

Parliament, but if we bring up our youth to understand the advantages that would accrue from attention to Personal Hygiene, future generations would reap the benefits. Every child should be taught the necessity of daily washing; how filth is removed from towns, and why; what is the use of pure air and water; the objects of the scavenger's cart, the dustbin and ashpit; why the streets are paved, swept, and watered; the reason there are drain traps to our sewers; that the refuse of our food becomes unwholesome, and must be removed from the air we breathe; the responsibility of the individual to his family and neighbor. We cannot too strongly urge upon our School Commissioners the great importance of such a course. Plant the seeds of such knowledge in such soil and it would bear its fruit in good season a hundred-fold. Let any one visit the suburbs of our beautiful towns and there he will see our population, increasing daily, crowded into *pens*; so avowedly ignorant of the elements of healthy conditions that they are worse off than their very cattle. The ignorance of the people in such matters is positively alarming, and it is not with our poor alone; the middle and commercial classes the aristocratic and wealthy, are as badly off for instruction and information in such matters. These reforms we are never tired of advocating,—last month we published a paper by E. B. Ellice Clark on Sanitary education; the principles of which we invite our readers to spread broadcast; he testifies as we have done above, in similar terms but more forcibly.

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PUBLIC DINING HALLS.

Glasgow is pre-eminent for its public refreshment places, from the refined restaurant to the halls for the working classes. In the former good Scotch dishes are blended with high-class English cooking, adding thereto a touch of the French and German *cuisine*. Scotch collops and Swiss tart, hotch-potch and stewed hare, yellow turnips and German* sauerkraut are of the same "carte" and present, with many other preparations, a diversified *régime* of cooking. The Scotch people take pains with their food, and anyhow give us more than one kind of bread.