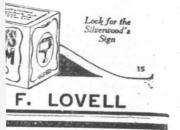
to make? uperior to that.

e cream, cane sugar and Silverwood's Ice Cream. hat mother never could e ice cream is the result ic freezing.

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#### GUIDE-ADVCCATE, WATFORD, MAY 23, 1919

Keeping Canada's Records \*\*\*\*\* THE handling of public re-

are pleased to inform the public that owing to the

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strong from the quick turnover.

cords of any kind, the arranging, storing and tabu-lating of them either for permanent reference or eventual destruction, is something of a fine art, and it certainly isn't stretching the point very far to say that it is an art which is pursued probably less than any other art in existence.

In the case of governments in general, it has been conspicuous by its absence, and in the case of the Canadian Government in particular, its tenancy has been shouted from the housetops.

It isn't as though there were no oracles in existence which could be consulted or systems which could be used as models, though to be sure the good ones could probably be numbered on the fingers of one hand —and never mind the thumb. Great commercial institutions, such as the Canadian Bank of Commerce in To-ronto, under positive pressure have produced record storage warehouses just as perfect and autometic is just as perfect and automatic in their. character 2 and 100 controls

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m its detector from the nie to the fur-nace—or to be more correct now-adays the repulper—as are the pro-cesses upon a 15-inch gun in its jour-ney from the Elswick ingot to the Queen Elizabeth. But Governments laboring under the confusing search-lights of divided public opinion are slow to move, slower to be convinced and positively slothful to take action, especially when under the old re-gime, or lack of it, there is always room for just one file more, so long as the door will shut. Departments have to be brought together in con-ference with a legion of special wants, choked and bursting record rooms have to be allowed to prove their case, plans have to be con-sidered and properties, perhaps acquired, and when at last the ground may have been cleared, the Government may go out of power, and the whole business be thrown into the melting pot again—and all the while the records are piling up and up, and a respite never comes.

Government may go out of power, and the whole business be thrown into the melting pot again—and all the while the records are piling up and up, and a respite never comes. It has been like this in Ottawa ever since the beginning of things. No systematic attempt to deal with Government records and separate the departmental chaff from the wheat has ever been made. When an en-thusiastic Dominion archivist has gained permission to search for cer-tain invaluable documents, a wise friend has been known to ask, "Where are you going to do the sort-ing?" and the very recollection of his tiny Archives building, already filled to bursting, and of the moun-tains of material awaiting his flail, has been enough to make him clap metaphorical hands to his head and hurriedly, think of something else. And so things have gone on until Canadian Government departments are one and all exuding records at every pore and vital state papers cheek by jowl with ancient pay sheets are hardly restrained from breaking down their prison doors and turning on their keepers with a clamor for better housing. However, it is always the pro-verbial last straw which is too much for the camel's comfort and in the case of Canadian records the last straw has been the war, and action has become absolutely imperative to save the Government's reputation from the fate of the ship of the des-ert. From the war are coming, and the advanced guard is even now above the horizon, the personal and military and every other kind of re-cords of half a million soldiers. Add to them the hospital, reconstruction, demobilization, pension, assigned pay and several other kinds of metoridons, and all the other things from steam-ships to gas masks that supplied the half million soldiers. to say nothing

and all the other things from steam ships to gas masks that supplied the half million soldiers, to say nothing of their allies, with the wherewithal to fight. On this pile several hundred thousand war trophies, from howit-zers and airplanes to German pro-clamations and posters and finally clamations and posters, and finally clamations and posters, and finally top up with the artistic war record of a hundred or more British and Canadian painters, and you may be able to get a faint grasp of the im-mensity of the material awaiting treatment and at present without premises or machinery of any kind. So as coalition governments are in the habit of doing things that party ones set aside for others sup-posedly more necessary to their poli-posedy more necessary to their poli-tical stability. a Government com-mission was appointed the other day, to deal with the whole matter, a small commission of three with the possibility of additions later on. It consisted of Sir Edmund Walker, president of the Canadian Bank of Commerce and chairman of the Na-tional Gallery trustees and many other things besides, Dr. Doughty, Dominion archivist, and Gen. Cruik-shanks from the headquarters' staff of the Militin Department. Sir Edmund Walker represented not only the voice which had cried in the documentary wilderness for the last ten years or more, and in the meantime had built a record ware-house, so perfect that its plans had been borrowed by Washington and used by them in their wisdom. There is an immense amount of tical stability, a Government com

# Wash The Kidneys!

After Bad Colds or Influenza Look to Kidneys and Bladder



Owing to bad colds, over-eat-ing or intemper-ance, or to the after effects of influenza—uric acid and toxins (poisons) are stored up in the body and couse body and cause backache, lum-bago, rheumatic pains and stiff

It is most es-sential that treatment be di-rected towards

treatment be di-rected towards prompt easting out of the poisons from the body which cause these pains and aches. This means that the excretory organs—(the bowels, skin and kidneys)— should be excited to their best efforts. Every one should clean house—internally —and thus protect one's self from many germ diseases, by taking castor oil or a pleasant laxative such as Dr. Pierce's Pleasant laxative such as Dr. Pierce's Pleasant Pellets, which are made of May-apple, aloes and jalap. Take these every other day. This will excite efficient bowel action. If you suffer from backache, irri-tation of the bladder and the kidneys shown by the frequent calls to get out of bed at night, considerable sediment in the water, brick-dust deposit, perhaps beadache in the morning, you should obtain at the drug store "Anuric" (anti-uric acid), first put up by Dr. Pierce. To build up the strength and improve the blood, take an iron tonic such as "Trontic," manufactured by Dr. Pierces, or some good herbal tonic such as Dr. Pierce's Golden Medical Discovery, made from wild roots and barks without alcohol, and put up in tablets or liquid.



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WATFORD.

used by them in their wisdom. There is an immense amount of work to be done. There are plain factory buildings to be erected, hid-den away perhaps behind an impos-ing front but capable of being added to indefinitely. There is a large and imposing addition to the existing Archives Building needed to house the regular increase in Government records which have inconveniently been increasing while kaisers have raged and autocracies Imagined a vain thing. There is at least the first section of a permanent National Art Gallery to build to house the national art treasures which since the Parliament Building fire made them homeless by taking their gal-leries for the House of Commons, have been touring the country, the triends of every city but the capital.

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