Cynthia Grey's Answers Helps for Every Woman Follow the Bill-o'-Fare

# TO CONTRACTOR OF THE PROPERTY A PAGE FOR WOMEN

Daily Hints on Styles Women at Work and Play Stories for Children

Your Personal Appearance HOW TO TAKE CARE OF YOUR SKIN IN SUMMER, By Madame Millefleurs.

ing the long summer days. Exercise enough to get often into profuse perspiration. But do not needlessly burn or tan your hands and foce. If you are going for a motor ride or a game of golf rub your face over with cold cream made after the following recipe and then powder plentifully,

This skin food and cream is used by nearly all reputable beauty specialists, and time and use has shown it is much the hest cintment for preserving and softening the skin that is known: White wax, one-half ounce; spermaceti, oneounce; lanolin, one ounce; sweet almend oil, two ounces; cocoanut oil, one

Take off the fire and beat until cold, adding, little by little, two ounces of flower water, to which five drops of tincture of benzoin have been added. Be sure to beat the ingredients constantly until quite cold. They must be of the best and purest quality, and the druggist from whom they are purchased must weigh them carefully, After wiping off all the cream dust

your face and neck with a pure powder. If unfortunately you get sunburned, cover your face with a paste made of enough to this on immediately and it will allay the be done just before going to bed. pain and take the redness out. Use hot water freely on your face at night and then cover for a few minutes with cloths

with a fine complexion as with an ugly face.

Never put water on your face, hands "didn't I tell you to take a bath?" or arms immediately after coming in from out of doors. Try rubbing the dirt

Use plenty of pure soap, much hot remainder of the time you can do as the Do not tan your face and hands need- little son of a friend of mine did. He

off with cold cream.

"Well, I don't always wash my face
I think that once a day is often when I take a bath," said Bobby.

# subnite of bismuth and lemon juice. Put either summer or winter, and this should

Tan does not always denote had been sent to the bathroom for a health, for you can be just as healthy bath and came out with a very dirty

### DROBLEMS OF THE FAIR SEX SOLVED BY CYNTHIA GREY

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn. No letters can be answered privately.]

kind enough to help me with my 1. A nice way to cook green peas (not

2. How to cook green beans? 3. I have a linen table cloth which I have to hem by hand; it is two yards in time you will held yourself that way hem will I put on it?

4. Will I hem the cloth all around? There is a selvedge on each side, 5. The napkins to match are 211/2 by 221/2 inches. What width hem will put on them? Please answer soon.

BRIDE-ELECT. A .- 1. Green Pea Souffle .- Boil a pint of peas until very tender, and mash with two tablespoonfuls of melted butter. Beat three eggs light and stir into them a pint of milk and the mashed Season with salt and pepper. beat hard and turn into a greased pudding dish. Bake, covered, for twenty minutes: uncover and brown. Serve this souffle as soon as it is removed

2. Boiled String Beans.—The neatest way to rid beans of backbones is to can be obtained at a local job printpare each the whole length with a ing office. sharp knife. This is much better than the ordinary way of "stringing" them. appearances will remain so for the fall Lay a handful of the beans upon a board with the ends even, and cut through all into inch pieces. Wash and cook in boiling salted water until tender. Drain, season with butter, salt and small letters without regard to height. pepper and serve.

Full-grown beans demand much more time for cooking than young. Underdone beans have a rank taste and are unwholesome. Just a very narrow hem, not more

than half an inch wide. 4. Just hem the cloth at the ends. Put the smallest hem you can on

### Better Ask Mother.

Dear Miss Grey-I am a constant reader of your column, will you please answer the following? 1. I am nearly 13; am I too young to

wear my hair pemped? 2. Is rubbing the teeth with a rough cloth as good as using a brush?

3. Is a girl of 15 too young to have a fellow? . What is the meaning of Gladys,

Thanking you in advance, BROWN EYES. A .- 1 Don't you think, Brown Eyes. that hair looks more girlish if parted and rolled softly back from the face,

and tied with a bow at the nape of the finds the most, neck? If pomning becomes you, why not wear two ribbons?

the desired effect, but a stiff bristled brush is more satisfactory.

3. This is a matter in which you the world and have to get our knowlshould consuit the wishes of your par- edge from word-pictures.

ents, personally? I think you are far too young to have a "Fellow"—time enough yet. Why you are almost!

rest; Ada, happiness.

### THE STAMP LANGUAGE.

DUTCH. love you; left corner, crosswise, I love bags do not possess this dangerous another; straight, I wish to be rid of characteristic and are much safer than your correspondence; left corner, bottom, straight, do you love me? Upside down, I am displeased; crosswise, I wish to have your friendship; left side, centre, upside down, I am engaged; crosswise, who cares? Right corner, top, straight, business; upside down, friendship; crosswise, no; right corner, bottom, upside down, yes; right side, centre, straight,

accept me as a sweetheart. JANE B.—The use of a good cold cream or skin food massaged into the skin will soften the skin and otherwise improve the complexion. Fresh buttermilk is good for removing freekles. Use it just as you would water, washing the

face in it and allowing it to dry on. This Dear Miss Grey-Will you please be is an excellent mild bleach, but you must give it a fair trial. Deep breathing is good for straightening the shoulders. It should be practiced constantly, the first thing in the morning and the last thing at night. Hold the shoulders back and chin up. Practice walking this way and

#### Wedding Announcements.

Dear Miss Grey: 1. When a wedding ceremony is performed at the manse in a small town near the bride's home, is it customary to send out wedding announcements? If so, how should they be worded? And to whom sent? 2. Will velvet be worn much this fall and winter?

3. Is my writing dreadful? I will be very grateful when I see

your answer to these questions in The Advertiser. ELEANOR. 1. If the wedding is to be a large one, announcements are sent out friends about two weeks before the event. Samples of the different styles

2. Velvet is still popular and to all

3. Your writing is quite legible; exercise more care with your small letters. You have a tendency to form your

### Two Brownies.

Dear Miss Grey: As I am a reader of your column, I am now coming to get your advice on a few problems: 1. Are Balkan blouses going to be worn this winter and do you care

for them? 2. What is the meaning of Hazel and

3. When giving a small girl a party should she invite both boys and girls, and what are suitable games to play 4. What is the correct age to try

5. Which is more beneficial, reading

Thanking you, we remain, TWO BROWNIES. A .- 1. Bulgarian blouses are very popular and threaten to be won this

winter. Personally I do not like them. 2. Eula, fair speech. 3. Yes. Children usually like tag and ide-and-go-seek. Peanut hunts are lots of fun for little folks. Have them hidden in all sorts of places in the gar-

den and give a prize to the one who 4. As a rule pupils try their entrance at 14 and 15 years of age, but this de-2. I believe that a cloth would have pends on the cleverness of the student. 5. Most of us have to be content to

### WELL TO KNOW.

An accommodating silversmith is young erough to be playing with dolls. authority for this bit of advice. Never New York and Newport society, and young croush to be playing the state of the romping game of hide-and-seek with keep it in good condition. Use dark our girl friends.

4. Gladys, charming; Beulah, land of —the kind that jewelers and silversmiths use. And there is a reason for some very tempting sandwiches, which he bleaching process to which they are Miss Grey, Please print the subjected a certain amount of sulphur bear Miss Grey, Trease print the subjected a certain amount of sulphur beamp language in your column of The and other chemicals that have a tendency to tarnish the silver when it A.-Left corner, top, upside down, I comes in contact with it. The colored

### Daily Healthogram

Drinking beer instead of water by workmen is responsible for some heartstroke, some sunstroke, some digestive troubles and some general lowering of efficiency. Beer is not a good summer drink.



An expert sunlight. Clipping is better for the gives us some hair than singeing. It should be done sensible and every six months or at least once a valuable hints year. The effect of "rats" must be deon the care of scribed as "something terrible." the hair. She other expression is adequate. It is says if the hair seldom a woman thinks of washing

ing is better for the hair than air and this.

is in good condition, not to use a tonic "rat." The dirt it accumulates gets to upon the scalp any more than you over the "rat" keeps air from the hair, would take medicine if you were well. and air is an absolute necessity to the If a tonic seems imperative, watch the health of the hair. People whose hair effect of that tonic and see whether it cracks and breaks will find this due agrees with the hair. The simplest to uric acid in the system. This should thing and the best is a mixture of be eliminated rather than try to treat two-thirds of 95 per cent, castor oil the hair directly. For brushing the and one-third alcohol. Bay rum and hair, use a bristle brush, never one of castor oil agree with some. Olive oil wire. A very wide comb is best. and cocoanut oil may also be used, hint for the thoughtless is never Some claim that castor oil rubbed into to leave combs or brushes on th the scalp may prevent gray hair turn- dressing table where the dust will ge ing, as often the gray is merely the into them. After washing a brush in rundown condition of the color glands, hot water, having a few drops of amwhich require stimulation. Air the monia in it, or a small lump of wash hair at night and pull it out till it is ing soda-rinse it with very cold water fluffy. This form of pulling hair is an to stiffen the bristles. Never use a excellent thing. It is recognized that harsh bristle brush on the hair. The

women's hair is stronger than men's, last word and the first on this subject and this is thought to be because wo- is massage. If the scalp is very hot men are always pulling their hair— this shows congestion, and gentle masthat is always taking it down, combing sage is necessary. Half of all the and brushing it and doing it up again. difficulty one may have with the hair Sit in the sun with the hair hanging or, in fact, with the physical condition whenever it is possible to do so-noth- is poor circulation. Massage remedie

### Fashions For Midsummer

Leghern is immensely popular this | the loose, easy effect of the chinchillas, year, not only for dressy summer mil-linery, but also for simple tailored hats to be worn with linen and cotton frocks of the same genre, or with light tailored wool suits

The Norfolk jacket has almost a

The sport coats which have been shown in chinchilla and velours de ed stiffness. laine are now produced in linen, either coats are admirably adapted to cooler resorts, but are too heavy for average summer places, so these linen

but without their excessive warmth. Veil Novelties. A novelty in veils is put forward by

Lucile in Paris. It consists in binding all the edges of a tulle veil with a narrow cording of satin. This suggests monopoly of popular favor in outing the tulle and chiffon tunics, designed by the same house, bound with a tiny satin roll which gave them the desir-

Lucile also originated the little bouin white or the natural color, and in various novelty weaves. The chinchilla over the ears in a weird flare like some of the caps one sees in Holland. The effect is charming, especially so for summer, since it looks much freshsport coats will supply a very general er and crisper than the usual soft need. Novelty ratines are also used mob cap.

## Style Notes

The small hat has vielded place to the wide brim, as was almost inevitable, for the hot sun makes some protection for the face a necessity, and the small chapeau affords no protection whatever. The fairly wide-brimmed tuscan and leghorn hats are fashionable, and they are simply trimmed often with dull blue or black velvet ribbon. Sometimes the crown of the hat is composed of colored satin veiled in chiffon. For travelling and outing Wear the Panama is popular usually trimmed with a wide scarf of colored satin, or in similar style.

Ratine, so much used for summer one-piece dresses and suits, is particularly good for golf and tennis costumes. There is nothing more attractive for the purpose than white, and, of course, such a dress should be quite plain, in the one-piece effect. The belt may be of the material, or suede matching the green, or red, or dull blue silk tie knotted under the flat collar.

In the newest summer dresses of gathered at the waist, the gathers extending around almost to the front. The skirts are cut almost as wide at the top as at the hem, and are gathered in to it. Sometimes this "peasstyle of skirt has two or three wide tucks at intervals, again it is inserted with a wide band of lace, and the blouse has a deep yoke with long shoulders, forming the upper portion of the bodice.

Frills of delicate net are predicted as the next style of neckwear to succeed the popular flat collar. In its extreme development the frill goes all around the neck and runs clear down in front - often down both edges, outrise in Medici effect and are supported each glass.

by invisible wires, and when the table and glued his eye to the glass. It standing frill reaches the front of the was a terrifying sight. All the inhabit joined in with them!

Again the visitor sat down at the No, they all turned toward it and and then apple freekled skin, it joined in with them!

Another sin by invisible wires, and when the neck opening it droops forward toward the throat and not away from it, against the gown, as is the ordinary habit of neck frills.

## Daily Menu

SATURDAY, AUG. 16. BREAKFAST. Cantaloupe. Puffed Wheat. Bacon and Eggs. Coffee.

DINNER. Roast of Veal. Creamed Carrots. New Potatoes. Thimbleberry Pie,

SUPPER. Cabbage and Potato Salad. Blueberries. Chocolate Cake. Tea.

Cheese and Rice. - Cold boiled rice and put a layer of rice in it, then one of cheese, either grated or cut into little soft sheer materials, the skirts are bits. Sprinkle with salt and pepper, cheese and cover the dish with bread crumbs. Pour one-half cupful of rich milk or cream over the rice and bake til it is nicely browned.

Spiced Ginger Cup. - Turn into whole cloves and a tiny spice bag, con-Simmer for ten minutes and then relemons and a cupful of sugar. When to the belt along the edge of the bodice | cold place directly on the ice to chill, add at serving time three pints of ginlining a little vest of shirred net, or ger ale and a pint of shaved ice. Serve At the back the smartest frills candied lemon arranged on the rim of

### Mrs. Philip Lydig's Sandwiches

Mrs. Philip Lydig has been called by artists the most beautiful woman in

Mrs. Philip Lydig, who delights in epicurean dainties, was the inventor of not using the white bags. There is in were eaten with great relish by her friends at a Newport picnic.

> Between the thin slices of bread. from which the crusts had been cut, were laid a leaf of crisp lettuce, then a slice of roquefort cheese so thin that it was like a shaving, a layer of caviar, slice of Spanish pepper, then another The combination was a great success

around. Since that time the Philip Lydig sandwiches have appeared on the luncheon table of many of the It is very probable that Mrs. Lydig will not be eating epicurean dainties this summer, as she has just under-

gone a serious operation for stomach

and there were not half enough to go



MRS. PHILIP LYDIG.

# A Week-End List of Seasonable and Attractive Bargains---At Gray's On Sale Saturday in Linen Department

TWILLED AND PLAIN HEMMED SHEETS AT ...... 69¢ each HONEYCOMB SPREADS (LARGE SIZES), AT ..... \$1.39 each

Saturday Bargains in Ready-to-Wear Department Ladies' White Linen Skirts, to clear at each.....

Misses' and Ladies' White Lawn and Bedford Cord One-Piece Dresses, worth up to \$4.00. A few only Misses' Norfolk Blouses with large sailor collars of navy, sky, blue and cardinal. Women's House Dresses of printed percale and in good washable colors, sizes 34 to 40. Regu-

### lar \$1.50 to \$2.00, for......\$1.15 On Sale Saturday Women's Hose, Vests and Drawers at Clearing Prices

Store Open Saturday Until

"One of the secrets of always being

well and suitably dressed," declares a

spirit, and it is a thing which very

few women take into account. A dress

effect, but white has a soothing influ-

tender blue.'

about 17 kinds at once.

10 p.m. PHONE 1182.

CHAPTER II. Again the visitor sat down at the it alone?

Itants were running about, kicking and "Such a sight cuffing each other! Some of them had fallen down! Some wonderment, seemed to have lost an arm! Others "How can you get that whole city of

people in this one small room?" were with only one leg! "Ha, ha," laughed the old man who Some looked as if they had wings! others appeared to be headless. It was lived in the queer house on the edge of the cliff. horrible scene! Here and there were little heaps of "I guess you have not guessed righ

inhabitants; the ones on the bottom yet. I cannot spare any more time for you. Say what you think they are. struggling to get on top. "Look, look," they seemed to be you are right, I will give them all to "He is bigger than I. Let's cut you to keep. "If you are wrong-well, you are off his head.

"She is finer looking than I. Let's wrong-that's all!" "I'll guess," said the visitor. pull out one of her arms." One creature sat by itself and seemed guess it is the-[To Be Continued.] too shy or too tired to move. COLOR EFFECTS.

### THE STARVED HEART.

Commenting on the letters of Charlotte Bronte, just given to the world, the British Weekly expresses regret famous dressmaker, "Is to understand that her devotion to M. Heger was in the effects that color has upon the no wise returned.

"Mr. Heger no doubt thought that he was on dangerous ground, and he mood, will be hopelessly unbecoming, can be used as a good luncheon or refused to go on. She bore up as best another time. For instance, a black can be used as a good luncheon or refused to go on. She bore up as best breakfast dish. Butter a baking dish she could. It is plain she never don't don one when you are depressed, Are worth all your laurels, though dreamed of marriage or of anything or you will feel more so. You'll be a nearer than a kind of friendship that perfect signal of woe. A gray frock of put in another layer of rice and from time to time exchanges tokens a brown one will have much the same of interest. Such a friendship would ence. A red evening gown really helps have no sin in it, and one is inclined to to brighten a dull occasion, and green for 30 minutes in a hot oven, or un- deplore that M. Heger could not give it, is always cheerful also. Don't put on a for this starved heart had learned to yellow gown unless you are feeling ive upon very little, but not to live particularly well, and if you are in exupon nothing at all. Let it be remem- uberant spirits, a blue frock makes a granite saucepan a cupful of preserv- bered that till Miss Bronte met M. delightful vision of you. I won't let ed ginger syrup, Add a cupful of boil- Heger she had probably never known my customers try on model frocks ing water, some bits of lemon peel, six a gentleman. Her father had good which I'm sure they might like ordinqualities, but in many ways he was a arily if they come to me jaded and taining a bit of stick cinnamon, half savage. Her brother became a mon-tired, because I know that the color a nutmeg and half a dozen allspice. ster, and his associates seem to have will not suit them at the moment. been no better than himself. Among dainty sky blue creation must, not be move the spices, add the juice of three her neighbors she was familiar with pressed upon a woman who is worrough tempers and harsh judgments, ried and fatigued. She cannot see her-There was little or nothing of the self in it, or if she does she promptly amenity and the courtesy of life. To loathes it, whereas another time when Miss Bronte M. Heger represented the she comes in fresh and smiling, she lace crossed in demure surplice fash- in stemmed goblets, with a slice of world of intelligence and culture and turns from gayer colors and selects the sympathy. She believed that she saw n him something really noble and high-principled. Her heart wakened, ind her mind with it.

"It is not so much her devotion that urprises one as its extraordinary per-We can see that it lasted to the end. It is dominant in nearly all

her writings. "M. Heger need not have been afraid, He might have trusted his correspon dent. No one was ever more grandly faithful to her primary duties than Charlotte Bronte. She lived a life of uneventful simplicity. It may be that The keen she sacrificed too much. and daring mind in that fragile body embroidery, while an interesting story made life a perpetual struggle. May we a gleam of light over her heavy and louded years."

### WHEN BUYING READY-MADES.

First see that skirts have hems. Sometimes they are only faced. In that case one can never lengthen

Then look at the seams about the hips by turning the skirt wrong side

Stretch the arms to full length to be ure the sleeves are long enough. If you are buying wash frocks that the are wide enough across the number of young people are to shoulders. Most wash materials shrink across

he ehest, too. Nothing is more graceess than that contracted look. ready-made has some of the made-te- two tablespoons of Ceylon tea. Allow ornamenting each with a tiny bouque order clothes bested in many ways.

o some skins and they are troublesome combat. Massage is one remedy which is effective in getting rid of them; for anything that increases the activity of the skin is said to help do away with

A simple home remedy is horseradish otion This is made from a teaspoonful of scraped horseradish put in a cupful of sour milk. Let it stand for six hours, and then apply it three times to the

Another simple remedy is made from looking up at Cribbley Crabbley in sour milk-two ounces of glycerine and an ounce of rose water. This lotion should be applied three or four times a day with a soft cloth. It may prove irritating, alhough it is quite harmless, and a little elder flower water can be used to couneract its irritation and soothe the skin. Zine ointment is really one of the most soothing creams for freekled skin. It can be bought in small boxes for 10 cents, and so can be easily carried in a

handbag. When a dwelling burns down the amily usually manages to save everything except the things that were worth saving.

### The Poets' Corner

ALL FOR LOVE.

O talk not to me of a name great in story; that is becoming to one, in a certain The days of our youth are the days of our glory; And the myrtle and ivy of

> What are garlands and crowns to the brow that is wrinkled Tis but as a dead flower with Maydew besprinkled; Then away with all such from the

head that is hoary-

ever so plenty.

What care I for the wreaths that can only give glory? O Fame-if I e'er took delight in thy praises, Twas less for the sake of thy high-

sounding phrases, Than to see the bright eyes of the dear one discover She thought that I was not unworthy,

to love her. There chiefly I sought thee, there only

I found thee; Her glance was the best of the ray that surround thee; When it sparkled o'er aught that was bright in my story

I knew it was love, and I felt it war

### Afternoons on the Verandah

glory.

friends may pass the time with their drinks, that not only appeal to the chilled mineral water. eye by their attractive and dainty appearance, but strengthen and refresh the summer guests by the cooling in-gredients of which they are compos-ed. A dainty platter of home-made wafers or sandwiches is the only ac-

When a man gets sick he doesn't

want to take any medicine; when

woman gets sick she wants to take

companiment necessary. Fortunately the art of concocting summer beverages is not a difficult

accomplishment. As examples of delicious "temperance drinks," especially good when a among the guests, the following tested

recipes are suggested: Red Raspberry Punch. Make a strong infusion of tea, by lit to stand four or five minutes, and of fresh mint.

During the sultry months of mid- then strain it into a large mixing bowl. summer informal parties held on the When it has cooled add the juice of habitual self-sacrifice, of decorous and vine-shaded verandah, or in a cool three lemons, the juice of three room in town, where a few congenial oranges, a heaping cupful of powdered sugar and a pint of crushed red raspberries. Allow the fruit to ripen dior magazine article is read aloud, will rectly on the ice, and when ready to not hope that her fame at least brought prove deservedly popular. The simple serve pour slowly over a block of ice refreshments to be served consist arranged in the punch bowl, mixing in merely of a variety of delicious iced a cupful of ice water, and a quart of

Either limes or lemons may be used for this beverage, although if the former is used a larger quantity of sugar will be required. Sitce four lemons into an earthenware bowl, add a large handful of crushed mint sprigs, two sliced oranges and one and a half cupfuls of sugar. Then with a potator masher crush the fruit to extract the juice and mix well with the sugar. Now set the bow! on the ice to chill and at serving time stir in a small bowlful of cracked ice, the contents of a halfpint of Maraschino cherries and syrup, and about a quart of iced water. Stim pouring a quart of boiling water over well and serve in tall crystal glasses,

Mint Frappe.