

A Page of General Interest to Women Readers

H.P. SAUCE

The World's Appetiser

is used on the dining tables of the British and Canadian Houses of Parliament.

Grocers and Stores over here are selling H.P. freely.



SCIENCE CLASS DISPLAY.
The household science class display of Talbot Street School is holding an exhibit of its work, sewing and cooking, this Thursday, afternoon and evening, from 4 to 6 o'clock and from 8 to 10 o'clock. The display will be shown in the kindergarten room, and any parents or friends interested are invited to attend.

Children Cry for Fletcher's

CASTORIA

The Kind You Have Always Bought has borne the signature of Chas. H. Fletcher, and has been made under his personal supervision for over 30 years. Allow no one to deceive you in this. Counterfeits, imitations and "just-as-good" are but experiments, and endanger the health of children—Experience against Experiment.

What is CASTORIA
Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It contains neither Opium, Morphine nor other Narcotic substance. It destroys Worms and allays Feverishness. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic, all Teething Troubles and Diarrhoea. It regulates the Stomach and Bowels, assimilates the Food, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

The Kind You Have Always Bought

Bears the Signature of

Chas. H. Fletcher
In Use For Over 30 Years

THE CENTAUR COMPANY, NEW YORK CITY.



—“and we'll have no darning for 6 months at least.”

Holeproof socks and stockings not only give satisfaction to wearers because of their unusual comfort and appearance, but bring relief from constant darning. For with every box of six pairs of fine cotton or cashmere Holeproof Hosiery we give you a signed guarantee that if any of the six pairs show holes within six months you may exchange them for new ones absolutely free. More than 90 per cent of all Holeproofs outwear the guarantee.

Holeproof Hosiery
FOR MEN, WOMEN AND CHILDREN

Made from Top-Price Yarn

112 Styles

We pay an average of 75c per pound for yarn which gives Holeproof leadership in quality and appearance. Common yarn costs 25c. No matter what you pay, you can't buy better hosiery than Holeproof.

Genuine Holeproof bear our trademark on the toe of every pair. This is for your protection.

Made in Canada by HOLEPROOF HOSIERY CO. OF CANADA, Ltd., London, Ontario

Heart Culture Finest Education —Religion and Arts Also Should Be Included

Mrs. Knox Black in Charming Address Advocates Love, Religion and Study of “the Best.”

That education in the highest sense—cultural education—means, first of all, culture of the heart, true religion, a love of the beautiful in the fine arts, and a study of nature, was the theme of a most charming and inspiring address given before members of the Women's Canadian Club in the Normal School yesterday, by Mrs. Agnes Knox Black, professor of oratory in Boston University. In introducing the speaker, Mrs. Donald McLean, the president, stated the pleasure of the club in having Mrs. Knox Black address the members, and also how proud the women present were to know that the speaker was a Canadian.

Mrs. Black's subject was “Imagination in Cultural Education.” First of all, however, she said, it was necessary to know what the term “cultural education” signified. The whole trend of education within the past 25 years has been toward specialization, or what is called research work, the speaker stated. “Mr. Black is constantly fighting against this element in education. He believes that all education that is not a spiritual value is of no value. A great many of the themes which are submitted for examination, and from which students get a high degree, are just so much wasted effort in the great scheme of education.

Sweetness and Refinement. “Cultural education means training the whole mind, body and soul of the man or woman. But it means more than that. Many people connect the term ‘cultural’ with what is known as the ‘amateur’ set.” A great deal of her teaching is to bring students to a realization that sweetness and refinement—what we call real culture, is a thing that can be had in its most exquisite form in a log hut in a backwoods, or as Stevenson says, in “a frame house of straw.”

“Then I believe everybody should try to learn what they can of the fine arts—beautiful painting, music and literature. It is a time to get away from trivial things during this awful struggle which so many believe to be a fight between the God-spirit and the devil-spirit. Of all the arts, perhaps music expresses best the longings and feeling of the human heart, but literature is a wider appeal of all.” Mrs. Black urged the women present to read less fiction-of-the-hour, and study the world's masters more. Milton's “Paradise Lost” and Shakespeare's plays were especially mentioned. “If you cannot read ‘Paradise Lost’—and it too tedious—then you are in bad shape. You are a mental dyspeptic.” A closer study of nature's beauties was also emphasized by the speaker as a necessary step to the finest education.

As to the place of the imagination in cultural education, Mrs. Black explained how she endeavored in her teaching to develop the imagination of her students. She believed it was necessary to help them to a realization of the merging of this life into eternity. A study of symbolic writings helped greatly in this. To illustrate, Mrs. Black read, in her own inimitable way, a prose poem entitled “The Garden,” by May Preston Sisson.

Mrs. Black was tendered quite an ovation at the close of her address, the appreciation of the club being expressed publicly by Mrs. McLean. The members present then adjourned upstairs for tea, where many availed themselves of the opportunity to meet Mrs. Black.

It is comforting to reflect that the quality of Salada Tea can never vary. Twenty-three years ago it was determined that, come what may, the quality of this famous tea must never fluctuate with market conditions. Now that the markets have risen beyond all records, the company, in order to support this rule is bound to advance the price of Salada to the consumer, but it is still the finest tea procurable.

If the fly paper has been turned upside down—don't despair—rub the sticky spot with kerosene.

Hang dusty dress skirts on clothes line in wind—and save energy in dusting.

Beets, carrots and parsnips all contain a large per cent of sugar, and are very nutritious.

—“and we'll have no darning for 6 months at least.”

Holeproof socks and stockings not only give satisfaction to wearers because of their unusual comfort and appearance, but bring relief from constant darning. For with every box of six pairs of fine cotton or cashmere Holeproof Hosiery we give you a signed guarantee that if any of the six pairs show holes within six months you may exchange them for new ones absolutely free. More than 90 per cent of all Holeproofs outwear the guarantee.

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MATRON OF HONOR NOT TO BE OUTSHONE BY BRIDE



The bride juried may be the centre of the picture on her wedding day but the matron of honor and the matron of grace “lend enchantment to the view” with their pretty gowns and picturesque hats—and these gowns for the bride's attendants are receiving as much attention from dressmakers this season as the bride's gown itself.

—designed by Mme. Marguerite of the Fashion Art League of America—and it's to be worn at one of the late June weddings. Orchid satin is used in its development, and it's trimmed with crystals, a crystal decollete outlining the tunic which is shorter in front than in the back. The waist is crystal-trimmed, and crystals trim the little tab at the back.

OLD SONGS and POEMS

ALLOW ME TO MOVE A VOTE OF THANKS.

(Sent by “Bill.”)
Once there was held a big picnic. —Allow me to move a vote of thanks. Way down in the Garden Creek; I did not go to that picnic. And all who went returned home sick. They walked about, a dreary set. And stood in the bank; they say, And then it rained and all got wet. —Allow me to move a vote of thanks.

Chorus: —Allow me to move a vote of thanks. Then pass the thanks along this way; They've stood the wear and tear; Of many hundred years they say, And none the worse for wear.

One day the Scotts came in force —Allow me to move a vote of thanks. The anti-Scotts went dry, of course; And now who happens to get hoarse Must cure it from some other source. So now they hate the waterworks And put in water tanks. The anti-Scotts don't like such quirks. —Allow me to move a vote of thanks.

Once on a time a man once said: —Allow me to move a vote of thanks. Another time that same man said: That man was crazy in the head; And I've heard since that he was dead. They say when he was laid to rest, Among the other cranks, His ghost said at its level best, —Allow me to move a vote of thanks.

I once was asked to entertain. —Allow me to move a vote of thanks. A great big crowd at Lunder's Lane; I had to go there in the rain; It kind of went against the grain. I sang and made my hands buzz; And played them all my pranks; And all I got for that trip was, —Allow me to move a vote of thanks.

Repeat words “Allow me to move a vote of thanks” after each of the first four lines.

To lengthen the life of your rubbers rub them, when first purchased, with vaseline, sweet oil or lard, and let it remain on for a day or two. The rubber will absorb the grease and the rubbers will not crack.

THE BACKYARD GARDEN

Technical Terms Simplified

[By Prof. Spade.]

Any person who takes up backyard gardening undoubtedly will do much reading about it or come in contact with many technical terms in discussing with other gardeners. There are a few terms whose meanings are not readily suggested by their names.

Hybrid is one of them. A hybrid plant is the offspring of plants of different species. In the first instance it is an artificial existence, and is formed by crossing the varieties. Many of the new roses are hybrids, obtained by mating the species to obtain the best characteristics of each.

Plants according to their manner of growth are said to be herbaceous, deciduous or evergreen.

Herbaceous plants have but a small amount of hard woody fibre; they have an annual stem dies at the approach of winter.

Deciduous means a falling off, and is applied to plants which lose their leaves during winter.

Cynthia Grey's Mail-Box

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn. No letter can be answered privately.]

Cigarette Flaps on Hand.
“Genevieve Le Claire” has not yet sent me her address for the cigarette flaps which “Soldier's Wife” mailed us some time ago. Would “Genevieve” let me know her address so I may forward her the flaps?

“Bill's” Scrap Book.
Friend Cynthia—You have been such a patient encyclopedia for The Advertiser readers you surely deserve a more or less every appreciates the page, and the good hints. I am making a scrap book of all the recipes and various household hints. It may prove a useful thing to some of our readers.

Am sending the song “Middlesex Reader” asked for, but am sorry I did not see her first request.

For some time I have been thinking, but can judge the contents by the replies. Her hopes are great, as are those of the rest of us “young hopefuls.” May these poor wretched women profits by one another's woes? You did not get your husbands to tell us their disappointments. No doubt some of you had good reasons. There are always two sides to the story, and the men need lots of sympathy!

Best wishes for a happy summer, Miss Grey. Sincerely, BILL.

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MAGIC BAKING POWDER

THE ONLY WELL KNOWN MEDIUM PRICED BAKING POWDER MADE IN CANADA THAT DOES NOT CONTAIN ALUM AND WHICH HAS ALL ITS INGREDIENTS PLAINLY STATED ON THE LABEL.

E.W. GILLET COMPANY LIMITED
WINNIPEG TORONTO, ONT. MONTREAL

BAND CONCERT FOR SURGICAL SUPPLIES

I. O. D. E. Working Hard to Make it a Success—Field Kitchen Committee. Appointed—Four and a Half Tons of Jam Sent Overseas.

Members of the Imperial Order, Daughters of the Empire, in London are very enthusiastic about the sacred band concert to be held in aid of Surgical Supplies.

On Sunday evening in Victoria Park. The “Macdonald” band will render selections.

patriotic and sacred, and the program opens at 8:45, not interfering in any way with the church services. A number of ladies present reported that their husbands would act as gatekeepers for the occasion. The acting general, Mrs. Whitman, and the regents of the primary chapters formed a committee to complete arrangements. The members feel that in view of the tremendous need for surgical supplies, and contributions large and small will be gladly received. It is an opportunity for citizens to lend a hand. All the money taken at the gates will be devoted for the purchase of hospital supplies, such as bandages, dressings, towels, sponges, sheets, etc.

Great Need.

An idea of the great need existing since the terrible battle of Langemarck is apparent from the following excerpt from a letter received in London from a member of the staff of No. 3 Stationary Hospital stationed at Barmouth, Shropshire camp: “We came here May 4th, and since that time we have been working night and day preparing the permanent hospital. The property, then, sent into the camp, was a very large quantity of bandages, sponges, sheets, etc.

Field Kitchen Not Decided.

In regard to the field kitchen for the 33rd Battalion, a subject which was broached at a meeting of the Lord Roberts' Chapter on Monday, Mrs. Whitman read a letter received from Col. Wigle in which he spoke enthusiastically of the kitchen which had been supplied to the 18th Battalion. It was most convenient and adaptable, he wrote, and had been seen to equal that “made-in-London.” Upon motion of Mrs. Burke, seconded by Mrs. Hunt, it was decided that a committee be formed to interview the commanding officer of the 33rd today ascertaining the need of a kitchen and of its being acceptable to the battalion. The following were appointed: Acting Regent, Mrs. Whitman, Mrs. T. H. Smallman, Mrs. W. A. McCrimmon, Mrs. Ernest Smith and the secretary.

Four and a Half Tons of Jam.

The “jam shower” convenor's report was given, showing a splendid result of four and a half tons, or 9,000 pounds, of jam, and a quantity of fruit and plum.

Members of the Sir John Carling Chapter are hoping for a fine afternoon on Saturday, when from 3 to 6 a garden party in aid of soldiers' comforts will be held on the grounds of Dr. and Mrs. Robinson at the asylum. Home-made candles and ice cream will be sold by members of the chapter, and tennis and golf will be played by the members of the chapter. The following were assisted by Mrs. Puddicombe, Mrs. Charlie Hume and Mrs. Frank McCormick.

The work that the Princess Patricia Chapter has been doing for Stationary Hospital No. 3 will be displayed in the window of the Princess Patricia Chapter, and should form a most interesting exhibit. Owing to the letter received by a member of the chapter from an officer of the stationary hospital presenting the needs there, special efforts will be made to gather a large number of surgical and hospital supplies. Citizens may help by purchasing at any of the downtown drug stores, bandages, which will be turned over to the Princess Patricia Chapter by the drug stores making the sales.

Anything which makes religion a social object, makes religion an object.

Greatness that is on the outside will pass with outside things. True greatness, which all may have, is a possession for ever.

Let us live for God and humanity; then eternal realities will join up, vast and grand, and the petty playthings of society and worldly business and pleasure will only occupy their proper place.

Do not pray for easy lives; pray to be stronger men.

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FRY'S COCOA

Bigger and Greater ARE THE BARGAINS AT OUR Big Removal Sale

Come for your share today. Everything must go before we move to our new store and build.

Ladies' Suits, Coats and Dresses and Millinery. Everything is going at the most sacrificed prices for quick clearance.

H. WOLF & SONS LADIES' WEAR STORE, 253 DUNDAS STREET.

LUNDY'S CHOCOLATES

EXCLUSIVE STYLES drafted to your measure, and complete instruction in dressmaking. Terms reasonable.

MISS SMITH COO BUILDING, 110 DUNDAS STREET. Phone 533. jvt

LONDON ADVERTISER COOK-BOOK Recipes Supplied by Cynthia Grey's Readers.

Betty-Carr. Caramel Pie—One cup brown sugar, but one cup white flour, one egg, two cups hot water with table-spoon cornstarch dissolved, one teaspoon vanilla and yolks of two eggs; mix with first part and cook till it thickens; fill the shell and beat up milk on the top and brown.

Graham Gems—Two cups Graham flour, one cup white flour, one egg, two handsful granulated sugar, three table-spoons rich cream, one cup buttermilk, pinch salt, two table-spoons baking powder, half teaspoon soda. Drop by teaspoonfuls.

Saves Money in Every Home. WONT SHRINK WOOLENS.

Lux

“Sweetheart” BAKING POWDER Pure and Good. 10c, 15c and 20c TINS. MADE IN CANADA. IXL

Dry Cleaning

by an expert. Men's or women's clothes of all descriptions. First-class work guaranteed.

Every article of clothing returned in a patented, dust-proof envelope.

Give your cleaning and pressing to our drivers.

Parisian Laundry

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Atlantic City, N. J. Always open. Always ready. Always comfortable. A delightful place for spring, tonic and curative baths with trained attendants. F. L. YOUNG, General Manager.

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