

## You Get Extract of Beef, Not Water



when you buy Armour's Extract of Beef, Armour's Extract of Beef is highly concentrated. Its strength, its economy. Use only 1/4 of the quantity of Armour's that you do of ordinary Beef Extracts and Fluid Beef.

A two ounce jar of Armour's goes as far as an eight ounce bottle of Fluid Beef. You add the water yourself.

Armour's Extract of Beef will restore the rich juices to yesterday's roast. It will give that rich beefy flavor and color so much to be desired in soups, gravies, sauces and all made over dishes. Sold by all druggists and grocers.

IT'S GOOD BEEF TEA!

ARMOUR LIMITED, TORONTO.

Armour's Tomato and Beef Catsup is the best. Sold by all Grocers.

## District Doings.

### DANTE.

Herbert Greene arrived home on Saturday from Snowflake, Manitoba, where he has been engaged in the harvest.

Mr. and Mrs. D. C. Walker spent Sunday with Thamesville friends.

Grain threshing is at an end, but it is the corn shredder we now hear. Mr. Bert Elgie and Miss Broad, of Dresden, visited Mr. and Mrs. Geo. Randle on Sunday.

Robert McRoberts arrived home on Saturday from the Northwest.

### YOUR WORN-OUT STOMACH.

What it needs is the strengthening influence of Dr. Hamilton's Pills—they work marvels where the stomach and digestion are poor. In one day the appetite increases and the whole system is rapidly strengthened. No stomach specialist could write a better prescription than Dr. Hamilton's Pills of Mandrake and Bitternut. At all dealers in a yellow box, price 25c, or five boxes for one dollar.

### SOUTH BUXTON.

Mr. Hartford, who had the contract of moving Roy Jenner's house, finished on Tuesday.

Mr. Amos Jackson spent Sunday the guest of Oscar Goulet.

Mrs. William Jenner, who went

## WOMEN WHO TOIL.

The Choice Between Factory Work and Domestic Service.

We had the other day the report of two ladies whom a benevolent curiosity had led to explore factory life in disguise. The life seemed neither refined nor attractive. The labor must be intensely monotonous and dull. The only bright features appear to be dress and flirtation. Nothing can possibly be learned in the factory which could be of the slightest service to a wife or mother. To the consequent discomfort of a home may probably be set down many of the cases of wife desertion, an offense which appears to be on the increase. The same probably would be found to be sometimes the source of wife beating, which, with the tendency to resort to violence now prevalent, it is proposed to punish by public flogging in the belief, apparently, that conjugal harmony would thus be restored. But, then, it must be owned, the factory girl has independence after factory hours; limited though dull and monotonous work; her Sunday to herself. She has companionship which, where only one servant is kept, is lacking and which no doubt is often a cause of restlessness. She has the sentimental satisfaction of calling nobody master or mistress, though a master she really has, and a stern one. We cannot wonder that the factory, in competition with domestic service, has its attractions, inconvenient as the effect may be.—Goldwin Smith in Independent.

## YOUR FURNITURE.

Do Not Have the Pieces Too Large or Too Dark.

Furniture can be unhealthful in many ways. If too dark, it is depressing to the vitality; if too large, it takes up valuable air space. Generally it is a great refuge for dust. Now, we get a very large proportion of our disease through dust, and it is therefore essential to do everything that we can to prevent its accumulation.

The tops of bookcases and wardrobes are usually bordered by cornices and become what might be called lakes of dry mud. Here the deadly microbes breed and multiply, ultimately finding its way into our bodies.

These danger places should be covered with strong paper, pasted to the edges of the cornice, and then it would be easy to remove the dust on each room cleaning day. Great care should be taken to sweep the dust from under valances and heavy pieces of furniture.

Heavy, thick curtains should be often taken down and well shaken in the open air, and if possible they should have no place in the sleeping rooms. All corners, especially dark ones, should be cleaned with a damp cloth. Dusting ought always to be effected with a soft, damp cloth, which should be washed frequently. It is better to burn dust, for if thrown in the ash pit it is liable to be blown again into the house.—Detroit News-Tribune.

## CULINARY CONCEITS.

A piece of butter the size of a pea dropped into the oatmeal pot will keep it from boiling over.

A dash of vinegar and a clove of garlic in the water is a great improvement to boiled meat or fish.

When adding cream to a thick soup let the former be quite boiling; the result is far better than when it is added cold.

It is a mistake to cook any meat in cold water unless soup is to be made. Cold water and slow boiling draw out all the juices.

Take care to cook fish well, for it is not only unpalatable, but unwholesome, when underdone, and it should always be served hot for invalids.

A dairy dessert that may be prepared very quickly is made of angel cake and whipped cream. Split the cake lengthwise, then cover the layers with thick whipped cream and over the top place candied cherries.

## For Delicate Children.

A physician whose mode of treatment has been particularly successful in building up children of weak physique advocates a good rich beef stew with plenty of bone in it several times a week. The bone furnishes a jelly strengthening to bones and sinews. For this purpose a piece from the shin or lower part of the round is best. Have the butcher saw the bones in order to get all the marrow. Cover with cold water, then put on a close lid and simmer several hours. Do not let it boil. Vegetables and seasonings may be added to suit. The same doctor recommends the use of a punching bag for small boys with narrow chests or a tendency to round shoulders. When a real leather punching bag is out of the question a very good substitute is any stout bag loosely filled with bran. All exercise should be taken in the open air whenever possible.

## Rub the Wrinkles.

A little gentle rubbing on all parts of the face where wrinkles occur should be practiced daily. This prevents formation of the lines and wrinkles that age the face and spoil its beauty and also decreases them where they are already visible. The fingers, moistened with some lubricant to facilitate friction and prevent irritating the skin, should first stroke gently, then rub each with a soft and gentle pressure in the opposite direction to that of the lines. For those on the forehead the movement should be an upward curve toward the temples, with a firm but gentle pressure; at the corners of the eyes the touch must be delicate, as there is little fat there, and on the eyelids and below the eyes the slightest and gentlest stroking only must be employed.

## Laughter.

Spontaneous, happy laughter tells always of goodness, and the man who never laughs must not blame his fellows if they think there is something wrong with his life, something dark within. If the streams which flow out are only bitter, the fountains cannot be sweet.

Lots of good ten cent Cigars, but only one best—the Lord Luke.

## BABY TUCKER'S WONDERFUL CURE

Covered from Head to Foot with Humours—Forty Boils on Head at One Time—Could Not Shut Eyes to Sleep—Doctors Did No Good.

## CURED BY CUTICURA IN ONE MONTH

Mrs. George H. Tucker, Jr., 335 Greenfield Avenue, Milwaukee, Wis., is a grateful mother. "When six months old," she says, "my little girl weighed a pound and a half less than at birth. When one month old a scab formed on her face, spreading until it completely covered her from head to foot, followed by boils, having forty on her head at one time, and more on her body. Then her skin started to dry up, and it became so bad she could not shut her eyes to sleep. One month's treatment with Cuticura Soap and Ointment made a complete cure, and now my child is as large, strong, and healthy as any child of her age. The doctor's and drug bills amounted to a large sum, and my baby grew worse all the time. Then we got Cuticura Soap and Ointment and cured her at trifling expense."

## CUTICURA A BLESSING

### To Skin-Tortured Babies.

The suffering which Cuticura Soap and Cuticura Ointment have alleviated among the young, and the comfort they have afforded worn-out and worried parents, have led to their adoption in countless homes as priceless curatives for birth humours, and every form of itching, scaly, pimply skin, and scalp humours, with loss of hair, of infancy and childhood. A warm bath with Cuticura Soap, and a single anointing with Cuticura Ointment, will permit of sleep for baby, and rest for mother, and point to a speedy and permanent cure in the most distressing cases.

Cuticura Soap, Ointment and Pills are sold throughout the world. Depot: London, 27, Chancery Lane; Paris, 2, rue de la Paix; Australia, 11, Town & Co., Sydney; Pottery, 4, Chancery Lane, London, E.C. 4.

Get Mailed Free, "How to Cure Baby Humours."

## The Highest Stairway.

For the ascent of Mount Omi, on the borderland between western China and the Tibetan plateau, there is an artificial staircase consisting of 20,000 steps cut in slippery limestone. Who made these steps is largely a matter of surmise, but they were probably formed by religious enthusiasts to provide a means of access from the low plains, out of which the mountain mass rises abruptly to the heights, 5,000 to 11,000 feet above, among which the Buddhist abbot of Omi embodies some of the boldest traditions of the religion professed by its inmates. Anyhow, the staircase is there, and by it many pilgrims attain to the shrine as well as the very few Europeans who have ever visited this singular spot.

It is hard to make some men understand the meaning of the word "no."

Best for Babies

Nestle's Food is the nourishing, fattening, healthful part of rich cow's milk. It is always the same—winter and summer—and can be obtained in any part of the globe. Ready for baby by adding water—no milk required.

## Nestle's Food

makes babies healthy. FREE SAMPLE (sufficient for 8 meals) sent to mothers who will try it.

THE LECHEMIL MILLS CO., LIMITED, MONTREAL.

## ICE CREAM PARLORS

One of the finest assortments of Candy in the city, every day.

WHOLESALE and RETAIL

Ice Cream or goods delivered to any part of the city. Light lunches served.

J. H. Rhody

In Wigzell's Old Stand.

## STOP TAKING DRUGS

All diseases successfully treated by Osteopathy, Chiropractic and Psycho-Therapy. Particular attention given to nervous and mental troubles with both men and women. Consultation free.

R. C. WIESE, D.S.T., Wellington Street West CHATHAM ON

## RELAYS OF GARMENTS.

It Is Not Economy to Have Too Many Clothes at One Time.

It is a great mistake to have too many garments at one time. People who dress well at a moderate expense never do this. They have what they need, bestow good care upon their belongings and mend them when necessary; when their clothes wear out they buy new ones, but they never care to have relays of garments. One sometimes reads in the newspapers of wealthy brides having enormous trousseaux, fashionable hats, bonnets and dresses by the score. Such people are not to be envied. They only possess what they do not know what to do with.

They cannot wear out their own finery, and in the long run other persons' minds or secondhand clothing dealers are certain to get the reversion thereof. Fashionable garments very soon get out of date, and the more "stylish" they were when new the more remarkable they seem when the mode has altered.

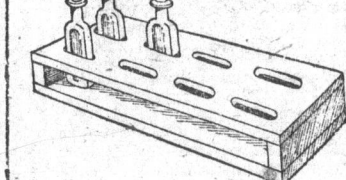
So with regard to underclothing. Large supplies of underclothing are only an anxiety. They need constant looking after or they deteriorate in condition. If laid away for a long time they may become useless, because the figure of their owner may alter, and they are a great temptation to dishonesty.

Yet still good housewives are careful to have a sufficiency of underclothing, because it is an even greater mistake to have too few garments of one kind than to have too many. People who have exactly what they require for a change and no more always get into difficulties when their clothes begin to wear, because they seem to be constantly mending or needing to mend their garments. And it should be remembered that linen, cotton and flannel wear longer when they have an occasional rest between their periods of service, just as certainly as they deteriorate in quality through being of no service at all.—New York Journal.

## A BOTTLE RACK.

It Is Useful Either in the Pantry or Medicine Closet.

You know how it will often happen that if you go to a closet where bottles are closely packed together on a shelf one will get overturned and in falling knock down many others, and likely as not the one whose contents get spilled before you can straighten



BOTTLE RACK FOR THE PANTRY.

matters out will be the very one you wanted to use. Look at this little rack. It is intended particularly for the pantry, being designed to hold bottles of flavoring extracts. It is perfectly easy to make too. This one was constructed of some stuff three-eighths of an inch thick. The slots for the bottles were started with a brace and bit, but even with a knife a clever boy could do this part of the work, and the rest of it will be clear sailing. There will be not the least danger of overturning your bottles where such a rack is used. Try it.—Ladies' Home Journal.

## For a Boy's Room.

Mission furniture is in good taste. A brown or medium tint for the wall paper makes an attractive background for pictures. The floor could be painted brown, and with this it would be effective to have a light yellow ceiling and yellow curtains. It would be pretty also to have the woodwork stained a light brown. Have the rugs or floor covering brown, says the Washington Star. Other accessories to its complete furnishing are two straight back chairs, two comfortable armchairs, a screen, which may be of burlap. A firm table is a necessity. Low bookcases should be placed in the room, and if not enough books to fill them the collection of a library should be commenced. A plant or two are pretty, as is also a settle with a few cushions. If there is a fireplace in the room it may be made attractive. One large picture must be hung over it, and any pictures must be chosen with excellent taste and individuality, and care must be exercised not to crowd pictures into a room, as it ruins the entire effect.

## Don't Flirt.

Don't forget. This is one of the cardinal points of etiquette. If inclined to be restless, girls should never admit that they are nervous. Avoid rocking chairs when you are entertaining or being entertained. Keep your feet still and never call attention to them by crossing your knees and thrusting your foot forward. "Hobbledehoy" belongs exclusively to the male sex and a girl need never be at a loss to know what to do with her hands and feet. Don't play with the tassels of a shade, a table cover or an ornament hanging close to your hand. When at a table, learn never to touch anything you are served and the meal has begun.

## The Reason.

Heretofore I should think that a novelist might credit his reader with sense enough to know when a story was finished without labeling it "the end." Said so—but that gives the women a clue where to begin.

Danger next door

Perhaps its diphtheria or scarlet fever. Keep your own home free from the germs of these diseases. Prevent your children from having them. You can do it with our Vapo-Cresolene. Put some Cresolene in our vaporizer, light the lamp beneath, and let the vapor fill the sleeping room. Have the children sleep in the room every night, for it's perfectly safe, yet not a single disease germ can live in this vapor. Ask your doctor about it.

Vapo-Cresolene is sold by druggists, or sent express prepaid on receipt of 25 cents. A Vapo-Cresolene outfit, including a bottle of Cresolene, a vaporizer, and a book of instructions, for \$1.00. Write to J. B. Kelly, Ltd., Agents, 228 St. James St., Montreal.



## From the Ovens to You

We bridge distance with our moisture-proof, dust-proof packages. Halifax and Vancouver are brought to the ovens' doors. Farms and small towns are put on the same plane with the big cities.

## Mooney's Perfection Cream Sodas

are packed in 1 & 3 lb. air-tight packages, fresh, crisp, delicious—and reach you in the same condition, no matter where you live. AT ALL GROCERS

## The Blue Scarecrow.

The farmer's scarecrows were all garbed in blue. "A blue scarecrow," said the man, "does more good than ten ordinary ones, for birds hate and fear blue as you and I hate and fear typhoid and consumption. A professor pointed out to me that blue was the thing for birds. At first I was unbelieving, but I experimented and found that professor to be right."

## WHY DO WOMEN SUFFER?

Such pain and endure the torture of nervous headache when 25c. buys a sure cure like Nerviline. A few drops in sweetened water brings unfailing relief. You feel better at once, you're braced up, invigorated, headache goes away after one dose! The occasional use of Nerviline prevents indigestion and stomach disorders; keeps up health and strength. Every woman needs Nerviline and should use it, too. In 25c. bottles everywhere.

How He Came by Them. She—Have you never tried to make friends? He—Oh, yes. That is the reason I have so many enemies.

To be thrown upon one's own resources is to be cast into the very lap of fortune.—Franklin.

## CATARH CANNOT BE CURED

with Local Applications, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces. Hall's Catarrh Cure is not a quack medicine. It was prescribed by one of the best physicians in this country for years and is a regular prescription. It is composed of the best blood purifiers, acting directly on the mucous surfaces. The perfect combination of the two ingredients is what produces such wonderful results in curing Catarrh. Send for testimonials free.

F. J. Cheney & Co., Props., Toledo, O.

Sold by druggists; price 75c. Take Hall's Family Pills for constipation.

The heroes of mankind are the mountains, the highlands of the moral world.

A man often gets himself in trouble by trying to get another fellow out of it.

## SELL YOUR COLD FOR \$1!

You surely won't stop at a dollar bill to cure that horrid, sniffling cold. Go to any druggist and get "Catarrhazone" and your cold will be a thing of the past. There is almost nothing in the swift way Catarrhazone kills colds. But when you consider the penetrating, healing and antiseptic qualities of Catarrhazone, perhaps it's not so wonderful. Certainly there is no remedy half so prompt for colds and catarrh as Catarrhazone. Refuse a substitute and insist on having only "Catarrhazone."

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## WANTED.

GIRL WANTED—For general housework. Small family. Apply to Mrs. J. W. Wilson, King street.

WANTED—White girls to pick beans; those experienced preferred. Apply at once to J. B. Stringer & Co., Rankin elevator.

WANTED—Lady representatives for Canadian Corporation; \$15 weekly. Experience unnecessary. Address: The Bentravato Co., Windsor, Ont.

WANTED—Good girl for general housework. Apply to Mrs. W. J. Taylor, at Mrs. Scane's, Queens street.

TEACHER WANTED—For S. S. No. 2, Dawn Township, services to commence January 1, 1906. Applying salary, to Geo. N. Boyle, Dresden, Ont., Box 233.

A CHRISTIAN MAN wanted in unoccupied territory to sell full line of articles of daily consumption to consumers at wholesale prices. Cooper, Drawer 531, London.

BOARD WANTED—By a young couple who have two children, aged five and three years, in a comfortable home, centrally located. Address Box C. S., care Planet Office.

WANTED—Teacher for S. S. No. 13, Harwich, male or female, holding a legal certificate; state salary. Apply to the Trustees or to P. B. Patterson, Rond Eau, Secretary-Treasurer.

WANTED—Position as bookkeeper—a young lady with several years experience as bookkeeper in a large general store desires a position. She understands either single or double entry. Apply Box 3, Planet.

YOUNG MAN WANTED AT ONCE—Over 21 years of age, with fair education and knowledge of farm stock, to take charge of a branch business for an established firm, good position. Must be able to deposit at least \$250. Write immediately, giving full particulars. A personal interview necessary. Address 40, Bank of Toronto Chambers, London, Ont.

WE WILL PAY \$12 PER WEEK and expenses to work for us in your locality; cash advanced for expenses as each week and salary paid at the end of each week; either lady gentleman can do the work; experience unnecessary; we furnish the work and teach you how to do it; no investment required. Apply for full particulars. Address The John C. Winston Co., Limited, Toronto, Ont.

## FOR SALE OR TO RENT.

TO RENT—Three furnished rooms, suitable for light housekeeping. Apply Box 2, Planet.

FOR SALE OR RENT—Large frame house for rent or sale, on Grant St. Apply to Thos. Sealiard, Victoria Block.

HOTEL FOR SALE—First class property for sale, or to rent. Immediate possession. Apply Martin Carley, Proprietor, Thamesville.

FOR SALE—CHEAP—Sideboard that cost \$125, walnut extension dining room table, and a cosy corner, cost \$35, that was only in use a few months. Apply at this office.

FINE RESIDENCE FOR SALE—A good, large house, with fine stable, for sale, on Richmond St., near La Croix. This is a snap. Possession at once. Apply to Geo. G. Martin, Barrister, Eberts' Block.

FOR SALE—88 acres, 3 1/2 miles from Chatham, Creek Road, Harwich, good buildings; \$20.00 an acre cheaper than any other farm in neighborhood. Call at McGavin Bros' Stable, or on M. H. McGavin, St. Clair street.

DESIRABLE APARTMENTS TO RENT—A flat containing seven connected rooms, with modern conveniences, including bath room. Apply to the Chatham Loan and Savings Company.

## NOTICE TO CREDITORS.

In the matter of the estate of William Moncrieff Kelly, late of the City of Chatham, in the County of Kent, Salesman, (deceased).

Notice is hereby given pursuant to the Revised Statutes of Ontario, 1897, Chapter 129, that all persons having claims against the estate of William Moncrieff Kelly, late of the City of Chatham, in the County of Kent, who died at the Village of Sparks, in the County of Eglar, in the Province of Ontario, on or about the twenty-third day of August, A. D. 1905, are requested to send by post, prepaid, or to deliver, to J. B. Kelly, Esq., King street, Chatham, Ont., solicitor for the Executor of the said estate, or to J. B. Kelly, Esq., Queen street, Chatham, Ont., the Executor of the Last Will and Testament of the said William Moncrieff Kelly, deceased, on or before the eleventh day of November, A. D. 1905, their Christian and Surnames, addresses and descriptions, and a full statement of particulars of their claims, and the nature of the security (if any) held by them, duly verified.

And further take notice, that after such last mentioned date, the said Executor will proceed to distribute the assets of the deceased among the persons entitled thereto, having regard only to the claims of which he shall then have notice, and that the said Executor will not be liable for the said assets or any part thereof to any person or persons of whose claims notice shall not have been received by him at the time of such distribution.

Dated at Chatham, County of Kent, this 14th day of October, A. D. 1905.

J. B. KELLY, Executor.

J. B. O'FLYNN, Solicitor for said Executor.

## MONEY TO LOAN

MONEY TO LOAN—Company and Private Funds. Farm and City Property for Sale. W. F. Smith, Barrister.

## LAND FOR SALE.

I have for sale 100 acres, more or less, part of lot 16, Con. 8, Dover Township, Owned by R. D. Williams. Also 100 acres, more or less, owned by Wm. Ruhnke, Dover Township. Also 88 acres, more or less, owned by Anthony Daniel, Dover Township. Also money to loan at the very lowest rate of interest.

HENRY DAGNEAU.

## FOR SALE

Choice Dover farm in 11th concession, containing 100 acres, good buildings, 87 acres under cultivation, balance in pasture. This is a first class farm. Price \$6,500 if sold at once. Also 33 1/3 acres in the 6th concession with first class buildings at a bargain. For particulars call upon Smith & Smith, real estate and insurance agents.

## Money to Loan

—ON MORTGAGES—

6 1/2 and 8 per cent.

Liberal Terms and privileges to Borrowers. Apply to

LEWIS & RICHARDS

—

Happiness when at a distance appears so great as to touch the sky. When it enters our door it so dwindle that very often we no longer recognize it.