

among our subscribers is at least one of Dr. Barnardo's young helpers in the county of York, and thither every month will go six copies of UPS AND DOWNS to aid in the mission work carried on by enthusiastic young workers among the people of the county of broad acres. The people of Yorkshire are also credited with having big hearts, which cannot fail to beat in warmer sympathy with Dr. Barnardo's work when their owners see what a large body of highly respected and capable workers Dr. Barnardo has given to the Empire. Let us hope that some of the good people will feel that the example of Alfred Williams, Fred. Wall, Albert Lancaster, Thomas Gawtray, and others on the following list, is one they would like to emulate.

Boys' donations received since our last issue :

Ashworth, Geo. F., \$1; Bellchamber, Hy., \$1; Baker, Ab. J., \$1.78; Drewry, Wm., \$1.50; Green, William, \$3.68; Gawtray, Thos., \$5.56; Howard, Wm., \$2; Hibbert, Frank, \$1; Holliday, Wm., \$1.95; Humble, John, \$1; Lancaster, Alb. H., \$4.46; Mercer, Henry, \$1; Martin, Chas., 75c; Wall, Fred. W., \$5; Williams, Alfred, \$8.27.

OUR LITERARY AND MUTUAL IMPROVEMENT SOCIETY.



OUR prize-winners have now received their reward.

William Howard's worldly possessions have been increased by a leather writing case, equipped with everything that is necessary to ensure comfort of mind and body to the man or youth who wishes to have his pens, papers, letters and other documents so arranged that he can place his hand on what he requires at a moment's notice.

Alfred Jolley will henceforth be independent of the village barber, so far as removing superfluous facial adornment is concerned, having received a leather toilet case containing razor, mirror, hair brush and comb, soap box, tooth brush and shaving brush.

Our youngest prize-winner, Albert E. Young, will be able to keep his correspondence in order with much less trouble than heretofore, being now the possessor of a writing desk, of which we trust he will make use at once in writing a letter to tell us whether he is pleased or otherwise with his prize.

Each of the forementioned articles bears the name of the owner in gilt letters, together with the words: "UPS AND DOWNS L. & M. I. Society, April-Sept., '96."

Long may our three friends be spared to strive honourably and manfully for the prizes, big and little, which the world offers to those who display the same patient industry and perseverance which have characterized the efforts of Will, Alfred and Albert in their work in our Improvement Society.

We wish to draw the attention of our readers to the fact that the issue of UPS AND DOWNS for January will appear about the 17th of December, so that all our friends, including those most distant, will receive their copies by Christmas Day. The January number will be in fact our Christmas number, and all contributions or letters intended for publication therein must reach us NOT LATER than December 7th. We are very anxious to make our Christmas number as seasonable (as "Christmassy") as possible; and in this our friends can help us very materially, especially those who have been taking an interest in this department of our journal. It will be seen that for January (that is for the Christmas number) we have selected a topic which is decidedly seasonable, and one, furthermore, upon which nearly everybody can write a few paragraphs. We have reduced the

limit to 250 words, as we wish to be able to publish contributions from a number of our friends, and we shall be very much disappointed if quite a large number of "boys" do not tell us of some Christmas Day looming longer in their memories than others. We are adding another topic which we feel sure will appeal to all our friends: "The Christmas Greeting of a Barnardo Boy in Canada to his Old Friends in the Old Homes in the Old Land."

There will doubtless be many of our lads who would like very much to send such greeting through UPS AND DOWNS, but who, for one reason or another, may not be in a position to embody their greeting in the form of a short essay; we would therefore suggest to these, and to others as well, that they write out and send us a verse or a few lines of some seasonable poem or hymn. It would be quite an interesting feature, and one we are sure that would please Dr. Barnardo not a little, if we could have two or three columns devoted to "Greetings," selected by our friends from their favourite hymns or other poems; and we very earnestly ask one and all to help us to carry out our idea. We have given our friends plenty of time, but the earlier essays or selections are sent in the lighter our task will be, at a time when we shall be unusually busy. WE CANNOT GUARANTEE TO PUBLISH ANY CONTRIBUTION THAT DOES NOT REACH US BY DECEMBER 7TH.

The demand for the penny volumes still keeps up. It will be noticed that there are one or two alterations in the list of publications. We always try to send a boy all the books he asks for, but it sometimes happens his list may contain the name of a book of which we have not a copy on hand. It is a long way to England, and sooner than keep a boy waiting until a fresh supply reaches us we will often substitute another work for the one which we cannot supply. It has also happened once or twice that we could not obtain a fresh supply of a work asked for, owing to it being out of print in the penny series. It would greatly help us and at times save disappointment to our friends if those asking books would add to their list a "second choice" of two or three volumes, so that if the original list contains a work we are without we shall not in substituting another therefor be likely to cause disappointment.

The following are the verses sent to us by Richard Drury, and to which we refer elsewhere:—

CANADA.

BY WILLIAM H. ROSEVEAR.

HAIL, Canada, home of the free!
Long may thy flag with Britain's wave
O'er the fair land, whose liberty
Has ne'er been marred by foot of slave.

A glorious heritage is thine—
Of noble deeds and lofty aim—
Source of a power almost divine
To inspire the soul with patriotic flame;

Heroes alike who battles gained,
Or for United Empire, lost,
Who naught but loyalty retained,
And for thy flag the border crossed.

O, patriot hosts! your fame how fair!
Brightening as age on age rolls on;
Be ours to guard, with grateful care,
The treasures by your conflicts won.

Endowed with full self-government,
Vast realms whose bounds three oceans lave;
Thy task their grand development,
What more can nation have?

On every sea, by every coast,
Thy ships sail forth, fair climes to greet;
Of rank the third thy seamen boast
In wide world's merchant fleet.

Free to retain the ancient tie—
Love's golden link—to Britain's throne,
For which thy patriots dared to die;
Yet free to stand alone.

Conscious of manhood's ripening power,
The heroes of thy storied past
Are reproduced in danger's hour,
When sweeps rebellion's blast.

Yes, 'mid the leaden storm, thy call
Fired loyal souls, like flaming torch;
Victors to be, or nobly fall—
Witness their charge, Batoche!

Self-sacrificing, valiant, strong
To guard with life their country's fame;
What nobler traits to those belong
Who boast a nation's name?

O Canada, speed on thy course
True to thy past; bid changelings wait
'Till federation's growing force
Unites an empire great.

For Britain shall her lustre shed
On myriad states in compact bound,
Not colonies, but empire, spread
Wherever British hearts are found.

In that grand phalanx, thine shall be
A foremost place, high in esteem;
And thy brave sons shall glory see,
Surpassing far their proudest dream.

O Canada, thy destiny
Of splendour may thy statesmen find,
Pledge of the coming harmony,
"The federation of mankind!"

While active participation in this department of our journal is confined to our own boys, we are well aware that many others, of both sexes, young and old, take a keen interest in the efforts of our various contributors.

This month we have received a very well written paper from an unexpected quarter. It is from a little Canadian maid—Mary D. Duff, the daughter of the employer of Albert E. Young. Mary tells us that she is "a constant reader of UPS AND DOWNS," and "I could not help but write on this subject." We publish Mary's contribution with considerable pleasure, and hope that she and many of her young Canadian sisters may continue to find something to interest them in UPS AND DOWNS.

GOVERNMENT OF THE TONGUE.

SAMUEL M. LING, Age 19. Party, March, '93.

There is an old proverb which says, "There's many a slip 'twixt the cup and the lip," and I think there is too. A word that is rashly uttered can never be recalled. I've often heard it said, "Think three times before you speak once," and I try to act up to it. It is a good plan. Also the Bible says that the tongue is the most unruly member, and every person should try and govern that member, for it is very small, and sometimes deceitful.

We should be very careful how we talk when in the company of children, for some word might slip out and be repeated by the younger ones, for they think they have a right to say it just because they heard their elders say it. My employer has a little son who heard me singing a comic song, and now he sings it, not that there's anything bad about it, but he just heard me sing it, and thought he had a right to sing it too. And so it is with bad language, also actions. Therefore we should always be careful to set a good example.

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