

**CHILDREN'S
AND
MISSSES'
GINGHAM
DRESSES.**

**35 cts.
TO
\$2.60.**

MILLINERY HATS!

Our Store is Filled with Bargains. Come and See Them.

**Ladies' Millinery Hats,
Ladies' Ready-to-wear Hats,
Children's Millinery Hats.**

Owing to the lateness of their arrival we have marked them at very Low Prices. Come early as the quantity is limited.

Marshall Bros

**American
Muslin
BLOUSES.**

**50 cts.
TO
\$5.00
each.**

Things That Tire Us!

By RUTH CAMERON.



"I've been having one of those broken days," my neighbour said to me last night. "I'm fearfully tired and yet I don't seem to have worked very hard. I can't see why I'm so tired."

I could. She had been trying to accomplish something and she had been continually torn away from her task by those innumerable little demands for attention that sometimes fill up the house-mother's day to the exclusion of everything else.

More Strange If She Weren't Tired.

To my mind it would have been a far greater wonder if she hadn't been tired.

We usually think of hard work and weariness as the inevitable cause and effect, but to my thinking we don't get tired out from physical hard work half so often as we do from other causes.

Hurry, for instance. Nothing tires many people like being hurried. The sense of being pushed gets on their nerves and harries them. They accomplish less than if they hadn't tried to hurry, and accomplish it at the cost of much more energy. There are some people, to be sure, who are stimulated by a sense of being hurried and accomplish more. But—and I hope these people will take this but to heart—the cost in nervous energy is just as great for them. They may not pay it at once, indeed, nature may not send in her bill for years, but so much the worse for them if she does delay, for she is a usurer who often exacts a cruel rate of interest.

Why Moving Day Exhausts You.

Confusion is another factor which takes more out of most of us than plain hard work. Take a moving day for example. You have a woman to help you to clean and a man to do the heavy work. You make no more actual physical exertion than you have on many ordinary days, yet night finds you utterly exhausted. The confusion, the clutter, the excitement, the unsettled state of things has done it, not the work.

Few people realize what a factory noise is in exhausting one's nervous forces. Every noise we hear uses up a little nervous force. Perhaps you know that Edison gives some of the credit for his tremendous capacity for concentration and the unbelievable amount of work he can get through, to the fact of his deafness.

Taking a Thousand Children to the Circus.

Myself, I was once my newspaper's hostess at the circus, to a thousand poor children. Every time anything happened to please those children—on an average of every sixty seconds—they all expressed their approval at the top of those thousand lungs. I had a beautiful time but I was never more utterly tired, and I haven't a doubt that sheer noise did it.

Last, but not least among factors that tire us more than work is lack of harmony. Nothing in the world tires me more than the fear of criticism or the feeling that someone is displeased with me. Nothing wears on me like an atmosphere of temper. I know a woman who utterly broke down after living a year with a mother-in-law who disliked her and showed it. I can quite understand.

We often speak of people breaking down from overwork. Nine times out of ten it isn't overwork at all but an overstrain from some one of these causes.

TO ARRIVE!

per S. S. Stephano:
100 crates GREEN CABBAGE.
50 bris. NEW YORK APPLES.
25 bris. PARSNIPS.
25 sacks ONIONS.
25 boxes CAL. ORANGES.

Ready for delivery:

40 bags P. E. I. TURNIPS.
20 bunches BANANAS.
25 crates BANANAS.
25 boxes CAL. ORANGES.

Seed Potatoes.

200 bris. assorted kinds, Whites, Reds, Blues.

150 bris. P. E. I. POTATOES.

Soper & Moore.

Phone 480.

FRANCE WANTS WOODEN LEGS.

New York, April 25.—An appeal from Northern France for artificial limbs have been received by the War Relief Clearing House for France and her Allies, whose executive offices are in New York, it is announced. The appeal states that the subject is giving great concern to the American Relief Clearing House of Paris.

It is set forth in the appeal that the time have arrived when artificial limbs may be adjusted to those who suffered amputation in the early months of the war. Most of the sufferers have been rendered necessary idle on account of their infirmities and the fear is expressed that the idleness of the people will reduce them to a state of beggary, a condition from which the statement asserts, it may be hard to retrieve them later.

The output of artificial limbs in France when all manufacturers are working, is small, according to the committee, and the French surgeons consider the American product vastly superior to the best that is made in France.

**FITS
CURED**

Send for Free Book giving full particulars of French's Remedy, the world-famous cure for Epilepsy and Fits—Simple home treatment. 25 years' success. Testimonials from all parts of the world; over 1,000 in one year.

TRENCH'S REMEDIES, LIMITED,

711 St. James' Chambers, Toronto.

A fire which occurred in the great government dockyards at Portsmouth on the night of Jan. 31st, but of which very little was said or published at the time, is now reported to have been very serious, the great docks and other valuable properties having had a narrow escape of being wiped out. It is the common belief in official circles that the fire was the work of incendiaries, presumably German spies.

**MINARD'S LINIMENT CURES
DANDRUFF.**

AUTHORITY.

By GEORGE FITCH.
Author of "At Good Old Siwash."
Authority is the right to tell some other man what to do. It is the oldest of all rights. Long before the first man had found another man small enough to lick for disobedience, he had discovered that he was stronger than his wife.

To-day, many men who have no one in the wide world to order around, can still go thankfully home and tell some shrinking woman, in kindly tones, that dinner had better be ready a little earlier to-morrow, in order to preserve international peace and domestic calm.

Authority is harder to use correctly than an aeroplane. Some men are natural geniuses with authority, and are able to suggest the duties of the ten thousand other men in such a manner as to make themselves the recipients of affection and gold-headed umbrellas on anniversaries, but most men handle authority as awkwardly as they would a ball gown. The world is full of men who have been invested with the management of one or two human beings apiece, and are giving up holidays and other pleasures for the bliss of standing around and making the said human beings jump around a little bit livelier.

We have few real slaves in these days, but a vast number of men who are required to make a noise like a door mat under some other man. This is a very disagreeable task, and fills the human door mats with a deep and fervent desire to rise far enough in life to acquire door mats of their own.

Authority is still necessary in this world, but it should be distributed very carefully. Some men have no more business with authority than a five-year-old boy has with his father's shot gun. There should be federal examinations in the use of authority, and the man who cannot grant an employee a chance to work for a living without keeping him perpetually reminded of the fact that he may be fired at any moment when his taste in neckties, wives or humbly does not suit, should be enjoined from the authority business.

About the only people in this country who do not possess authority are office holders. It should always be a comfort to the man who is being bullied by his employer to think that at any time he may go to Washington if he can save enough money, and order his congressman around.

Cement From Beets.

It is now reported that a French firm is making an excellent cement from a by-product in the process of making beet sugar. The scum that forms when the beets are boiled, and which has heretofore been thrown away, consists largely of carbonate of lime and water, and from 70,000 tons of beet treated 4,000 tons of carbonate of lime are obtained; to this 1,000 tons of clay are added, the resulting product being 5,162 tons of excellent cement.

The scum is pumped into large tanks, where it is allowed to dry partially; finely-divided clay is then mixed with it; the mixture is thoroughly amalgamated by beaters for an hour and burned in a rotary kiln, much in the same way as Portland cement. The clinker is then removed and pulverized into cement.

Telephones

With Memories

Devices for making a telephone "remember" what is said to it have been available for many years. The "teletype," an instrument of this type recently devised by Thomas A. Edison, is said to be both simple and practical. A little desk instrument is used, by means of which one of the parties to the telephone talk may record the conversation on a phonograph cylinder. The process is as follows: The receiver of the regular desk-telephone is first removed from the hook and placed in the socket of the teletype; then the user takes up a small receiver, which is part of the teletype, and gives his call to the exchange.

He can start and stop the dictating machine by means of two small buttons on the teletype in order to record the conversation between pauses or delays, thus avoiding any waste of time in running the wax cylinder meanwhile. Both sides of the telephone conversation are recorded, including all evidence of the central operator's voice in making connection. The teletype, it is believed, will place the use of the telephone in a more serious light in business. After a conversation the dictator will turn to his dictating machine, and confirm this message in the usual manner, covering the general understanding. The wax records may be retained indefinitely for reference.

Accidents Will Happen.

COPY OF LETTER RECEIVED FROM A BENEFICIARY.

Henry C. Donnelly, Esq., Agent Railway Passengers' Assurance Company, of London, England.
St. John's, Nfld., April, 1915.

Dear Sir:—
I wish to acknowledge with sincere thanks your Company's cheque for \$1,300.00 being settlement in full in connection with the death of my brother, the late Frank Winsboro, as a result of Embolism.
The amount of his Policy was \$1,000.00, costing \$12.00 per annum. The annual accumulations bringing the total up to \$1,300.00.
Wishing your company every success,
Faithfully yours,
(Sgd.) ELIZABETH WINSBORO, Beneficiary.

ARTIFICIAL BONES.

A new method of treating fractures has just been announced by Dr. H. J. Kauffer. He dries and grinds to powder a piece of fresh bone, and this powder he mixes to the consistency of a paste with petrolatum, and properly sterilizes the mixture. After the ends of the fractured bone have been brought into proper relations, and the location ascertained by digital examination and X-ray, a syringe having a long needle is filled with the warmed bone mixture, and the needle is inserted to the seat of the fracture, and as deeply as possible between the fractured ends. The contents of the needle are then injected as the needle is slowly withdrawn to the surface of the bone, when the injection must stop. This procedure may be repeated several times at different angles, thus filling the entire space between the fractured ends with the petrolatum and bone cells, which act as a focus for the formation of new bone.

**MINARD'S LINIMENT CURES
DISTEMPERS.**

WEEK-END PROGRAMME AT THE NICKEL.

"Hearts and Diamonds."

A Vitagraph two-part comedy-drama. John Bunny plays professional ball.

"The Struggle Everlasting."

A gripping and interesting two-part melo-drama.

"SLIPPERY SLIM AND THE FORTUNE"—A side-splitting comedy.

"SO SHINES A GOOD DEED"—A western drama.

HOWARD STANLEY sings "I can't stop loving you now."

SEND THE LITTLE ONES TO THE GREAT BIG BUMPER

MATINEE SATURDAY.

CASINO THEATRE!

TO-NIGHT, The Great American Play:—

"The Third Degree," in 5 Reels.

The sensation of two Continents. In conjunction with:

"The Lilly of the Valley,"

A thrilling story of Capital and Labor in 3 Reels. Another beautiful Production.

2 Shows Nightly, at 7.30 and 9. Admission 10c.

MATINEE SATURDAY AT 2.30.

East End Rossley's Theatres West End

THE MOST MODERN.

TO-DAY—CHILDREN'S BIG CONTEST,
1st, 2nd and 3rd Prizes.

5 CENTS TO EVERYBODY, ALL OVER THE HOUSE.

MR. BALLARD BROWN and MISS MADGE LOCKE
IN BEAUTIFUL ACT.

The Best Pictures ever seen arrived by S. S. Durango.

NOTE.—On Monday, Mr. Ballard Brown and Miss Madge Locke in Comedy Sketch, **BLACK TOPSY**, from Uncle Tom's Cabin.

AMERICAN DRESSES

Just received from New York a big shipment of

LADIES', MISSES' and CHILDREN'S

WASH DRESSES,

Embracing all the leading American styles and effects. Our prices will surely interest you. See them to-day.

WILLIAM FREW.

**Over 40,000 People
Read The Telegram**

PHOTO

'PHO

War

Messages Previo

The French 150 of the enemy guns captured of the Yser.
An airship, passed over Ipswich, and dropped bombs. No lives.
The Russian further increased Niemen front, and my attacks at land, in the Carpa

BIG BATTLE

A despatch from Daily Telegraph. The terrible battle of Yser fronts is a diminution of the German offensive. The defensive westward from along the Canal. The offensive was made, but quite the British, who stemmed, have along the whole German lines, reinforcements, they can man the assaults by the augmented strength.

FRENCH WAR

The French noon gave out progress of hostilities. We made to the north of of Strenstraete.

Best

FLO

\$8.00

60c.

Sea Dog Ma Force, 11c. Libby's Eggs Shredded Y 16c. pkg. Pure Leaf Tea Washington White Swan Desiccated Dates, 1 lb. Whole Corn Cranberry's.

FRESH

By schr. 100 half ba 40 bags T 20 boxes C

By s 20 cases Val cases Le 50 slides Ir 10 Irish Ha

NO ADVAN Bulldog .. Danawalla 10 per c

T. J.