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laws which govern the operations or digestion and nutrition, and by a careful application of the fine properties of well-selected Cocoa, Mr. Eppe has provided our broakfast table with a delicately flavored leverage which may save us many heavy doctors bills. It is by the judicious use of such articles of diet that a constitution may be gradually built up until atrong enough to resist every tendency to disease. Hundreds of subtle maladies are floating around, us ready to attack wherever there is a weak point. We may escape many a fatal shaft by keeping ourselves well fortified with pure blood and a properly nourished frame. —"Civil Service Gazette."

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THE KEY TO HEALTH.

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ring the pas

and His Wife to Avoid Starving.

The contrasts of metropolitan life are es startling-nay, almost appal-

But a few days ago the attention of the lovers of the poetry of motion in New York was attracted by the representation of Fashing Thursday in Venice at the Metro-politan opera house. No pains were spared to make the affair a success. The performers were drawn from the ranks of young New York's fashionable society, and as the s were to be given to the inmates of the Hahnemann bo of the Hahnemann hospital of New York volunteers were plentiful.



A SWEDISH QUARTET.

Seven dances, including many tableaux and the pantomimes, composed the programme. First came the Serenade, then the Mirror dance and the Rendezvous, then the Fashing dance, the Gondollers' Surprise and a final tableaux, to be followed by the Pierrot, Grecian Cymbal, Swedish. Venetian and Bungarian dances, all ending with the Indian dance.

One of the most fascinating of the dances was the Piervot. It is performed in a great variety of fantastic movements, with advances and retreats in long lines. In one of the figures the gentlemen drep on their knees, while the ladies circle about them, clapping their hands in con-cert. A triple tableau in crimson light closed the performance. The ladies were all clad in pink and white. The dress, cut iow and filled in with lace ruchings, was draped with a wide rich sash below the waist. Each wore over ther powdered hair a little Continental cocked hat. A hair a little continental cocked hat. A more peculiar style of hat adopted by the gentlemen was of high conical shape in white, laced from side to side with plnk and blue ribbons. This was worn with a costume combining white baggy trousers, with large buttons down the sides, and an upper garment of loose blouse shape. with wide and long flowing sleeves, closed in front with the extravagant buttons and finished with a wide ruff about the neck.



The Grecian cymbal dance was by far the most graceful of all. It was the only dance performed by ladies only. It is executed by twenty-four young ladies. In the dance there is a beautiful solo, which was given to the music of a Grecian melody. The dancers advanced to the music of a march, in double lines, with gauzy scarfs three yards in length held high with both hands above their heads, with ends floating backward. Each carried in addition two cymbals in brass, which, as well as the scarfs, are used in the changing movements with delightful effect. A simple, stately beginning, with lines advancing, meeting and retreating, and again with clashing cymals, was quickly succeeded by involved evolutions

urprisingly perfect in each novel change. The Hungarian Gypsy dance closed the series. The costumes were varied and adorned with sequins and embroidery in gold. Each gypsy girl carried a tambour-ine, decorated with painted designs. The most conspicuous among them was a gypsy queen, who danced a solo with en-chanting grace. The chanting grace. The men came on the stage in dark velvet knee breeches, and wearing stockings in varied colors. The dance was a succession of brilliant, rapidly changing movements. At one the house of Wilpoint the retreating figure of the queen was followed the entire length of the stage by a long, radiant line of gypsy girls, with loosely flowing hair and flying, bright hued ribbons, shaking their tambourines in the air with most neval effect. One of the in the air with most novel effect. One of the specially effective movements in which the | Charles Green; firmen united was a wild and reckless rush around the stage, followed by a magnifi-cent triple tableau illuminated in crimson. In another swift change the entire com-



any gathered in a mass at the front of of action shaking a resolving splendid tude of movements evolving splendid tude of movements evolving splendid

One bright morning, not long before the | well known.

CONTRASTS IN NEW YORK.

METROPOLITAN LIFE IS FULL OF LIGHTS AND SHADOWS.

The Becent Festivities of Fashing Thursday and a woman writhing in the agonies of death from corrosive poison and a babe three months old terribly emissated and too weak to cry. uttering a feeble and pittous wall. There was not a crumb of bread, not an atom of food in the room, and the dying man and wife were so and the dying man and wife were so attenuated by starvation that they were little better than skeletons. They were Anselm and Fanny Slotienka, Polish Jews.

reduced to the last extremity of poverty, and they had taken rat poison. Little was known of them, save that they were strangers in a strange land without means and out of work, and that for a month or more sast the seast the more past the woman had maintained life, if life it could be called, on the crusts and scraps she had picked out of waste barrels in the vicinity at night. They were not members of any of the Hebrew societies.

This Company is Loaning Money on Farm Security at Lowest Rates of Interest. social or benevolent, and had no relations or intimate friends; it is probable, therefore, that they were in some way socially isolated from their people and yet had too much pride to ask for charity. So they took the poison together: their bodies go to the pauper burying ground and their baby to the orphan asylum. Such is the fate now and then, of the utterly desti-

tute in a great city.

Will sivilization ever demolish the deep shadows of modern life?

MINISTER FROM DENMARK.

unt Sponneck, Who Represents His Government at Washington. Count Sponneck, who comes from Denmark as minister to the United States, is the son of Count W. E. C. Sponneck, who inherits large estates in that kingdom. The father was sent by the king of Denmark with the young Prince George, when that prince was made king of Greece, to act as his confidential adviser. He remained with King George in Athens

for two years.

Count W. F. Sponneck was born in Copenhagen in 1842. After being graduated at the University of Copenhagen in scien-tific branches,

the law as a profession, he trav eled, and studied for awhile at Heidelberg. When the Franco-German war broke out he entered the French service as auxiliary army and received the decoration of COUNT SPONNECK.

Chevalier of the Legion of Honor. He then entered the diplomatic service as secretary of legation at Paris, London and St. Petersburg, with occasional service in the foreign office at

Count Sponneck enters upon his duties at Washington a mourner. Upon his arrival in this country he learned that while he was on the ocean his distinguished father had died.

The Surgery of Mr. Conkling's Case. A physician has given the following description of the operation recently per-

formed on Mr. Conkling at New York: "The operation is a very delicate one, aving been made over a century and a half ago with the chisel and mallet. The first martyr of this operation was the Dansh surgeon, Berger, of Copenhagen, at his own request, who had an opening made into the mastoid cells, and died eleven days later from suppurative meningitis in-

duced by the operation.
"The technique of the operation is very simple. An incision is made through the soft parts over the bony prominence, just behind the ear, as shown in No. 1, about an inch and a half in length. The soft



NO. 2. NO. 1. actors to fully expose the bone, as shown in No. 2. An ope through the outer layer of the bone by means of a gimlet, a drill, a trephine or a chisel, as shown in No. 3. When the spongy or cellular part of this bone is entered the operation is finished. If matter is formed it is removed by carefully washing it away with antiseptic fluid. In order to prevent its absorbtion and causing blood poissning."

The Bald Knobber Chief. About a year ago certain members of the Vigilante Order of Bald Knobber; in Missouri, under their chief, David Walker, went to

met by Edens and ing began, resulting in the killing of Walker's son and Edens and Green on the

Green on the DAVID WALKER. The trial of DAVID WALKER.

David Walker for the shooting of these two men has just been concluded at Ozark, Mo., and he has been tound guilty. Walker, is described as a man of fine physique, 44 years of age. He was born in Kentucky, but went to Masouri with his parents when he was 4 years of age. When he was about 18 he joined the Union army and served in the Sixteenth Missouri cavalry with many Missourians now well known. Senator J. J. Gideen was in the same company with Walker. As a soldier same company with Walker. As a soldier Walker was brave even to the point of reckless daring, according so the testi mony of his army compades.

The history of the hald knobbers is

Mr G. H. Vought, of Peterboro, Ont., says that his friends can testify to his being cured of Indigestion, Constipation and Torpid Liver by using two sides half bottles of B. B. "It seems to act like magic, and I heartily recommend it" are the closing words of his letter. letter.

Mr David Weir, of Wroxeter, was the victim the other day of a somewhat pain-ful accident. While engaged in cleaning out his well, his thumb got between the windlass and the rope, the end of the thumb being torn completely off. We hope to see him leave off nursing it in a few days.

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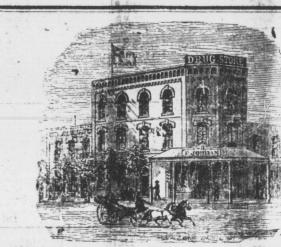
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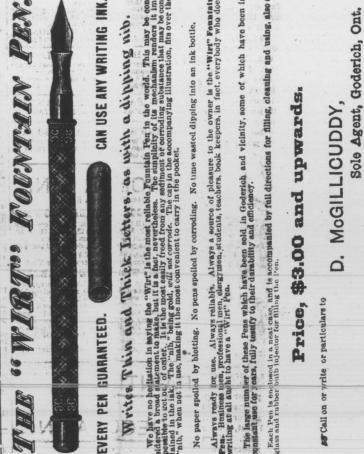
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