

collective-farm workers prefer to spend their holidays "at home", without travelling to the central or southern regions of the country.

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Page 1 (full text)

The Far North Remains A Difficult Place To Live In

A scientific laboratory has been set up at Vuktyl (Komi ASSR) to study the problems which arise in the lives of people who inhabit the Far North.

This is one of the first such laboratories in the Soviet Union. We spoke by telephone with Aleksandr Vladimirovich Suslov, the head of the new laboratory. This is what he told us:

"The Far North is still a difficult place for people to settle in. Perhaps some people may find such a statement paradoxical, but, nevertheless, everyone who goes North encounters serious problems.

"Thus, for example, in the region of the Yamal Peninsula, starting in November there is no daylight at all. In fact, it remains dark until March. Naturally, such a lengthy night has a negative effect on people, whose organism is used to the normal alternation of light and dark.

"Special studies have shown that the polar night causes newcomers to suffer from depression. New arrivals remain in low spirits for some time. And then again, for example, a long drawn-out day, which has run on for months irritates people and