

# THE BEST REMEDY

For Women—Lydia E. Pinkham's Vegetable Compound

Belleville, Ont.—"I was so weak and worn out from a female weakness that I concluded to try Lydia E. Pinkham's Vegetable Compound. I took several bottles of it, and I gained strength so rapidly that it seemed to make a new woman of me. I can do as good a day's work as I ever did. I sincerely bless the day that I made up my mind to take your medicine for female weakness, and I am exceedingly grateful to you for your kind letters, as I certainly profited by them. I give you permission to publish this any time you wish."—Mrs. ALBERT WICKETT, Belleville, Ontario, Canada.

Women everywhere should remember that there is no other remedy known to medicine that will cure female weakness and so successfully carry women through the Change of Life as Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs. For 30 years it has been curing women from the worst forms of female ills—Inflammation, ulceration, displacements, fibroid tumors, irregularities, periodic pains, backache, and nervous prostration. If you want special advice write for it to Mrs. Pinkham, Lynn, Mass. It is free and always helpful.

## Rural Telephones.

There are some things about which there can be no two opinions. One of these is the rural telephone. No sound argument can be adduced against it. It is cheap for the service rendered. Its benefit in any rural community cannot be over-estimated. It removes isolation, encourages sociability, and is of an advantage in many ways in economizing work and minimizing the difficulties under which many farmers labor. To advocate the rural phone, therefore, is to stand up for something that is of inestimable benefit to the whole country. A community without a rural phone service is not availing itself of the privileges of modern civilization, as it should. There should be such a service in every rural district. Once installed it will never be discarded. In cities people who once get a phone in their homes think life hardly worth living without one. If this be true of the city where one can fraternize with his neighbor over the back fence, how much more true is it of the country where broad acres separate the farmer from his nearest neighbor. The phone has become an integral part of the rural life of this country and the farmer or the community that is without its advantages does not realize what it misses. For a few dollars a year a farmer can buy more real benefit and comfort for himself and family in a rural phone than he can get by a similar investment in any other way.

## To Clean Silver.

For washing silver put half a teaspoonful ammonia into suds; have the water hot; wash quickly, using a small brush; rinse in hot water and dry with a clean linen towel, then rub dry with a chamois skin. Washed in this manner silver becomes brilliant, requires no polishing with any of the powders or whiting usually employed, and does not wear out. Jewelry can be made to look like new by washing in ammonia water. Put half a teaspoonful into clear water to wash tumblers or glass of any description.

**Every Woman** is interested and should know about the wonderful **MARVEL Whirling Spray**. The new Vaginal Syringe. Best—Most convenient. It cleanses instantly. Ask your Druggist for it.

If he cannot supply the MARVEL, accept no other, but send stamp for illustrated book—sealed. It gives full particulars and directions invaluable to ladies.

**WINDSOR SUPPLY CO.,** Windsor, Ont. General Agents for Canada.

## DRUGS OF ANTIQUITY.

The Doses That Mankind Swallowed Thousands of Years Ago. It is admitted that the oldest medical work known is the Ebers papyrus discovered by Georg Ebers in his journey to Egypt in 1872-3. It is a scroll twenty yards long and a foot wide and has been studied and translated by Von Oefele and reviewed by Von Lippmann. It was written about 1550 B.C., though some of the material of which it is a compilation dates back to about 3700 B.C.

The medical substances mentioned include copper—once more costly than gold and silver—lead, iron, antimony, carbon, sulphur, salt, soda, gypsum and other minerals; milk, fats from many animals, wax, and the horn, blood and other portions of domestic and wild animals; castor and other oils, honey, raisins, grapes, figs, dates, wine, beer, linen, flax, lanolin, papyrus, numerous resins, caraway, fennel, dill, melilot, watercress, peppermint, coriander, lettuce, endive, absinth, pomegranate, calamus, aloes, safflower, crocus, indigo, henbane, mandrake, opium and other plants and vegetable products.

In preparing drugs solids were graded or powdered in a stone mortar. There were many processes of treating them, such as roasting, baking, pressing, steeping, warming, boiling in various substances, macerating with lye, evaporating and fermenting with yeast. Liquids were filtered and clarified. Some recipes contain two or three ingredients, but others have as many as thirty-seven materials.

## GIBRALTAR.

The "Key of the Mediterranean" Has Had a Stormy History.

England has been in possession of the rocky promontory of Gibraltar since 1704. From that time to this it has been a crown colony under the administration of a governor. By reason of its important strategical position it is called the "key of the Mediterranean."

Gibraltar has had a stormy history. In 711 the rock was taken by the Arab chief Tarik, who called it Jebel-al-Tarik (Hill of Tarik) and built a fortress on the promontory. Part of these ruins are still extant. In 1309 it was taken by the Castilians, only to be recaptured by the Moors in 1333. It was held by them until 1462. Following the taking and sacking of Gibraltar in 1540 by Barbarosso, extensive military works were built there by order of Charles V.

In 1704 the promontory was captured by a combined force under Sir George Rooke and the Prince of Hesse-Darmstadt, fighting for the Archduke Charles of Austria. The moment it fell into their hands the British admiral threw off the alliance with the Austrians and took complete possession of the works.

British possession since that time has been unbroken, although it was under a Spanish siege for nearly three years and eight months, beginning in 1779. Twice the garrison was on the point of falling because of the starvation of its defenders.

## Right on the Job.

At the time Dewey captured the Philippine Islands there was only one lighthouse in operation in the Philippine waters—that on Cape Melville, Balabac Island, south of the island of Palawan and marking the entrance between the China sea and the Sulu sea. As is the custom in time of war, the Spanish authorities had ordered all lighthouses to have their lights extinguished when it was discovered that an attack on Manila was threatened by the American navy. It appears that this order was carried out at all other places except at the lighthouse mentioned above, where the order was never received. The keeper of this light kept his light burning up to June 30, 1899, without assistance, and was paid for his services from May 1, 1899, to that date by the Philippine government.—Philippines Monthly.

## Fourierism.

Fourierism was a social system founded by Charles Fourier, born in France 1772, died 1837. Fourier advocated co-operative industrialism, coupled with the idea that society should be organized into "phalanges." The phalange was to number about 1,600 persons, who were to live in a common building, with a certain portion of soil for cultivation. The staple industry was to be agriculture, but the various groups might devote themselves to such as were best suited to their tastes. Several attempts were made to carry out Fourier's theories, but the result in each case was failure.—New York American.

**His Motto.**  
"You go around borrowing money all the time and yet you seem to be prosperous."  
"I am."  
"How do you manage it?"  
"My motto is, 'Always put off till tomorrow those you have done today.'"  
—Toledo Blade.

## The Local Newspaper.

Taken all in all, there is not in the world a cleaner and more excellent local newspaper press than we have in Canada, and I can say this frankly, not being connected with it. It can best cover affairs of a social or strictly local nature. If the church is wise in its generation, it will cooperate freely and systematically with town and country press, in order to enlist, as far as possible its mutual support in Christian enterprises and moral reform. The editors and publishers of newspapers are, as a rule, naturally responsive to the best interests of their respective communities, and that spirit will be quickened by a frank and friendly attitude towards them.—Countryman in Christian Guardian.

## The Cockney Scored One.

(Canadian Collier's.)

Who says the Englishman is not a man of wit? The other day W. A. Fraser, the short-story man, in search of human interest and a morning chat, got into talk with a couple of laboring men on the back platform of a Toronto street car. Fraser rather prides himself on his knowledge of dialects, so he made some guesses. "You," he said to one, "are a Devon Man." The toiler with the dinner-pail admitted it. "And you," he said to the other, "are from London." Right again. "And now," said Mr. Fraser, spreading his chest, "where would you say I'm from?" It was the Cockney who replied: "I don't know sir. You see, I'm not so blowsted inquisitive as you are."

## NATURE STOPS

When the Kidneys Give Out.

Do you feel that you can't simply go any farther—that you must have rest for that lame and aching back—relief from that constant dead-tired feeling—freedom from those stabbing, darting pains? It is nature's warning that the kidneys are giving out and you need the help of Booth's Kidney Pills, the guaranteed kidney remedy. In every machine there is one part that works the hardest and gives out first. The kidneys work night and day, and naturally a life of unusual activity doubles the duties of the kidneys and in time the strain tells. The kidneys give out and nature cries "stop." Booth's Kidney Pills are sold by all dealers, 50c. post-paid from The R. T. Booth Co., Ltd., Fort Erie, Ont. There is no pill just as good. Send for a Free box. The test will prove the truth of our statement. Sold and guaranteed in Watford by T. B. Taylor & Sons.

## If you trade in Watford you go home satisfied.

Whatever you have to do, do it with your might. Many a lawyer has made his fortune by simply working with a will.

A freak lamb was born on the farm of Julius Marion, in Saline, Mich., a few days ago and died within a day after its birth. The lamb had two heads, four front legs and three hind ones and two tails. The two heads grew out of the body from the breast and above the shoulders. Each was perfectly formed. When born one head was dead, no breath coming from it, while the tongue of the other head lapped up milk. The four front legs and feet were perfectly formed, but the third hind leg grew out of the back, just over the tails. Each tail curved away from the other. An X-ray photograph showed that the ribs were naturally attached to the back bone, and that the skin was one whole hide. The freak will be made the subject of several sheep breeders magazine articles and will be mounted and placed in some museum.

Used in Canada for over half a century—used in every corner of the world where people suffer from Constipation and its resulting troubles—

## Dr. Morse's Indian Root Pills,

stand higher in public estimation than any others, and their ever-increasing sales prove their merit. Physicians prescribe them. 25c. a box.

## Children Cry for Fletcher's

# CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of *Chas. H. Fletcher* and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

## What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

## GENUINE CASTORIA ALWAYS

Bears the Signature of

*Chas. H. Fletcher*

## The Kind You Have Always Bought

In Use For Over 30 Years  
THE CENTAUR COMPANY, 77 MURRAY STREET, NEW YORK CITY.

## KERWOOD ROLLER MILLS.

OUR FLOURS:  
Ladies' Choice, Silver Leaf and Scotch Thistle.  
The Best on the Market. All Tried and Proven.  
FEED OF ALL KINDS.  
Including a Big Shipment of Corn Just Arrived.  
Best Attention Given to Gristing and Chopping  
HIGHEST PRICE PAID FOR WHEAT.  
Thanks for past favors, and we solicit further orders, which will receive our prompt and careful attention.  
G. A. DUNLOP, Proprietor.

## THE FARMER'S MILL.

Chopping, 5 Cents per Cwt.  
All Kinds of Grain Chopped and Flour Exchanged for Wheat.

Having installed a Power Corn Sheller, we are prepared to Shell and Clean Corn in large or small quantities.

Bring Your Corn Along and Get it Shelled.

## STEWART & CO.

## OUR Furniture Sales

Continue to increase each year and we appreciate the very generous patronage that it has been our pleasure to enjoy during 1910 and during 1911 we shall be in a better position than ever to give you

## The Newest . . . FURNITURE And the Cheapest

that the wholesale trade supplies, because we buy in large quantities and receive large discounts which means bigger values for our patrons. We cordially invite you to share in those advantages.

## H. A. COOK,

Main St., Watford. Furniture and Undertaking.

If you have anything you want to sell try a "Special Notice" in the GUIDE-ADVOCATE. The cost is small.