

smoke your cigars "to the bitter end," but throw the stumps into the street. The Italian *gamins* will gather them in to sell to the cheap cigarette makers; so you may some day meet your old flame again, under a different guise.

5. In partaking of joints, eat only the flesh and fat, cutting out the veins and other vessels. They are useless to the economy, and only give the stomach work that will not be paid for.

6. When, by friction of the surface of the limbs or body, little rolls of solid are produced, they are the *flossam* of wrecked tissues, which encumbers the functions of the skin. Get a Turkish bath, and throw off your debris. You will then breathe through your whole body."

—LOUIS LEWIS, M.D., in *Times and Register*.

MILD CROUP :

R Extr. yerba santa fl ʒiii.
Morph. sulph 1 gr.
Syr. Ipecac. ʒi.
Syr. Tolu. ad ʒii.

Sig. One drachm when required.

A. LIVIGNY, M.D., in *Medical Summary*.

Dr. Thomas Speers, 183 Queen Street West, wishes to dispose of a full set of obstetrical, surgical and microscopical instruments. These are all in excellent repair, having been kept with the greatest care. Physicians and students requiring any would find it of advantage to themselves to inspect them.

A CHALYBEATE LEMONADE :

R Tinci. ferri perchloride drams iv.
Acidi phosphorici diluti " iv.
Tinct. limonis " ii.
Syrupus simplicis ad . . . " iv.

Sig.—Two teaspoonfuls of the syrup in a small tumblerful of water after meals.—*Epitome*.

PRURITUS :

R Acetate of lead gram 1.
Dilute hydrocyanic acid " 5.
Rectified spirits " 15.
Distilled water " 250.

Use as lotion.

—*Medical Record*.

[OVER.]

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