DOOM OF THE SPHINX. Irrigation Causing the Famous Egyptia

esent is a period of the van the monuments which have stood for thousands of years. The other day Venice lost one of her famous relics of past days, and many other buildings in the lovely Queen City of the Adriatic are threatened with destruction. And now comes the news that an even more famous, an infinitely more venerable monument is likely to disappear. It is said that the sphinx, which has stood on the bank of the Nile since the shadowy days of the Pharaohs, cannot long withstand the crumbling occasioned by modern conditions in

Since the British have been in control in Egypt they have altogether changed the face of the country. I and that was once desert is now smiling with verdure. Irrigation has reclaimed thousands of acres, and the great dam at Assuan will result in a morvellous increase in the size of the region under cultivation.

All this has resulted in so modifying the atmosphere of the country that the dry air which allowed the preservation of the sphinx no longer exists. Every one knows that the preservation of the monoliths in London and New York, however carefully they be watched, cannot be continued indefinitely, and it is said that the same trouble which caused so much discussion here in regard Cleopatra's needle is threatened in the case of the famous figure that has inspired so many poems and pic-

The sphinx was built before the great pyramid, somewhere about 4, 000 years before Christ. It is a recumbent man headed lion 188 feet long hewn out of a natural eminence in the solid rock, some defects of which are supplied by a partial stone casing. There is a temple in front of it, but all efforts to prevent the sand settling over the building have

In front of the breast of the sphinx originally appeared an image of a god, the weather worn remains of which may still be made out. The head of the sphinx was a work of art of the highest type known to the Egyptians and finished with the greatest care. It is now greatly mutilated, but in spite of all its injuries its calm, majestic, pensive expression still appeals to the most thoughtless of travelers.

Perhaps means may be found to avert the threatened ruin of this noble figure, but the battle between modern conditions and ancient monuments is one that usually results in only one way.

HOW TO BREATHE. The Danger of Breathing Through the

Mouth. Every cold morning if you watch ten different men you will find that almost every one has his own method of breathing in cold air, says The New York Journal.

One man refrains from breathing through his nose at all and breathes through his mouth, warming the air before he takes it into his lungs, and that is a very bad plan. Another man will hold a handke his nose and mouth and feel happy because he is taking in about one quarter of the oxygen he needs. A third man dashes out of his house going from a very hot room into the freezing air, and filling his lungs to their fullest capacity. He is even more foolish than the others, as he runs the risk of a sudden and serious chill through contraction of the

Each man of course must regulate or himself the amount of cold air which he can safely take into his No man should ever breathe through his mouth under any circum-The nose is wonderfully adapted to the breathing work which it has to do. It separates the air rom its impurities, dust and so on and can at will regulate the supply idmitted to the lungs.

If you have a hot room and go into the cold air, you can inhale lit-tle by little through the nostrils until you no longer feel any extreme coldness. At the end of five minutes the lungs will have adjusted themselves to the lower temperature, and you can breathe as comfortably and as deeply as in warm weather.

Experiment with this on the next very cold day, and don't breathe through your mouth anyhow. Breathing through the mouth brings all orts of germs directly into contact with the unprotected mucous membrane, and it is largely responsible for colds, sore throat and consump-

Colors That Blend.

An error which the inexperienced louse furnisher often makes is to put two reds of different tones noms that open into each other. A all perhaps will have terra cotta n the walls and there will be red in the dining room to which it leads. This is wrong. Put a negative color the hall, a tone of buff or mastic, with a small broken figure in self ones, that there may be no suggeson or strong contrast to the red of the adjoining room. If blue is to e used in the dining room, not too ight a yellow may be put on the It is these jarring arrangeents in adjacent rooms that, may destroy wholly an effect in either apartment that by itself or properly complemented would be altogether

Gerting to Know Canada, Advance sheets of the Consular reports present the remarkable fact that the mineral products of British Columbia up to and including 1901 were worth 8172,241,988, of which \$80,716,006 was gold and \$16,534, 554 was silver. The region that makes this contribution to the ing wilderness. Its progress in min- are weak, rundown, dyspeptic, sleeping development causes increased interest in the prediction made recently by a public man that the wheat fields of Western Canada will soon supply the world, and deprive us of pre-eminence as producers of cereals. Turner Ontario.

It's Impure Blood.

"What is it?" asks the mother as she notices the smooth skin of her child marred by a red or pimply eruption. It is impure blood, and the child needs at



Pierce's Golden Medical Discovery, the best and surest remedy entirely eradiwhich corrupt the blood and cause disease. It cures scrofula, boils, pimples, eczema, salteczema, salt-rheum and other eruptive diseases which are the di-rect result of im-

pure blood. It enriches as well as purifies the blood. blood.

"Dr. Pierce's medicine has not only benefited me greatly, but it has done wonders for my two sons," writes Mrs. M. Hartrick, of Demster, Oswego Co., N. Y. "Both had scrofula. I have lost two daughters in less than five years with consumption and scrofula. My eldest son was taken two or three years ago with hemorrhage from the lungs. It troubled him for over a year. He took Dr. Pierce's Golden Medical Discovery, and has not had a hemorrhage in over a year, My younger son had scrofulous sores on his neck; had two lanced, but has not had any since he commenced to take your medicine."

Accept no substitute for "Golden Medical Discovery." There is nothing "just as good" for diseases of the stomach,

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Medical Adviser, the best medical book ever published, free by sending stamps to pay expense of customs and mailing only. Send 31 one-cent stamps for paper covers or 50 stamps for cloth-bound volume, to Dr. R. V. Pierce, Buffalo, N. Y.

Cemetery Monuments.

What is more sadly courie or incongruous than the imposing medley of stone and marble in a great cemetery? The towering columns loom over the resting places of such small citizens. The "dove of peace" alights where it would never have brooded of its free will. The guardian angel bends over the vixen's tomb, while mediocre bits of slate denote the graves of many saintly and gifted pilgrims.

A Cheer'ul Wait.

A laborer applied to the foreman at some building's workshop for a job: "Can yez do anything fur a poor fella at all in the shape ave work?" Foreman-Oi hev nothin' the day. Cum back agen. There is a drunken carpenther workin' on the top, and Oi'm waitin' ivery minit till he falls

A Scothing, Healing, Cooling Powder, That Gives Rapid Relief in all Foot Troubles.

"Foot Elm" is considered by those who have used it, to be a magical "foot doctor," affording rapid and positive relief in all distressing and discomforting conditions of the feet

It eases aching feet. It prevents chafing and blistering of the feet.

reduces swelling of the feet. It cools hot feet. It cures soft corns.

relieves painful, smarting feet. It cures sweaty feet. It cools a burning bunion. It soothes a sensitive corn.

cures ingrowing toe-nails. It dispels perspiration odors. It "breaks in" new shoes. It permits the wearing of smaller shoe.

It preserves the leather. Those whose occupation compele them to be a great deal on their feet, should never be without "Foot Elm' in their shoes, as it gives a restful feeling to the feet never experienced

Price 25 cents a box of 18 powders at all druggists or by mail. Stott & Jury, Bowmanville, Ont. Don't accept a substitute.

Ancient Egyptian scones. Stones were formed into the shapes of beetles by the ancient Egyptians. They regarded the beetle as an emblem of immortality, and hence it was the most popular of all forms of ornament. Counterfeit beetles of common stones were commonly buried with dead persons, and it was customary to engrave upon them the expression of wishes for future repose and happiness, dedications of the soul to God and various hieroglyphs. One of the latter was a hawk with a human head, symbolizing resurrection. Another, the vulture, meant maternity. A goose was the son of a king.

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Turner & Platt, Druggists, Chatham,

Brown eyes and a brown dress go The tan shades are not often suitable

for slim figures Black veils, unless quite fresh and clean, are injurious to the complexion. If you drop acid on your clothes, the mmediate application of ammonia will

destroy the effect. Dull black is the best choice for a fair haired woman, while a brunette must order something brilliantly black if she really wishes to look her best.

Silks and ribbons may be cleaned and made to look like new by sponging them with equal parts of strong tea and vinegar. Iron with a not too

Patent leather shoes should be cleaned with milk, or a little sweet oil may be rubbed into them. The soles and heels of such shoes are of course to be cleaned with blacking.

If a shoe be accidentally scorched, it can be restored by spreading the place at once with soft soap and when cool wiping off the soap and rubbing the leather with a little sweet oil or vase-

A "Violet Sponging." The twentieth century woman is above all things dainty. She delights in perfumes and toilet waters and sachet powders, and she does not care who knows it. The woman of the past used to tremble with fear of being accused of "painting" and would blush with wrath if a man dared suggest

that she used a bit of face powder. The woman of today has on her toilet table powders and toilet waters galore and would no more do without her daily talcum powdering from head to foot than a baby can do without its matutinal tubbing and powdering.

A "violet sponging" sounds a trifle extravagant, but in reality it is a most economical way of securing a luxurious finish to a commonplace daily bath. After the pores have been opened by a full length thorough tubbing they are ready for the violet sponge off. A basin of tepid water generously sprinkled with violet tollet water from an atomizer, a velvety sponge, a few quick passes over the body, and each pore is invested with flowery fragrance that is the adoration of a woman who delights in an exquisite and dainty personality.

One of the most unfortunate evil consequences of an early and liberal meat diet, says Dr. Winters, is the loss of

relish it creates for the physiological foods of childhood-milk, cereals and vegetables. "A child that is allowed a generous meat diet," he adds, "is certain to refuse cereals and vegetables. Meat by its stimulating effect produces a habit as surely as does alcohol, tea or coffee and a distaste for less satisfying foods. The foods which the meat eating child eschews contain in large proportions certain mineral constituents which are essential to bodily nutrition and health and without which the processes of fresh growth and development are stunted. There is more so called nervousness, anæmia, rheumatism, valvular disease of the heart and chorea at the present time in children from an excess of meat and its preparations in the diet than from all other causes combined," he declares .-

New York Medical Journal. The Glories of Womanhood.

A serene and gentle dignity; a tranquil wisdom to counsel and restrain; a fine delicacy of feeling, quick to rejoice, tender to suffer, yet patient to endure; a subtle sense of the value of small, unpurchasable things; a power of great confidence and of self sacrifice almost limitless where love speaks the word and duty shows the task; an instinct of protection and a joyous pride in mothering the weak; a brave loyalty to the rights of the heart against "the freezing reason's colder part;" a noble hunger and thirst for harmony; an impregnable strength of personal reserve and an exhaustless generosity of personal surrender-these are the native glories of womanhood. These are the things that life, if true and well ordered, should deepen, unfold, brighten and harmonize in the perfection of a woman's character.-Henry Van Dyke in Harper's Bazar,

Mrs. Luella Lane.
Mrs. Luella Lane of Rumford Falls, Me., the mother of eight children and a comparatively young woman, is the proprietor of one of the most flourish ing farms of her vicinity. Five years ago when she took charge of the estate of 300 acres it was in a run down condition and was stocked with implements which were of the most primitive sort. Dairying is Mrs. Lane's specialty. She has a herd of twentyfive thoroughbred Holstein cows, from twenty to forty hogs, according to the season, and keeps five work horses busy. Her farm is stocked with tools and machines of the most improved

Sprinkling Clothes. Where there is a heavy weekly wash a small watering pot with the finest possible rose comes handy for the sprinkling-ever so much handier than the tin clothes sprinkler sold in the shops. But the very best sprinkler is a good sized atomizer, such as greenhouse men use for spraying plants.

no place sopping wet. Home Fitments, Do not have a cast iron rule that things in your home fitments must match. Often monotony is the result. Sometimes varying materials in harmonious coloring are very much to be preferred to those that match.

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Donkeys In Mexico. There are two classes of donkeys in Mexico-one with four feet and the other with two. Each is a kind of competitor of the other. Sometimes they are partners. They are both bearers of burdens and the subjects of brutality. Everywhere you see the donkey loaded down with sacks of ore, baskets of dirt, cans of milk, sacks of water, and you find his driver very often loaded in the same way. These combinations sometimes go two by two, and sometimes there will be a band of ten to fifty thus loaded, coming down the mountains with ore, charcoal or wood, corn or whatever may be needed in the villages or cities. It is indeed a mediæval life in middle and southern Mexico.

The Way of the Frontier. The way of civilization in a new land passes comprehension. Its motto seems to be "Ruin first; there is time afterward to save." Civilization is a good deal like a wild, full blooded boy-it must first sow wild oats, waste its patrimony, disgrace its antecedents; then it is ready to begin the serious work of life. That has been the history of the range country-swift ruin for thirty or forty years, with a resulting wreck that it will require a century of hard work, perseverance and self contrel to save. - Day Standard Dates in

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best medicine for the common its of life. If you are sleepless, nervous, weak, rundown, despondent, irritable, or have those tired feelings, one bottle of Paine's Celery Compound will give you happy results. We sell the kind that cures. J. W. McLarenm Druggist, Chatham,

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pain had ceased, and in two weeks the my first ball in Boerland very much wounds had completely healed and my indeed, and was sorry when Mr. barry took up the lantern and told me

things about the man who's down. The man who boasts of his power is

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