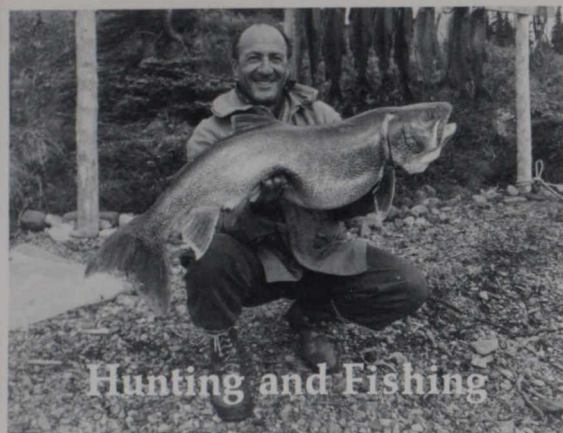




Hunting and Fishing

Anticosti Island in Quebec is 220 kilometres long (almost as long as the province of Prince Edward Island). Its nineteenth-century owners developed it as a sportsman's paradise for themselves and their friends. It is now less exclusive but expensive. Visitors fish for salmon and trout, hunt deer and stay in lodges with four bedrooms, a dining room with fireplace and a bathroom. Reservations are essential and may be made through the Department of Tourism, Fish and Game, Reservations Office, PO Box 8888, Quebec City, Quebec G1K 7W3.

Mountain Climbing

[THE YUKON]

Mount Logan, altitude 6,500 metres (19,850 feet), Canada's highest, is 115 air kilometres (71 miles) southwest of the Alaska Highway (Kluane Lake) and 320 kilometres (199 miles) east of Alaska's Edgerton Highway (Glen Allen). You may hire a small plane in Talkeetna or Glen Allen, and the pilot will fly your party in, one or two passengers at a time. Mount Logan is what is technically known as a *massif*, with three peaks, and is not for the inexperienced climber. Write Kluane National Park, Haines Junction, Yukon Y0B 1L0 for

Hair

There is a belief that a race of long-armed, flat-nosed, giant, hairy people live in caves in the remote country near the top of Morris Mountain. Search parties have explored the Harrison Lake area in British Columbia without success, though fires have been observed at regular intervals on top of Morris Mountain for many years.

information and maps.

[BRITISH COLUMBIA]

Yoho National Park has several peaks over 3,000 metres, including Mt. Goodsir (3,562). Little Yoho, a beautiful mountain with glaciers down its sides, has a number of relatively easy climbs.

[ALBERTA]

Canadian Mountain Holidays (PO Box 1660, Banff, Alberta T0L 0C0) offers guided mountaineering courses at elementary, intermediate and advanced levels. Write them for details. The Alpine Club of Canada (PO Box 1026, Banff, Alberta T0L 0C0) provides annual camps for visitors.

[QUEBEC]

Parc des Laurentides is forty-eight kilometres (thirty miles) north of Quebec City. Trained groups (known for their competence) may scale heights in the Jacques-Cartier Valley and the Saint-Urbain sector.

Ice

The Icefield Parkway runs 228 kilometres (142 miles) from Lake Louise to Jasper and passes the Columbia Icefield (24 kilometres long, 16 kilometres wide, 600 to 900 metres deep), the largest ice accumulation in the Canadian Rockies. Travel vehicles take tourists five kilometres up the Athabasca Glacier. Along the way one may see mountain goats, sheep, elk, moose or bears.

Fauna and Flora Watching

[BUFFALO]

A herd of plains buffalo may sometimes be seen hiding behind clumps of poplar or drinking water from the Indian Springs, in a fenced area near the northern boundary of Waterton Lakes National Park. Another herd of six hundred to one thousand buffalo is occasionally on view at Elk Island National Park, forty-eight kilometres east of Edmonton. There is also a nice herd of plains buffalo at Lake Audy, in Riding Mountain National Park, eighty-eight kilometres north of Brandon.

Wood buffalo, a related but distinct species, may