and I also know that every time you feel well you think of shingling your house or painting your boat or digging a post hole or something else equally foolish under the circumstances.

I don't know much about medicine but I have, I hope, a little common sense, and I tell you most emphatically that what you need is quiet and rest, no work and no worry, and you will be as right as a trivet in the autumn. What you need also, is a little discipline. I know you won't let anyone else discipline you, so you must discipline yourself. Now, for God's sake, Stephen, be sensible. It is fair neither to yourself, to this University, nor the world, if you do not give yourself the best chance to recover your former vigor. — I hope you don't mind my scolding, Stephen; it is well-intentioned, and we are all so fond of you that we are profoundly interested.

Principal.