Toronto Citizens' Recruiting League on May 4, and application will be made to the police commissioners for the fixing of this date. The Sportsmen's Patriotic Association and the league will share in the proceeds.

RECEIVED CHEQUES ON LIVES OF SOLDIERS

Four more \$1000 cheques have been received by the city treasurer from the Metropolitan Life Insurance Company on the lives of Toronto men serving in the first contingent and killed while on active service. They are: Pte. Arthur G. Willard, 15th Battalion; Corp. Ross, Princess Patricia's; Pte. Walter James Dicker, Princess Patricia's; and Pte. W. Scholer, 15th Battalion. Claim will be made for the insurance on Pte. R. G. N. Stewart of the 15th Battalion, who was wounded while in action and died at the Convalescent Home on Wednesday.

CITY HALL NOTES

A building permit has been issued to the Comfort Soap Company for the erection of a \$4000 addition to its factory on Cavitha avenue.

The increased cost of marriage licenses will add to the city's revenue from this source about \$20,000. There were 5693 marriages in the city last year.

Permission was yesterday given by the board of control to Lieut.-Col. Hargarty for the erection of a sign in front of the city hall calling upon men to join the 201st Battalion.

In the absence of Dr. Alex. MacKay, chief medical examiner for the public schools, who has secured an appointment at the Ontario Hospital at Orillia, England, Dr. R. S. Minns has been given charge.

Kirk Hyslop, a member of the street commissioner's staff, who has enlisted for overseas service, has been presented with a number of articles that will be useful to him as soldier by his colleagues. The presentation was made by Commissioner Wilson.

GOVERNMENT OFFICIALS HONOR LATE DR. SMITH

Funeral Was Largely Attended Yesterday by Representatives From Ontario's Legislature.

The Ontario Government was largely represented at the funeral of the late Dr. R. W. Bruce Smith, from his late home, 271 Russell Hill road, to Mount Pleasant Cemetery yesterday afternoon. Provincial Treasurer Hon. W. J. Haana officially represented the government, and with him were E. B. Rodgers, W. W. Dunlop, provincial inspector of prisons, and S. C. Nicholson. The pallbearers were all colleagues and personal friends: E. W. Armstrong, Bidwell Way, Hamilton, and Drs. J. C. Mitchell, Brockville; Harvey Clark, Toronto; J. M. Foster, Toronto, and W. S. Herriman, Orillia. Rev. Dr. James Henderson, assisted by Dr. Barwash and Rev. Joseph Odery, conducted two services, one at the home and the other in the Timothy Eaton Memorial Church.

FUNERAL OF MRS. LEISHMAN.

The funeral of the late Mrs. W. H. Leishman took place yesterday afternoon at 3.30 from the family residence, 82 South Drive, Rosedale, to Mount Pleasant Cemetery. Service, which was attended solely by near relatives, Stachar, of Rosedale Presbyterian Church.

COAL USED IN SCHOOLS NOTHING BUT RUBBISH

Opinion of Trustee Miles Vokes at Meeting of Property Committee.

CONTRACTORS WANT PAY

Claim Work at Jesse Ketchum and Givens Stopped by Soldiers.

Miles Vokes, chairman of the board of education, told the property committee yesterday that the coal being used in public schools was nothing but rubbish. The chairman said it was being purchased by the supply department of the board and not by the superintendent of buildings, as the committee thought it should. Trustees Hodgson and Noble were appointed to investigate. The matter arose from a discussion on the lack of heat in one or two public schools on cold days last winter.

Trustee Hodgson recommended against paying any of the claims on the uncompleted contracts of Josse Ketchum and Givens Street Schools. The contractors were prevented from going ahead with the work they agreed to do when the soldiers took possession and asked for some financial assistance in view of the fact that they must wait for their contract money.

A deputation from the city council property committee, headed by Dr. C. A. Risk, Ald. Ramsden and Ald. Ryding, asked that when the board intend buying school sites they consult with Parks Commissioner Chambers.

RECRUITING TAKING MEN FROM RAILWAYS

G. T. Bell, passenger traffic manager of the G.T.R., was in conference yesterday with the local passenger men, discussing how best they could meet the requirements of their patrons. A railway official when asked why it was that the trainmen had to put in such long hours, stated that it was owing to the shortage of men. "If recruiting is continued around the railway terminals the men will have to work 48-hour stretches in order to keep even passenger trains running, not to mention freight trains," was a statement made.

HAD NO AUTHORITY.

Pleading guilty to soliciting money without the authority of the Red Cross Society, Elsie Grant Innes was sent to jail for 90 days when she appeared in the police court yesterday.

OFFICERS QUALIFIED AT SCHOOL OF INSTRUCTION

Infantry Examinations Were Held First Week in March.

The following officers were successful in qualifying at school of instruction (infantry) examinations, held March 6 and 7.

Qualified as field officers (subject to qualification regulations): Lieut. J. T. C. Thompson, 5th P.L.D.G., 124th Batt.; E. McCormick, G.G.B.G., 124th Batt.; A. Miln, 9th M.H., 76th Batt.; Capt. John N. Oxley, 9th M.H., 96th Batt.; Lieut. A. Foulds, Q.O.R., 123rd Batt.; R. F. B. Wood, 10th Regt., 7th Regt., 76th Batt.; Lieut. W. F. Campbell, 10th Regt.; Lieut. A. H. Macdonald, 10th Regt., 123rd Batt.; Lieut. R. S. Northrup, 10th Regt., 123rd Batt.; Lieut. J. C. Snydam, 10th Regt.; Lieut. J. H. Bennett, 12th Regt., 81st Batt.; Lieut. S. A. MacKenzie, 12th Regt.; Capt. C. H. Lambert, 12th Regt.; Lieut. J. M. Gibson, 12th Regt., 127th Batt.; Lieut. G. C. Ferris, 13th Regt., 86th Regt.; Lieut. A. B. Garrow, 48th Regt., 7th Batt.; Lieut. N. Campbell, 48th Regt., 7th Batt.; Lieut. F. T. Strachan, 36th Regt., 95th Regt.; Lieut. F. Aylesworth, 36th Regt., 95th Regt.; Lieut. A. B. Garrow, 48th Regt., 7th Batt.; Lieut. W. F. Graham, 77th Regt.; Capt. L. B. Henry, 77th Regt.; Lieut. W. F. Graham, 77th Regt.; Capt. W. F. Kirk, C.S.C.I.

The following have qualified as captains: Lieut. C. D. Clark, 9th M.H., 75th Batt.; Lieut. K. W. Junor, 9th M.H., 75th Batt.; Lieut. M. Dallyn, C. O., T. C., 170th Batt.; Lieut. N. McLeod, C.O.T.C., 170th Batt.; Lieut. L. A. Reynolds, Q.O.R., 166th Batt.; Lieut. A. C. Lewis, Q.O.R.; Lieut. J. P. Crawford, Q.O.R., 166th Batt.; Lieut. H. S. Reid, 16th Regt.; Lieut. W. H. D. Sharpe, 10th Regt., 118th Batt.; Lieut. W. W. Price, 10th Regt., 123rd Batt.; Lieut. H. R. H. Challenger, 10th Regt., 170th Batt.; Lieut. L. S. Adlard, 12th Regt.; Lieut. W. A. Woodcock, 12th Regt., 127th Batt.; Lieut. A. G. Flood, 12th Regt., 127th Batt.; Lieut. H. R. Wilkins, 13th Regt., 120th Batt.; Lieut. A. W. L. Butler, 19th Regt., 86th Batt.; Lieut. C. A. Vickers, 44th Regt.; Lieut. A. B. Cockburn, 34th Regt.; Lieut. M. Young, 35th Regt., 76th Batt.; Lieut. W. Steward, 37th Regt., 144th Batt.; Lieut. G. B. Snow, 48th Regt., 134th Batt.; Lieut. D. S. Bartie, 44th Regt., 84th Batt.; Lieut. P. E. Boyd, 48th Regt., 134th Batt.; Lieut. J. B. Young, 48th Regt., 134th Batt.; Lieut. F. M. Murphy, 48th Regt., 134th Batt.; Lieut. A. R. Ramsay, 48th Regt., 134th Batt.; Lieut. G. B. Snow, 48th Regt., 134th Batt.; Lieut. P. W. Grant, 48th Regt., 134th Batt.; Lieut. W. H. M. Childs, 48th Regt., 134th Batt.; Lieut. S. R. Manson, 51st Regt., 173rd Batt.; Lieut. F. E. Rutherford, 51st Regt., 173rd Batt.; Lieut. A. R. Bell, 91st Regt., 97th Regt.; Lieut. D. M. Brodie, 97th Regt., 159th Batt.; Lieut. W. F. Ferguson, 97th Regt.; Lieut. G. D. Thomas, 109th Regt.; Lieut. W. Wallace, 109th Regt., 84th Batt.; Lieut. F. W. Morris, 109th Regt., 95th Batt.; Lieut. H. J. Dingman, 109th Regt., 169th Batt.; Lieut. H. E. Hopkins, 109th Regt., 169th Batt.; Lieut. A. R. Robertson, 109th Regt., 169th Batt.; Lieut. S. J. Murphy, 110th Regt.; Lieut. N. B. Allen, 110th Regt.; Lieut. C. R. Bounding, C.S.C.I., 95th Batt.

SOX FOR LEINSTERS.

Thru various patriotic "showers" and other mediums 3900 pairs of socks were gathered and forwarded through the Red Cross to Capt. Eric Phillips for the men of the Royal Leinster Regiment, which for some time was sorely in need of those articles of comfort.

TROOPS IN TRAINING AT THE CAPITAL OF SIMCOE COUNTY.

Barrie, March 30.—Fortunate indeed were the members of the Canadian overseas forces who have had to do their preliminary training in this town, secured some very fine group pictures of the 15th and 16th Battalions. One of the views shows the members of the 76th drilling in the snow, in command of Lt.-Col. Ballantine. Another shows the same battalion on route march, equipped in heavy marching order. There is a fine picture of the Signal Company of the 15th Battalion, which has been trained by Lieut. Stewart; another view is of this battalion enjoying a game of football on the ice. The detachment of overseas troops now being trained in Ontario, pictures of which appear in The Toronto Sunday World, have attracted much attention. The Sunday World is for sale in Barrie at any news or stationery stores, and this week's issue will be on sale any time after Friday afternoon and up to and including Saturday evening.

DIED FROM PNEUMONIA.

Rev. Father Richardson Refused to Allow Cold to Take Him From His Duties.

Rev. Father Charles J. Richardson, spiritual adviser to the Roman Catholic inmates of Weston Sanatorium, died from pneumonia, resulting from a severe cold contracted over a month ago, which he refused to allow to take him from his duties. He collapsed in the pulpit last Sunday and died in St. Michael's Hospital on Wednesday night. He was the son of a Crimean veteran and was born at Niagara-on-the-Lake in 1874.

IMPERIAL BANK OF CANADA

DIVIDEND No. 103

Notice is hereby given that a Dividend at the rate of Twelve Per Cent (12 per cent.) Per Annum upon the Paid-up Capital Stock of this Institution has been declared for the three months ending 30th April, 1916, and that the same will be payable at the Head Office and Branches on and after Monday, the 1st day of May next.

The Transfer Books will be closed from the 16th to the 30th April, 1916, both days inclusive.

The Annual Meeting of the Shareholders will be held at the Head Office of the Bank on Thursday, 25th May, 1916. The chair to be taken at noon.

By order of the Board. E. HAY, General Manager.

APRIL FOOL DAY CABARET.

Preparations have been made for a unique cabaret at the Cafe Royal tonight, the eve of April Fool Day, when, besides a novelty program and some appropriate specialties, there will be souvenairs for everybody and an unusually merry time. It is probable the Cafe Royal will hold a record crowd tonight at Carrot and Jardin de Danse, as both these departments of this popular institution are enjoying a big measure of public favor.

JOINS 204TH BATTALION.

Sergt. Engleason Leaves Provisional School of Infantry and Enlists for Overseas.

A decided asset to the military strength of the 204th Battalion is Sergt. J. C. Engleason, who for some time past has been instructor at the Provisional School of Infantry. Sergt. Engleason was born at Tipperary, but came to this country at the age of 11. He saw three years' service with the R.C.R. and eleven years with the Queen's Own Rifles.

SPECIAL ONE-WAY FARES TO PACIFIC COAST PORTS, DAILY UNTIL APRIL 14.

Those contemplating a trip to Pacific Coast ports, including Victoria, B.C.; Vancouver, B.C.; Seattle, Wash.; Portland, Ore., etc. should consult Canadian Pacific ticket agents for particulars of low fares in effect daily until April 14.

NOT PATENTED IN CANADA.

A true bill was returned in the general sessions yesterday against the Pacific Medical Furniture Co., Ltd., for selling as patented bed springs not patented in Canada, for the purpose of receiving the public, contrary to the patent act.

THIS WEEK'S ISSUE - OF THE - TORONTO SUNDAY WORLD

will contain in the illustrated section a bewildering array of pictures that will be of absorbing interest.

The frontispiece is a series of pictures of the inmates of the Riverdale Zoo in their winter quarters.

There are views of the British and Canadian troops in Flanders. There are pictures of the British and Canadian troops convalescing in England.

Ingenious pictures in the Macedonian campaign, when they entrench the horses. Military club life is illustrated in the West End Y. M. C. A. Still-life in a series of pictures, showing High Park on a winter night.

Military views of the overseas troops training at Barrie, Oshawa, St. Catharines and other points in Ontario. A recruiting meeting at the corner of Broadview and Queen street last Saturday afternoon. The 37th Battalion overseas force at Bramshott, England. The father and son banquet at the Broadview Y. M. C. A. Sub-sections of the 49th Battery, recruited in St. Catharines, now at Exhibition camp. Views of the American and Mexican troops now engaged in rounding up the bandit, Villa.

No Ontario home is now complete without a copy of The Toronto Sunday World for Saturday night and Sunday reading.

The Sunday World is for sale at 5 cents per copy everywhere.

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