

MADE
IN
CANADA

Royal Yeast Cakes reach the user in sealed air-tight waxed paper wrappers, each cake being wrapped by machinery—not by hand so that even after package has been opened, the cakes are protected from dust and other harmful contamination.

ROYAL
YEAST
CAKESRICH IN
VITAMINES

SIDE TALKS.

By Ruth Cameron.

ALWAYS HIGH TIDE.

Once upon a time I lived on the banks of a tide river. When the tide was in, the river widening before our doors to a small lake was a broad expanse of water, filling its lovely banks to the brim. When the tide was out the river was a little in the middle of a great muddy waste.

Of course we loved the high tides when we sat on our porch gazing out the lovely lake the ocean had sent us. We would say: "Oh, if it were only high tide always, how lovely it would be! Think of its always being as lovely as this."

So were mud flats. Then, behold, the miracle began. The government decided that it was time to have that broad expanse of water for use. And being a powerful government, capable of coping with Nature itself, it built a dam. Of course we loved it. No more mud flats, no more little creek; all the broad water sparkling in the sun, shining, shining in the days of late afternoon, filling the banks to the brim. I have been able to care so much for landscape that lacked water. It was to me that water is a landscape what eyes are to a face, the life of life and soul.

Once Made The River Sweeter. We presently became conscious of a strange thing. And yet not really, but common and small. When we had yearned over the river that was lent us for an hour each day, we had said: "It is always being as lovely as this." And when we found that the river was to be dammed we said: "Now always going to look as lovely as this at high tide. But it didn't. Because we never saw it at low tide—more—and little as we loved a creek in its muddy banks had something to the charm of the river.

Beauty, all pleasure is subjective as well as objective. We never can get the fullness of joy or enjoyment without con-

When we envy some wealthy person whose life is just one round of pleasure we picture him or her enjoying each of these pleasures as keenly as we enjoy our scattered ones. He doesn't. He can't. He has the river at flood tide but he has forgotten or never knew the muddy creek. They Never See What You See. As you pass by some wonderful estate with magnificent trees and gorgeous gardens and flowing lawns, you draw in your breath and think, "What would it be to live there all the time!" Of course it would be a wonderful privilege, and yet it is doubtful if those who do live there ever see anything quite so lovely as you see. Or if they do, it is only now and then in a moment of vision, not every day. Sometimes people say that you can keep that vision with you all the time if you try hard enough. I don't think you can. It's just the way of life, something inevitable, something to be understood and reckoned with, not contradicted for the sake of being Pollyannaish (I begin to think that word will finally land in the dictionary).

Household Notes.

To make sugar syrup for pancakes, boil one quart of water with one pound of sugar for twenty minutes. Flavor with lemon juice when cool.

The thermos bottle is almost indispensable in the school lunch. In it can be carried nourishing hot soups, hot malted milk, cocoa or a cold fruit drink.

When making cinnamon toast, use about four parts of sugar to one part of cinnamon. After sprinkling this on the buttered toast, brown it slightly.

If you use hard water for rinsing clothes, it is better to put bluing in the suds water instead of the rinse water. This prevents spots and streaks.

Instead of putting black clothes through the starch, use a cup of milk in the last rinse water. The milk gives desired crispness without the usual white shine left after starch.

Underwood Typewriter, \$155.00. Oct. 28.

Safeguard
Your
Prints

Just make it a habit to put one of each of your "Snaps" securely in an album so that you've got them for reference, otherwise you'll find you've often given away the very ones you wanted to keep particularly.

Albums are a photographic necessity, but not an expensive one if you shop at Tooton's, where there is a magnificent stock of Snap Shot Albums in all grades and sizes, and in a wide range of prices.

TOOTON'S

The Kodak Store, Water Street

'Phone 131

Vegetable Sale Opened.

IN AID OF MEMORIAL SCHOOL.

Yesterday afternoon in the Assembly Hall of the Old Convent School, St. Patrick's, Riverhead, a vegetable sale in aid of the new Memorial School Fund was opened by Rev. Dr. Kitchen, P.P. A large number of people were in attendance and ready purchases were made, but quite a quantity of vegetables, however, were also disposed of by lottery. The following ladies were in charge of the stalls:

Vegetable Stalls—Misses Barron; Mesdames Sinnott, Hamlyn, Neville, O'Reilly.

Refreshments—Misses Buckingham (2); Grant, Murphy.

Preserves—Mrs. Healey. Candy Cannon and Tea—Miss Ennis, Mrs. J. Power, Mrs. J. Jackman, Candy—Miss O'Keefe.

The sale will be continued this afternoon until 6 p.m., when tea will be served. A concert will take place also, at the conclusion, a grand auction will be held to dispose of any vegetables that are left over after the sale.

Orphanaid Smoker.

CLUB OPENS SEASON.

The Orphanaid Club opened their season's programme last night when they held a smoker in the C.C.C. Hall. There was a very large attendance. Hon. Dr. Moedell presided and the musical programme was in charge of Mr. Ernest Fox, with Mr. Gordon Christian as accompanist. The programme was a very enjoyable one and included songs by Messrs. Karl Trapnell, W. Harder, A. Williams, E. Fox, W. A. Tucker, C. E. Hunt, F. M. Ruggles, George F. Kearney, A. R. Stansfield, George B. King, and H. F. Glass, a horn solo by Mr. Arthur Bulley, banjo solo by Mr. Penman, Jr., and saxophone solo by Mr. J. Gunn, mandolin solo by Mr. D. MacFarlane, while Mr. T. H. O'Neill was in his usual good form and delighted the audience with three recitations. Mr. W. J. Higgins, K.C., in an eloquent address, referred to the excellent work of the Orphanaid Club. He wished it every success in its efforts to raise funds. The much talked of "Mystery Man" then gave an exhibition and an auction of contributed goods, conducted by Mr. R. Dowden, concluded the evening. The proceeds were fully up to expectations.

Insure with The Connecticut Fire Insurance Co., of Hartford, Conn. T. H. CARTER & CO., Agents.—aug.25,sm,ead

Grand Officers Visit
Leeming Lodge, L.O.A.

A large and very enthusiastic gathering of Orangemen met in Victoria Hall last night under the auspices of Leeming L.O.L., No. 1282. Special business to receive the P.G.M., Bro. A. W. Piccott and other G.L. officers. Stirring and edifying addresses were delivered by G.M. Piccott, D.G.M. Bro. F. S. Bradley, Grand Secretary Bro. J. Milley, Bro's James Wheeler, P.M., and Richard Ivany, P.M., on subjects of vital importance to Orangemen.

A very pleasing feature of the evening was the presentation of a Past Master's Jewel to Bro. Wm. J. Peet, the immediate P.M. of Leeming Lodge, G.M. Piccott after a very felicitous speech pinned the jewel on the breast of the recipient, who made suitable acknowledgement.

The primary lodges are always glad to receive their Grand Officers, and the reception at Leeming was no exception to the rule. W.M. G. T. Phillips was in the chair assisted by his staff for the current year. All voted the meeting a splendid success. D.M.

Ladies' Evangeline Pumps worth \$10 to \$15, the pair only \$6.99 at SMALLWOOD'S. oct.26,tf

Representation of
Great Sea Battle.

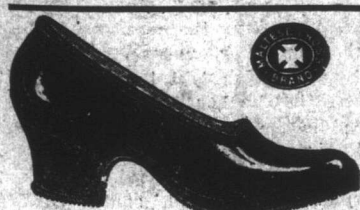
WILL BE SHOWN AT THE NICKEL MONDAY.

A vivid pictorial representation of the great naval fight, "The Battle of Jutland," has been put upon the screen. This is the first time that a great naval battle has been reconstructed in detail in such a way that the progress of the fight from beginning to end is made clear. After hearing so much about this great naval battle, surely the public will look forward with great interest to its exhibition, and take the opportunity of seeing it while at the Nickel commencing Monday next.

There is an excellent close up view of King George arrayed in naval uniform and also Admiral Beatty and other prominent officers.

Cab Cigarettes are appreciated, not only by the smoker but by those in his company.

If the baby likes floating toys, stuff her old dolls and animals with ground cork. The cork may be bought at any grape-dealers, and the toys will not sink and will dry out quickly.



Rubbers. Low cut, heavy sole, medium heel; easily worth \$1.25; Sizes 4, 5, 6 and 7. Per Pair 98c.



Corsets. Best quality and latest style make, these Corsets double value, at these prices. Each \$1.49



Children's Coats. Snug and warm garments that keep the little ones comfortable; very stylishly designed; to fit from 2 to 8 years. Each \$2.98



Ladies' Wool Hose. A very dependable line of these popular Hose, in shades of Fawn, Slate, Grey, Mole, Green and Brown Heather; dark, medium and light brown and black. From 79c. to \$1.79



Stylish High Cut Lace Shoes. Made of Brown Gun Metal, finished leather; leather innersole, strongly reinforced outsole; correct height heel. Per Pair \$4.98

Ladies' Pullover Sweaters. A year round garment of modish and graceful lines, suitable for both outdoor and indoor wear, in shades of American Beauty and Buff, Emerald and White, Salmon and Black, Coral and Black, Saxe and Tan, Cardinal, Maroon and White. Each \$2.98

Ladies' Feather Hats. Becoming, dressy and a wonderful value. These are the newest hats, combining fine pasted hackle feathers, with rows of softly curled ostrich feathers of the same shade. A light, comfortable hat and very smart. Each \$4.98

Combs. Most beneficial to thoroughly cleanse the scalp and stimulate the growth of the hair. Each 5c.

MURPHY'S GOOD THINGS!



We also make the "Price" low. You do not have to wait until our Ready-to-Wear garments "go out" of style before you can "get in" on the low prices.

We price our Suits and Coats low when we first mark them. This moves them out fast so that we can always keep fresh, new styles coming in.

You come in.

Men Who
Like Style

will be pleased with our Suits this season. But equally important is the fact that every Suit we sell will meet the test of active service. Our store features just the kind of clothes that make you feel different. Come in to-day while the selection is good. Excellent values from

\$14.98
TO
\$29.98

Men's Work Shirts. A high grade Chambray Shirt with pockets. The better work shirt, better fitting, better wearing, and still better value. Each 98c.

Men's Snag Proof Overalls. Made of genuine indigo denim, especially adapted to hard wear and tear, unusually good value for the money. Per Pair \$2.98

Men's Work Pants. Made of good quality tweed, just the trousers for rough and ready wear, wear like iron and can be successfully washed. Per Pair \$2.98

Men's Soft and Linen Collars. All styles and sizes. Each 19c.

Sleigh Rugs. 38 x 48 inches, made of excellent material and variety of color effects. Each \$1.79, \$2.49



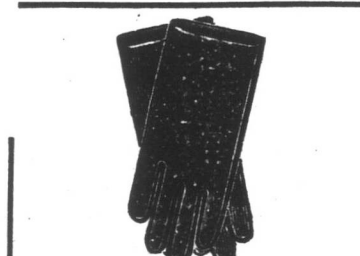
Men's Wool Underwear. A good heavy garment that give long and satisfactory wear, well made and the material is of the best. Each \$1.25



Leather Mitts. Men's Leather Mitts, worth \$1.50. Our prices. Each 98c.



Men's Shirts. A special High Grade Shirt; attractive patterns. Worth much more but in this offering while they last. Each \$1.20



Men's Wool Gloves. Well made, heavy and warm, just the kind for the winter days. Per Pair \$1.10



Men's Wool Hose. We have an exceptionally good line of Hose in various makes and at various prices; our assortment is so large and our prices so varied and favourable that you are sure to be pleased. Per Pair 49c. to \$1.39



Men's Overalls. Only a few light patterns. To Clear 98c.



Men's Kid Gloves. Dandy Dark Brown Kid, heavy, lined throughout. Per Pair \$2.98



Men's Winter Caps. Fleece lined throughout, heavy ear laps. Each \$1.79

PHIL. MURPHY
317 WATER ST. Store Open Every Night.